

## Post Communion

Lord God,  
you have renewed us with the living bread from heaven;  
by it you nourish our faith, increase our hope, and strengthen our love:  
teach us always to hunger for him who is the true and living bread,  
and enable us to live by every word that proceeds from out of your  
mouth; through Jesus Christ our Lord.

## Sunday 25th February 2024 (The Second Sunday of Lent)

### Hymns

147 My song is love unknown  
595 Be thou my vision, O Lord of my heart  
453 Lord, enthroned in heavenly splendour  
612 Christ triumphant, ever reigning

### Readings

GENESIS 17. 1 – 7, 15 – 16, ROMANS 4. 13 – 25, MARK 8. 31 - 38

### Collect

Almighty God,  
you show to those who are in error the light of your truth,  
that they may return to the way of righteousness:  
grant to all those who are admitted  
into the fellowship of Christ's religion,  
that they may reject those things that are contrary to their profession,  
and follow all such things as are agreeable to the same;  
through our Lord Jesus Christ, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.

## Post Communion

Almighty God,  
you see that we have no power of ourselves to help ourselves:  
keep us both outwardly in our bodies, and inwardly in our souls;  
that we may be defended from all adversities which may happen to the  
body, and from all evil thoughts which may assault and hurt the soul;  
through Jesus Christ our Lord.



## Sunday 4th February 2024 (The Second Sunday before Lent)

### Hymns

754 O worship the King, all glorious above  
236 Breathe on me, Breath of God  
460 O thou, who at thy eucharist didst pray  
676 Immortal, invisible, God only wise

### Readings

PROVERBS 8. 1, 22 – 31, COLOSSIANS 1. 15 – 20, JOHN 1. 1 - 14

### Collect

Almighty God,  
you have created the heavens and the earth  
and made us in your own image:  
teach us to discern your hand in all your works  
and your likeness in all your children;  
through Jesus Christ your Son our Lord,  
who with you and the Holy Spirit reigns supreme over all things,  
now and for ever.

## Post Communion

God our creator, by your gift  
the tree of life was set at the heart of the earthly paradise,  
and the bread of life at the heart of your Church:  
may we who have been nourished at your table on earth  
be transformed by the glory of the Saviour's cross  
and enjoy the delights of eternity; through Jesus Christ our Lord.

## **Sunday 11th February 2024** **(The Sunday next before Lent)**

### **Hymns**

644 God is Love: let heaven adore him  
610 Christ is the world's true light  
769 Rejoice! The Lord is King  
646 God is working his purpose out

### **Readings**

2 KINGS 2. 1 – 12, 2 CORINTHIANS 4. 3 – 6, MARK 9. 2 - 9

### **Collect**

Almighty Father,  
whose Son was revealed in majesty  
before he suffered death upon the cross:  
give us grace to perceive his glory,  
that we may be strengthened to suffer with him  
and be changed into his likeness, from glory to glory;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### **Post Communion**

Holy God,  
we see your glory in the face of Jesus Christ:  
may we who are partakers at his table  
reflect his life in word and deed,  
that all the world may know his power to change and save.  
This we ask through Jesus Christ our Lord.

## **Wednesday 14th February 2024** **(Ash Wednesday)**

### **Readings**

2 CORINTHIANS 5. 20b – 6.10, JOHN 8. 1 - 11

### **Collect**

Almighty and everlasting God,  
you hate nothing that you have made  
and forgive the sins of all those who are penitent:  
create and make in us new and contrite hearts  
that we, worthily lamenting our sins and acknowledging our wretchedness,  
may receive from you, the God of all mercy,  
perfect remission and forgiveness;  
through Jesus Christ your Son our Lord, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.

### **Post Communion**

Almighty God, you have given your only Son to be for us  
both a sacrifice for sin and also an example of godly life:  
give us grace that we may always most thankfully receive  
these his inestimable gifts, and also daily endeavour to follow the blessed  
steps of his most holy life; through Jesus Christ our Lord.

## **Sunday 18th February 2024** **(The First Sunday of Lent)**

### **Hymns**

121 Forty days and forty nights  
127 Lord Jesus, think on me  
702 Lead us, heavenly Father, lead us  
135 Take up thy cross, the Saviour said

### **Readings**

GENESIS 9. 8 – 17, 1 PETER 3. 18 – 22, MARK 1. 9 -15

### **Collect**

Almighty God,  
whose Son Jesus Christ fasted forty days in the wilderness,  
and was tempted as we are, yet without sin:  
give us grace to discipline ourselves in obedience to your Spirit;  
and, as you know our weakness, so may we know your power to save;  
through Jesus Christ your Son our Lord, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.