



THE PARISHES OF  
**St OSWALD'S HOOE**  
and  
**St. MARY'S NINFIELD**  
WEEKLY SHEET ~ 9th February 2020  
www.ninfield.org.uk



*A warm welcome to everyone, especially any visitors .  
If you are new to our Churches please introduce yourselves to the  
sides people on duty. If you need help in any way during your time  
in church please talk to one of the sides people.  
Please note that both churches are installed with hearing loops*

**SERVICES NEXT WEEK**

**St. Mary's:**

**Wednesday 10.00am ~ Holy Communion**

**Sunday 9.30am ~ Family Eucharist**

**St. Oswald's**

**Sunday 11.00am ~ Parish Eucharist**

**PRAYER** Nick Fawcett

Lord Jesus Christ, as you taught the crowds on the mountaintop, so now teach us as we gather in your name. Prompt us through your Spirit, that we might hear and understand your word. Help us to listen and learn, reflecting on what you say to us and applying it to our lives, so that our words and deeds might bear witness to you, your light shining through us, to the glory of God the Father. Amen.

**Any items for the  
Weekly Sheet**

To Nicki Murphy  
nickimurphy3@sky.com  
and Sally Parry  
sparrygb@gmail.com  
By Wednesday 6pm please.

**Please put any used  
stamps in the box at the  
back of St. Mary's**

# TODAY'S READINGS 3rd Sunday before Lent

## Collect

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

## First Reading - Isaiah 58.1–9a –12

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. 'Why do we fast, but you do not see? Why humble ourselves, but you do not notice?' Look, you serve your own interest on your fast-day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rearguard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am. If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.

## **Second Reading 1 Corinthians 2.1–12 [13–end]**

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, 'What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him'—these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. (And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual. Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are discerned spiritually. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. 'For who has known the mind of the Lord so as to instruct him?' But we have the mind of Christ.)

## **Gospel Matthew 5.13–20**

'You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled underfoot. 'You are the light of the world. A city built on a hill cannot be hidden. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. 'Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

**Contacts:**

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Email: paul.frostick@sky.com

*Churchwardens:* Hooe ~ Mr Jack Rist ☎892576 Mrs Janet Pattison ☎845087  
Ninfield ~ Mr Phil Ringrose ☎892792 Mrs Catriona Owen ☎225421

**PRAYERS & INTENTIONS**

*Pray daily for peace and all those who suffer from illness especially*

Peter Green, Donna Morris, Isaiah Benjamin,  
Vanessa Harrison.

**RIP** Desmond Fuller

Whose Funeral is at 2.00pm on Monday 10<sup>th</sup> February at St.Mary's

This week we pray for the residents of Downsview, Ninfield, Mill Lane, Hooe and the Ninfield Carnival and Sports Association. In our CTiB cycle of prayer we pray for St Mary's Ninfield and Rev. Paul Frostick

**St Mary's and St Oswald's Opening Times:**

**Where possible St Mary's will be open from:**

**9am – 3pm Monday - Thursday,**

**Wednesday 10 a.m. - Only when there is a Holy Communion Service. The church is closed on Fridays, Saturdays & after the Sunday Service.**

**St Oswald's is open from 9am to 5pm every day.**

**From the Diary**

**Mon 10th February** ~ Early bird Coffee Morning 8.30 to 9.30  
Sparke Pavilion

**Fri 14th February** ~ Hooe Open Group 2pm. Village Hall

**Sat 15th February** ~ Ninfield Village Market 9.30 -12noon,  
Memo rial Hall

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**Tuesday 25<sup>th</sup> February** ~ Pancake Lunch, 12.30 - 2.00, Hooe  
Village Hall