

## Westfield Parish Community Fibre Project!!

*(Press control and click to access the additional information)*

Do you want to be part of a community project to get fibre gigabit (that's really super fast) broadband to your house? If so, you can help make Westfield an even more desirable and prosperous 21st century village to live in. To achieve this it requires physically putting down fibre enabled cables from the Westfield Parish exchange unit into properties. We have secured nearly £950,000 in government backed gigabit vouchers but we need everyone who wants faster broadband to [pledge your voucher!](#) to match this target. If we achieve the target the cost to the community for installing the fibre to 1111 properties within the Parish will be £0.

**AN EXTENSION HAS BEEN GRANTED SO THERE IS STILL TIME TO GIVE YOUR SUPPORT. SO FAR 363 HOMES AND 47 BUSINESSES HAVE PLEDGED ACHIEVING £709,000—57% OF OUR TARGET**

[Click here for the full list of benefits of having high-speed broadband](#) (including increase in property values!). [The community will benefit the more SME businesses and sole traders within the Parish that sign up. Business vouchers are worth £2,000 more per property. If you run a business from home or a property in the Parish of Westfield please click here to see if you're eligible.](#)

- **What do you as a resident have to commit to?**
- PLEDGE!!! PLEDGE!!!! PLEDGE !!!!! PLEDGE !!!!!!! It is most
- important we get residents to pledge their vouchers on the pledge page so [click here to pledge](#).
- Signing up to a broadband fibre service for 12 months within 28 days of being connected.
- Conditions of pledging [can be found here](#).

Anything you are unsure about please contact Jane Clarke on [clerk@westfieldcouncil.org.uk](mailto:clerk@westfieldcouncil.org.uk) or call 01424 575266 during business hours.

[Click here to pledge your voucher!](#)

## THE BENEFICE OF WESTFIELD AND GUESTLING

**A letter from Rev Joy 2 May 2021**

Highlights of the week have been seeing and identifying a pair of chiffchaffs eating the aphids on our roses at home, being given three goldfish for the pond Clem has created in a huge planter in the garden and the sight of the huge



pink super moon earlier in the week. The pink comes from the wild phlox in North America in bloom at this time of year. I drafted this letter by hand in the parish office on Saturday afternoon. I was attempting to print papers for Guestling's APCM next Sunday when disaster struck and the printer stopped co-operating. Sally and Richard came to the rescue and I was able to get enough done but I suspect the printer could do with a service especially as we have Westfield's APCM coming up on Sunday 16th after the 10am service. It

seems only a little while ago we were doing the 2019 APCMs delayed as they were by lockdown until October. How time flies when you are having fun! Someone on television during the week was talking about wood anemones which are in flower at the moment 'like a galaxy of stars across the forest floor.' They are an indicator species for ancient woodland. They spread slowly at



about 6 ft every hundred years so that will give you an idea of how long a wood has remained undisturbed.

Vernacular names include Windflower and Grandmother's nightcap. Richard Mabey also reports on the delightful children's mis-hearing, 'wooden enemies' - that's my favourite! It has a sharp, musky smell. This is hinted at in some old local names like 'smell foxes'. Hoverflies are particularly fond of the wood anemone and help pollinate it. Other animals, however, will only eat it if nothing else is available, because of its acrid taste. It is poisonous to humans.

This comes with my love and prayers as always, Joy

### Westfield Church Services

<b>Sunday</b>	<b>2nd May</b>	<b>Fifth Sunday of Easter</b>
	8.30am	BCP Communion
	10am	Holy Communion

<b>Wednesday</b>	<b>5th May</b>	
	9.30am	Holy Communion
	10am-11	Private Prayer

<b>Sunday</b>	<b>9th May</b>	<b>Sixth Sunday of Easter</b>
	8.30am	BCP Communion
	10am	Morning Praise

***NB Westfield's APCM will follow the 10am service on Sunday 16th May***

### Guestling Church Services

<b>Sunday</b>	<b>2nd May</b>	<i>on-line service only</i>
<b>Sunday</b>	<b>9th May</b>	
	11am	Holy Communion

**Followed by the Annual Parochial Church Meeting**

<b>Sunday</b>	<b>16th May</b>	<i>on-line service only</i>
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### I Am the Vine by Malcolm Guite

*John 15:5 I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing.*

How might it feel to be part of the vine?  
Not just to see the vineyard from afar  
Or even pluck the clusters, press the wine,  
But to be grafted in, to  
feel the stir  
Of inward sap that rises  
from our root,  
Himself deep planted in  
the ground of Love,  
To feel a leaf unfold a  
tender shoot,  
As tendrils curled unfurl,  
as branches give

A little to the swelling of the grape,  
In gradual perfection, round and full,  
To bear within oneself the joy and hope  
Of God's good vintage, till it's ripe and whole.  
What might it mean to bide and to abide  
In such rich love as makes the poor heart glad?



### **Contact information**

Rev Joy Collins, Priest in Charge of Westfield and Guestling  
Email: revjoycollins@gmail.com  
Phone: 07437 797553 or 01424 447643  
By post: 23 Croft Road, Hastings TN34 3HP

## LUNCH BOX

**Mac and Cauli Cheese** (for two hungry people - £1.42)

You can make this dish in advance and keep overnight in the fridge, baking in the oven when needed. Or, if time is short, make up the dish but cooking the cauliflower and macaroni a little longer then whipping the hot dish under the grill for a few minutes to brown.

(Be careful of the tomatoes, they get very hot!)

**100g macaroni**                      **½ a cauliflower, cut into small florets**  
**300 ml milk**                        **20g butter**  
**20g plain flour**                    **2 tomatoes, sliced**  
**70-80g cheese (cheddar or whatever hard cheese you have)**

### METHOD

Put the milk in a saucepan and add the cauliflower florets. Bring to the boil for a few minutes (don't cover the pan) then set aside to cool a little. Drain milk into jug for use in the sauce and put the cauliflower in your baking dish. Cook the macaroni a couple of minutes less than suggested on the packet (about 8-10 mins.), drain and add to the cauliflower, mixing the two ingredients together evenly. To make the sauce, melt the butter in a saucepan, stir in the flour and cook a minute or so. Slowly add the reserved milk and, stirring briskly, bring to the boil. Keep boiling for 5 minutes to lose the floury taste. Now, take the pan off the stove and add most of the cheese, beating until smooth. Season with a pinch of white pepper. Taste – you may not need to add salt. Pour the sauce over the cauli/mac, making sure the sauce reaches the bottom of the dish. Decorate with sliced tomatoes and sprinkle with the rest of the cheese. Bake in a hot oven, 180C, for 30-40 minutes.

*The Dinnerladies*

## Fifth Sunday of Easter 2 May 2021

### Collect

Almighty God,  
who through your only-begotten Son  
Jesus Christ have overcome death  
and opened to us the gate of everlasting life:  
grant that, as by your grace going before us  
you put into our minds good desires,  
so by your continual help  
we may bring them to good effect;  
through Jesus Christ our risen Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.

Amen

### Westfield and Guestling

#### Lectionary Readings

Acts 8:26-end    John 15:1-8

#### BCP Readings Fourth Sunday after Easter

James 1:17-21    John 16:5-15

**Online services:** <http://www.westfieldchurch.co.uk/online-services-for-westfield-church/>

**Guestling** <https://www.westfieldchurch.co.uk/online-services-for-guestling-church/>

Risen Christ,  
your wounds declare your love for the world  
and the wonder of your risen life:  
give us compassion and courage  
to risk ourselves for those we serve,  
to the glory of God the Father.

Amen.



## NoMowMay because Every Flower Counts

<https://www.plantlife.org.uk/uk/discover-wild-plants-nature/no-mow-may>

Plantlife's No Mow May campaign doesn't ask you to do much. In fact, it asks you to not do anything at all.....

Just lock up your lawnmower on May 1<sup>st</sup> and let the wild flowers in your lawn bloom, providing a feast of nectar for our hungry pollinators. The more wild flowers you have in your lawn the more nectar will be produced.

At the end of the month, on the Bank Holiday Weekend, join in with Plantlife's nationwide "Every Flower Counts" survey to discover how many bees the UK's lawns can feed. Not only will you receive your very own "nectar score" (which will tell you how many bees your lawn can feed), you'll help us learn more about the health of the nation's wild flowers. They are asking Councils to join in by leaving parks and road verges to go wild. And the fun doesn't stop for farmers... A three acre meadow can be home to 9 million flowers

producing enough nectar to support ½ million bees every day. From your results, Plantlife will calculate a National Nectar Index to show how lawns across Britain are helping to feed our pollinators. We'll also reveal the top ten lawn flowers and show you how to increase the number of flowers in your lawn. The Every Flower Counts survey will run from 22nd-31st May.

Sue Howard is going to trial this approach in the churchyard. Not the whole of it as she'll let Matt carry on with his part which is the main grave area. But we will leave the main parts at the front. To keep it looking neat a narrow strip will be mowed alongside the Lavender borders and paths, around the memorials at the West end of the Church and Remembrance Garden and around the benches.

Plantlife botanist Trevor Dines explains why longer lawns breed more diversity: "We've discovered that plants like a daisy, white clover, and bird's-foot trefoil are superbly adapted to growing in shorter swards. This short-grass, 'mower-ducking' plants stay low down with stems well out of the way of the mower blades, but continually produce large numbers of flowers every few weeks. If these flowers are cut off by mowing, it just stimulates the plants to produce yet more flowers, boosting nectar production." "In contrast, tall-grass species like oxeye daisy, red clover, field scabious, and knapweed grow upright and take longer to reach flowering size. They can't cope with being cut off regularly, so only bloom in grass that's not been mown for several months or more. Our results show these unmown long-grass areas are home to a greater range of wildflower species, complimenting the narrower range found in short-grass areas."