



LIFE GROUP

Week beginning 30th Oct



Aim of session:

Why is HOPE so important for a Christian?

Key Scriptures

If you have access to a commentary read some background to get context.

PSALM 25:1-12

Warm Up

When you were young, what did you hope to be when you grew up?

Can you remember wishing for things as a child?

Thinking it through: Main discussion/activity

What are the surprising things in the passage? What is new? What don't you really understand? This could be a time to discuss and share reflections and ideas on the passage or watch a Bible project type video that helps explain things.

NB: I was not able to speak to our visiting speaker Derek Page beforehand, so these notes may not coincide with his sermon!

READ v1-12

It is clear that King David is struggling in this Psalm. Things are not going well!

1. What is his overall response to trouble in his life? Pick out some verses that support your thoughts.
2. What is it that David wants from God? Why does he think he will receive it?
3. Does David deserve God's help/love? Find examples of why David does NOT think he does?
4. V5. Why is David putting his hope in God? How does he describe God?

Growing in discipleship: Practical application

5. We are not likely to have the same issues as David faced, but what or who might be our "enemies" that cause us to fear?
6. Why do you think that people, including many Christians, often try to deal with life issues by themselves?
7. Based on David's experience, how should we approach problems and life issues?
8. What does "hope" and "hope in God" mean to you?
9. Share a testimony of how God has supported you through difficult times.



Try to leave 15-20 mins to talk about prayer needs of the group and to pray.

We want to encourage the development of prayer, to help everyone grow in confidence in praying. There are many creative ways of praying together: writing prayers, using candles as a focus, reading prayers or praying for each other in pairs.