



THE PARISHES OF  
**St OSWALD'S HOOE**  
and  
**St. MARY'S NINFIELD**  
WEEKLY SHEET ~ 31st January 2021  
www.ninfield.org.uk



THE CHURCH  
OF ENGLAND

*A warm welcome to everyone, especially any visitors .*

*If you are new to our Churches please introduce yourselves to the sides people on duty. If you need help in any way during your time in church please talk to one of the sides people.*

*Please note that both churches are installed with hearing loops to help those who wear a hearing aid with the T setting.*

**Due to Lockdown services will not be held in either of our churches until at least the end of February.**

**St. Mary's is closed but  
St. Oswald's is open for Private Prayer every day from  
9.00a.m. to 4.30p.m.**



*And the unclean spirit, throwing him into convulsions and crying with a loud voice,  
came out of him. (Mark 1:26)*

# **TODAY'S READINGS 4th Sunday of Epiphany**

## **Collect**

God our creator, who in the beginning commanded the light to shine out of darkness: we pray that the light of the glorious gospel of Christ may dispel the darkness of ignorance and unbelief, shine into the hearts of all your people, and reveal the knowledge of your glory in the face of Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## **First Reading - Deuteronomy 18.15–20**

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' Then the Lord replied to me: 'They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.'

## **Second Reading - 1 Corinthians 8:1-13**

Now concerning food sacrificed to idols: we know that 'all of us possess knowledge.' Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as

to the eating of food offered to idols, we know that ‘no idol in the world really exists’, and that ‘there is no God but one.’ Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. ‘Food will not bring us close to God.’ We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

## **Gospel Reading - Mark 1.21–28**

They went to Capernaum; and when the Sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, ‘What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.’ But Jesus rebuked him, saying, ‘Be silent, and come out of him!’ And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, ‘What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.’ At once his fame began to spread throughout the surrounding region of Galilee.

**Contacts:**

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Ninfield ~ Mr Phil Ringrose ☎892792 Mrs Catriona Owen ☎225421

**PRAYERS & INTENTIONS**

*Pray daily for peace and all those who suffer from illness especially*

Donna Morris, Isaiah Benjamin, John Proctor, Tracey Perry,  
Martin Wood, Val Masterman, Mary Browne, Brian Miles,  
Simon and Janet Pattison .

**RIP - Peter Green** ~ whose funeral is on

3<sup>rd</sup> February at 11a.m.

**RIP - Olive Jones**

This week we pray for the residents of Church Lane, Ninfield,  
Mill Lane Gardens, Hooe and Ninfield Horticultural Society

In our CTiB cycle of prayer we pray for  
Beulah Baptist Church, Bexhill and David Lockwood.

**Any items for the  
Weekly Sheet**

To Nicki Murphy  
nickimurphy3@sky.com

and Sally Parry  
sparrygb@gmail.com

by Wednesday 6pm  
please.

**Prayer**

*Nick Fawcett*

Lord Jesus Christ, as crowds in Galilee marvelled at your words and deeds, recognising in you an authority unlike anything they had seen before, speaking powerfully of God's gracious purpose and involvement in their lives, so, we pray, minister to us now, speaking again your redeeming word and revealing once more your renewing power. Open our eyes to your saving grace and healing love, to all you are doing in our lives and our world, so that the gospel might come alive for us each day, ringing true in our daily experience, causing us to marvel and rejoice in turn, giving thanks for the evidence you give of God's voice speaking afresh and his hand at work among us. **Amen.**