



LIFE GROUP Romans 7 v1-6

Aim of session:

What might God want to say to the group?
What is our relationship to Jesus?
How do we view the law of God?
How do we apply the law of God to our lives?



Key Scriptures

If you have access to a commentary read some background to get context.

The Bible Project is a good starting point.

<https://bibleproject.com/>

Romans 7 v1-6

Warm Up

It may be this is your tea and cake time!

(NB be sensitive to those who may have recently lost a loved one or are single, as marriage is a part of the evening)

You could talk about differences between being single and being married... or what changed for you when you married?

Thinking it through: Main discussion/activity

In the previous chapters Paul has been using examples from everyday 1st century life to explain our relationship to Christ and how we are “alive in Christ” or “set free” because of Christ. In Chapter 7 Paul uses marriage as another metaphor.

Paul compares marriage and the death of a husband and the wife re marrying to being “married to the law” and then dying to it and being united to Christ. Becoming His bride.



When we become a Christian our old “husband” the law is dead. We are no longer bound by it or to it... but we are not free and single again to do as we please. We are now tied to Jesus. Jesus calls us to be righteous and live a righteous life by the power of the Holy Spirit.

1. What was new/interesting or shocking about the passage? Was there anything you did not understand?
2. How do you think the law controls or binds a person who is NOT a Christian?
3. In what way are believers free from the law?

Growing in discipleship: Practical application

As Christians we live under “grace” and not “law” so...

1. What should our attitude to the “law” (Ten commandments etc.) be?
2. As Christians, do we need to obey the old Testament laws?
3. What should we do if we “break the law?” Does it matter?
4. Since you became a “bride of Christ” how has the Holy Spirit impacted your life? What’s changed?
5. How can you continue to become more holy and righteous?



Try to leave 15-20 mins to talk about prayer needs of the group and to pray.

We want to encourage the development of prayer, to help everyone grow in confidence in praying. There are many creative ways of praying together Writing prayers, using candles as a focus, reading prayers or praying for each other in pairs.