

Night Prayer - The Ita Compline

Ita, who died in about 570, was abbess of a woman's community at Killeedy, County Limerick, in Ireland. This Compline was written in her memory by Brendan, who was fostered by Ita, and later founded monasteries such as Clonfert in Galway.

The Sacred Three,
**To save, to shield, to surround,
This hearth, this home, this night,
Every night.
Amen**

Search me, O God, and know my heart,
Test me and know my thoughts.

See if there is any wicked way in me,
And lead me in the way everlasting.

**O Father, O Son, O Holy Spirit,
Forgive me my sins.
O only-begotten Son of the heavenly Father, forgive.
O God who is one,
O God who is true,
O God who is first,
O God who is one substance,
O God who is mighty,
In three Persons, truly merciful, forgive.
Amen.**

Matthew 21:12-17

Silence

The Word of God

Reflection

O God of life, this night,
O darken not to me Thy light.

O God of life, this night,
Close not Thy gladness to my sight.

Keep Your people, Lord, in the arms of Your embrace.
Shelter them under Your wings.

Be their light in darkness.
**Be their hope in distress.
Be their calm in anxiety.**

Be their strength in weakness.
**Be their comfort in pain.
Be their song in the night.**

**In peace I will lie down, for it is You, O Lord,
You alone who makes me to rest secure.**

Be it on Your own beloved arm,
O God or grace, that I in peace shall awake.

**Be the peace of the Spirit mine this night.
Be the peace of the Son mine this night.
Be the peace of the Father mine this night.
The peace of all peace be mine this night.
In the name of the Father,
And of the Son,
And of the Holy Spirit.
Amen.**