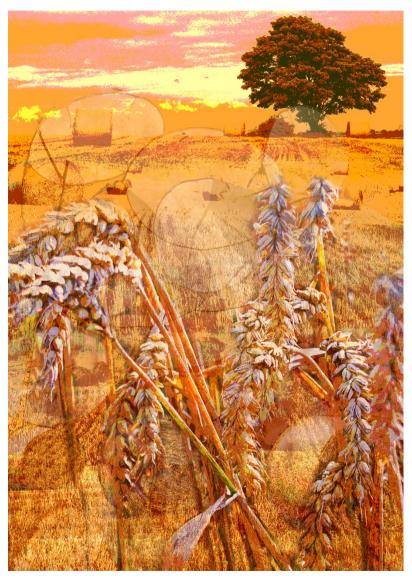
ST. MARTIN'S MONTHLY

October 2018 50p



St Martin's Church, Hale Gardens, London W3 9SQ

(Registered charity no. 1132976)

www.stmartinswestacton.co.uk Email: stmartins@stmartinswestacton.com

SSM Assistant Priest The Rev'd Brandy Pearson

(c/o Parish Office)

Permission to Officiate The Rev'd Robert Pearson

Commissioned Lay Minister to Japanese Anglican Church UK

Mrs Yuki Johnson (07572 324107) yukifunakawa@btinternet.com

Parish Administrator (weekdays: 9.30am - 1.30pm)

Parish Office, rear of Church Hall,

Hale Gardens, W3 9SQ

020 8992 2333

Reader Dr Margaret Jones (020 8997 1418) **Reader Emeritus** Mrs Lynne Armstrong (020 8992 8341)

Commissioned Lay Minister Mrs Jacqueline Nicholls (c/o Parish Office)

Churchwardens Mrs Liza Ambridge (020 8992 3029)

Mr John Wilson

Director of Music Mr Kenneth Bartram (c/o Parish Office)

Magazine Editor Lizzy Edgington

The Vicar is available for consultation and enquiries by appointment.

Please ring the Parish Office.

Articles for the next month's magazine should be sent to The Parish Office (email: stmartins@stmartinswestacton.com)

Please title the email "magazine item"

They should reach the Editor by 19th October.

The November magazine will be on sale by 28th October.

Reflections for October

As I write this, I can feel the first bite of autumn chill in the air and I am aware that the summer is drawing to an end. As I pick the tomatoes ripening on my balcony, I am also aware how this time of year reminds us of all the good things that we have received from God. Here at St Martins we will be celebrating our Harvest Festival on Sunday 14th October, an important day on which we remember the abundance of God's creation and the fruits of the earth that we enjoy, as well as an opportunity to provide much-needed donations of food and other goods for residents of the local women's refuge.

But before that, we also have another opportunity for celebration – this time on Sunday 7th October, when our Bishop will be taking our annual confirmation service. We will have both children and adults confirming their baptism promises in making their own statement of faith and committing their lives to following Christ, following which they will receive Holy Communion. Please pray for them as they take this important step in their journey of faith.

And then looking ahead to the beginning of November, we celebrate again, this time our patronal festival. While the 'official' date of St Martinstide is 11th November, we will celebrate it a week early on 4th November to allow separate recognition of Remembrance Sunday on the 11th. So please do join us for our all-age St Martinstide service on 4th November.

As well as receiving from God, we are called to give out of what we have received, and so Sunday 4th November will also be our annual Gift Day on which we will be inviting additional one-off gifts to St Martins. Please do think ahead and pray about what you can give, as we work to raise the money to pay for the newly refurbished hall kitchen that we and our wider community can use and enjoy.

Wishing you a very blessed October,

Bryony Franklin



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The health benefits of walking

As we all know, walking is very good for our health and wellbeing, and we are all recommended to walk briskly for 10 minutes daily to maintain our health and general wellbeing. So, should you be a little late arriving at St Martin's on a Sunday for the 10am service, please consider your health and do not park on the double yellow lines outside the church at the junction of Hale Gardens and Stanway Gardens. Take the time to park further away and walk briskly, if breathlessly, into church. In any case, parking on the double yellow lines within 10 metres of the junction is illegal, even on a Sunday and even if you are going to confess your sins when you come into church. It also greatly annoys one of our neighbours in Hale Gardens, and it is always better to try and get on with the neighbours than have conflict (which we as Churchwardens have to deal with).

Many thanks Liza & John, your long-suffering Churchwardens

Bring and Share Lunch

On Sunday 2nd September St. Martin's hosted a Bring and Share Lunch to raise funds for the church. It was a great success, the food was delicious, the company was excellent and a total of £355 was raised! Many thanks to everyone who helped organise the lunch, from the cooking and preparation of the food through to the tidying up at the end.







Service with a smile: Ellen West and Shelley Merrick

BIFFA funding application: The 3 Cs – Caring and Catering for the Community

As you may know, Rosemary Milne has been heading up an application to BIFFA, the waste management company, for a grant under their BIFFA Award Wildlife Trust funding stream for improvements to the Hall. Rosemary completed and submitted the detailed on-line application comprising around 120 pages of information plus 34 attachments. That was some work load! She deserves an ENORMOUS vote of thanks for all the work involved.

To update you all: Biffa have accepted our final application and consider that we have provided them with all the necessary documents so we are short listed for the final review in October. They have mentioned that a grant officer may pay us a visit to discuss various items.

So that we can be ready for the next stage Rosemary is proposing that we set up a Building Committee or Hall Committee who are empowered to make decisions which are then taken to the PCC for endorsement. She will help us set up the Committee and then step back, to let the Committee take on management of the programme of work should we be successful in our application.

If anyone is interested in being on this committee at this exciting time and taking on the responsibility of delivering on the projects envisaged please contact Rosemary or the Churchwardens or Shelley and let them know. We will then convene a scoping meeting to decided how best to run the committee etc.

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'State code: ST MARTIN'S when registering. Must be a fee-generating instruction for sales or lettings.

Harvest Festival



We are celebrating our Harvest Festival on 14th October. Please bring gifts of food which we will take to the local women's refuge.

The refuge has accommodation for women and their children who are fleeing from domestic violence. They often arrive with very few possessions and no money to purchase food and other essentials. They have cooking facilities. Gifts of fresh fruit and vegetables are welcome. They also welcome store cupboard gifts, such as tins of meat and fish, tinned fruit, dried pasta and rice, cereals, tea and coffee, sugar, long-life milk and fruit juices, etc.

Some of these items will be used immediately and some will be kept to give to new arrivals.

I know that the women and staff at the refuge are very grateful for our continued support.

Margaret Jones



The Harvest Festival is an all age service and will be followed by children's entertainment and a Parish Lunch.





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Baptism

The baptism of Ella Collins took place in St Martin's on the afternoon of Sunday 9th September.

(L to R) Ella and her mother Danielle, Donald Collins, Danielle's mother and godparent Paul Wilkins.

With regards to the appointment of the new vicar, the Section 12 meeting will be held on 8th October, not 10th October as previously stated.



Grimshaw and Co have been successfully selling property in Ealing, Acton and the surrounding areas for 50 years.

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POSITIONS VACANT

Coffee rota co-ordinator

After five years of doing a fantastic job of ensuring that we have coffee and biscuits, and most importantly friendly faces serving it each week, Fiona Stuart is now stepping down as coffee rota coordinator.

So we are looking for someone to take this over! The role involves drawing up a rota so that a pair of people are available each Sunday 10am service to set up and serve the tea and coffee afterwards, inviting new people to join the rota as needed, and being one of the people on the rota yourself. It's a great way of getting to know people in the church and not a lot of work.

If you would like more information about what this involves, or if you may be interested in taking this on, please do talk to Fiona, or our churchwardens Liza and John.

Harvest Hymn:

We Plough the Fields and Scatter

We plough the fields and scatter
The good seed on the land,
But it is fed and watered
By God's almighty hand:
He sends the snow in winter,
The warmth to swell the grain,
The breezes and the sunshine,
And soft, refreshing rain.

He only is the maker
Of all things near and far;
He paints the wayside flower,
He lights the evening star;
The winds and waves obey him,
By him the birds are fed;
Much more to us, his children,
He gives our daily bread.

Refrain:

All good gifts around us Are sent from heaven above; Then thank the Lord, O thank the Lord, For all his love.

Refrain

We thank thee then, O Father, For all things bright and good, The seed time and the harvest, Our life, our health, our food. Accept the gifts we offer For all thy love imparts, And what thou most desirest, Our humble, thankful hearts.

Refrain



Cynthia Marian Hart 1929 - 2018



It is with sadness we inform you that our dear mother Cynthia died at home on 24th August 2018. She shall be sadly missed and fondly remembered.

Rosemary, Jonathan and Josephine.



Elizabeth Fry by Charles Robert Leslie

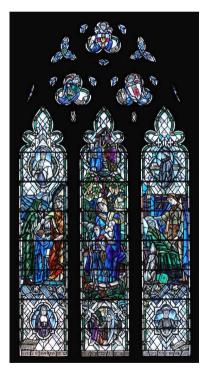
Elizabeth Fry 21st May 1780 – 12th October 1845 Prison reformer and philanthropist

From 2001 until 2016, Elizabeth Fry's image was printed on the five-pound note and on 12th October she will be commemorated in the Church liturgical calendar, but who was she?

'Betsy' as she was known, was a Quaker who married Joseph Fry (part of the chocolate-making family) at the age of twenty and went on to have eleven children! Often portrayed as a very pious woman, an infallible saint, she was in fact an ordinary woman who battled her own conscience and questioned the world around her. In 1813 she took up an invitation to visit Newgate Prison (now demolished it was located adjacent to the Old Bailey in London). She was shocked by what she saw in the women's section and was determined to act.

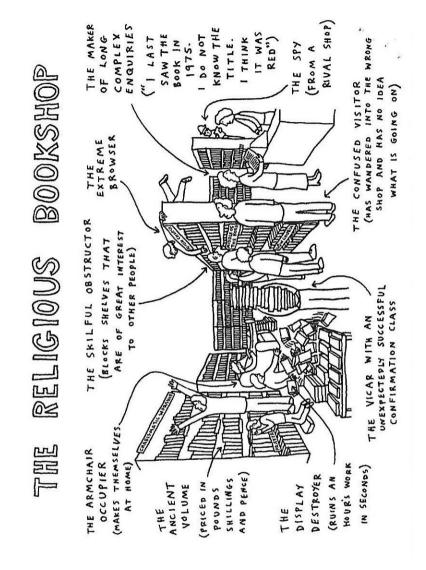
The accommodation was overcrowded, with women and their children sharing small unfurnished cells. The washing and cleaning facilities were poor and some women faced harsh punishments, or even transportation. Those transported were subjected to public humiliation and living conditions on the transport ships were dire.

Over the following decades, Elizabeth Fry set out improving the welfare of the women and children at Newgate as well as female prisoners in general. She established a prison school to ensure that the children received a basic education and societies to promote the reform and rehabilitation of the women prisoners. She campaigned to improve the welfare of the women transported and ultimately to end transportation. She spoke with prisoners, asked their views and visited transports to see things for herself. She also proposed shelters for the homeless, campaigned for the abolition of slavery and established a training school for nurses.



The Womanhood Window Douglas Strachan, 1945 All Saints, Cambridge Depicting Elizabeth Fry, Edith Cavell (1865 – 1915) and Josephine Butler (1862-1906)

An inspiration to other female pioneers such as Florence Nightingale, Elizabeth Fry faced the ultimate challenge of balancing her role as a mother and a wife with her work as a reformer. Although being a Ouaker allowed Elizabeth certain freedoms within her community at the beginning of the 19th century, the involvement of a woman in such worldly affairs was met with deep disapproval by the strictest Quakers. Regardless she was relentless and used all the connections available to her to create real change and to make a difference.





The Parish of St Martin Hale Gardens, London W3 9SQ

(Registered charity no. 1132976)



www.stmartinswestacton.co.uk email: stmartins@stmartinswestacton.com

Usual Sunday Services

8am: Holy Communion 10am: Parish Communion 6.30pm: Evensong

Our Junior Church meets in the Church Hall at 10am except when there is an All-Age or Parade Service.

Japanese Anglican Church UK

meets every third Sunday of the month: (except July, August and December) 3pm Bible Study and Evening Worship in Japanese

Every **Wednesday** in the Parish Room 11am: Informal Eucharist followed by the Coffee Club at 11.30am

You can make a donation from your mobile phone. For example to donate £5: text **STMA34** £5 to **70070**You can donate any amount you wish.