



Churches Together in Alresford 2025 Lent Studies: two opportunities

1) **Lentwise: Spiritual essentials for real life**, by Paula Gooder

As we journey through life, we face challenges - both big and small. What spiritual essentials will help us survive life's storms?

Lentwise is a five-session course which helps us to deal with the rigours of real life. Using fresh insights from John's gospel, it explores direction, nourishment, wisdom, refreshment and security.

There is a course book (one per person is recommended) available for £5.00: please contact your course leader for a copy.

Here in Alresford, in order to give maximum opportunity for taking part, the full course will be available in three different venues, as follows:

Alresford Methodist Church at 7.30 pm on Thursday, 13 March and then at the same time on the subsequent four Thursday evenings (20 & 27 March and 3 & 10 April); and led by the Reverend Heather Brearey, Rector: contact 01962 732105 or arlevallyrector@gmail.com

2 Grange Road, Alresford SO24 9HB at 10.00am on Tuesday, 11 March and then at the same time on the subsequent four Tuesdays (18 & 25 March and 1 & 8 April); and led by Ian and Rosie Waring Green; contact 01962 733237 or rosie@22rwg.co.uk

Walnut House, New Farm Road Alresford SO24 9QS, at 10.00am on Thursday, 13 March and then at the same time on the subsequent four Thursdays (20 & 27 March and 3 & 10 April: and led by Piers Armstrong and Sue Trowbridge: contact 01962 734542 or piermarmstrong@gmail.com

12 Hawthorn Close, Alresford SO24 9LE, beginning at 2.30pm on Monday 10 March and then at the same time on the subsequent four Mondays (17, 24 & 31 March and 7 April: and led by Kathryn and Roger Lockyer: contact 01962 809078 or roger.lockyer@talktalk.net

Anyone wishing to enrol for one of the courses is invited to contact the course leader by telephone or email.

Should you wish to take part please apply asap, and preferably by Sunday 2 March

2) **Table talk**

We will be running the usual Lenten **Table talk**: this year we are showing the film **The Way** (based upon a pilgrim's walk along the Camino de Compostela) in the John Pearson Hall on Friday 7 March, then on the subsequent five Fridays (14, 21 & 28 March and 4 April): we will be discussing themes and ideas coming out of the film.

Table Talk begins at 12.00 noon with a bring-and-share lunch, then discussions in small groups.

No need to sign up for Table Talk, just turn up! But if you have any queries please call either Sue Clarke (01962 733957) or Miranda Pinch (01962 732064) or Jackie Connell (01962 732056)