

¶ Evening Prayer on Sunday, 11 August 2024

The Eleventh Sunday after Trinity

Preparation

O God, make speed to save us.
All O Lord, make haste to help us.

hymn

That this evening may be holy, good and peaceful,
let us pray with one heart and mind.

Silence is kept.

As our evening prayer rises before you, O God,
so may your mercy come down upon us
to cleanse our hearts
and set us free to sing your praise
now and for ever.

All Amen.

The Word of God

Psalm 91

All: Keep me as the apple of your eye.

- 1 Whoever dwells in the shelter of the Most High ♦
and abides under the shadow of the Almighty,
- 2 Shall say to the Lord, 'My refuge and my stronghold, ♦
my God, in whom I put my trust.'
- 3 For he shall deliver you from the snare of the fowler ♦
and from the deadly pestilence.
- 4 He shall cover you with his wings and you shall be safe under his feathers; ♦
his faithfulness shall be your shield and buckler. *R*
- 5 You shall not be afraid of any terror by night, ♦
nor of the arrow that flies by day;
- 6 Of the pestilence that stalks in darkness, ♦
nor of the sickness that destroys at noonday.
- 7 Though a thousand fall at your side and ten thousand at your right hand, ♦
yet it shall not come near you.
- 8 Your eyes have only to behold ♦
to see the reward of the wicked.

9 Because you have made the Lord your refuge ♦
and the Most High your stronghold,

10 There shall no evil happen to you, ♦
neither shall any plague come near your tent.

11 For he shall give his angels charge over you, ♦
to keep you in all your ways.

12 They shall bear you in their hands, ♦
lest you dash your foot against a stone.

13 You shall tread upon the lion and adder; ♦
the young lion and the serpent you shall trample underfoot.

14 Because they have set their love upon me, therefore will I deliver them; ♦
I will lift them up, because they know my name.

15 They will call upon me and I will answer them; ♦
I am with them in trouble, I will deliver them and bring them to honour.

16 With long life will I satisfy them ♦
and show them my salvation.

**All/Glory to the Father and to the Son and to the Holy Spirit; ♦
as it was in the beginning is now and shall be for ever. Amen.**

All: Keep me as the apple of your eye.

Canticle A Song of the Lamb

All/Let us rejoice and exult and give glory and homage to our God.

1 Salvation and glory and power belong to our God, ♦
whose judgements are true and just.

2 Praise our God, all you his servants, ♦
all who fear him, both small and great.

3 The Lord our God, the Almighty, reigns: ♦
let us rejoice and exult and give him the glory.

4 For the marriage of the Lamb has come ♦
and his bride has made herself ready.

5 Blessed are those who are invited ♦
to the wedding banquet of the Lamb.

**All/To the One who sits on the throne and to the Lamb ♦
be blessing and honour and glory and might, for ever and ever. Amen.**

All/Let us rejoice and exult and give glory and homage to our God.

Scripture Reading *Hebrews 12.1-17*

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

Consider him who endured such hostility against himself from sinners, so that you may not grow weary or lose heart. In your struggle against sin you have not yet resisted to the point of shedding your blood. And you have forgotten the exhortation that addresses you as children—

'My child, do not regard lightly the discipline of the Lord,
or lose heart when you are punished by him;
for the Lord disciplines those whom he loves,
and chastises every child whom he accepts.'

Endure trials for the sake of discipline. God is treating you as children; for what child is there whom a parent does not discipline? If you do not have that discipline in which all children share, then you are illegitimate and not his children. Moreover, we had human parents to discipline us, and we respected them. Should we not be even more willing to be subject to the Father of spirits and live? For they disciplined us for a short time as seemed best to them, but he disciplines us for our good, in order that we may share his holiness. Now, discipline always seems painful rather than pleasant at the time, but later it yields the peaceful fruit of righteousness to those who have been trained by it.

Therefore lift your drooping hands and strengthen your weak knees, and make straight paths for your feet, so that what is lame may not be put out of joint, but rather be healed.

Pursue peace with everyone, and the holiness without which no one will see the Lord. See to it that no one fails to obtain the grace of God; that no root of bitterness springs up and causes trouble, and through it many become defiled. See to it that no one becomes like Esau, an immoral and godless person, who sold his birthright for a single meal. You know that later, when he wanted to inherit the blessing, he was rejected, for he found no chance to repent, even though he sought the blessing with tears.

Gospel Canticle *The Magnificat (The Song of Mary)*

All You have done great things, O God, and holy is your name.

1 My soul proclaims the greatness of the Lord, my spirit rejoices in God my Saviour; ♦
he has looked with favour on his lowly servant.

2 From this day all generations will call me blessed; ♦
the Almighty has done great things for me and holy is his name.

3 He has mercy on those who fear him, ♦
from generation to generation.

4 He has shown strength with his arm ♦
and has scattered the proud in their conceit,

5 Casting down the mighty from their thrones ♦
and lifting up the lowly.

6 He has filled the hungry with good things ♦
and sent the rich away empty.

7 He has come to the aid of his servant Israel, ♦
to remember his promise of mercy,

8 The promise made to our ancestors, ♦
to Abraham and his children for ever.

All Glory to the Father and to the Son and to the Holy Spirit; ♦
as it was in the beginning is now and shall be for ever. Amen.

All You have done great things, O God, and holy is your name.

Prayers

O God, you declare your almighty power
most chiefly in showing mercy and pity:
mercifully grant to us such a measure of your grace,
that we, running the way of your commandments,
may receive your gracious promises,
and be made partakers of your heavenly treasure;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

All Amen.

Let us pray with confidence as our Saviour has taught us

All Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.

The Conclusion

The Lord bless us and preserve us from all evil and keep us in eternal life.

All Amen.

Let us bless the Lord.

All Thanks be to God.