



LIFE GROUP PLANNING

Week: 19th June 2022

Aim of session:

What might God want to say to the group?
What should the Christian life look like?



Key Scriptures

If you have access to a commentary read some background to get context.

The Bible Project is a good starting point.

<https://bibleproject.com/>

ROMANS 12v 1-21

Warm Up

If you learned to drive a car... think back to your first lesson. What was it like? How did you feel? Could you manage all the different things you had to do?

How do you feel about it now you have been driving a while?

Thinking it through: Main discussion/activity

What are the surprising things in the passage? What is new? What don't you really understand? This could be a time to discuss and share reflections and ideas on the passage or watch a Bible project type video that helps explain things.

1. Read v10: Who does this refer to and how is it achieved?
2. The passage is describing "Christian family" life. However, scripture has many examples of failing families, and families that struggled... (Cain/Able, Hagar/ Sarah, Jacob / Esau, Jacob/Laban, Joseph/ brothers, etc...) Why do you think they struggled? What was missing?
3. Read v11-12: How do you understand these verses? Can you give examples of people who are like this?
4. Read v14-21: V18 says live at peace with people. Are there people you would struggle to do this with? How can you change that feeling?

Growing in discipleship: Practical application

5. Athletes and sports stars train in order to develop muscle memory, what does this mean and how can we apply it to our lives based on Romans 12?
6. Share with your group some of the spiritual practices that help you maintain your "fervour" as described in v11
7. As the world becomes more distant from Jesus and more hostile to Christians, how can you put into practice what Paul teaches in V14-21
8. The early Church was known as "The Way" this implies actions not just beliefs. How can our actions "overcome evil with good."(v21)?



Try to leave 15-20 mins to talk about prayer needs of the group and to pray.

We want to encourage the development of prayer, to help everyone grow in confidence in praying. There are many creative ways of praying together: writing prayers, using candles as a focus, reading prayers or praying for each other in pairs.