

# HOLY TRINITY

Faithfully serving God on Bromley Common since 1842

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Church and Community News

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Price 50 pence

November, December 2023 & January 2024



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We are part of the Bromley Common Group Ministry with St. Luke's and St. Augustine's Churches

**faithfully seeking to love God and neighbour**

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and also at: [www.htc-bc.org.uk](http://www.htc-bc.org.uk)





# Coffee and Chat

**with homemade cake**

**Every Thursday from  
10.30am - 12pm**

**Holy Trinity Church Rooms - North Room  
Church Lane, BR2 8LB**

**Off A21 Hastings Road  
Bus routes: 61, 261, 320, 336, 358**

**The North Room is at the far end of the car park with level  
access to the hall and disabled toilet**

**Donations only | Other drinks are available**



## Peace On Earth

Dear Friends,

*Peace on Earth can it be?  
Years from now, perhaps we'll see?  
See the day of glory,  
See the day, when men of good will  
Live in peace, live in peace again.  
Peace on Earth  
Can it be?*

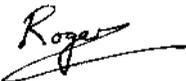
These words were sung by David Bowie in his Christmas duet with Bing Crosby in December 1977 (released as a single in 1982). Listening to reports of the appalling situation in the Holy Land, and mindful of the continuing conflict in Ukraine as well as many other parts of the world, the sentiment expressed in the song seems even more pertinent to the world today.



Scripture entreats us to “Pray for the peace of Jerusalem” (Psalm 122: 6), the city whose name itself means “God’s peace”, yet it is questionable whether Jerusalem has ever truly known peace having been fought over throughout its history. This is the city that Jesus himself wept over as He observed it from the Mount of Olives (Luke 19: 41 - 42).

In the coming months our thoughts turn towards the celebration of the One who, amongst other names, is called the Prince of Peace. In our preparation through Advent we will also focus on the prospect of His awaited return in Glory ... at which time we are told He will finally bring the “Peace on earth and goodwill to all people on whom God’s favour rests” as promised by the angels announcing His birth (Luke 2: 14).

In the meantime, what are we to do? We may be powerless to directly influence events in the Middle East, or elsewhere, but we can and should pray to the One who ultimately holds all things in His hands. Trusting that one day, in His time, the world will indeed know peace as we see the Day of Glory.

*Your friend and Vicar,* 



# Remembrance Sunday 12<sup>th</sup> November 2023

## Our Service of Remembrance

will start in church at 10.00am  
and will be attended by members of  
**Bromley Sea Cadet Corps (T.S. Narvik)**  
and  
the **Royal Naval Association**

We move to the War Memorial in the churchyard  
for the Act of Remembrance at 11.00am

Everyone is warmly welcome

*We will remember them*



**ROYAL NAVAL  
ASSOCIATION**





## High Flight

Oh! I have slipped the surly bonds of Earth  
And danced the skies on laughter-silvered wings;  
Sunward I've climbed, and joined the tumbling mirth  
of sun-split clouds — and done a hundred things  
You have not dreamed of wheeled and soared and swung  
High in the sunlit silence. Hov'ring there,  
I've chased the shouting wind along, and flung  
My eager craft through footless halls of air ....

Up, up the long, delirious, burning blue  
I've topped the wind-swept heights with easy grace  
Where never lark nor ever eagle flew—  
And, while with silent lifting mind I've trod  
The high untrodden sanctity of space,  
Put out my hand, and touched the face of God.

*By John Gillespie Magee Jr*



## We need *your* help ...

The 4<sup>th</sup> Bromley (Holy Trinity) Scout Group has been part of the life of our church and local community for over 100 years.

Unfortunately, since the summer break we have been unable to reopen the group due to lack of adult leaders!

Would you be interested in becoming a Scout, Cub or Beaver leader and help keep Scouting alive on Bromley Common?

If not you, do you know of anyone else who may be interested?

If you think you may be able to help, or to find out more, please do get in touch.

Please either email me at: [vicar@htc-bc.org.uk](mailto:vicar@htc-bc.org.uk) or  
[vicar.htcbromleycommon@gmail.com](mailto:vicar.htcbromleycommon@gmail.com)

Or call me on **020 8462 1280**.

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On behalf of **Bromley Borough Foodbank** may I thank you most warmly for your gift of £112.50 raised at your recent Harvest Supper. We do so appreciate the continued faithfulness of churches and other organisations such as yours in supporting us.

Please pass on our gratitude to your congregation. We trust the Supper was an enjoyable occasion also!

I have attached a certificate which you may be able to display (*see page 8*).

Thank you once again.

Warm wishes.

*Marion Osgood*

*Helping local people get back on their feet and improve their financial independence.  
Registered charity CIO 1167961*



2024

NEW YEAR!  
NEW MESSY CHURCH DATES!

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11<sup>th</sup> February

24<sup>th</sup> March – Palm Sunday

12<sup>th</sup> May

14<sup>th</sup> July

8<sup>th</sup> September

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COME & HAVE FUN!





Bromley  
Borough  
**foodbank**



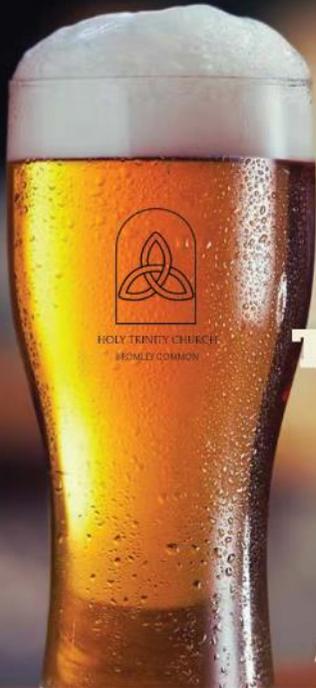
**THANK YOU**

*Holy Trinity Church, Bromley Common*

For your donation of £112.50

To Bromley Borough Foodbank

Your generous donations mean we can help more people and make sure we achieve our mission. We greatly appreciate all your help!



# PRAYER & A PINT

**TUESDAY 21<sup>ST</sup> NOVEMBER**

7.30pm | The Two Doves, 37 Oakley Road, Bromley

For info contact Paul Driver: 07387 975685 or  
sbc01689@gmail.com

An opportunity to chat, laugh, pray and drink together...



## Prayer pointers



*There are many people and situations which need regular, sustained prayer. Here are just some of them.*

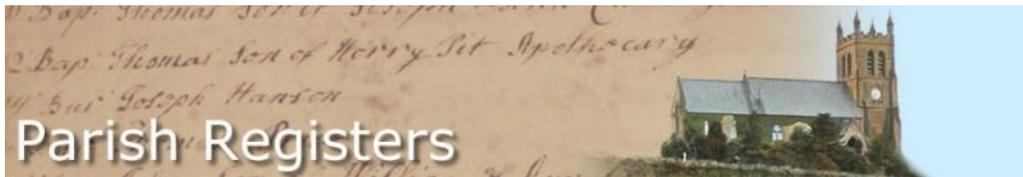
### ***Please remember especially:-***

- **The many areas of conflict throughout the world, particularly the peoples of Israel and Palestine, Afghanistan, Iraq, Syria, Ukraine, Nigeria, Sudan, DRC, Yemen, for a peaceful resolution.**
- **Persecuted Christians** and other minority groups, especially the victims of Hamas, ISIS, Boko Haram, and other religious fundamentalists and radical
- **terror groups.**
- **The refugee crisis worldwide** as people flee from poverty, famine and war.
- **All victims of violence**, and especially of terrorist atrocities both here and overseas, and of the recurrent knife attacks in London.
- **All victims of natural and other disasters**, and those seeking to bring relief to the suffering and aid to the needy,
- **Political leaders** throughout the world that they will work for justice for all.
- **Those members of the congregation who are in particular need at this time.**
- **Those who are housebound and lonely and those needing permanent care.**
- **Those who mourn**, especially those who have recently lost loved ones.

*... and all whose names are written in the 'Prayer Requests' book in church.*

*We also pray for our fellow brothers and sisters in Christ who, with us, make up the membership of **Churches Together in Bromley Common**.*





## FUNERALS

### Rest in Peace:-

*We remember in prayer the families and friends who mourn the passing of loved ones:-*

**John Jay COOPER** died 14<sup>th</sup> June 2023, aged 96  
Friday 21<sup>st</sup> July 2023  
Service and Committal at Bluebell Crematorium

**Jean Hazel LAWRENCE** died 14<sup>th</sup> July 2023, aged 95  
Tuesday 15<sup>th</sup> August 2023  
Service in Church  
Cremation at Beckenham Crematorium

**Christopher Robin COOPER** died 9<sup>th</sup> August 2023, aged 77  
Tuesday 5<sup>th</sup> September 2023  
Service and Committal at Bluebell Crematorium

**Jack William DIPLOCK** died 28<sup>th</sup> September 2023, aged 91  
Tuesday 24<sup>th</sup> October 2023  
Service and Committal at Bluebell Crematorium

## BAPTISMS

### Welcome to the Family:-

*We congratulate and pray for those who have been Baptised into membership of the Church:-*

**Grace Olivia EMANS** Sunday 10<sup>th</sup> September 2023, aged 9 months

**Coffee and Chat**  
with home made cakes  
Join us every Thursday from 10.30am - 12pm

Holy Trinity Church - North Room  
Church Lane, BR2 8LB

Donations only | Other drinks are available

Off A21 Hastings Road  
Bus routes: 61, 261, 320, 336, 358  
Contact [vicar@htc-bc.org.uk](mailto:vicar@htc-bc.org.uk) for more info

## **'Renew and Refresh Café Space'**

**A safe place, where everyone is welcome and,  
'it's ok, not to be ok!'**

**Every Friday, 10.30 to 13.30**



***'A safe place to chat and make friends or for quiet'***

~~~~~  
***No charge but donations welcome***

**Bromley Common Baptist Church,  
29a Gravel Road, BR2 8PE**

**IT'S OK  
not to be ok**



**Sunday 10<sup>th</sup> December 4.00pm — 6.00pm.**

## **Christingle**

On December 10<sup>th</sup> we will be having lots of fun Christmas activities, including making Christingles for ourselves and for the congregation. We will then go into Church for the **Christingle Service** (*which will include a collection for The Children's Society*), followed by a Christmas Tea in the North Room.

### **What is Christingle?**

Christingle is a joyful celebration that brings families and communities together to share the light of Jesus and spread a message of hope. Christingles are oranges wrapped in red tape, decorated with dried fruit or sweets with a candle in the middle.

The Orange represents the world

The red ribbon or tape symbolises the love and blood of Christ

The sweets and dried fruit represent the fruits of the earth and the four sticks represent the four seasons and the compass points

The candle represents Jesus – light of the world



Here at **Holy Trinity, Messy Church** usually meets on alternate months, on a Sunday from 4.00pm — 6.00pm.

There is no Messy Church in January so the next session will be on

**Sunday 11<sup>th</sup> February 2024.**

Children of all ages are welcome, but they must be accompanied by an adult. There is a nominal charge of £2 per child towards costs.

More details from **Gill Hawkins** (07960 403892)  
or **Julie Bristow** (07762 081154)

For unto us  
a child is born!



# Christmas Services

|                               |                    |                                                                                                                                                                                                    |
|-------------------------------|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Sunday 3<sup>rd</sup></b>  | 10.00 am           | Family Worship ('Toy' Service)<br><i>incl.</i> Collection for CASPA                                                                                                                                |
| <b>Sunday 10<sup>th</sup></b> | 4.00 pm<br>5.00 pm | Messy Christmas, <i>incl.</i><br>Christingle Service<br><i>Starting, as usual, in the Church Rooms</i><br><i>We will make our own Christingles to take into church for the Christingle Service</i> |
| <b>Sunday 17<sup>th</sup></b> | 4.00 pm            | Carols and Readings<br><i>Come and join us as we sing familiar carols</i><br><i>and hear the Christmas story.</i>                                                                                  |
| <b>Christmas Eve</b>          |                    |                                                                                                                                                                                                    |
| <b>Sunday 24<sup>th</sup></b> | 10.00 am           | Morning Worship                                                                                                                                                                                    |
|                               | 4.00 pm            | Crib Service<br><i>Especially for the children, come and take part in retelling the Christmas story as</i><br><i>we place the traditional figures in the Crib.</i>                                 |
|                               | 11.30 pm           | 'Midnight' Eucharist                                                                                                                                                                               |
| <b>Christmas Day</b>          |                    |                                                                                                                                                                                                    |
| <b>Monday 25<sup>th</sup></b> | 9.00 am            | Family Worship <i>incl.</i> Communion                                                                                                                                                              |
| <b>New Years Eve</b>          |                    |                                                                                                                                                                                                    |
| <b>Sunday 31<sup>st</sup></b> | 10.00 am           | Morning Worship                                                                                                                                                                                    |



### November

#### 5<sup>th</sup> All Saints / All Souls

10.00am Morning Worship

Readings:

NT: 1 John 3: 1 - 3

Gospel: Matthew 5: 1 - 12

4.00pm Memorial Service  
(Commemoration of the Departed)

#### 12<sup>th</sup> Remembrance

##### Third Sunday before Advent

10.00am Morning Worship/Parade

Readings:

OT: Amos 5: 18 - 24

NT: 1 Thessalonians 4: 13 - end

Gospel: Matthew 25: 1 - 13

2.00pm Evening Worship at  
Crown Meadow Court

#### 19<sup>th</sup> Second Sunday before Advent

10.00am Family Communion

Readings:

OT: Zephaniah 1: 7, 12 - end

NT: 1 Thessalonians 5: 1 - 11

Gospel: Matthew 25: 14 - 30

#### 26<sup>th</sup> Christ the King

10.00am Family Communion

Readings:

OT: Ezekiel 34: 11 - 16, 20 - 24

NT: Ephesians 1: 15 - end

Gospel: Matthew 25: 31 - end

2.00pm Evening Worship at  
Regency Court

### December

#### 3<sup>rd</sup> First Sunday of Advent

10.00am Morning Worship  
Toy Service

Readings:

NT: 1 Corinthians 1: 3 - 9

Gospel: Mark 13: 24 - end

2.00pm Carols at  
Crown Meadow Court  
and Regency Court

3.00pm

#### 10<sup>th</sup> Second Sunday of Advent

10.00am Family Communion

Readings

NT: 2 Peter 3: 8 - 15a

Gospel: Mark 1: 1 - 8

4.00pm Messy Church /  
Christingle



#### 17<sup>th</sup> Third Sunday of Advent

10.00am Family Communion

Readings:

NT: 1 Thessalonians 5: 16 - 24

Gospel: John 1: 6 - 8, 19 - 28

4.00pm Carol Service

#### 24<sup>th</sup> Fourth Sunday of Advent Christmas Eve

10.00am Morning Worship

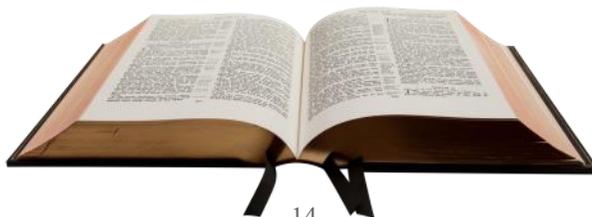
Readings:

NT: Romans 16: 25 - end

Gospel: Luke 1: 26 - 38

4.00pm Crib Service

11.30pm 'Midnight' Eucharist



### December

#### 25<sup>th</sup> Christmas Day

**9.00am Family Communion**

*Reading:* John 1: 1 - 14

#### 31<sup>st</sup> First Sunday of Christmas

**10.00am Morning Worship**

*Readings:*

*OT:* Isaiah 61: 10 - 62: 3

*NT:* Galatians 4: 4 - 7

### January

#### 7<sup>th</sup> The Epiphany

**10.00am Family Communion**

*Readings:*

*OT:* Isaiah 60: 1 - 6

*NT:* Ephesians 3: 1 - 12

*Gospel:* Matthew 2: 1 - 12

#### 14<sup>th</sup> Second Sunday of Epiphany

**10.00am Family Communion**

*Readings:*

*OT:* 1 Samuel 3: 1 - 10

*NT:* Revelation 5: 1 - 10

*Gospel:* John 1: 43 - end

#### 16<sup>th</sup> Tuesday

**10.50am Up-to-5s Service**

#### 21<sup>st</sup> Third Sunday of Epiphany

**10.00am Family Communion**

*Readings:*

*OT:* Genesis 14: 17 - 20

*NT:* Revelation 19: 6 - 10

*Gospel:* John 2: 1 - 11

**2.00pm Evening Worship at Crown Meadow Court**

### January

#### 28<sup>th</sup> Presentation of Christ in the Temple (Candlemas)

**10.00am Family Communion**

*Readings:*

*OT:* Malachi 3: 1 - 4

*NT:* Hebrews 2: 14 - 18

*Gospel:* Luke 2: 22 - 40

**2.00pm Evening Worship at Regency Court**

**8.00 am - Holy Communion (BCP)  
every Sunday**

*at St. Mary's Church, Hayes  
and at Holy Trinity on  
Easter Day*



*Our 10.00am services are  
held simultaneously in church and on Zoom.  
The recording of the service is posted on  
our **YouTube** channel:*

[www.youtube.com/channel/  
UCKjjTtq3fT7hN5Gj66ADNJQ](http://www.youtube.com/channel/UCKjjTtq3fT7hN5Gj66ADNJQ)

Subscribe to our

**You Tube Channel**

*Refreshments are served  
following the 10.00am service  
in the South Room, Holy Trinity Church Rooms.  
Do, please, join us for this opportunity to chat  
and get to know one another better.*

**Please Note:** Readings stated are those as specified in the Common Worship Lectionary but may be changed in certain circumstances.



HOLY TRINITY CHURCH

BROMLEY COMMON

Christmas Fair



GIFTS  
GAMES

TOMBOLAS  
DECORATIONS  
FESTIVE FOODS  
FATHER CHRISTMAS



18<sup>TH</sup>

NOVEMBER

CHURCH  
ROOMS

CHURCH LANE,  
BROMLEY COMMON,  
BR2 8LB

11AM - 3PM

FREE ADMISSION

# Christ the King



Sunday 26<sup>th</sup> November is the last Sunday in the Church liturgical year which follows the life of Christ from his conception and birth at Christmas, His crucifixion and His rising from the dead at Easter, to being recognised as Christ the King.

He is a different King from worldly kings and governments. He must reign in our minds, in our wills, in our hearts, and in our bodies. He is the king of all nations and of all people who choose to accept Him into their lives and who allow the Holy Spirit to not only be within them but to work through them.

This Sunday is also known as 'Stir up Sunday' from the first words of the collect:

Stir up, O Lord, the wills of your faithful people, that they bringing forth the fruit of good works, may by you be richly rewarded: through Jesus Christ Our Lord. Amen

It has always been associated with Christmas puddings. The great cry 'stir up' was a reminder to congregations to get the Christmas pudding made in plenty of time to mature before Christmas. However, the prayer is actually asking God for something much more important. We are praying that God will stir up our wills, so that we might get on with doing the good works that He has planned for us to do.

The gospel reading from Matthew on this Sunday tells of the end of time when all will be judged by Jesus. Jesus uses the image of a shepherd who sorts out the sheep from the goats, so there will be a separation of people who have done good things and people who have failed to do good. (Matthew 25; 31 - end)

The good news is that the challenge which Jesus gives can be fulfilled by anybody. Jesus simply tells His followers to be kind to one another. Look after the poor, visit the sick, give food to the hungry. We can all do this, and so we become a part of God's family. When Christ the King comes to judge the world at the End Times will He be able to say to us 'Well done good and faithful servant'?



# FORGET ME NOT CAFÉ

Memory cafe for anyone with dementia,  
their families, carers and friends

Third Tuesday in the month

1.30pm – 3.30pm

St. Augustine's Church Southborough Lane  
Bromley BR2 8AT in The Garden Room

Chat, quizzes, activities, singing  
Tea, coffee and cakes  
(No charge, donations welcomed)

Contact: Diana Pattison 020 8464 1151

Holy Trinity Church Rooms

## Halls for Hire



North Room



South Room



- Car parking
- Booked separately
- Fenced outside areas
- Regular or occasional hire



- Accessible toilets
- Disabled access
- Small kitchen with hatch to main hall

**For more information contact Brian Rickett:**  
**brianrickett@btinternet.com / 020 8462 2729**

[www.htc-bc.org.uk/events/hire-our-halls/](http://www.htc-bc.org.uk/events/hire-our-halls/)





## **Bromley Little Theatre**

Thank you to everybody who bought tickets for the charity performance of Things I know to be True on 14<sup>th</sup> September. A bit like last year, we enjoyed an amusing, but thought provoking, play about a family on the edge. The evening itself raised an amazing amount of just over £900 for The Children's Society, so a great success and much appreciated.

## **Christmas Cards**

I have a selection of Christmas cards which can be ordered, as well as copies of the catalogue. I've been taking orders recently, and if anybody would still like to see the cards, please look out for me during refreshments after church on Sundays and at Thursday morning Coffee and Chat.

You can order direct from The Children's Society website where there is a wider range of products, but postage is payable (or identify what you would like on the website, then order from me post-free).

If you don't see me, just get in touch by email:

[lynn.crockatt@gmail.com](mailto:lynn.crockatt@gmail.com)

or phone: **07763 524999** for more information.

## **Home Collection Boxes**

I shall be taking in and emptying home collection boxes in January, so please bring them to church or give them to me at another convenient time. I know we haven't been using as much cash recently, and therefore small change is in short supply, but never fear, larger money and cheques are just as welcome! I shall be happy to collect boxes from you at home, if this would help, in which case please contact me. Also, if anybody would like to take a new collection box to fill with change, or to donate in another way, please let me know.

## **Christingle**

Christingle services have been promoted by The Children's Society for many years, and have raised many millions of pounds to support its work with children and young people. This year's service at Holy Trinity, as in previous years, will be organised by Messy Church and will take place on the afternoon of Sunday 10<sup>th</sup> December.

**Lynn Crockatt**



**The Mission to Seafarers**  
Caring for seafarers around the world

Dear Mr. Rickett

I am writing to gratefully acknowledge your kind donation of £100.00 to the Mission to Seafarers.

The money you have donated will be used to help in our mission to the 1.89 million seafarers we serve around the world. From London to Lagos, Manila to Melbourne and Durban to Dunkerque - in more than 200 ports in 50 countries - The Mission to Seafarers is a constant source of help, hope, and support to those who need us most.

More than 90% of everything we consume arrives at our shores via the sea. Seafarers work tirelessly, often in dangerous and hostile conditions, to ensure we have all the things we need and enjoy. A life at sea is a hidden one where people often spend up to a year away from home. Unfortunately, such a hidden life can mean that human rights are not respected, basic needs not met and loneliness becomes a constant companion. This is why The Mission to Seafarers will never tire in its commitment to the people we serve. For over 160 years The Mission to Seafarers has been at the forefront of maritime welfare ensuring that those who work at sea, and their families, have an advocate and someone to turn to.

As a supporter, you are the only reason we are able to offer the help that we do. Your goodwill and generosity are hugely important and vital in our efforts to ensure seafarers across the globe are not forgotten. It is because of you that seafarers' living conditions have improved, unscrupulous ship owners are held to account, families reunited and loved ones brought home. This is something you should feel very proud of.

With sincere thanks and every good wish,

**Johnny Dowling**

Senior Development Manager

*This letter was the result of our collection at the service on Sea Sunday in July. If anyone feels like making a further donation, I will willingly forward it on.*

**Brian Rickett**

Mothers' Union has launched their new campaign **RISE UP** Against Domestic Abuse Campaign. Through its 40,000 strong membership across Britain and Ireland, Mothers' Union aims to play its part in combating domestic abuse through awareness raising, resources, and support for those affected by domestic abuse, as well as fostering a culture of empathy and empowerment within our churches and communities.

**RISE UP** is an acronym for **R**espond, **I**nform, **S**upport, **E**mpower, **U**nite and **P**ray. Participants of the challenge are able to achieve bronze, silver or gold awards based on their involvement of the challenge. To achieve a bronze award, churches or branches should:

- Download a poster from Mothers' Union's website about domestic abuse with details of their local domestic abuse helpline and display it in public places such as churches, community centres and public toilets.
- Commit to pray for those affected by domestic abuse, including victims, survivors, perpetrators and those who work in the field of domestic abuse
- Make connections with local domestic abuse support organisations and offer support based on their needs.

Hundreds of Mothers' Union members across the UK and Ireland, including Holy Trinity, have committed to take part in the challenge.

Rochester Cathedral is hosting a short service with the Mothers' Union at 1:00pm on 25<sup>th</sup> of November to pray for victims and survivors of Domestic Abuse. The service will begin with a minute's silence at 1:03pm to remember the victims who have not survived. After prayers, those attending will proceed out of the Cathedral to the Catalpa Tree to tie purple ribbons on the fencing as a reminder of our need to stand with those who suffer abuse and bring healing.

Here at Holy Trinity we will pray for victims and survivors and will also have a Red Chair display, purple ribbons, and purple and white cranes, so keep an eye out.

For more information about Mothers' Union, please visit the website at:  
[www.mothersunion.org](http://www.mothersunion.org)

To join Holy Trinity branch please contact **Mary Margaret Yates** at:  
[murochester.dp@outlook.com](mailto:murochester.dp@outlook.com)

## **Easi Lock Ltd Locksmiths**

Tel: 0800 44 88 132  
Mob: 075905 33 222  
Web: [www.easilock.com](http://www.easilock.com)  
email: [info@easilock.com](mailto:info@easilock.com)

- 24 hour emergency service
- No call out charge
- Fixed prices
- Lockouts, lock changes and upgrades
- Free estimates
- Free security surveys
- Etc.



**O** THE **DDFELLOWS**  
*making friends. helping people*

We are a friendly society with traditions and meet every third Monday, 2.00 - 4.00pm, in the North Room at Holy Trinity Church.

If you are interested to join or would like to know more, please contact the secretary: Mrs Sue Potts on 01689 852868

## **REMEMBER THIS IS YOUR MAGAZINE**

*We rely on you to provide information and articles to include in each issue.  
If there are things you want to see in here it's up to you to let us know. Please do!*

### **Material for the magazine is always welcome**

Items can be emailed to Roger: [vicar@htc-bc.org.uk](mailto:vicar@htc-bc.org.uk)  
or Diana: [dianaepattison@gmail.com](mailto:dianaepattison@gmail.com)

Or can be posted to Holy Trinity Vicarage, Church Lane, Bromley Common, BR2 8LB

# Book Review

## One Last Thing: How to live with the end in mind by Wendy Mitchell Bloomsbury 2023

This is the third book by Wendy. The first two were ‘Somebody I used to know’ and ‘What I wish people knew about dementia’ based on her experience of living with dementia. In the review of the latter one, in the summer magazine, I emphasised her positive view on life. This attitude also pervades this book about preparing for death.

In ‘One last thing’ she says ‘ what keeps me going is hope - hope that tomorrow will be a better day, hope that just as I have been able to adapt to life with a progressive illness, I will be able to adapt to life with the end in mind;’

She explores all angles of death: how we talk about it with our loved ones and how we can be empowered to make our own choices. She tackles straightforward subjects such as Power of Attorney, but also more difficult topics such as refusing treatment and assisted dying. She reminds all of us, with or without a progressive illness, that to get on with the business of living , we need to talk about death.

**Diana Pattison**



The Big Quiz Night on 7<sup>th</sup> October raised £150.00 for Tearfund and good fun was had by all. (The Vicar’s team won, of course!)



Thank you to everyone who contributed to the Harvest Festival. Your gifts of food and money were delivered to the Foodbank warehouse, where they were gratefully received. (see pages 6 & 8 for thanks from the Foodbank)

ESTABLISHED  
1879

# J & R KILLICK LTD

## FUNERAL DIRECTORS

ESTABLISHED  
1879



IN OUR CAPACITY AS  
FUNERAL DIRECTORS,  
THE KILLICK FAMILY HAVE  
PROVIDED THE LOCAL COMMUNITY,  
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## White Chocolate Bread Pudding

With colder weather now arrived, thoughts turn to warm, comforting food, and a good pudding is usually welcome at the end of a family dinner. Here is a recipe my family enjoy – based on a traditional bread and butter pudding, but richer and nice for an occasional treat.

200 ml (7fl oz) whole milk  
200 ml (7fl oz) double cream  
1/2 tsp vanilla extract  
1 medium egg  
2 medium egg yolks  
50gr (2 oz) caster sugar  
200gr (8 oz) brioche loaf or rolls, sliced  
25 - 50gr (1-2 oz) white chocolate to taste, finely chopped  
50gr (2 oz) fresh or frozen raspberries  
Icing sugar to dust

Put the milk, cream and vanilla into a pan. Bring just to the boil then take off the heat.

Beat together the whole egg, yolks and caster sugar. Gradually add the hot milk mixture, whisking constantly.

Arrange the brioche in an ovenproof dish, overlapping the slices. Dot around the white chocolate and raspberries. Carefully pour over the custard mixture, press down lightly on the bread to immerse, and leave to soak for around 20 minutes.

Heat the oven to 160C (140C fan). Bake for 25-30 minutes or until the custard is just set. Dust with icing sugar and serve. Serves 4.

**Lynn Crockatt**

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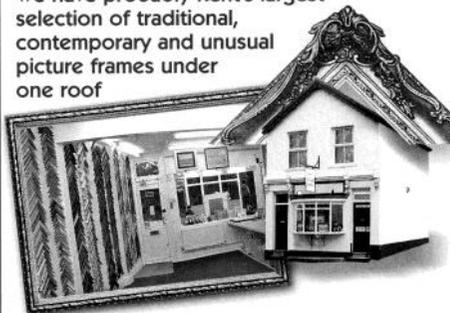
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