

## EVENING PRAYER

### September 30 (St Jerome) Wednesday, Week 2

*The Office begins with the Angelus.*

**V/** O God, come to our aid.

**R** (+) **O Lord, make haste to help us.**

**All** **Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now and ever shall be, world without end. Amen. Alleluia.**

#### **Psalmody**

*Ant. 1:* We are waiting in hope for the blessings of the glorious coming of our Saviour.

Psalm 61

In God alone is my soul at rest;  
my help comes from him.  
He alone is my rock, my stronghold,  
my fortress: I stand firm.

How long will you all attack one man  
to break him down,  
as though he were a tottering wall,  
or a tumbling fence?

Their plan is only to destroy:  
they take pleasure in lies.  
With their mouth they utter blessing  
but in their heart they curse.

In God alone be at rest, my soul;  
for my hope comes from him.  
He alone is my rock, my stronghold,  
my fortress: I stand firm.

In God is my safety and glory,  
the rock of my strength.  
Take refuge in God all you people.  
Trust him at all times.  
Pour out your hearts before him  
for God is our refuge.

Common folk are only a breath,  
great men an illusion.  
Placed in the scales, they rise;  
they weigh less than a breath.

Do not put your trust in oppression  
nor vain hopes on plunder.

Do not set your heart on riches  
even when they increase.

For God has said only one thing:  
only two do I know:  
that to God alone belongs power  
and to you, Lord, love;  
and that you repay each man  
according to his deeds.

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning is now and ever shall be, world without end. Amen.

*Ant.* We are waiting in hope for the blessings of the glorious coming of our Saviour.

*Ant. 2:* Let God bless us; let his face shed its light upon us.

Psalm 66

O God, be gracious and bless us  
and let your face shed its light upon us.  
So will your ways be known upon earth  
and all nations learn your saving help.

Let the peoples praise you, O God;  
let all the peoples praise you.

Let the nations be glad and exult  
for you rule the world with justice.  
With fairness you rule the peoples,  
you guide the nations on earth.

Let the peoples praise you, O God;  
let all the peoples praise you.

The earth has yielded its fruit  
for God, our God, has blessed us.  
May God still give us his blessing  
till the ends of the earth revere him.

Let the peoples praise you, O God;  
let all the peoples praise you.

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning is now and ever shall be, world without end. Amen.

*Ant.* Let God bless us; let his face shed its light upon us.

*Ant. 3:* All things were created in him and he holds all things in being.

Col 1:12-20

Let us give thanks to the Father,  
who has qualified us to share  
in the inheritance of the saints in light.

He has delivered us from the dominion of darkness  
and transferred us to the kingdom of his beloved Son,  
in whom we have redemption,  
the forgiveness of sins.

He is the image of the invisible God,  
the first-born of all creation,  
for in him all things were created, in heaven and on earth,  
visible and invisible.

All things were created  
through him and for him.  
He is before all things,  
and in him all things hold together.

He is the head of the body, the Church;  
he is the beginning,  
the first-born from the dead,  
that in everything he might be pre-eminent.

For in him all the fulness of God was pleased to dwell,  
and through him to reconcile to himself all things,  
whether on earth or in heaven,  
making peace by the blood of his cross.

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning is now and ever shall be, world without end. Amen.

*Ant.* All things were created in him and he holds all things in being.

**Scripture Reading**      *1Pet 5:5b-7*

Wrap yourselves in humility to be servants of each other, because God refuses the proud and will always favour the humble. Bow down, then, before the power of God now, and he will raise you up on the appointed day; unload all your worries on to him, since he is looking after you.

**Short Responsory**

*R* Guard us, Lord, as the apple of your eye. *Repeat R*

*V* Hide us in the shadow of your wings. *R* Glory be ... Holy Spirit. *R*

*Magnificat Ant:* Show the power of your arm, Lord; put down the proud and exalt the lowly.

My + soul glorifies the Lord,  
my spirit rejoices in God, my Saviour.

He looks on his servant in her lowliness;  
henceforth all ages will call me blessed.

The Almighty works marvels for me.  
Holy his name!  
His mercy is from age to age,  
on those who fear him.

He puts forth his arm in strength  
and scatters the proud-hearted.  
He casts the mighty from their thrones  
and raises the lowly.

He fills the starving with good things,  
sends the rich away empty.

He protects Israel, his servant,  
remembering his mercy,  
the mercy promised to our fathers,  
to Abraham and his sons for ever.

Glory be to the Father, and to the Son, and to the Holy Spirit.  
As it was in the beginning is now and ever shall be, world without end. Amen.

*Ant.* Show the power of your arm, Lord; put down the proud and exalt the lowly.

### **Intercessions**

***R* Glory to you, Lord God!**

At the end of the day we give thanks to God the Father who reconciled the whole universe to himself in Christ. ***R***

We thank you for the beauty of creation: -may the work of man not disfigure it, but enhance it to your greater glory. ***R***

We thank you, Father, for all the good things we enjoy: -teach us to be grateful and to use them well. ***R***

Teach us to seek the things that please you, -then we shall find you in all that we do. ***R***

Lord, as we journey towards the promised land, feed us with bread from heaven, quench our thirst with living water. ***R***

To you, a thousand years are like a single day: - take up those who have died with hope in you, and waken them into eternity. ***R***

Lord's Prayer

### **Concluding Prayer**

Almighty, ever-living God, you endowed Saint Jerome with a deep reverence for Holy Scripture, which he loved with all his heart. Sustain us ever more with your word and help us to find in it the source of life.

(We make our prayer) through our Lord.

V/ The Lord be with you.

**R And also with you.**

May almighty God bless us, the Father, the Son and Holy Spirit. **Amen.**

*or (where said alone or no priest is present):*

The Lord bless us, and keep us from all evil, and bring us to everlasting life.  
Amen.

"Morning and Evening Prayer", published by Collins and from which this Office has been derived, is on sale on Amazon at the greatly reduced price of £20.99.

The fuller 3-volume "Divine Office", which also includes the Office of Readings for every day of the year, is also on Amazon, and is also available at a reduced price.