



# The Fourth Sunday After Trinity

5<sup>th</sup> July 2020

## Notices

### Private Prayer at St Cross' Clayton:

Private prayer is possible at St Cross Church on Wednesdays and Fridays, 10 am – 12 pm and 2 pm – 4 pm.

**Sunday 12<sup>th</sup> July:** Rev Maria is away 6<sup>th</sup> - 12<sup>th</sup> July and our curate, Adam, is leading us in worship next Sunday. The service is 'A Service of the Word' and the words used are those in the booklet 'Praying in A Pandemic' you received just before the lockdown. If you don't have the booklet any more, you find it on parish website.

**Sunday School:** Still some material bags available that Ardwick Deanery put together for children **age 6-11**. They are available from the Rectory. Call or text Rev Maria **today** if you'd like to pick up the material pack.

**Giving:** Regular giving is possible via bank standing orders . The details are:

**Account name:** Parish of the Good Shepherd & St Barnabas

**Sort code:** 77-19-46

**Account number:** 00034309

**Branch:** TSB Longsight

A one-off donation is possible via

<https://www.easyfundraising.org.uk/causes/resurrectionandstbarnabas/>



### Years In Mind:

Clara 40<sup>th</sup> anniversary on 28<sup>th</sup> June

### Birthdays:

## Reflection:

The Lord is my strength and my shield; my heart hath trusted in him, and I am helped: therefore my heart danceth for joy, and in my song will I praise him. *Psalm 28: 8*

Today I would like to offer you Malcolm Guite's poem based on the above Psalm 28, verse 8.

*To dare each moment's death, that I might live  
Means both repentence and a plenitude  
Of grace. Means letting go to let him give.*

*So Christ I beg for that beatitude  
The grace to simply let go and receive  
From your unsparing hand the amplitude*

*Of your beneficence, to have a heart  
That dances to the measure of your music  
Even here where evil seeks to part*

*Us from each promised good, and where the sick  
And sickening cacophony of hate  
Might deafen us or wound us to the quick*

*And break us down. May it not be too late  
To turn to you again and start to live  
Call us oh Christ, and open up the gate.*

God longs for connection with us, and God is always available and accessible to those who need and want God. Question remains do we accept Christ's invitation to come and find rest in him, and so doing find life, or do we continue to question his message and presence, and seek to go our own way. I hope we may find a welcome in Christ today and this week.

With every blessing,  
Rev Maria

**Rector: The Reverend Maria Onuigbo   Mobile: 07526 035611  
Email: [revmariaonuigbo@outlook.com](mailto:revmariaonuigbo@outlook.com)**