

# FEEDING 5,000

## HOME FOOD DELIVERY IN THE COTSWOLDS

Whether you are self-isolating, know someone who is, or would just like a great healthy and delicious dinner the Long Table are now offering ready meals delivered to your door for free.

The meals are cooked locally and delivered frozen so you can microwave, heat in the oven or store for later.

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# 7 MEALS FOR £25 DELIVERED TO YOUR DOOR

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**If cost is a barrier then please let us know-  
free meals are available.**

There are three options:

1. Pay £25 for 7 meals delivered to your home
2. Request free meals- just call and ask
3. Donate to cover the cost of free meals for others

**To order email or call us...**

 [cotswold@thelongtableonline.com](mailto:cotswold@thelongtableonline.com) 

01285 323851

All dietary requirements catered for- let us know when ordering

**WWW.THELONGTABLEONLINE.COM**

# FEEDING THE 5,000

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GLOUCESTER

 THE LONG TABLE

The Feeding the 5000 project has 2 aims:

1. Ensure everyone in Gloucestershire is fed throughout the duration of the Covid-19 crisis with delicious, locally cooked, nutritious food.
2. Create a network of community kitchens that will be able to serve their communities after the crisis. This means that the people who have had these ready meals are able, after the crisis has passed, to eat together as a gathered community.

This project builds on the expertise and model developed by The Long Table.

The Long Table is part of the Grace Network, a social enterprise based in Brimscombe, Stroud. They bring people together through food and run a bakery, kitchen, shop and a dining space where they provide delicious home-cooked, nutritious meals.

In response to the coronavirus crisis they quickly adapted their services to cook and deliver delicious, healthy meals to those self-isolating and most in need in the county.

The Long Table have joined forces with the Diocese of Gloucester, the Bishop of Gloucester and a series of community kitchens throughout the county who are cooking the meals feeding the 5000.

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A massive thank you to the Cotswold community kitchens



thomas franks

**Great local food, lovingly made, for everyone.**