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PRAYERS & INTENTIONS

Pray daily for peace and all those who suffer from illness especially

Donna Morris, Donald Paine, Simon Pattison,
Paul Murphy and Rebecca Fossett.

This week we pray for the residents of
Downsview, Ninfield, Mill Lane, Hooe and
Ninfield Carnival & Sports Association.

In our CTiB cycle of prayer we pray for
Society of Friends, Bexhill
and Marie Miller.

PRAYER Nick Fawcett

Lord Jesus Christ, as you taught the
crowds on the mountaintop, so now
teach us as we gather in your name.
Prompt us through your Spirit, that we
might hear and understand your word.
Help us to listen and learn, reflecting
on what you say to us and applying it
to our lives, so that our words and
deeds might bear witness to you,
your light shining through us, to the
glory of God the Father.
Amen.

**Any items for the
Weekly Sheet**

to

Nicki Murphy

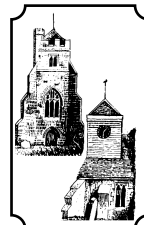
at

nickimurphy3@sky.com

by

Wednesday 6p.m.

please.



**THE PARISHES OF
St OSWALD'S HOOE
and
St. MARY'S NINFIELD**
WEEKLY SHEET~ 5th February 2023



www.ninfield.org.uk

A warm welcome to everyone, especially any visitors.

*If you are new to our Churches please introduce yourselves to the sides
people on duty. If you need help in any way during your time in church
please talk to one of the sides people.*

*Please note that both churches are installed with hearing loops to help
those who wear a hearing aid with the T setting.*

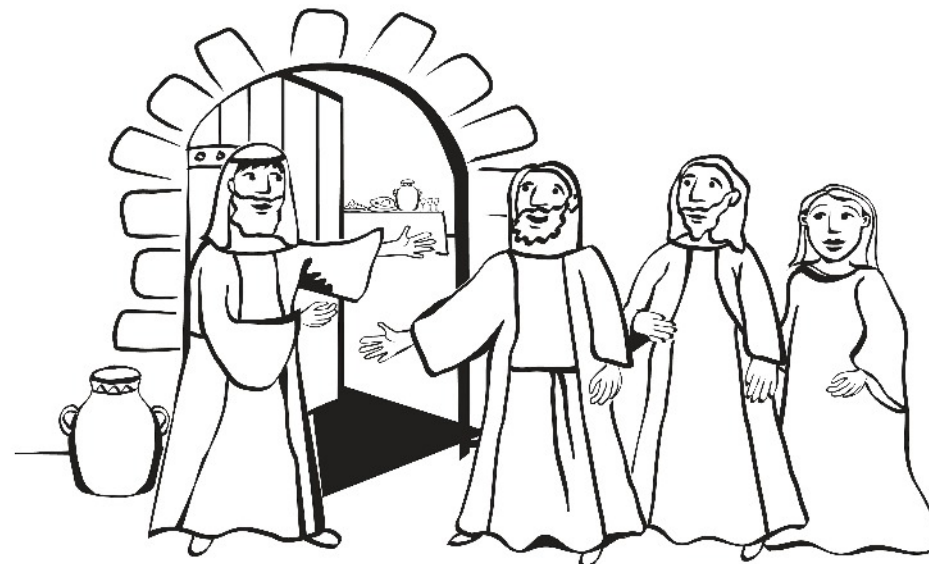
SERVICES NEXT WEEK

St. Mary's

No Service

St. Oswald's

Sunday 10.30a.m. ~ Joint Parish Eucharist



Share your bread with the hungry, and bring the homeless poor into your house.

(Isaiah 58:7a)

TODAY'S READINGS

3rd Sunday before Lent

Collect

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

First Reading ~ Isaiah 58.1–9a

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil,

Second Reading ~ 1 Corinthians 2.1-12

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

Gospel Reading ~ Matthew 5.13-20

'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled underfoot. 'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. 'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.