



LIFE GROUP
Week beginning 20th November



Aim of session:

To explore the mystery, power and love of Jesus.

Key Scriptures

If you have access to a commentary read some background to get context.

Mark 4:35-41

Warm Up

What's the scariest thing that has happened to you? How did you cope or manage?

Thinking it through: Main discussion/activity

What are the surprising things in the passage? What is new? What don't you really understand? This could be a time to discuss and share reflections and ideas on the passage or watch a Bible project type video that helps explain things.

Read the Passage

1. Apart from the wording in v 37, how do we know the storm was very fierce?
2. What evidence is there in the passage that Jesus was both weak and strong, human and divine?
3. Read v 39. How do the words of Jesus spoken here differ from other examples of Jesus performing miracles? What might this reveal to us about Him?
4. Read v 41. The disciples had seen Jesus do miracles, so why were the disciples so terrified?
5. Read v 38. Why could Jesus sleep during a furious squall?
6. Look at the disciples question. Was it the right one to ask? Did Jesus care? How do we know?

Growing in discipleship: Practical application

7. What stops us sleeping at night? How might this story give us some support?
8. The disciples had not yet understood the power of Jesus, therefore they panicked. Does this reflect our experience of Jesus?
9. When you think of Jesus, do you focus on his divinity or humanity? Do you lean towards one?
10. How would you describe "faith"? As followers of Jesus we are called to have faith in Him. Which of the virtues of Jesus character might we struggle with? (eg: trustworthiness, ultimate power, total goodness, ultimate wisdom etc.) Why might we struggle?
11. If you are able, share a testimony of trusting Jesus in a "storm".



Try to leave 15-20 mins to talk about prayer needs of the group and to pray.

We want to encourage the development of prayer, to help everyone grow in confidence in praying. There are many creative ways of praying together: writing prayers, using candles as a focus, reading prayers or praying for each other in pairs.