

## Daily Prayer for Monday

### Theme Hope

In you alone we put our hope,  
God the Father, Creator and Sustainer,  
who gives all good things, seen and unseen.

In you alone we put our hope,  
God the Son, Saviour and Redeemer,  
who died for our sins and rose again.

In you alone we put our hope,  
God the Spirit, Teacher and Comforter,  
who moves us to sing 'Our God reigns!'

In you alone we put our hope.

### Preparation

We commend ourselves and our prayers to God

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

That this day and all our days  
may be full of God's praise,  
let us pray with one heart and mind.

*We keep a short time of silence to recall God's presence with us.*

Almighty God, by whose grace alone we are accepted and called to your service:  
strengthen us by your Holy Spirit  
and make us worthy of our calling;  
through Jesus Christ our Lord. **Amen.**

### The Word of God

#### **Psalm 119.1-8. Rejoicing in God's Way**

**Teach me, O Lord, the way of your statutes.**

Blessed are those whose way is pure,  
who walk in the law of the Lord.

Blessed are those who keep his testimonies  
and seek him with their whole heart,  
Those who do no wickedness,  
but walk in his ways.

You, O Lord, have charged that we should diligently keep your commandments.

**Teach me, O Lord, the way of your statutes.**

O that my ways were made so direct  
that I might keep your statutes.  
Then should I not be put to shame,  
because I have regard for all your commandments.  
I will thank you with an unfeigned heart,  
when I have learned your righteous judgements.  
I will keep your statutes;  
O forsake me not utterly.

**Teach me, O Lord, the way of your statutes.**

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

### Canticle

**Isaiah 43 (selected verses) God makes a Way for us**

I will make a way in the wilderness,  
and rivers in the desert.

'I am the Lord, your Holy One,  
the Creator of Israel, your King.'

Thus says the Lord, who makes a way in the sea,  
a path in the mighty waters,

'Remember not the former things,  
nor consider the things of old.

'Behold, I am doing a new thing;  
now it springs forth, do you not perceive it?

'I will make a way in the wilderness  
and rivers in the desert,

to give drink to my chosen people,

'The people whom I formed for myself,  
that they might declare my praise.'

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

**I will make a way in the wilderness,  
and rivers in the desert.**

**Psalm 126 A Harvest of Joy**

When the Lord restored the fortunes of Zion,  
we were like those who dream.

*Then our mouth was filled with laughter,  
and our tongue with shouts of joy;*

then it was said among the nations,

'The Lord has done great things for them.'

*The Lord has done great things for us,  
and we rejoiced.*

Restore our fortunes, O Lord,  
as the river beds in the desert

*May those who sow in tears  
reap with shouts of joy.*

Those who go out weeping, bearing the seed for sowing, shall come home with shouts of joy, carrying their sheaves

**Psalm 127 God's Blessings in the Home**

Unless the Lord builds the house,  
those who build it labour in vain.

*Unless the Lord guards the city,  
the guard keeps watch in vain.*

It is in vain that you hasten to rise up early

and go so late to rest, eating the bread of toil; for he gives his beloved sleep

*Children are indeed a heritage from the Lord,  
the fruit of the womb is His gift.*

Like arrows in the hand of a warrior  
are the children of one's youth.

*Happy are those who have their quiver full of them.*

*They shall not be put to shame when they dispute their enemies at the gate.*

**Glory to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning is now  
and shall be for ever. Amen.**

## A Time of Prayer

Spirit of Truth, who reveals to us the things of God  
we praise your name.

Spirit of Wisdom, who inspires the words we ought to speak, we praise your name.

Spirit of Power, who grants the courage we need to act, we praise your name.

Spirit of Love, who knows our nature and loves us still, we praise your name.

*We Take a moment to listen to the still small voice of God within the bustle of the day which has begun. Finding a quiet place where we can enjoy precious moments of peace in God's presence. Sit quietly and listen to the sounds of the world around you, both outside and in the place where you are. Breathe slowly and rest in God's presence.*

**Trust in the Lord with all your heart;  
and be not wise in your own sight.**

In all your ways acknowledge him  
and he will make straight your paths.

**Trust in the Lord with all your heart;  
and be not wise in your own sight.**

Glory to the Father and to the Son  
and to the Holy Spirit.

**Trust in the Lord with all your heart;  
and be not wise in your own sight.**

We say the prayer Jesus taught us  
**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## Affirming the Way

As we follow the Way of Life,  
we affirm the presence of God among us,  
Father, Son and Holy Spirit.

God calls us to journey 'up', sharing in worship and prayer. Jesus said, God is spirit and whoever worships must worship in spirit and in truth.

**Jesus, you are the Way: guide us on our journey.**

God calls us to journey 'in', sharing in the transformation of Christ. Jesus said, Remain in me, and I will remain in you.

**Jesus, you are the Way: guide us on our journey.**

God calls us to journey 'with', sharing in love and fellowship. Jesus said, Where two or three are gathered in my name, I am there among them.

**Jesus, you are the Way: guide us on our journey.**

God calls us to journey 'out', sharing his love in deeds and words. Jesus said, go and make disciples of all nations.

**Jesus, you are the Way: guide us on our journey.**

Eternal God, your Son Jesus Christ  
is the way, the truth and the life for all creation:  
grant us grace to walk in his way,  
to rejoice in his truth,  
and to share his risen life;  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever.

**Amen.**

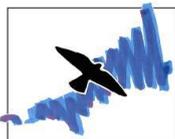
The Lord bless us, and preserve us from all evil,  
and lead us in the Way of Life.

**Amen.**

Let us bless the Lord.

**Thanks be to God.**

The Diocese of Truro



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