

The

Parish

News



News from the Churches,  
Clubs, groups, societies

& residents of

Ninfield & Hove

Aug & Sept 2023 50p



# St MARY's & St OSWALD's

## NOTICE BOARD

### CHURCH SERVICE TIMES



	St Mary's	St Oswald's
6 <sup>th</sup> August	9.30 Parish Eucharist	11.00 Family Service
13 <sup>th</sup> August	<i>No Service</i>	10.30 Joint Parish Eucharist
20 <sup>th</sup> August	9.30 Parish Eucharist	11.00 Parish Eucharist
27 <sup>th</sup> August	NO SERVICE	11.00 Parish Eucharist
3 <sup>rd</sup> Sept	<i>9.30 Parish Eucharist</i>	11.00 Family Service
10 <sup>th</sup> Sept	10.30 Joint Parish Eucharist	<i>No Service</i>
17 <sup>th</sup> Sept	9.30 Family Eucharist	11.00 Parish Eucharist
24 <sup>th</sup> Sept	9.30 Parish Eucharist	11.00 Parish Eucharist

#### **Opening times for Private Prayer**

St. Mary's - Tuesday and Friday 9.00am to 3.00pm    Where Possible

St. Oswald's    -    Open daily from 9.00am - 5.00pm

*Any alterations or additions to these service times will be displayed on the church notice boards, the weekly sheet and can be found on the church website along with other church details ~ [www.ninfield.org.uk](http://www.ninfield.org.uk)*

**APPOINTMENTS**    All enquiries about Baptism, Marriages, reading of Banns or any other Church matter should be made to The Church Wardens, details on ~~the~~ back page

Dear Friends,

Most of us have our favourite songs. I don't mean the timeless hymns or modern worship songs but the kind of songs that we grew up with – pop songs. There is something great about these pop songs. Some of them make you tap your fingers on the steering wheel while you drive. The joyful rhythm, beat and melody will always take you to a different world.

There are some great songs with wonderful lyrics. Their words speak to your soul so you find some kind of comfort and solace in them. When the melody and lyrics are outstanding, they become world class and enjoyed by many people all over the world, making them a timeless classic. One such song for me is *Imagine* by John Lennon. It was the song that was used at the launch of this years Rotary theme back in February last year as the theme has been Imagine Rotary! Imagination can take into many places. Maybe we need to use imagination to see where the church of today should be heading? Walt Disney said “If you dream it, you can do it”.

There is a ride in Epcot in Disney World Florida called Figment of Imagination. Like all Disney Rides there is an infuriating song played throughout the ride. This one said “We all have sparks, imaginations, That's how our mind creates creations, For they can make our wildest dreams come true, those magic sparks in me and you.” Perhaps in the church we need to rekindle those sparks. We need to adjust to the new situations we find ourselves in. I am reminded of the re-wording of the words to Onward Christian Soldiers that was changed to Like a mighty tortoise moves the church of God, we have always trodden where we've always trod!!! We need to remember that from a spark comes a flame, from a flame comes a fire!

Whether or not we are aware of it, the church has been using verses from secular songs from its early years. I suppose St Paul has used secular songs more often than any other writer. When addressing men of Athens he quoted a line from a Cretan prophet and poet called Epimenides: ***‘For in him we live and move and have our being.’***

The secular world has so much to teach us. There is nothing wrong in using the truths and meaningful sentiments from popular songs. The words of Lennon's song Imagine has much to teach us. Paul employed this method to reach out to the pagan masses in terms familiar to them. Our country is predominantly secular. To effectively reach out to the masses, the approach of the church should be open minded and relevant to the situation we find ourselves in. Again, quoting Walt Disney, he said

“1<sup>st</sup> think, 2<sup>nd</sup> Believe, 3<sup>rd</sup> Dream and finally Dare!

We need at times to Dare, to take risks, which is something we are not good at! Mary Poppins said “Open different doors, you may find a you there you never knew was yours!”

Anything can happen. With the power of the Holy Spirit anything is possible.  
Paul

## **Confirmation at St. Mary’s**

Paul Frostick offered to hold the confirmation at St. Mary’s and the Bishop agreed and how lucky we were. The church was full and from a personal point of view there is nothing nicer than hearing hymns being sung in a small church with a pipe organ and good acoustics.

The service was led by the Bishop of Lewes, the Rt Revd Will Hazelwood and he managed to balance the importance of the service with a few light hearted moments.

There were nine candidates, two were Paul’s grandchildren Abbie and Melissa and another, Catherine Lorraine Gausden who is a member of St Oswald’s Church.

After the service there was an opportunity for photographs and presentations with the Bishop and the newly confirmed. Refreshments were served.  
Nicki

## **St Mary’s Parish Church**

Funeral and Burial of Phil Ringrose 2<sup>nd</sup> June

*from the  
Parish Records*

## **PARISH NEWS**

Views expressed in the articles in this magazine are those of the writer and not of the Parish Churches or PCCs unless it so states.

This publication is produced and distributed by Members of both Parish Churches.

## The Water of Life

She came to the well around midday,  
To avoid all the gossip she came alone,  
She met a Man there who told her all things  
Five husbands she had and one not her own.

He asked for a drink and they started to talk,  
A Samaritan woman there with a Jew  
Breaking all barriers to meet her need  
He told her how she could be made new.

The water of life that He would give  
Would mean that she never would thirst again  
This transforming draught He offers to all  
Once tasted you never will be the same.

At Cana He turned the water to wine  
A miracle no-one but He could do  
Just as the water was wondrously changed  
If you drink from this Fount it can happen to you.

By Megan Carte

### **DATE FOR YOUR DIARY:**

After the success of the organ recital last month, Paul Abnett will be offering a further recital in St Mary's Church, Ninfield after the joint morning service on Sunday 10th September. It will start at 11.45 after we have had refreshments.

We look forward to hearing the tremendous rich sound that comes from our traditional organ, particularly at the hands of our very talented organist Paul Abnett. We would like to see you at our church service but you are welcome to come just for the recital

## News from St Oswald's

### **'Easy On the Ears Music'**

The concert in St Oswald's on June 29th organized by Allan Tipping, a member of the PCC was a moving evening of songs by Hannah Latty and her friends from the Ashburnham Christian Centre and was attended by more than 50 people of all ages. Tea, coffee and cakes were served after the concert and a bouquet was presented to Hannah. The concert raised over £200.00 - so, many thanks to Allan for all his hard work and organization.

### **Lightening our Darkness**

At the beginning of July, Gilbert and Hannington installed our new lights in the main body of the church where the rather charming Victorian hanging fittings have been left in but enhanced by a series of spotlights fixed to the top of the walls with a 'dazzling' result. Joking apart, the fittings themselves are hardly noticeable and not in any way ugly and it will make reading hymn books and sheets so much easier.

### **St. Oswald's Church Garden Party**

What a success!!

After much planning, table collecting, gazebo erecting, painting, carpet laying in bell tower and church decorating we were finally ready with balloons, bunting and signage. Thanks to an army of volunteers, the generosity of the public and the music of the Hooe Silver Band the day went like clockwork (despite an interval for rain) and it is heartwarming to be able to report that we took over £2,000.00 during the day. There were many tired feet and bodies at the end of the day but once again a huge thank you to everyone who helped clear up and in no time the church was restored to its usual peaceful serenity amongst the fields and wild flowers.

### **Harvest Festival**

This will be held on September 4<sup>th</sup> and we are hoping to follow the service by a Harvest lunch in the church or maybe outside if the weather is kind.

### **From the Visitors Book**

**29.06.23** "No Comments. Speechless. God is in. God cares about this place and people move forward thanks." **Angeliya , Kazarkstan**

**01.07.23** "Another visit- Very calming **M.C.Toth, Bexhill-on-Sea**

**Editors comments . . . .** Distributors - After this you get a month off.

Readers - More articles please

We would like to hear more about the knitting/craft mornings, the choir, men's shed, bowls club etc. We know they are happening but surely there is a story or two to be told.

Also some comments on the summer activities, we know they are well attended in both villages so why not jot a few lines down and tell us why you enjoyed yourselves or not as the case may be.

All and any feedback is vital.

Happy summer, sunshine all day and rain overnight to make our gardens and fields beautiful

*Nicki & Carol*



## **NINFIELD SURGERY**

### **Foodbank**

Thank you for your continued support with the donations to the Foodbank basket. We are very grateful for anything you can donate.

### **Community Garden**

The community garden is looking fantastic. There is a lovely bench to sit and relax on. Thank you to the Wellbeing Group for their support.

### **Opening Hours**

Please be advised our new opening times are 8am – 12.45pm and 2pm – 6pm.

A reminder that **THE NINFIELD LOCAL HISTORY GROUP** Membership subscriptions are now due so if you wish to renew or join up please contact Corinne Gibbons (892612) or visit our website at <https://ninfieldlocalhistorygroup.org.uk>. Membership gives you discounted entry to the meetings (£1 vs £4) and a bi-monthly newsletter.

In August the group are planning a visit to Newhaven Fort (call John Cheshire on 892248 for details) and on Thursday 14th September we welcome Peter Harrison who will be speaking about the History of Pevensey. All meetings are in the Methodist Hall, Church Lane, Ninfield and start promptly at 7.30pm. Free refreshments are provided.

## ***August & September Diary***

		Venue	Page
<b>July</b>			
27 <sup>th</sup>	Men's Shed	Sparke	10
30 <sup>th</sup>	Rock-n-Roll Dance	Memorial	18
31 <sup>st</sup>	Hooe Parish Council Meet	Hooe Village Hall	12
<b>August</b>			
4 <sup>th</sup>	Coffee Morning/ Book Exchange	Methodist	10
6 <sup>th</sup>	Hooe Classic & Vintage Car Show	Hooe Rec	12
7 <sup>th</sup>	Ninfield Flower Group	Memorial	13
11 <sup>th</sup>	Hooe & Ninfield Open Group	Methodist	32
15 <sup>th</sup>	Ninfield Baking Group	Memorial	17
17 <sup>th</sup>	Hooe History Society	St. Oswald's	26
19 <sup>th</sup>	Horticultural Summer Show	Memorial	9
<b>September</b>			
1 <sup>st</sup>	Coffee morning/Book exchange	Methodist	10
4 <sup>th</sup>	Harvest Festival	St. Oswald's	6
4 <sup>th</sup>	Ninfield Flower Group	Memorial	13
8 <sup>th</sup>	Hooe & Ninfield Open Group	Methodist	32
10 <sup>th</sup>	Organ recital	St. Mary's	5
11 <sup>th</sup>	Hooe Parish Council Meet	Hooe Village Hall	12
13 <sup>th</sup>	Christian Women's Fellowship	Methodist	33
13 <sup>th</sup>	Ninfield Carnival Meeting	Working Men's	18
16 <sup>th</sup>	Ninfield Village Market	Memorial	15
17 <sup>th</sup>	Ninfield Baking Group	Memorial	17
21 <sup>st</sup>	Hooe History Society	St. Oswald's	26
22 <sup>nd</sup>	Musical Matinee	Memorial	10
23 <sup>d</sup>	Michaelmas Fayre	St. Mary's	18/24
23 <sup>rd</sup>	Ninfield Bonfire Badge Night	Ninfield Rec	24
24 <sup>th</sup>	Harvest Festival	St. Mary's	18/22



## **Ninfield Horticultural Society**

Summer Show day 19th August - can you believe that it has come around so soon? I've already given some pointers on photographs, so now a few on flowers and vegetables. We have a special class for novice dahlia growers - 5 mixed garden dahlias in a vase. It can be a mixed vase, they don't all have to be the same variety. And how about a specimen rose bloom? This year has been especially good for roses, so I am expecting a high number of entries.

Vegetables may be a bit of a struggle - depending on how much rain we have through July, but the onions are looking good and courgettes always worth a go. Just remember to pick them small and keep the flower on. Also, keep the calyx (stalks) on your tomatoes, raspberries, apples and plums. We have a class for herbs this year (vase of 5) and we all have herbs in our gardens!

Let's not forget the children's classes and domestic (baking, jams and chutneys) - something for everyone. All printed schedules have gone, but I can email a copy to anyone that wants one.

If you aren't ready to show, just come along in the afternoon, have tea and cake and enjoy the display.

September is quiet as we need to recover from the Summer Show, but the society will have a stand at the Michaelmas Fayre and our AGM is on 16th October. We'd like to see some new faces.

And that's it. The next entry will all be in the Autumn and we'll be harvesting squashes!

**Closing date for items for the  
OCTOBER issue  
of the Parish News**

**Is WEDNESDAY 13<sup>th</sup> SEPTEMBER please send to  
ninfieldhooenews@gmail.com**

## **Ninfield Health and Well-being Group**

### **Ninfield Village Society**

The Health and Well-being group is affiliated to the Ninfield Village Society whose volunteers have been managing and maintaining Church Wood since it was gifted to the village some 27 years ago. Visitors are most welcome to use and enjoy all the well-being benefits that this beautiful small area of ancient wet woodland, now a designated Local Nature Reserve, offers. Contact: Robin Goldsmith on 01424 892778.

### **Women's Crafting and Knitting Circle**

In the Memorial Hall 1st Floor Room every Friday from 10.30 to 12.30. £5 per session. Contact Jane: 01424 892428.

### **Men's Shed**

In Sparke Pavilion at 10 am on the last Thursday of the month. Men putting the world to rights over coffee! Free. Just come along or contact: Dave 892883.

### **Book Exchange/Community Café**

In the Methodist Hall from 10 – 11.30 am on Fridays. Note: After the Book Exchange Café on Friday 4th August the cafe will close for the rest of the month, re-opening with the Book Exchange Café on 1st September.

### **Musical Matinee Film**

Here are the details of the two remaining films for 2023. As you will see we have 'ancient and modern'. We do hope you will come and join us for a relaxed, friendly afternoon. Everyone welcome, whatever age.

The afternoons are in the Memorial Hall, are dementia friendly and subtitles are used for those with hearing loss. The screening and refreshments are free. Doors open at 1.30 and films start at 2.00 with time to chat over tea and cake. To ensure there is enough cake, contact Jackie or Rose on 892422 or jackie.langley1@btinternet.com It's not too early to book for Gigi!

Friday 22 September: Gigi.

Friday 24 November La La Land.

*The group is thinking of offering more films from later this year. The idea is to show vintage films, e.g. classic comedies alternating with the Musical Matinees. Martyn Stephens has volunteered to host these afternoons, with the help of Jan Wood and Robin Goldsmith. To ensure enough cover throughout the year, another volunteer would be good. This would be a commitment to a maximum of four or five afternoons a year starting this Autumn. If you are interested, please contact me -Jackie Langley as above* <sup>10</sup>

## **Health Walks**

As you may know the Ninfield health walk is run as part of our local health and wellbeing group activities. We run a weekly health walk every Thursday leaving Sparke Pavilion, on the recreation ground, off Church Lane, at 11.00 am.

These walks are run as part of the “East Sussex Health Walks” scheme and each is led by a trained volunteer leader. Ours lasts for approximately one hour at a gentle strolling pace to accommodate slower walkers. Walks are free and friendly with no need to book in advance. Dogs on a short lead are allowed.

Unfortunately during the last few months, we have noticed a large drop in the number of walkers turning up and we would really like to get back to our pre covid levels. If necessary the walk leader will try to match the route to suit the requirements of that days walkers, e.g. no stiles.

The health benefits to both mind and body of walking outdoors are well known, so if you are returning previous walker, or just someone who has been thinking about joining us please give it a try. You will be made most welcome.

For information contact: Robin Goldsmith 01424 892778.

## **Dark Skies**

The aim of this group is to expand on the mapping of dark skies in various locations around the village, increase our knowledge of the stars and understand the impact moon cycles and artificial light can have on wildlife. It is about involving residents in appreciating and understanding the ‘darkness’ in our village. We are not formally meeting in July and August as it just isn’t dark enough, but we do hope to continue with the bat survey and would be interested in hearing about any sightings of bats in the village.

For further information contact Kaye Crittall on 01424892883.

## **Singing**

Singing is an enjoyable, but also a therapeutic activity, promoting health and wellbeing. Kaye’s group is slowly building a diverse repertoire of songs, from Adele to Andy Williams and Judy Garland to the Greatest Showman. She says “We tend to laugh as much as we sing and can guarantee leaving the sessions with smiles on our faces. We meet on a Tuesday evening at 7.30 pm in the Methodist Hall. Fee is £1 only per session and everyone is welcome – no matter what age, gender or ability. As we have said many times before – you do not need to be a good singer, just enjoy a good sing.” Please contact [k.crittall@btinternet.com](mailto:k.crittall@btinternet.com) or call 07707683187 or 01424 892883 for more information. Or just turn up at one of our sessions.

## HOOE PARISH COUNCIL

**Clerk / RFO:** Jane Warrener 07548 528754

**Email:** [clerk@hooe-pc.gov.uk](mailto:clerk@hooe-pc.gov.uk)

**Website:** [www.hooe.pc.gov.uk](http://www.hooe.pc.gov.uk)

Thank you to everyone who attended the Annual Parish Meeting last month. The main topic of discussion was the Village Hall Options Report, many of the comments, ideas and suggestions have been noted for further discussion at the next Village Hall Project Committee

On the 18<sup>th</sup> June the Powdermill Trust volunteers worked on the Bogs for the first time this year, they were assessing the growth from over the winter and cutting back vegetation especially along the footpath. The group are interested in recording and preserving the flora & fauna in this area which is rich in rare plants. An information board and raised walkway in the wet areas were discussed and possible funding streams. Also thank you to Councillor Gayle who joined the other volunteers on Sunday

The Annual Sussex Davina Bike Ride took place on 25<sup>th</sup> June in support of Action Medical Research for Children Charity

Starting from Uckfield there were four different distances to choose from 27 miles and the 46 mile routes stayed mainly in the central Sussex area, those completing the 74 or 100 miles, passed through Hooe using a water station set up at the Recreation ground.

This year's Hooe Football Tournament was held on the weekend of 1<sup>st</sup> & 2<sup>nd</sup> on July at the Recreation ground. A big thank you to Councillor Paul Yeeles and his team of Volunteers who were on hand to direct cars to the designated parking area and ensure the country lanes around the ground were traffic free

The 53<sup>rd</sup> Annual Classic & Vintage Car Show organised by Hooe Old Motor Club is on Sunday 6<sup>th</sup> August at the Recreation Ground. Open from 10am till 5pm we wish them every success with their event

Finally, Hooe Parish Councillors recently welcomed Bill Leonard as new Councillor to the Council.

The next Full Council Meetings are on 31<sup>st</sup> July & 11<sup>th</sup> September please see our webpage for more details including Agendas and related papers.

**Cllr. Ann Loyd - Chairman**

## **NINFIELD FLOWER GROUP**

At our last committee meeting I had reluctantly put on the agenda "Christmas Meal" as I had no wish to hasten the summer away. However, I found that several committee members already had Christmas dates booked up so I realised there is no room for complacency or we will be left with a picnic on the recreation ground which might prove chilly.

We will continue to enjoy summer, no matter what it throws at us, with our club meeting on August 7th which will be an in-house array of demonstrations by 3 members and special invited guest, a one-time National Chairman of NAFAS. The theme is "A Summer Evening" and the refreshments will reflect this. Do join us for what I'm sure will be an enjoyable and informal evening from 7pm, as always in the Memorial Hall.

Looking ahead to September when we welcome the highly innovative Graham King and his "Journey to Creativity". Always a hugely popular demonstrator, Graham is very generous in sharing his love of crafts and floral design. He says "the best way to learn new subjects and techniques is to experiment, play and above all have fun". We are assured of a superb evening as he puts this into practice. Refreshments from 7pm for a 7.30pm start. Visitors £5.

Advance notice of our Jumble Sale which is on Saturday 14th October in the Memorial Hall. Saleable items accepted from 9.30am. Doors open for selling at 2pm.

I'll finish as I started with Christmas! Our Christmas open meeting is on Friday 1st December when we welcome Tracey Griffin, an award winning florist and national and international demonstrator and teacher of floristry. Tickets will be available in September. Visitors £12.

**MERIDIAN  
TOILET HIRE**  
.com  
01424 892123

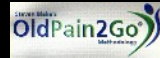
Hire local portable toilets for all occasions

Please contact us for further details

**info@meridiantoilethire.com**

We conform to all Health & Safety standards

Are you suffering from chronic pain?  
and been diagnosed by a doctor.



Certified Practitioner

How good would it feel to be out of pain.

Contact me for a private consultaion

deecastle.therapy@yahoo.com 01424 893554

## C & C Carpets

CARPETS - VINYL - TILES Etc

SUPPLIED AND FITTED

*No Job too small*

CLIVE SCOTT 01424 893209

07939 528057



**EAST SUSSEX  
OSTEOPATHS**  
TREATING THE WHOLE FAMILY

Registered with the G OSC and the IO,  
East Sussex Osteopaths offer clinic  
appointments in Dallington & Heathfield.  
To book an appointment, 07762 576 492  
[www.eastsussex-osteopaths.co.uk](http://www.eastsussex-osteopaths.co.uk)

## Mrs. M. Keeley

M.C.HP. M.A.F.HP

*Foot Health Home Visiting Service,  
Nail Cutting, Corns, Calluses*

Tel: 01424 892120  
Mobile: 07900 916942

  
**wildly crafted**

IN HARMONY WITH NATURE

**Cabins & Treehouses**

We work in harmony with nature to create bespoke wildly crafted  
eco friendly cabins & treehouses made from sustainable materials.  
Perfect for self contained accommodation, home office, therapy  
rooms etc.

**TEL: 07725 752927**

[JOHN@WILDLYCRAFTED.CO.UK](mailto:JOHN@WILDLYCRAFTED.CO.UK)

[WWW.WILDLYCRAFTED.CO.UK](http://WWW.WILDLYCRAFTED.CO.UK)



**SUSSEXGARDENSOLUTIONS**

Landscaping

Design

Maintenance

Planting

Mowing

Fencing

Restoration



07771 944 249 01424 893 505

[www.sussexgardensolutions.co.uk](http://www.sussexgardensolutions.co.uk)

[enquiries@sussexgardensolutions.co.uk](mailto:enquiries@sussexgardensolutions.co.uk)

## Farmer's Choice Beef Box £130

A 10kg selection of Aberdeen Angus  
28 day dry aged, grass fed beef.

Box with 1/3 steaks (frying & slow cook  
cuts) 1/3 classic roasting joints 1/3 mince.

Free local delivery within 15 miles  
of Hockham Farm in Boreham Street.

Availability all year round,.

**Contact Nigel 07590532829 or  
[nigel@indiefarmer.com](mailto:nigel@indiefarmer.com)**



Partially sighted or blind -  
or do you know someone who is?

Wealden Talking News offers **FREE** audio  
magazines to anyone in East or West Sussex

OUR MAGAZINES

- People's Friend
- Sussex Life & Saga
- Listeners' Sussex
- No cost
- Monthly recordings
- We lend you a player
- No requirement to be registered blind



Call our ansaphone on **01435 862 304**  
or email [secretarywtn@gmail.com](mailto:secretarywtn@gmail.com)

[www.wealdentalkingnews.org.uk](http://www.wealdentalkingnews.org.uk)

**Wealden**   
**Talking News**  
Registered Charity no. 270183

The whole organisation is totally run by volunteers! Volunteers research the publications, read, and record the extracts, organise the weekly send outs and general administration. Their small but perfectly formed modern recording studio was even designed and installed by volunteers! A truly remarkable organisation providing a much needed and loved service. If you know of anyone who might benefit and gain enjoyment from this or if you would like to hear more, please do not hesitate to give me a call. Pam Doodles 01424 892329 [pamdoodles@hotmail.com](mailto:pamdoodles@hotmail.com)

**NINFIELD MEMORIAL HALL**  
**SATURDAY 16<sup>th</sup> September**  
**VILLAGE MARKET!**

**Sorry, no market in August - holiday time!**

All your favourites will be back, Helen with her locally reared meats, Maggie with her delicious cakes, fresh fruit & veg, eggs, honey as well as a range of locally made crafts and other stalls.  
Oh! And of course breakfast! Or at least a cuppa and a chat!

## So many young people

Well the concert seemed to go well, we are going to make a few hundred pounds for the Church!

I knew that Hannah was a fantastic singer and that we were in for a treat, I did not know the two Brazilian singers only that Hannah said they were fantastic, Not wrong there. Here I shall ask for forgiveness because I seem to have no ability to remember names. The young lady who sang for us, I think Hannah said it was her first public performance, was called Deborah, I hope so. Such a lovely girl, singing and playing the guitar. I found it quite amazing to think she had come all the way from Brazil and was now singing in our little Church. The young Man, big fella, went by the name of Kio or some thing like that. Now he had a voice and a half. Singing and playing the guitar to his own songs. I was left in wonder at what it must be like to live in a community filled with music.

I did know some communities in the late 60's and early 70's where grown men cried with frustration trying to teach me to play a guitar. No one would ever want me to sing. I do chirp up in Church on a Sunday and describe my voice as like a bull frog King Herod just sat on!

Not only did we get to hear the music we were also given the motivations that made the songs come to life. Hannah said that complicated and hard times were when song writers produced much of their work. She asked if anyone had written a song or poem when things got tricky in there lives, and then looked at me. Oh dear all I could say was when I got vexed I use to chase after rabbits!

When all was finished and the punters were swilling coffee I slipped out for a well deserved home roll, thinking it would be quiet out there. Not so, there were young people running along the pathways having great fun in the warm summer evening. The slightly older young ones were chatting and running their hands over the waist high grass seed heads as they explored this new place in the countryside.

So a massive thank you to Ashburnham Place for supporting our Church and giving us a lovely evening of songs and company; It still seems very quiet here.

Getting back to an area where if feel more confident, we have a mole come back. The tragic water logging of the soil this winter seemed to have driven the moles out. I have not seen a mole hill up until yesterday. Some where the moles have breed and the offspring, being driven out by the adult mole, have found their way to the Church.

I have been vexed in the past by moles, they make vegetable gardening difficult. They are also not that welcome in pasture as they can negativity impact hay making. Fortunately the church is not either a garden or a farm, it is a place where moles live unmolested even if they do insist in making their mole hills on the pathways.

AT





Building the future and restoring the past since 1929  
NEW BUILDS - ALTERATIONS & CONVERSIONS  
RESTORATIONS - EXTENSIONS - GROUND WORKS  
BATHROOMS & KITCHENS - GARAGES - ROOFING SERVICES  
- SURVEYING- LISTED PROPERTIES - COMMERCIAL  
01424 892933  
Info@parkerandsonconstruction.co.uk  
www.parkerandsonconstruction.co.uk



20+ years experience in Plastering  
Tacking Coving Screeding Rendering  
For a professional and friendly service  
in all aspects of plastering  
Call 07776095159  
Bourneplastering@gmx.co.uk

# ASTBURY

Windows, Doors  
& Conservatories

Tel: 01424 893820  
Mobile: 07740 877422

Email: [info@astburywindows.com](mailto:info@astburywindows.com)  
[www.astburywindows.com](http://www.astburywindows.com)



☎ 01424 892257  
info@haffendenroofing.co.uk  
www.haffendenroofing.co.uk

## NINFIELD BAKING GROUP

At the time of going to press Ninfield Baking Group have their first baking session coming up where the plan is to bake something chocolatey.



We do have the following two sessions booked, both of which will be at the Memorial Hall:

Tuesday 15th August – 1900 to 2130 hours  
Sunday 17th September – 0930am to midday

Anyone is welcome to join us for baking and sharing said bakes with a hot drink.  
Each session is £5 per person.

Contact Donna on 07812 670435 for details of the recipe/theme for each session or for further information on the group.

## News, Revues and Reviews from Sami

Review - on the Carnival Fete weekend in July...Hmmm, at time of writing, deadline 10th July, it hasn't happened yet!! All I can say is that we are all up to our eyes getting it together, and hoping that the weather stays fine for a fabulous weekend event! Hopefully I'll add a note for the October issue...if we can remember it by then!

So the next joint venture with Bonfire and Carnival societies is...

### **The Ninfield Michaelmas Fayre!**

Saturday 23rd September, centred around, inside, and flowing out from our wonderful Village Parish Church - St. Mary's. There will be a full day of events, music, crafts, produce, games - everything you would expect to find at Michaelmas, plus an evening get together afterwards. More details available on Social media sites, websites and noticeboards, hope you've kept the date free! Rev. Paul Frostick is very pleased to be involved with this event which coincides with his Harvest Festival in the Church the next day, Sunday 24th September.

Next Carnival meeting:

Wednesday 13th September at the TIN HUT (Working Men's Club) 7.45pm  
EVERYONE WELCOME!!

Call Sami 07970650321 or email [samanthaguard@btinternet.com](mailto:samanthaguard@btinternet.com)

**QUESTION** - Would you be interested....?

Anniversary Gala Night

Saturday. 18th November

Supper - Entertainment - Bar - Raffle

Black Tie - Tickets £20 per Head to include Supper and Entertainment.

Donation after costs to 'Lost Chord' (Music for Dementia Charity)

Memorial Hall

Please get in touch and let me know as soon as possible.

This will be no ordinary night, it WON'T be the 'same old Gala' -it's a one-off, and will be celebrating amazing milestone Anniversaries.- and it will ONLY happen if there is enough uptake.

Intrigued? Call 07970650321 email [samanthaguard@btinternet.com](mailto:samanthaguard@btinternet.com)

### **Movement 2 Music**

You may know that I run an exercise class on a Monday morning at 10am in the Memorial Hall, which is Chair based and Standing, for the older, but still active person! The music is great; all favourites that have good memories, a fabulous beat, and a tune to hum along to!! The benefits from

doing the class are immeasurable... I have been running them for over 12 years, and I know I can't NOT do them now ..! The mantra Use it or Lose it certainly rings true...and even though these classes are my business, my livelihood, I would love them to be promoted and likened to a 'medicinal remedy', and linked to a Health and Wellbeing umbrella.

Please read the following letter that I have sent to many organisations and companies, publications and promotions that shows my passion and conviction in this regime of healthy exercises that I have created. If you are interested in taking up the class the Memorial Hall on Monday mornings please give me a call on 07970650321 or email [samanthaguard@btinternet.com](mailto:samanthaguard@btinternet.com)

## **MOVEMENT 2 MUSIC –**

### **KEEPING YOU ACTIVE FOR LIFE!**

My M2M sessions are taking place throughout the Wealden area at present, at many different schemes and with various levels of support and funding. It is hoped that these, and new venues, will continue and grow, giving much needed benefit to the 'older' community.

What is it? –

Basically, the sessions consist of an hour's exercise/movement, some chair-based and some standing, but all done with fun, a lot of laughter and, generally, a good sing-a-long!

I have found, over the last 12 years since I developed this regime of exercises, that the benefits are huge and invaluable, in a variety of ways; and I have become quite passionate about the subject!

Firstly, the Physical aspect – There is no age limit to this activity, all my exercises and routines are adaptable to the participants..... My youngest member of all the groups is about 60, but the oldest was 104...yes, 104!!!!.. and, no matter how 'able' the person, there is much to be gained from stretching, circling, swinging and swaying – dancing! - to whatever degree. One of my ladies, Molly (in her 80's) said the other day as she arrived for class " My shoulders have gone North, I can't seem to get them down they're so stiff..." After the first two exercises, which involved stretching by reaching up to the sky, then gentle shrugs and 'pops' and slow head turning, she said, with relief, that she could feel a welcome respite from the 'wooden coat hanger' feeling she'd previously had! She had also sung along to the two tunes while exercising, so taking her mind off the effects!... Another of my ladies has not got a good lung capacity, but as I take the classes she listens to how to breathe properly, and as deeply as possible, calmly does her best, and is pleased to inform me, when she returns from her check-ups, that the Hospital staff are impressed with her fitness! I do have gentlemen in some of my sessions, and one lovely chap in his 70's is developing Carpel Tunnel in his fingers, alongside

the Arthritis that's already there. He has benefited from the wrist circling, hand stretching and finger exercises, playing 'imaginary pianos' and is happy to fly the flag for the older to chap, to ENJOY some exercise and dance moves!

I can empathise with many of the participants as I have degeneration and arthritis in my spine, top and bottom, due to injuries sustained in my career as a T.V and West End Dancer and Actress. I know how painful the back becomes when it 'gets stuck' and feels like a block of iron. I've spent hundreds of pounds over the years on Osteopaths to keep everything in alignment and moving. But, in total agreement with recent documentaries on T.V on this subject, I do NOT believe that popping painkillers is the cure for joint pain... but that exercise and improving general mobility IS. It is a common fact now that, as we go over the '50' mark, we are ALL suffering from various forms of back pain, some Arthritis will have taken hold in wrists, knees or feet, and some of us can also start suffering nerve pain; with the dreaded 'Sciatica' being one of the most depressing and debilitating forms – tell me, I'm an expert!!!. By doing these Movement 2 Music (M2M) routines, or Dances – which they progress through the hour to be- the whole body is gently toned; stretched and moved, balanced and strengthened, from top to toe; pain is relieved hugely and the brain has a bit of a work out too...!!

So- secondly, the Mental aspect – I am convinced that these classes are vital for good mental health and well being. The Movement to Music sessions are a fun filled way of exercising, learning new movements, co-coordinating arms and legs – always a fun challenge! While reliving eras that have musical relevance in people's lives, if they remember the 60's they WERE there! It's just great seeing eyes lighting up, and smiles of recognition, with voices raised in song while doing 'The Twist'...even if it's sitting on a chair in a Hall somewhere! Finally, the third aspect – for want of a better 'sound byte'... A good old get together! Some of the classes / sessions are with a mix of residents from within a residential venue; many are in Community halls with groups and societies, people from the local area who have friends, or have seen an advertisement in their Doctors Surgery, or nearby shop, and have grasped the mettle to come and join in. Sometimes it takes guts to do that, people get used to 'being on their own' after a loved one has gone, but the sessions bring so many new friendships together and become a regular 'Club', with groups maybe going for a coffee afterwards, or joining other activities/outings. Some of the regular participants get quite cross if I have a couple of weeks 'Off' from the sessions, like at Christmas....well, there's no rest for the wicked as they say!

So in conclusion, I would just like to say that these Movement 2 Music classes are vital to our health and well being, important for social interaction in our latter years, and are an essential new skill for the Older but still Active person, to keep help keep going and to thrive. We must make sure that a long life lived, is Active, Fulfilled and Fun!! Samantha Hughes-Guard A.I.S.T.D (Hons.)

## JOHN BIGNELL Garage Doors

Automation / Repairs / New Doors

**01424 210522**  
**07970 230961**

johnbignell@btconnect.com

## Bargain Carpets & Floors

Carpets and Vinyl Flooring supplied and fitted  
Same choice as any shop but at up to half  
price



We can move your furniture  
and take away your old flooring

For free home sample viewing and estimates  
Please call Stuart or Lisa 01424 855882 /  
07734 659834

**Checkatrade** [www.bargainfloors.co.uk](http://www.bargainfloors.co.uk)

## THE BLACKSMITHS INN

A family run gastro pub serving  
locally sourced, home cooked food  
with weekly fish & game specials.

Tapas - Thursday from 5:30pm £14pp

Roasts every Sunday 12-4pm

Senior meals available all week - £11.

**To book 893875**

## DANCE CLASSES

### 'MOVEMENT 2 MUSIC'

For the Older & Still Active Person  
Every Mondays 10.00 am

### LADIES DANCERCISE

Every Wednesday evening 6.30 pm

### 'BALLROOM/BURLESQUE!'

Fortnightly alternate Fridays 7.00 pm

All classes at the MEMORIAL HALL

Fully Qualified Professional Teacher

Call : SAMANTHA GUARD A.I.S.T.D.Hons.  
01424 893699 or 07970 650321



Clifford

Upholstery

Professional upholsterer with over 25 year  
experience in modern and traditional upholstery  
methods.

Re-upholstery & recovering, Cushion making  
Bespoke furniture, Repairs & Modifications

Headboards & plywood curtain pelmets

Upholstery tuition 07943 008 739

[paul@cliffordupholstery.co.uk](mailto:paul@cliffordupholstery.co.uk)

for a quote or to discuss your requirements.



Plumbing & Heating

Gas Boiler Servicing  
from £60+VAT

Oil Boiler Servicing  
from £80+VAT

Gas Safety Certificate  
from £49.50+VAT

Boiler Installation & Servicing

Including landlord gas safety certificates

General Plumbing & Heating Services

Underfloor Heating

Kitchen & Bathroom Installations

Honest, Professional & Affordable



01424 892933

[info@pandspumbing.co.uk](http://info@pandspumbing.co.uk) | [www.pandspumbing.co.uk](http://www.pandspumbing.co.uk)

## SUSSEX SECRETARIES



DO YOU NEED HELP  
FOR YOUR BUSINESS  
OR IN YOUR HOME?

Call us to discuss  
how we can help

**01424 892463 07940 886123**



ActiveTails.co.uk

Dog Walking, Training & Advise

Based in Ninfield, with over 5 years experience

Contact us on 07940 525 515

or [info@activetails.co.uk](mailto:info@activetails.co.uk)

## Is St. Mary's worth saving?

Those of you who can put up with reading my articles will know I have fond interests in our local Churches. It is with some sadness therefore, that I read that St Mary's will now only hold fortnightly services due to the falling congregation numbers. Use it or lose it is a common phrase and although "losing" a Grade 1 Church is unlikely, but less usage leads to neglect and as we now know, some scallywags took the opportunity to remove much of the lead flashing in the roof and gullies.

I'm not an avid Churchgoer myself, believing that there is some "Supreme Force" which all religions seem to ascribe to, by whatever name, and that such a common theme in widely disparate lands seems to have a constant need for each to improve themselves by doing "good" and avoiding the "bad" and become better people because of it. As long as people act that way, that's fine by me, it's those that find "pleasure" in destroying things, or upsetting people just for the "fun" of it, that I detest.

But back to St Mary's. Is it really the case that, out of a village of some 1,600 residents, only 10 or so can manage to turn up for an hour or so each Sunday? And the bulk of those are elderly, so are finding life limiting their activities. We have an enterprising vicar, that despite his own life limiting circumstances still manages an active role in the daily secular life of the village. If he can struggle through and still be active, isn't that something we could all try and make an effort for the upcoming Harvest Festival to be held on 24<sup>th</sup> September. Tradition is that people bring the fruits of their labours, and nowadays we send these contributions to the local Food Banks, so we know what necessities are required for them. It's the day AFTER the Michaelmas Fayre! So, after the fun of the Fayre bring your donations to St Mary's on 24<sup>th</sup> September.

Now back to a historical aspect:

**Lammas Day** also known as Loaf Mass Day, is celebrated around 1<sup>st</sup> August. The name originates from the word "loaf" in reference to bread and "Mass" in reference to the Eucharist. It is a festival in the liturgical calendar to mark the blessing of the First Fruits of harvest, with a loaf of bread being brought to the church for this purpose. On Loaf Mass Day, it is customary to bring to the church a loaf made from the new crop, which began to be harvested at Lammastide, which falls at the halfway point between the summer solstice and the autumn September equinox.

**History:** On Loaf Mass Day, bread is brought into the parish church to be blessed. August begins with Lammas Day, Loaf Mass Day, the day in the Book of Common Prayer calendar when a loaf baked with flour from newly harvested grain would be brought into church and blessed. It's one of the

oldest points of contact between the agricultural world and the Church. The others were **Plough Sunday in early January**, the **Sunday after Epiphany** and the day before work would begin again in the fields after Christmas festivities, when ploughs would be brought to church to be blessed; and **Rogation days in May**, the days **before Ascension Day**, when God's blessing would be sought on the growing crops.

In many parts of England, tenants were bound to present freshly harvested wheat to their landlords on or before the first day of August. In the Anglo-Saxon Chronicle, where it is referred to frequently, it is called "the feast of first fruits" on the 1st or the 6th of August (the latter being the feast of the Transfiguration of Christ).

For many families, wheat and flour from the previous harvest must have begun to run low in the days before Lammas, but the new harvest began a season of plenty, of hard work and company in the fields, reaping in teams. Thus, there was a spirit of celebratory play.

Lammas is also associated with the Quarter Days, which are: **Lady Day (25 March)**, to allow 9 months to the birth of the Christ child); **Midsummer Day (24 June)**; **Michaelmas (29 September)**, the Feast of **St Michael** and All Angels); and **Christmas (25 December)**

Falling close to the Spring equinox, Lady Day was the first day of the civil year in England, until 1752, when it was harmonised with the Scottish practice of 1 January being New Year's Day. The British (personal) tax year still ends on "Old" Lady Day (5 April under the 'new style' Gregorian calendar, which corresponds to 25 March under the 'old style' Julian calendar, as the Calendar (New Style) Act 1750 advanced the calendar by eleven days. The **cross-quarter days** are four holidays falling in between the quarter days: **Candlemas** (2 February), **May Day** (1 May), **Lammas** (1 August), and **All Hallows** (1 November).

These were also the dates of the Quarter Days observed in northern England until the 18th century. Candlemas (2 February); Whitsunday (fixed as 15 May); Lammas (1 August); and Martinmas (11 November). The dates for removals and for the employment of servants of Whitsunday and Martinmas were changed in 1886 to 28 May and 28 November respectively.

As we are close to battle Abbey, most will know it is dedicated to St Martin, the patron saint of soldiers, and appropriately falls on November 11<sup>th</sup>.

So, will any of you make the commitment to attend St Mary's for the

Harvest Festival on 24<sup>th</sup> September, and bring some contribution towards the local Food Banks? Out of a population of over 1,600 surely we can do MUCH better than the few who regularly attend?

KR

## **NINFIELD BONFIRE SOCIETY**

**We regularly meet on the third Wednesday of the month at 7.30pm, Working Men's club. New and old members are very welcome to pop in and say hello.**

**We still have the following fundraising events before our Bonfire night on the 21st October:**

- *Michaelmas 'Festival' returns to Ninfield in the daytime of Saturday, 23rd September. This will be a joint event with Ninfield Carnival and Rev Paul Frostick of St Mary's Church, on Church Lane, Ninfield. Followed by:*
- *NBS Badge Night - Saturday, 23rd September. This will be an evening event on Ninfield Recreation Ground. There will be live music and we will be promoting the Bonfire Society. This is a time to sign up and pay for your annual membership. Being a member not only allows you to join us on our own procession but on out-meetings to visit other Sussex Bonfire Societies on their Bonfire nights. Come along and find out more information about what we do.*

There will be lots of information coming on these events, so keep an eye on Social Media, the Village shop and posters for updates.

**The Bonfire night, torch lead procession, effigy and fireworks display that we put on for our Community, costs in the region of £10,000.**

**It is a free event for the local Community.**

**So if you've enjoyed Bonfire night last year in the village, then why not support Ninfield Bonfire, join as a member?**

**If you are a local business and would like to become a sponsor of the Ninfield Bonfire Society then please contact us at [ninfieldbonfire@gmail.com](mailto:ninfieldbonfire@gmail.com) or Sarah on 07809684488.**

**NBS Bonfire, Parade and Fireworks Display 21st October  
Find us on Facebook - Instagram -**

**[www.ninfieldbonfire.co.uk](http://www.ninfieldbonfire.co.uk)**

**Remember, Remember the 5th of November**



# SJFeist

& Co Limited

HEATING & PLUMBING ENGINEERS

Aga/Rayburn Approved  
Oil & Gas Boilers Serviced  
£100 off New Boiler Installation or  
£15 off a service with this advert  
CALL: 01424 754247

Email: info@sjfeistandco.co.uk



## The Forge Garage Hooe

*Peter Baker Auto Repairs*

☎ 01424 892296

*MOT testing ~ servicing ~ repairs.*

## Visit us at Wylands Farm

- Farm Shop stocking fruit and veg, beer, wine, preserves, gifts and more! A home to Butchers Hook, Cook, Carr Taylor and many more local brands.
- Cafe serving breakfast, lunch, sweet and savoury treats and a full range of hot/cold drinks.
- Seven fishing lakes to cater for all angling abilities.
- Woodland trail for families to enjoy.
- Pitches, pods and chalets for a relaxing getaway.

Open daily. Hours vary between 08:30-17:00

Wylands Farm, Powdermill Lane, Battie, TN33 0SU



Experienced  
**HANDYMAN**  
Painting, Plumbing, Gardening,  
House Maintenance etc.

Phone RICHARD

01424 272136 /

07980 933766

All jobs considered

Free Estimates

## **BRIAN WICKENS**

PAINTERS & DECORATORS

Qualified Tradesman Free  
Estimates No VAT Home:  
01424 224328 Mobile:  
07803 095061

## Contemporary & Traditional **PEBBLESTONE KITCHENS**

*Fully fitted or supply only  
Quality kitchens - affordable prices Est.  
1987*

Gavin Holden

☎ 01424 844522

25 Cooden Sea Road, Little Common

## **A.P.S.**

Tree Surgery. Fencing. Landscaping

Fully Insured & Qualified  
24 Hour Call Out

**Andy Stephenson**

Proprietor

01424 223708

07920 118276

Email: andy@apstreesurgeryfencing.co.uk  
www.apstreesurgeryfencing.co.uk



## **NINFIELD**

Lower Street

Fully Licensed

**Convenience Store**

News & Magazines

Daily Deliveries Fresh Fruit / Veg & Bread  
DVLA, Banking & Currency

892281 ninfieldstore@gmail.com



## Hooe History Society

Our speakers this month and next are as follows – on Thursday 17<sup>th</sup> August we welcome back David Hatherall who volunteers at Bexhill Museum and will be looking back at the town and townsfolk of Bexhill one hundred years ago with detail extracted from the pages of the Bexhill Observer of that year (1922) such as entertainment, people, sport, shopping, accidents, and events. Following on from that, on Thursday 21<sup>st</sup> September Jan Black will make a return visit to talk to us on the History of Herbalism from 2800 B.C. to the present day. Both of these meetings will take place in St. Oswalds church at the usual time of 7.30 p.m. with refreshments to follow.

DID YOU KNOW... I have tried for some time to understand the Domesday Book entries for Hooe. Now, with the benefit of the excellent Domesday book for Sussex, published by Phillimore, edited by John Morris, I feel in a small way able to shed a little light on the village back in the day. There is still plenty that I cannot fully explain, but in this issue I have taken word for word the translated entries from Phillimore; in the October issue I will try to explain some of the terms that are used as well as the administrative structure at the time. The numbers are those actually used in Domesday book.

### 8 - Land of Battle Church

The Abbot has

8.9 in the Manor of Hooe , which the Count of Eu holds, ½ hide. 2 villagers with 1 plough.

Value 5s.

### 9 - Land of (Robert) the Count of Eu

(In Ninfield Hundred)

9.1 The Count of Eu holds the Manor of Hooe in Lordship.

Earl Godwin held it. Before 1066 and now it answered for 12 hides. Land for 44 ploughs. In lordship 2 ploughs. 44 villagers with 12 smallholders have 28 ploughs.

A small church; 1 mill at 7s; meadow, 71 acres; 30 salt-houses at 33s; woodland, 10 pigs from pasturage; from grazing, 7 pigs.

Reinbert holds ½ hide of the villagers' land of this manor; Robert 2 ½ virgates; Osbern 2 virgates; Alfred 2 virgates; Gerald 2 virgates;

Inglerrann 2 virgates; Withbert 4 ½ virgates; Waring (?) 2 virgates; another Robert 2 virgates. Between them they have 3 ½ ploughs in lordship; and 12 villagers and 3 smallholders with 7 ploughs.

Value of the whole manor before 1066 £25; later £6; now the Count's lordship £14; his men-at-arms' £7 7s.

(Note:- the towns and villages in the immediate vicinity of King William's historic victory at Battle were pillaged for supplies to feed his troops following the encounter. Hooe was no exception, hence the reduction in its value from £25 to £6 – Ed).

### 10 – Land of the Count of Mortain

10.77 In Hooe the Count holds 4 salt-houses in lordship, value 20s.

...and then there is Medehei. It was a settlement in Domesday Book, in the hundred of Ninfield and the county of Sussex. It had a recorded population of 4 households in 1086, putting it in the smallest 20% of settlements recorded in Domesday. Its location status is "lost", it can only be located approximately but in the map of rapes shown in Phillimore it is listed in italics alongside Hooe, presumably because it had salthouses.

Reference: Sussex 9.3 Land of (Robert) Count of Eu

Households: 4 villagers. Ploughland: 4 ploughlands. 1 lord's plough teams. 4 men's plough teams. Other resources: Meadow 2.5 acres, Woodland 3 swine render, 5 salthouses.

Annual value to lord: 5 pounds 10 shillings in 1086; 1 pound when acquired by the 1086 owner; 4 pounds in 1066.

Tenant-in-chief in 1086: (Robert) Count of Eu; Lord in 1086: Wibert; Overlord in 1066: King Edward; Lord in 1066: Oswald (of Norton)....

*(to be continued)*

Looking for something to do with the children or grandchildren in August then go blackberry picking and both you and they get their own special drink!

**Blackberry Gin** - sorry you have to wait a few weeks to drink this one!

In a wide neck jar put 350g of blackberries, 150g sugar, 1 x 700ml bottle of gin. Put the air tight lid on and mix to dissolve the sugar. Store in a cool dark place, mix contents daily for 7 - 10 days. Strain off the gin into the original gin bottle and probably a second bottle as well. Store for about three to four weeks don't throw away the fruit, use it to make a crumble, add it to a trifle, or simply pour over ice cream.

**Bramble Mocktail**- this one you can drink on the day!

In a glass, mix together half a dozen blackberries, 1 tble spoon lime juice, 3 or 4 mint leaves (lightly crushed) into a t spoon of honey, top with sparkling water, sit down and enjoy!

**Bramble dessert**

In tall glass add a scoop of vanilla ice cream, two spoons of peach or other conserve, two crumbled mini meringues, a few black berries, repeat, a scoop of vanilla ice cream, conserve, meringues, blackberries. Top with whipped cream, a few blackberries & and ice cream wafer

**Bramble Cheesecake**

150g digestive biscuits	50g ground almonds
100g butter melted	700g soft cheese
220g granulated sugar	1 tbsp vanilla extract, plus 1 tsp
3 eggs	250g blackberries, plus a handful to serve
250g soured cream	a few mint leaves, to serve

STEP 1 Heat oven to 180C/160C fan/gas 4. Mix crushed biscuits, almonds and butter, press the mixture into the bottom of a 18-20cm cake tin, lined with baking parchment. Bake for 15 mins, then cool completely until the crust firms up. Reduce the oven temperature to 140C/120C fan/gas 1 and place a baking tray filled with water at the bottom of the oven.

STEP 2 Beat the soft cheese with 200g of sugar. When fully combined, stir in the vanilla extract. beat in the eggs, one at a time, stir in soured cream.

STEP 3 Whizz the blackberries in a blender and pour through a fine s

sieve, discarding the seeds. You should be left with about 60ml of blackberry purée. Mix in 1 tsp vanilla extract and the remaining sugar, then set aside.

Pour half of the cheesecake mixture onto the crushed biscuit base and drizzle over half of the blackberry purée. Use a skewer to create a 'blackberry swirl'. Repeat with the remaining half of the mixture and blackberry purée.

**STEP 4** Bake the cheesecake for 50 mins-1 hr or until the edges are firm and the centre still wobbles. Turn off the oven, open the door slightly and let the cheesecake cool inside until nearly cold. Then take it out, leave to cool completely and put it in the fridge overnight. Scatter over a handful of fresh blackberries and a few mint leaves to serve. Will keep chilled for up to three days.

Just let us know when it's ready and we'll be round! Enjoy summer!

### NINFIELD ALLOTMENTS

I'd like to introduce myself and see if any of you can help me?

Following Phil Ringrose's sad death I have volunteered to be responsible for the allotments in Ninfield. I have drawn up a plan and have managed to identify who looks after many of the plots, but a few are unidentified, so if you have a plot please contact me, and if anyone thinks they could help me with names and/or contact details I really would appreciate it.

I also have a list of people who have indicated they would like a plot, if you think you should be on that list, or were once on the list but no longer wish to be, again please contact me, so I'm Sue Thompson, and I really need some help sorting this, please phone and leave a message on 892294 or email me toadie21@btinternet.com and I'll get back to you. Many thanks. Sue

### REGULAR WEEKLY EVENTS at The Memorial Hall

Mondays	10.00 Movement to Music	1.30 Ladies Badminton (Sept)
Tuesdays	6.00 Cubs	
Wednesdays	9.15 Pilates	10.15 Yoga
	6.45 Dancersize	2.00 Art Group
Thursdays	5.00 Beavers	7.00 Scouts
Fridays	9.30 Cardiac Exercise	10.30 Pilates
	10.30 Crafting & Knitting	
Alternate Fridays	6.45 Ballroom & Burlesque / Explorers	



LEGAL KNOWLEDGE SOLICITORS  
YOUR CONCERNS – OUR COMMITMENT

**IS YOUR HOME YOUR CASTLE?**  
HAVE YOU GOT SOME GOOD PLANS?  
BOUNDARY OR NEIGHBOURS AN ISSUE?  
PERHAPS A CONFIDENTIAL CHAT WITH  
AN EXPERIENCED SOLICITOR ADVOCATE  
IS JUST WHAT YOU NEED!  
CALL **FIONA DUFF** on **01424 893210**  
**fiona.duff@lkllegal.com**  
**WWW.LEGALKNOWLEDGE.NET**

**Barry & Co**  
SOLICITORS

**WILL WRITING SERVICE**  
*Usual fee per Will*  
£185 + VAT  
Free Wills brochure available on request  
**Lasting Powers of Attorney**  
£470 + VAT  
Tel: 01323 766370/768382  
Bay Terrace Pevensey Bay East Sussex BN24 6EE  
Or contact: [info@barryandco.org](mailto:info@barryandco.org)

**Woodside Acupuncture & Massage Clinic**  
**Now open in Ninfield**

University trained acupuncturist  
Angela Wallis has over 10 years  
experience treating problems including  
Back, neck, knee, shoulder pain,  
Poor sleep and low energy levels  
Stress, anxiety and depression  
01323 819157  
[www.woodsideacupuncture.co.uk](http://www.woodsideacupuncture.co.uk)



Simon Anderson The Cuckoos Nest Hooe  
Professional Affordable Service  
[helpinghandhandyman76@gmail.com](mailto:helpinghandhandyman76@gmail.com)



**HOPE COTTAGE**  
**FARM SHOP & TEAROOM**

Hooe Road Ninfield, TN33 9EL, 01424 892342  
Breakfasts served all day  
Lunches, specials, High Teas, cakes,  
desserts  
Roasts on a Sunday  
**Hampers, Gift Ideas & Vouchers**  
**Daily 10.00am - 4.00pm**



**East Sussex Massage**

**Sarahjane Prince Cert. Ed. MSMA.MAR.**  
Appointments in **Dallington** and **Heathfield**  
Sports Massage Zone face Lift  
Aromatherapy Reflexology  
**07762576495**  
[eastsussexmassage@yahoo.co.uk](mailto:eastsussexmassage@yahoo.co.uk)

**Quinn's Carpentry**

*Bespoke carpentry to suit your needs*

Tom Quinn  
*Carpenter and Joiner*  
*20 years experience*



07515 907210 [tomquinn1984@gmail.com](mailto:tomquinn1984@gmail.com)



**Creative Stitches**

**For all your embroidery and crafts**

School & work logo's, one off personalised gifts embroidered  
Vinyl printing on clothing, mug caps, signs, for  
Wedding, Birthday and special occasion  
For a quote or to discuss your requirements  
07811324848  
[sandra@creativestitches.shop](mailto:sandra@creativestitches.shop)

## Worms Eye View

I have just returned from a holiday to a part of the country I had not been to before, that is North East Yorkshire. Eldest daughter and I actually stayed in Whitby. We went up by coach, quite a long journey, but oh what a lot to see. We started. We set out from Bexhill with six others then gradually picked up more passengers and had a full coach by the time we left Rugby. On to Whitby and we arrived at our hotel, on the sea front ready for a welcome supper.

Once unpacked but not ready for bed, we set off for a short walk along the seafront and harbour wall. And there was a rather splendid statue of Captain Cook and a plaque detailing his history. What a lot he achieved in his lifetime. Near his statue were two large whale bones joined skilfully together. These remember the whaling industry where the ships crew would tie a whale bone atop of the ships mast as a sign that they had killed the animal and that all the ships crew were returning safely.

Lots of people were out walking their dogs along the seafront that had lots of grass verges, no flowerbeds for the dogs to spoil. The flowers were all in containers secured to the many lampposts and they looked lovely in full bloom.

Over the week we were taken to various places of interest. One such day we were driven over the North Yorkshire moors, a beautiful place, but no animals to be seen. Yes we did see a few sheep scattered over a wide area, but no cattle until we were close to an isolated farmhouse and buildings. Having been tipped out of the coach we all went on the North Yorkshire Moors Railway, with its steam engine puffing away over the acres of moors which looked beautiful with lots of heather, all in bloom. We eventually arrived at Pickering, in order to visit the Ryedale Folk Museum which was one of the best museums I have ever visited. This is probably because it is farm orientated. Daughter kept remarking, Oh Dad had one of those. We both enjoyed the visit tremendously.

The next day we were driven down to York and we went off to do our own thing. We both wanted to visit the Cathedral, although we had been before, there is so much to see and learn and this time we had an excellent tour which took all of our visit time to York. Back to the

hotel for a lovely dinner and evening entertainment. Another good day.

A visit to Scarborough took up our last day in Yorkshire then back to good old Sussex. It was a lovely break and nice to see another part of England not visited before. I am hoping to see more of our lovely country on another trip later this year

Anne

## **Hooe & Ninfield Open Group**

Our meeting on 14<sup>th</sup> July happened after the Parish News went to the printers. Our speaker was Barbara Harris who's talk was about her garden and her enjoyment of different plants and flowers. We might have enjoyed a slice of cake as I happen to know one of our members was celebrating her birthday.

Our following meeting is Friday 11<sup>th</sup> August at 2.00p.m. at the Methodists Hall, Church Lane, Ninfield. Our speaker is Heather, I have no details of her talk but it is called An Auctioneer's Clerk. Sounds mysterious but interesting. Tea and biscuits to follow.

Our September meeting will be on Friday 8<sup>th</sup> as usual at 2.00pm and just another mystery as to who might be entertaining us

Remember all are welcome you don't have to be a member just come along. The more the merrier!

Nicki

## **Last Sunday of the Month Ninfield Village Memorial Hall ROCK-N-ROLL DANCE**

**7.00 - 10.00**

**30<sup>th</sup> July    27<sup>th</sup> August    24<sup>th</sup> September**



NINFIELD METHODIST CHURCH  
Minister: Reverend Crawford J. Logan  
18 Woodlands, Bexhill TN39 4RJ. Tel: 01424 550427  
email: [office@hbrmethodists.org.uk](mailto:office@hbrmethodists.org.uk)  
website: [hbrmethodists.org.uk](http://hbrmethodists.org.uk)

**Sunday Services for August /September 2023:**

6 <sup>th</sup>	10.30 am	Café Worship with Jill Sayers
13 <sup>th</sup>	10.30 am	United Service @ Little Common Methodist Church
20 <sup>th</sup>	10.30 am	Worship & Praise with David Hanson
27 <sup>th</sup>	10.30 am	Worship & Reflection with Deacon Jean
.....		
3 <sup>rd</sup>	10.30 am	Café Worship
10 <sup>th</sup> / 17 <sup>th</sup> / 24 <sup>th</sup> September - all services at 10.30 am - Details to be announced		

**Events for August 2023:**

4<sup>th</sup> 10.00-11.30am Book exchange & Cafe in Hall  
- No Community café during August

**Events for September 2023:**

1<sup>st</sup> 10.00-11.30am Book exchange & Café in Hall &  
Fridays 10.00-11.30am Community Café

13<sup>th</sup> 2.30 – 4.00pm Christian Women's Fellowship  
16<sup>th</sup> from 10.00am Church Away-day (Details to be announced)  
27<sup>th</sup> 3.30 - 5.30pm Messy Church

We invite you to join us for any of our services & events over the summer time.

On August 13<sup>th</sup> we are joining our friends at Little Common Methodist Church when our minister Reverend Crawford Logan will lead our worship. Please note that there will not be a service at Ninfield Methodist on this date.

Anyone is welcome to our Church AwayDay on September 16<sup>th</sup> when we will focus on any new ideas for our Church over the future months & enjoy a social time together. A childrens' play area will also be organised so that all ages are included on the day which we expect to take place at The Emmanuel Centre in Battle from 10.00 am – 12.30. More information will be announced at Church.

Hope you enjoy the summer-time.

# Bible Bite

A short story from the Bible

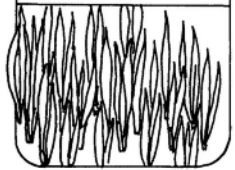
It can be read in the Bible in  
Matthew chapter 13: 24-30, 36-43

Jesus told this story to help explain  
what his Kingdom, the Kingdom of  
Heaven, is like ...

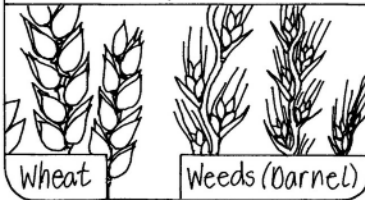
A farmer's workers sowed  
good wheat seed in his field.



When the seeds  
sprouted they  
looked the same



When the plants grew bigger  
the workers spotted the weeds



They asked the farmer



An enemy did this



No, you might pull up  
some wheat with them.  
Wait until harvest time



You will be able to sort them  
out, and put the wheat in the  
barn ... and burn the weeds



People asked



The field is the world  
and the good seeds are  
the good people



The angels will bring  
the good people to me  
in heaven.



# Directory of Groups & Clubs

**NINFIELD ACTION GROUP** Paul Coleshill 893138  
**NINFIELD BONFIRE SOCIETY** Sarah Seymour 07809684488  
**NINFIELD BOWLS CLUB:** Secretary: Mrs Val Smith, Bexhill 843436

**NINFIELD CARNIVAL & SPORTS ASSOCIATION:**  
Samantha Guard, 893699 or 07970 650321

**NINFIELD CRAFTING & KNITTING:** Jane Dommersen 862428  
**NINFIELD AND DISTRICT ART SOCIETY:**

Secretary Fiona Stedman 01424 892418

**NINFIELD FLOWER GROUP** Jennifer Collett 892878 ninfieldflowers@gmail.com

**NINFIELD HORTICULTURAL SOCIETY:**

Show Organiser: Kaye Crittall, Stepping Stones, Lower Street, 892883

**NINFIELD LOCAL HISTORY GROUP**

Membership Sec. •Corinne Gibbons •892612 corinnemgibbons@gmail.com

**NINFIELD MUDDY BOOTS & TODDLERS GROUP**

Natalie Osbourne 07920 558503

**NINFIELD STOOLBALL** Emma Kehoe 07565 010647

**NINFIELD VILLAGE ALLOTMENTS:**

**NINFIELD VILLAGE SOCIETY:** Robin Goldsmith 892778

**1st NINFIELD SCOUT GROUP**

Group Scout Leader Glen Harrison gharrisonninfIELDScountsgsl@gmail.com

Explorer Scout Leader: Josh.explorers@gmail.com

Scout Leader: Elaine Gausden ninfieldscouts@gmail.com

Cub Scout leader: Tracey Harrison tracey.harrison67@gmail.com

Beaver Scout Leader Sandra Creasey• 07908 558721 ninfieldkaa@googlemail.com

Group Chairman: Rosemary Cooper

**NINFIELD WORKING MEN'S CLUB:** Julia Hurrell 07508 080608

**DANCE & DRAMA CLUB:** Samantha Guard, 893699 or 07970 650321

**HOOE BELL RINGERS :** Simon Pattisson 845087

**HOOE HISTORY GROUP:** Chairman Heather Sinden 893422

**HOOE & NINFIELD OPEN GROUP:** Heather Sinden 893422

**HOOE SPORTS CLUB** Mr Jay Skinner-Swain jay19942009@hotmail.co.uk or 07713 950161

**HOOE VILLAGE ALLOTMENTS:** *Jane Warrener: 07548 528754*

**CHRISTIAN WOMEN'S FELLOWSHIP** Pam Doodes, Catslide, Hooe 892329

**1066 RINGERS** (Hand Belleplates) Carole Ballard 01424 210980

**STOOLBALL:** Hooe Fixture Sec. Linda Smith, Holmes Farm, Whydown 845163

# PARISH WHO'S WHO

**PRIEST IN CHARGE OF NINFIELD AND HOOE** Rev Paul Frostick,  
18 The Ridings, Bexhill on Sea. East Sussex. TN39 5HU. 01424 218126.

## PARISH CHURCH of St. MARY the VIRGIN, NINFIELD

*Churchwardens:* Mrs Catriona Mary Owen  
After 4.00pm 225421

*Secretary:* Mrs Ann Ringrose

*Treasurer:*

## PARISH CHURCH of St. OSWALD, HOOE

*Churchwardens:* Mr Jack Rist ☎892576  
Mrs Janet Pattison ☎845087

*Secretary:* Mr John Fairclough

# USEFUL CONTACTS IN THE VILLAGES

**THE PARISH NEWS** Email [ninfieldhooenews@gmail.com](mailto:ninfieldhooenews@gmail.com) 893326

## NINFIELD PARISH COUNCIL

Clerk to the Council:

Jackie Scarff 07725 843505 [clerk@ninfieldpc.co.uk](mailto:clerk@ninfieldpc.co.uk)

## HOOE PARISH COUNCIL

Clerk to the Council:

Jane Warrener: 07548 528754 [clerk@hooe-pc.gov.uk](mailto:clerk@hooe-pc.gov.uk)

## MEMORIAL HALL

Booking Secretary: EMAIL [ninfieldmemorialhall@gmail.com](mailto:ninfieldmemorialhall@gmail.com)

## HOOE VILLAGE HALL

Bookings Jane Warrener: 07548 528754 [clerk@hooe-pc.gov.uk](mailto:clerk@hooe-pc.gov.uk)

## METHODIST CHURCH HALL

Booking Secretary: Mr David Swales 892248

**C of E PRIMARY SCHOOL** 892486

**DOCTORS** The Surgery, High Street, Ninfield 892569

**NINFIELD STORES**, Lower Street, Ninfield 892281