

### Time for God?

Do you find that you are forever running out of time? I am sure many people do, and you often hear the phrase, 'I don't have enough time for .....'. Yet each one of us has the same amount of time, there are 60 seconds in a minute, 60 minutes in an hour, and 24 hours a day, each day, every day, all the same. Somehow though many of us seem to run out of time.

It has to be said, that some people are very good at managing their time and can fit in most if not all they need to each day, others well that's a different story and don't seem to fit in many things at all. Many of us, I suspect, manage reasonably well most of the time, but every now and then time runs away, and we have too much to do. This can make us tired, frustrated, angry...

Jesus during his time of ministry on earth, managed to squeeze a lot in to his three years or so of preaching and teaching. He was always ready to teach people, heal people, answer their questions, even the trick questions from the leaders of the temple. Jesus enjoyed being surround by people, but sometimes he did need to get away for some quiet time, which he used to pray. This would often be in the mornings, very early or after a long day preaching. There is a time when Jesus' disciples decided that he needed a break from the children and tried to stop them coming to Jesus. Jesus saw this and was cross, telling his disciples that the children are welcome, for to them belongs the Kingdom of Heaven. You can read about this in Matthew Chapter 19 verses 13 – 15.

Jesus set us an example, to make time to be with God, regularly. As Christians, this is the example we should follow, make time for God each day. Many do this by setting aside a regular time each day, to pray, to focus on God. When we gather for worship each week, we are making time for God.

As we carry on through 2024, whatever happens, God will make time to listen to us, to make his presence felt for each one of us. Are you prepared to make time for God each day? Simply say in your mind, or out loud, 'Yes please God, I want to make time for you today and every day, please help me. Amen'. If you take at least 5 minutes a day to be still and quiet, God will be very pleased.

To know more about this, you are welcome to join us on Sunday at Stanground Baptist Church for our worship at 10:15am. Please see our website for details [www.stangroundbaptistchurch.org.uk](http://www.stangroundbaptistchurch.org.uk) for details.

