

**KNAPHILL METHODIST CHURCH**

# **MAGAZINE**

*Changing lives for good through the power of God's word*



# **Easter 2022**

# A Word from the Editor:



As I write this the sun is shining but it has turned quite cold. However, as Easter is late this year, I am sure we are all hoping that Spring will return in time for this most important Festival in the Christian calendar.

As ever I am very grateful to all of you who have contributed to this issue of the KMC Magazine, in particular, Mike & Liz Funning, Raj Chhetri, Ruth Pugh and Ian Kelly.

It has been over 2 years since most of us have seen Ian in the flesh, so it is good to hear from him this Easter and know what he has been doing to keep himself busy.

Ruth Pugh is hoping to return to the UK for a visit this year, so we trust and pray that her planned trip is able to go ahead.

I would like to thank the two people who provided details of their favourite hymns. As the response to this idea has been rather slow, I am going to wait a while before running this item. So please if you can all give this some thought to it and as and when inspiration hits you please contact me straight away. Don't wait for the next Magazine deadline to let me know which hymn or hymns you love and the reason(s) why this is so. Thank you.

I have been aiming to produce an article about the difficult subject of dementia for some time. Although Covid is still with us, with more and more people contracting it at the moment but less seriously, I feel the time is now right to talk about this subject. I hope you will find the information I have included in this issue about the disease is helpful.

The plight of the Ukrainian refugees continues to remain uppermost in our minds so I thought it more than appropriate to repeat the poem on refugees which first appeared in the KMC Magazine 2 years ago. Little did we know then that this issue would become even more significant and serious than it was at that time. Let us all hope and pray that the war in Ukraine comes to an end soon and that those who have fled the country find peace and are able to rebuild their lives wherever they decide to settle.

Wishing you all a very happy Easter.

God Bless.

**Robin Spice, Editor.** ([editor@knaphillmethodist.co.uk](mailto:editor@knaphillmethodist.co.uk))

## **KMC MAGAZINE**

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Copy to: Robin Spice - [editor@knaphillmethodist.co.uk](mailto:editor@knaphillmethodist.co.uk)

# Message from Dave:



Dear Friends,

Hope is in short supply at present, but much needed. Ukraine. Inflation. Covid. It's probably the worst period in world history in my lifetime, excepting perhaps the Cuban missile crisis (but I was too young to notice that). Our children are entering adulthood at a tumultuous time.

Where do we find hope? In peace negotiations? Good politicians and economists? Vaccines? Certainly, the vaccines mean that although Covid is as rampant as ever there are far fewer serious cases and deaths. For such things we thank God.

But Christians place hope on a wider canvas, and it's one we're about to celebrate at Easter. With a cruelty that only the Vladimir Putins of this world could admire, the Romans left crosses up around the Judean countryside, to warn of the terrible death they would inflict on rebels. Many a Jew had been violently executed this way, including a good number of purported Messiahs. On the surface, the crucifixion of Jesus was just the latest Roman brutality.

However, none of those other would-be Messiahs had been raised from the dead. Jesus was, and it is in his Resurrection that we find hope. Not only does it mean that death will not have the final word, it is also the first sign that God is bringing in his new heavens and new earth. Raising the body of Jesus is the first act of God's new creation. It is the first fruits of the harvest to come.

The harvest to come? That's the end of all things as we presently know them, when we too will be raised from the dead. What was Christ's will be ours also.

And in that new creation, God makes all things new. Decay, death, sin, and suffering will be no more.

These things constitute our hope when we place our faith in Jesus Christ. And this hope fortifies us in the face of adversity today. Even if Putin resorts to the worst of weapons and also turns them upon the West, he cannot ultimately win. Easter faith believes in bodily resurrection and new life.

Likewise, Covid will not have the last say, for in God's new creation there is healing and restoration.

Nor can inflation, even though we face a terrible situation where more people will be pushed into poverty and forced to choose between heating and eating. The new heavens and the new earth will contain all we need and more for life in our Spirit-animated resurrection bodies.

Of course, all that is in the future, but I am not proclaiming mere ‘pie in the sky when you die.’ This Christian vision of hope motivates us now. There are some words attributed to that great saint, Augustine of Hippo. (I say ‘attributed’, because we don’t think he did say them, but we don’t know who did!) Here they are:

“Hope has two beautiful daughters. Their names are anger and courage; anger at the way things are, and courage to see that they do not remain the way they are.”

So our hope not only sustains us in the midst of crisis and pain, it also energises us. Just because we have a great future hope does not mean that we are content to leave things as they are. Part of our Christian mission is to call things more into conformity with God’s coming kingdom than they are now. That’s why Tom Wright says the Easter message is this:



**“Jesus is risen, and we’ve got a job to do.”  
What does that job description include right now?**

Sharing the Easter hope with others that it might strengthen them too.

Praying for those facing unimaginable suffering – in Pete Greig’s words, praying for ‘people, pastors, and presidents’ – the ordinary people, the churches, the politicians.

Giving to those who can make a difference on the ground. I repeat the encouragement I gave in a recent Sunday service to give through the agencies that know best how to use your funds, such as the charities in the Disasters Emergency Committee.

Do something practical, if you can. If you are someone with living space you could offer to refugees, then gather information from the Sanctuary Foundation ([sanctuaryfoundation.org.uk](http://sanctuaryfoundation.org.uk)) and the charity Reset, which supports communities and refugees ([resetuk.org](http://resetuk.org)). And our clothes bank, Clothes4U, might be called on by the council, as it was for Syrian refugees.

Write politely and clearly to your MP, expressing what you are concerned about, and what you would like the Government to do. If you are in the Woking constituency, Jonathan Lord’s email address is [jonathan.lord.mp@parliament.uk](mailto:jonathan.lord.mp@parliament.uk) and you can send letters to him at House of Commons, Westminster, London, SW1A 0AA.

You can support food banks, which are going to have an even greater need as inflation, especially with energy prices, hits hard. You can donate food or offer to help. The Woking Food Bank is based at The Lighthouse, and it also has an out-station at Byfleet Methodist Church.

When it comes to Covid-19, you can remain considerate of others, even if you feel confident in facing the risks. You can offer to shop for people who have decided they need to isolate.

I could add so many other things, but this letter is already longer than usual. As we celebrate Easter this year, let us be humbly defiant in the face of the world's troubles. Say it loud, and say it clear:



**Christ is risen! He is risen indeed!**

Your friend and minister,

*Dave Faulkner*

**Dave Faulkner**

minister@knaphillmethodist.co.uk



**COFFEE MORNING**

**AND SALE**



**BOOKS, DVD,  
JIGSAWS &  
BRIC-A-BRAC**

**KNAPHILL METHODIST CHURCH HALL**

**Saturdays 23rd April, 28th May & 25th June 2022**

**10am to Noon**



# Easter Time!

Easter time is here again, but many do not know,  
What this time really means, or what happened long ago.  
Foiled eggs and chocolate treats, are masking the good news,  
We get to take its holidays, but its message we may lose.

How many children know the truth, or parents teach the word,  
The story of Jesus as a man, who came to save the world.  
Our sins he bore on the cross, to save our souls from hell,  
He rose from death to help man, spread words of God to tell.

Let our hearts fill with joy, as its meaning understood,  
To be with God for evermore, in presence of such good.  
Our fleeting life upon this world, is just a moment past,  
But taking God's wondrous gift, it won't be our last.



# Refugees

At this time of great suffering in Ukraine and the large number of displaced people, I thought I would repeat this poem which is so cleverly drafted. Two messages in one poem that certainly sum up the opposing views of refugees who are so much in the spotlight as I write. Don't forget to read the poem in reverse once you have read it in the normal way.



Read this way first

They have no need of our help  
So do not tell me  
These haggard faces could belong to you or me  
Should life have dealt a different hand  
We need to see them for who they really are  
Chancers and scroungers  
Layabouts and loungers  
With bombs up their sleeves  
Cutthroats and thieves  
They are not  
Welcome here  
We should make them  
Go back to where they came from  
They cannot  
Share our food  
Share our homes  
Share our countries  
Instead let us  
Build a wall to keep them out  
It is not okay to say  
These are people just like us  
A place should belong to those who are born there  
Do not be so stupid to think that  
The world can be looked at another way....

Then read this way...



## Robb Peters...



Some photos of Robb who very sadly passed away on Tuesday 29th March at home in Horsell. KMC send their love and sincere condolences to Sylvia, their daughter Fiona and all the family at this difficult time. He will be sorely missed by us all.

KMC Church Family also wish to express sincere condolences to **Joan Bearman** and her daughters, Alison, Maria & Julie on the sudden loss in January of John, husband and father. Our thoughts are with the whole family as they mourn his loss.

### ...and a message from Joan:

During the last lockdown my life changed dramatically when my dear husband John to whom I had been married for 58 years, suddenly passed away at home (as he would have chosen to go). It was sudden and I was in shock, but not really surprised because only two days before his GP had told him that if he didn't agree to go into hospital there was nothing else she could do to help him. However, he was adamant that he wasn't going anywhere.

He died on 22nd January and because he died at home there was a long delay before the funeral could take place because we had to wait for a coroner's report. So it was that we had to wait until March before we could formally say goodbye.

This long wait however did give me time to grieve and I felt very looked after and loved by all the church family as well as my own blood relatives.

I genuinely think God was very good to me at this time as nobody's life had been normal up until that point. Normal life as it had been had stopped for everyone.

I received 65 bereavement cards and it was a very emotional time knowing that every time someone wrote our name that they were sending us their love. So as I say I felt very loved and supported and I thank you all.

We finally laid John to rest on 10th March which would have been his 82nd birthday – he would have liked that because he liked to be very neat and tidy about things.

Of course I miss him dreadfully but I feel very loved and supported not just by personal family but by all of you, my church family. So, a big thank you and God bless you all.

## **THANK YOU KMC FAMILY**

I wish to thank all my KMC family for their love and support over the last year. It was this time last year that we had the news that my beloved brother Ron had terminal cancer. Phillip, my husband had a stroke in November, and he was in Frimley Park Hospital and Ron was in The Royal Marsden hospital in Sutton. Both only allowed one pre booked visitor for one hour a day, so we shared lots of phone calls from one hospital ward to another.

Phill continues to improve, but sadly Ron died on the 23rd December just minutes before his 73rd birthday on Christmas Eve. He was alone because his ward at St George's hospital in Tooting had COVID and we were not allowed to visit for the last week he was on this earth. I know that he is now in heaven with our Lord.

I am not sure how I would have coped without the love and support of my church family who were so kind with phone calls, cards, flowers, plants and most of all prayers. Dave came to our rescue when we could not get a Minister to conduct the funeral service in Sutton. We wanted a Christian service and Marilyn (Ron's wife) and I were so very grateful to Dave for conducting the service.

One day in January I was feeling very sorry for myself as Ron was my last blood relation, when I realised how lucky I was to have my faith in God and my KMC family with all your love and kindness. God bless you all.

**Shirley Chase**

## **WEDDING BELLS**

**Mike and Sally Allison** are pleased to announce that their daughter **Polly** and her fiancée **Nick** got married on April 9th 2022 at the Priory Church at Bolton Abbey, Yorkshire. They decided to follow Sally & Mike's Yorkshire roots by having their wedding in Yorkshire. Bolton Abbey is one of their favourite locations.

KMC would like to take the opportunity to wish the happy couple all the luck in the world as they embark on married life.



# Thanks from Clothes4U



I would like to thank the team of volunteers who turn up each month to sort through clothing and help our guests. They are very much appreciated.

We have a number of families who come most months and those who are new to us. With the Ukrainian issue I'm sure we'll start to see more new families in the coming months.

Over the years we have collated a great network of support groups who can offer physical help for house and garden clearing as well as financial advice. Therefore, we are working away to help these families during the month too.

Currently we are sorting clothing for 5 year olds to teenagers for both girls and boys and would appreciate any donations you can offer.

Please email: [clothes@knaphillmethodistchurch.co.uk](mailto:clothes@knaphillmethodistchurch.co.uk) to arrange delivery to the church. **Jane Ing**

## Weekly Flowers

Since before the pandemic Shirley and I have been keeping a vase of flowers in the church. We decided to keep it simple in the form of a vase or small arrangement. Special occasions may be booked in advance, to remember Anniversaries, Birthdays etc.

We would welcome anybody who could offer to help us sometimes on the flower rota as it would be good to have others involved. No floristry skills required, just a desire to keep our church looking pretty with a floral arrangement. Please speak to either Gill or Shirley if you feel able to help please. We do have a flower fund made possible by generous donations so it is all paid for so how about volunteering?? Thank you! **Gill Ball & Shirley Chase**



# CAMEO

*Come And Meet Each Other*



Cameo continues to be successful with numbers consistent each week. Thank you to Helen and Ella who help with the smooth running of the meetings and for making the all-important tea and coffee and washing up afterwards.

We've had several interesting speakers over the last few months. Dee Roberts from Holy Trinity came and we reminisced about Christmas Past which was a lovely afternoon with plenty of nostalgia. We had a fun quiz, with lots of laughter. British Legion and Woking Street Angels came to tell us about the work they do and both talks were informative and thought provoking. We gave them both a donation from Cameo, which was topped up by members on the day.

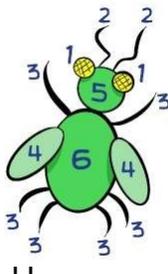
The programme was changed for the last two sessions, as I had met, quite by chance, a couple who were in the UK on furlough from the work they do for Wycliffe Bible Translators in Uganda. They were due to go back to Uganda by the end of March. Their talk was very interesting as Wycliffe translate bibles into local native languages. That's not the official language of the country because in some cases this language has never been written down, so they have to devise an alphabet before they even start the translation! No wonder it can take up to 14 years to translate the New Testament. Robin Spice very kindly postponed his talk on the work of the CAB to accommodate this change of programme.

## The programme for the summer term is below:

- 4th May **Members Afternoon – Poetry Please**
- 18th May **Jules Hopkins – Community Fridge Update**
- 1st June **Sue Hawes – Travels around the World**
- 15th June **Outing to Redfields Garden Centre. Cost £14**
- 6th July *To be confirmed*
- 20th July **Beetle Drive and Tea.**

**Barbara Humphries**

barbara@knaphillmethodist.co.uk



**Do you want to make money for KMC - at no cost to you?**

**Sounds like an idea?**

**Well, since 2016, 28 members of KMC have raised over £850 for the church!**

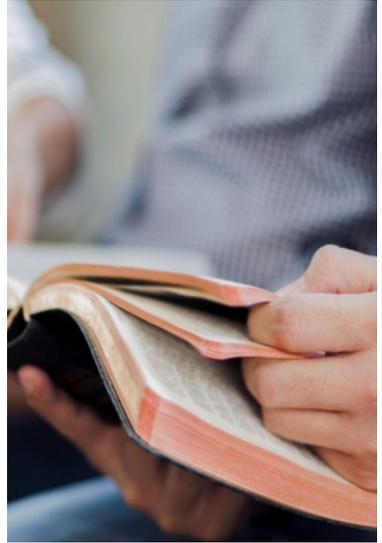
**It has not cost them a penny, and you should join them....**

**Have a look at page 34 for details.**

# Tuesday Morning Fellowship

We continue to meet at Forge End, Anchor Hill every Tuesday at 9.30am. We are now running the meetings as hybrid, with some people in the room and some on Zoom. This can cause some tech problems, but we seem to have ironed out most of them. It is lovely that we can use Zoom as two people who attend on screen live too far away to be there in person.

Over the last few months we have studied Proverbs and also a York Course entitled '*Daring to See God Now*'. We find York courses very helpful to start meaningful discussions. If anyone would like more information or the Zoom link please contact Barbara Humphries on 01483 824469 or [barbara@knaphillmethodist.co.uk](mailto:barbara@knaphillmethodist.co.uk)



**Week: 15-21 May**

This year, 15th-21st May is Christian Aid house to house collection week. I am planning to cover as many roads as I can using a mixture of deliver only envelopes and collectors knocking at doors. I also need volunteers to hold a tin for an hour or so for a collection outside Waitrose at Goldsworth Park on Saturday 14th May (9am - 3pm). I have some volunteers already but need more, so if you think you may be able to help in any way, please speak to me. We raised over £1800 last year, in spite of the pandemic and the restrictions.

There will also be a fun event on 21st May, at Goldsworth Park. Sponsored volunteers will see how far they can carry buckets of water on a route around the lake. The aim of the "bucket challenge", as well as the obvious one of raising money for Christian Aid, is to demonstrate the difficulty so many people in the world, usually women, have in getting water - not necessarily even clean water. Anyone who can go along to encourage participants on the day will be welcome. Many thanks.

**Lynda Shore**

If you miss the collections you may donate online at [christianaid.org.uk](http://christianaid.org.uk)



# Fundraising Update & Summary

from Lynda Shore



Every time I write a piece for the KMC Magazine, or give a report to the Church Council, I feel like Jeremiah, prophesying disaster.

Unfortunately, it is the same this time because our financial outlook is indeed very bleak. As I have reported before, we ended the 2018-19 financial year with a healthy surplus of over £5,000 and 2019-20 was looking equally promising until Covid-19 struck. With the loss of income brought about by closure, we ended the financial year over £4,000 in deficit. The losses continued throughout 2020-21, leaving us not far short of £10,000 in deficit by 31st August 2021.

We have reserves, although these have been heavily depleted by the continuing losses. The issue is that we are not balancing our income and expenditure year on year. I must stress how grateful I am to everyone who continues to give to KMC, whether by regular contributions or by occasional donations. Nevertheless, income from giving has been declining throughout my 8 years as treasurer (about 12% down by 31/8/21). There are a number of reasons for this, the main ones being the departure of a number of members who gave well above average amounts and the need for some members having to reduce giving on retirement, plus the loss of associated Gift Aid. This has meant we have become increasingly dependent on rental income, so much of which we have lost owing to the pandemic. For several years now, our income from giving has not even covered our assessment, let alone all the other essential costs.

We were particularly reliant on Dreamcatchers pre-school, as our most significant hirer, but they too were badly affected by the pandemic and they ceased trading in December 2021. This has left us with very little rental income at present, so it is not surprising that our deficit as at 28th February 2021 stood at £13,000. We are actively seeking new hirers, but on present information, we are likely to end the current financial year at least £17,000 in deficit. Added to that is the fact that the church building is in need of a number of very expensive repairs in the next few years. Thus, it becomes all too clear that we cannot go on for too much longer unless we are able to secure more income in order to balance our books each year.

*Lynda Shore - Treasurer*

# Buzz Underground

If you see me walking along the road in Chobham, and stopping to stare intently at the ground, I have not gone mad – I am looking for bees. Yes, I know that sounds a bit odd – but there are lots of different kinds of bees in this country, and only one of them produces honey for us. My wife, Gay, is very allergic to bee stings, and she is having continuous treatment to make her less sensitive to the stings. And, yes, I keep bees.



Or, rather, they sometimes allow me to keep them. Some years they decide to just disappear, and leave me with no honey – that’s happened for the last two years (I wonder whether they went into lockdown, too? Hmmm...). And some years I have many, many thousands of them. In my first full year of beekeeping I had over eighty thousand bees, who produced a lot of honey for me. Last year I had just one thousand bees, who produced no honey for me at all. This year? I have no idea – the bees themselves will decide!

If you look at the roadside leading down into Chobham from The Four Horseshoes pub, you will see that there is an uneven grass verge. It is too sloped to walk on, and serves only as a border to the pavement, away from the road. The grass is growing on rough, sandy soil that looks only good enough to grow weeds – and it does grow a lot of (short) weeds. There are many small patches that have little or no grass, and in summer if you look carefully at the bare patches you can see holes that are about the size you’d get if you poked a pencil in the ground – some of the holes are larger than others. And what is outside those holes tells you what is living inside them.

There are ants, of course, and they leave a lot of diggings outside, from their underground nests. In August there are some quite large bumble bees, and at about the same time quite a lot of smaller holes, with

different patterns of detritus outside. If you stop and wait and look at those holes you might see bees (and wasps) of many different kinds going to and fro. I look for the tiny bright yellow bees, and the long thin wasps. They, alas, are not friendly together. Quite often you can see a wasp dragging one of the little bees down, underground. The bee will be food for the wasp grubs, during the autumn. And quite often you can see – what shall I call it? - a “discussion” between two wasps – a discussion that often is fatal for one of them (gulp!). They say that nature is red in tooth and claw, but the bees and wasps are yellow, and brown and black in pincers and stings.

In winter, inside their hives, honey bees cluster together in a sort of ball to keep warm. They want to be sure the queen never gets too cold, and they want to keep her ready for Spring for her to produce more eggs. Bumble bees, though, don't live in large colonies and the only way they can overwinter is to go into hibernation underground – it's warmer underground, than on the surface, and out of the wind. The sloping verge in Chobham is absolutely ideal for the bees and wasps, as they are *both* underground *and* up away from any lying water. One place in our garden that bumble bees enjoy nesting is immediately under one of the beehives! The two sorts of bee do not compete with each other – and the bumble bee is really safe there, as it effectively has thousands of stinging guards on duty immediately next door!

So, if you see me staring at the ground at a Chobham roadside, stop and I shall show you the entrances to some bee and wasp nests – doors to the buzz underground. **Ian Kelly**



# Memorial Service for patients of Brookwood Hospital & Botley's Park Hospital

Saturday 5th March 2022 at Brookwood Cemetery

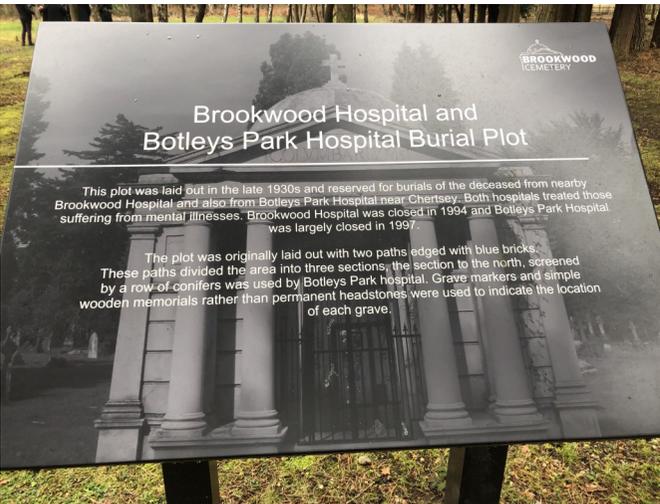
I was nominated by Reverend David Faulkner to represent KMC and myself as a Nurse at Brookwood Hospital.

This Remembrance Service reflected the Christian Brotherhood of Mankind for the many patients who had lost contact with their loved ones. So, this service, requested by Ward Councillor Debbie Harlow was arranged and conducted by Churches for Knaphill. I believe it was a fitting tribute to these patients from the two hospitals in West Surrey. The inclusion of a reading from Psalm 139 and the hymns encompassed the solemnity of this event.



“What a friend we have in Jesus”, showed our human condition and made me think of former patients' circumstances. The next hymn: “Beauty for brokenness”, reminded me of the former patients' journey and hope for

our souls. Finally, after the Commendation, laying of flowers and committal, I felt we from Knaphill, who had gathered for this Service of Remembrance, had done our Christian duty - that we realised their situation and journey in these institutions that had become their home for life.



Here is my contribution from this poignant Service of Remembrance and Committal:

### **BROOKWOOD HOSPITAL**

*Brookwood Hospital for more than a century,  
To human beings, birds and animals a sanctuary,  
The concrete conscience of Victorian humanity,  
Sheltered thousands from stigma in the community.*

*Caretaker of the afflicted mind, body and soul,  
Became a shelter, home, retreat or gaol,  
When with family or community fell foul,  
Brookwood Hospital nurtured priceless souls.*

*For deceased patients, Brookwood Cemetery their home,  
No fond solemn farewell because relations couldn't come,  
So, this peaceful cemetery is their precious resting place.  
Churches for Knaphill warmly remember them in this Service.*

I trained as a Registered Psychiatric Nurse in Brookwood Hospital and worked from May 1973 until May 1996. Here I learnt about patients' mental health conditions. Brookwood Hospital was the patients' home and sanctuary so they were free from the stigma that prevailed in the community. Brookwood Hospital cared for their mind, body and soul. Patients received 24 hour care and therapeutic activities were provided. By 1960 there were no padded cells and no strait jackets as the advent of the drug Largactil (Chlorpromazine) replaced them all. Art therapy, occupational therapy and recreational activities were provided as care and well-being interventions. Cooked meals and beverages were plentiful. When the patients died, Brookwood Cemetery just a mile away, became their home.



(Alan Hunt, CC BY-SA 2.0, <https://commons.wikimedia.org/w/index.php?curid=73010066>)

**Rajendra Chhetri, RGN & RMN (Retired)**

# Easter Joy

Jesus came to earth,  
To show us how to live,  
How to put others first,  
How to love and how to give.

Then He set about His work,  
That God sent Him to do;  
He took our punishment on Himself;  
He made us clean and new.

He could have saved Himself,  
Calling angels from above,  
But He chose to pay our price for sin;  
He paid it out of love.

Our Lord died on Good Friday,  
But the cross did not destroy  
His resurrection on Easter morn  
That fills our hearts with joy.

Now we know our earthly death,  
Like His, is just a rest.  
We'll be forever with Him  
In heaven, where life is best.

So we live our lives for Jesus,  
Think of Him in all we do.  
Thank you Saviour; Thank you Lord.  
Help us love like you!

*Joanna Fuchs*

[www.poemsource.com](http://www.poemsource.com)

# Without Easter

Without Easter,  
there would be no hope of heaven.

Without the hope of heaven,  
there would be no repentance,  
no personal transformation,  
no attempt to follow biblical principles.

Without Easter,  
the world would be in chaos and darkness.

Jesus' death and resurrection  
means we can be reborn,  
to live better, to do better,  
to shine light into the shadows.

Hallelujah!

Happy, Happy Easter.

*Joanna Fuchs*

[www.poemsource.com](http://www.poemsource.com)

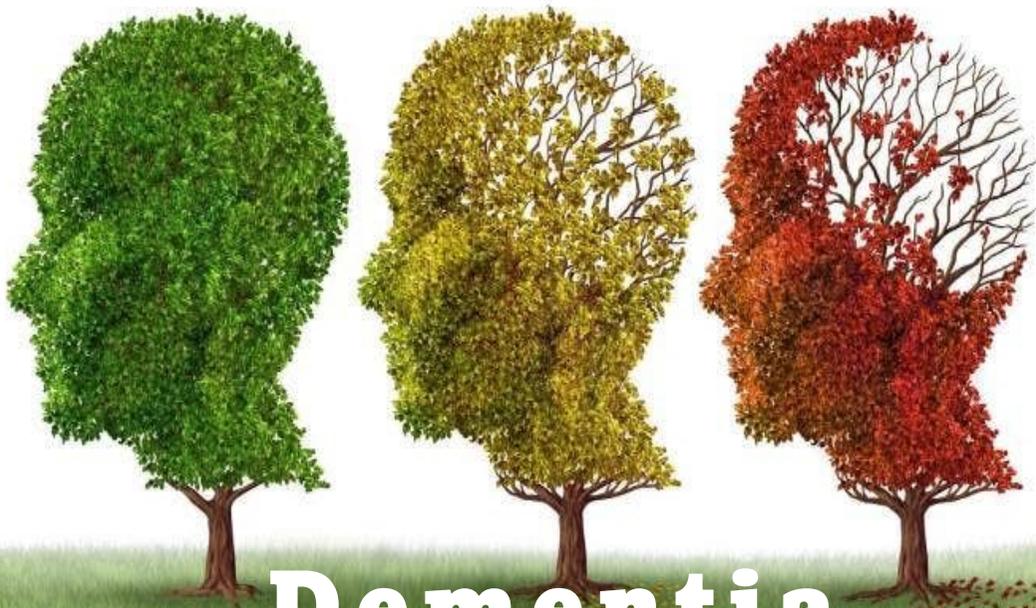


# The Biscuit Quiz

The following are clues to the names of some very well-known biscuits. See how many you can get before looking at the answers at the back of the Magazine. To get you started the answer to No. 1 is Digestive.

1. Your body's internal system
2. A drink with a high salary
3. An Antarctic waiter
4. London ones are black
5. Child's toy
6. An American Whisky
7. A most coveted award
8. Redhead
9. Has lots of members
10. Get at it with 2k
11. Frozen Diamonds
12. Can be found round the cooker
13. Half a loaf
14. We are not amused
15. This drink bites
16. Lucky people get out of the way
17. Drink this before lunch (am)
18. Wanderers luxury
19. Snapoff
20. Boxer

Answers on page 35.



# Dementia

There are a number of churches now who are thinking about becoming dementia friendly. This can include looking at:

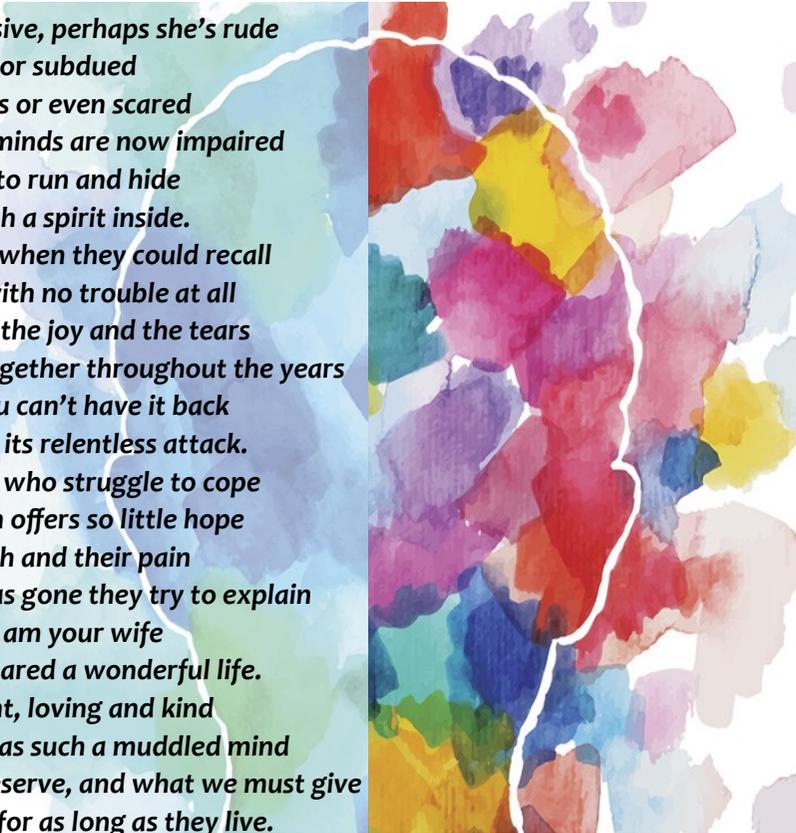
- how welcoming the church building is;
- what pastoral care initiatives are being offered;
- the suitability of church services;
- and who the local community contacts might be with whom resources can be shared.

This article is not recommending that we at KMC should necessarily consider becoming dementia friendly. Such a decision needs to be based on how many of our congregation might be affected. At this point in time, I just want to highlight the condition so we all have a greater awareness of it.

Dementia used to be a subject that was not spoken about even just 15 or so years ago. Now thankfully this has changed and there is much more advice, discussion and education than ever before. This is all to the good because regretfully dementia cases are increasing as time goes by.

It is said that everyone knows someone who has been afflicted by dementia either now or sometime in the past. Not only is it hard to deal with for the person who has this brain disease, but it is also difficult for the people around them; their family and friends. For their carers though, who can often be their husband or wife, it can be extremely difficult and challenging as living with someone who has dementia can mean a caring role 24 hours a day, 7 days a week.

The poem below illustrates the issues faced vividly:



*Perhaps he's aggressive, perhaps she's rude  
Maybe they're quiet or subdued  
You may feel nervous or even scared  
With people whose minds are now impaired  
But before you turn to run and hide  
Look at the body with a spirit inside.  
Remember the days when they could recall  
Friends and family with no trouble at all  
Remember the love, the joy and the tears  
Which you shared together throughout the years  
Now it's all gone, you can't have it back  
Dementia has begun its relentless attack.  
Think of the families who struggle to cope  
With a disease which offers so little hope  
Think of their anguish and their pain  
When recognition has gone they try to explain  
I am your husband; I am your wife  
Together we once shared a wonderful life.  
It's hard to be patient, loving and kind  
To the person who has such a muddled mind  
But it's what they deserve, and what we must give  
Each and every day, for as long as they live.*

It is important to remember that:

**dementia is not a natural part of ageing**

We all forget a name or a face especially as we get older, but dementia is something different. Memory problems are just one of a number of symptoms that people with dementia may experience.

**dementia is caused by diseases of the brain**

Diseases such as Alzheimer's cause the nerve cells in the brain to die, damaging the structure and chemistry of the brain.

**dementia is not just about memory loss**

but it does often start by affecting the short-term memory. Some people might repeat themselves and have problems recalling things that happened recently. However, dementia can also affect the way people think, speak and perceive things, feel and behave.

Other common symptoms include:

- difficulties with concentration
- problems with planning and thinking tasks through
- struggling with familiar daily tasks like following a recipe or using a bank card
- issues with language and communication, for example trouble remembering the right word or keeping up with a conversation
- problems judging distances (even though eyesight is fine)
- mood changes and difficulties controlling emotions. For example, someone might get unusually sad, frightened, angry, easily upset, or lose their self-confidence and become withdrawn.

Whilst it is true that the symptoms of dementia do gradually get worse over time, how quickly this happens varies from person to person. Some people stay independent for years.

However, the good news is that:

**people can still live well with dementia**

Although there is no current cure for dementia, scientists and researchers are working hard to find one.

Until that day comes support and treatments are available that can help with symptoms and managing daily life. These can allow people with dementia to lead active, purposeful lives and carry on doing the things that matter to them most.

## Treatments

There are drugs available that may help with some types of dementia and stop symptoms progressing for a while. This is one reason why it's important to go to the GP as soon as a problem is suspected.

Other things that can help with symptoms of dementia include:

- cognitive stimulation, which might involve doing word puzzles or discussing current affairs
- life story work, sharing memories and experiences with a carer or nurse to create a 'life story book'

keeping as active as possible – physically, mentally and socially – which can boost memory and self-esteem and help avoid depression. This includes attending church!

## The table below lists what to look for and how to respond:

Sign	How to Respond
Staring or “daydreaming”	Observe and gently offer help if appropriate
Memory problems Not knowing what to do Forgetfulness	Observe and gently offer help if appropriate
Looking confused Not focussed	Gentle reassurance and offer of help
Spatial awareness Bumping into things Lack of confidence	Observe. Offer guidance and a friendly arm
Stammering Stuttering	Be patient. Sometimes taking the person to what you think they are talking about can be a great help
Speech repetitiveness Clock watching e.g. asking “what’s the time” repeatedly	Patience and a helping hand. Let the person say the same thing again, it will help their self-esteem if you don’t cut them off mid-sentence
Poor money handling (in a church café or similar)	Be patient and understanding Without being intrusive, offer to help them count the money out. Don’t hurry the person, raise eyebrows or “tut”
If you have concerns about the individual	Speak to the minister or one of the pastoral team

### Top Tips:

- Approach the person in a friendly manner
- Establish and maintain eye contact
- Talk slowly and clearly
- Give time for a response – you may have to repeat what you say several times
- Don’t hurry them, be patient
- Don’t get involved in an argument
- Be gentle and kind
- Never argue, instead just agree with what is being said
- Do not reason, but instead divert the person’s attention
- Never say “remember?”, instead use “reminisce”.
- Treat the person with dementia as a member of your own family

Robin Spice

## People in Profile - Mike & Liz Funning



For **People in Profile** this Easter the spotlight falls on the Funnings who have been attending KMC since 1980, having moved to the Woking area from Leicester in the 1970s.

Both Mike & Liz have non-conformist backgrounds and have attended a Methodist Church (Liz) & Baptist Chapel (Mike) from when they were very young. Mike, who hails from a village in the Neath valley known as Resolven, South Wales to Liz who was born in Shirley, Croydon.

Both Mike's grandfathers were miners. His father, following a long illness, worked in a family grocery business before moving to work in a factory where he was a manager. Although Mike did not pass the 11-plus he was still able to go to a grammar school in the area after several pupils left the area. After taking his A-Levels Mike moved on to Leicester University to study Biology.

In the meantime, Liz went to a convent grammar school before she too started at Leicester University to study Sociology.

In Mike's first year in Leicester he stayed in halls but for his second year he moved to a shared house with four other guys some of whom knew Liz and this is how Mike & Liz met. And the rest, as they say, is history!

After graduating in 1972 they married a year later and set up home in Leicester. Mike started work in accountancy as an articled clerk while Liz joined Leicester Social Services where she was seconded for 12 months to do a course in social work.

Their first born, Gareth, was born in 1976 at which point Liz gave up work but not for long. A year later she started work part-time doing preventative work with young offenders. Their second son Ben was born in 1979 following which Liz continued to work part time.

Around this time, due to her father's illness, it was decided they should move to Surrey to be closer to Liz's parents. As Liz's brother lived in the Addlestone area too, they eventually settled in Woking, before later moving to Pirbright where they still live to this day.

As a result of the move south, Mike transferred to his firm's office in the City near Holborn. However, he did not enjoy the commuting due to the hours away from home so after a year he changed jobs and worked for a firm of housebuilders in Banstead.

Mike eventually became Finance Director of an electrical firm in Sheerwater from where he retired in 2007.

Liz gradually increased her working hours over a period of time until she was eventually working full-time. She continued helping young people and became knowledgeable about substance abuse issues before moving into health education and working for the NHS. She later studied for a Masters in Health, Personal and Social Education on a part-time basis and also took a Diploma in management.

Liz managed various departments and chaired various committees up until the time she retired in 2009 and worked in partnership with a number of other organisations including the police and social services. During this period Liz's work involved, amongst other things, suicide prevention, gypsy and traveller health as well as supporting people with mental health problems to improve their skills and find work.

Within KMC both Mike and Liz were very active. Within a few weeks of joining KMC, Mike became a member of the Finance & Property Committee and was eventually Treasurer for a number of years. He also undertook similar voluntary work for the Night Shelter and the Ockenden Venture in Woking.

Meanwhile Liz helped set up a cubs pack who met regularly at KMC at that time and only gave this up when she was studying for her Masters. Liz also led Junior Church for a while as well as the Young Youth Fellowship.

Ultimately Liz became KMC's Safeguarding Officer, a post which she also held within the Circuit for around 10 years. More recently she can be found singing as a member of the Worship Group on a Sunday.

In his younger days Mike played rugby both at school and university. His love of rugby continues although his serious playing days with the Guildfordians rugby club ended when he was in his 30s due to an eye injury.

Later when his son Ben took up running, Mike decided to give this a try, initially as a fund raiser for Marie Curie following his father's death with cancer. He found he really enjoyed it and soon felt able to do the London 10k run 5 times and the 10 mile Great South run 3 times.

Mike & Liz are very settled in Pirbright and can often be found walking around Brookwood Cemetery which is just across the road from where they live. They are currently having some building work done to increase their downstairs floor space which will mean a bigger kitchen that will look out onto the garden, something which they are looking forward to being able to do.

It may not be surprising to learn that Mike's favourite hymn is "Guide me O Thou Great Jehovah", which came out of the Welsh Methodist Revival, written by William Williams in 1745. Twenty-five years later in 1771 a Rev Peter Williams translated the first verse into English prompting William Williams to translate the rest of it into English as well.

Liz highlights her favourite hymn as being "Lord Jesus Christ" which was written by an Anglican priest and at the time youth minister, Patrick Appleford and first published in 1960. It was written for the youth club in the East London parish of Poplar during Appleford's appointment there from 1952 to 1958. So this choice of hymn is quite fitting given Liz's past career and voluntary activities over the years. Liz is particularly taken with the last verse which she feels is a real statement of commitment.

***Lord Jesus Christ***

***I would come to you***

***Live my life for you,***

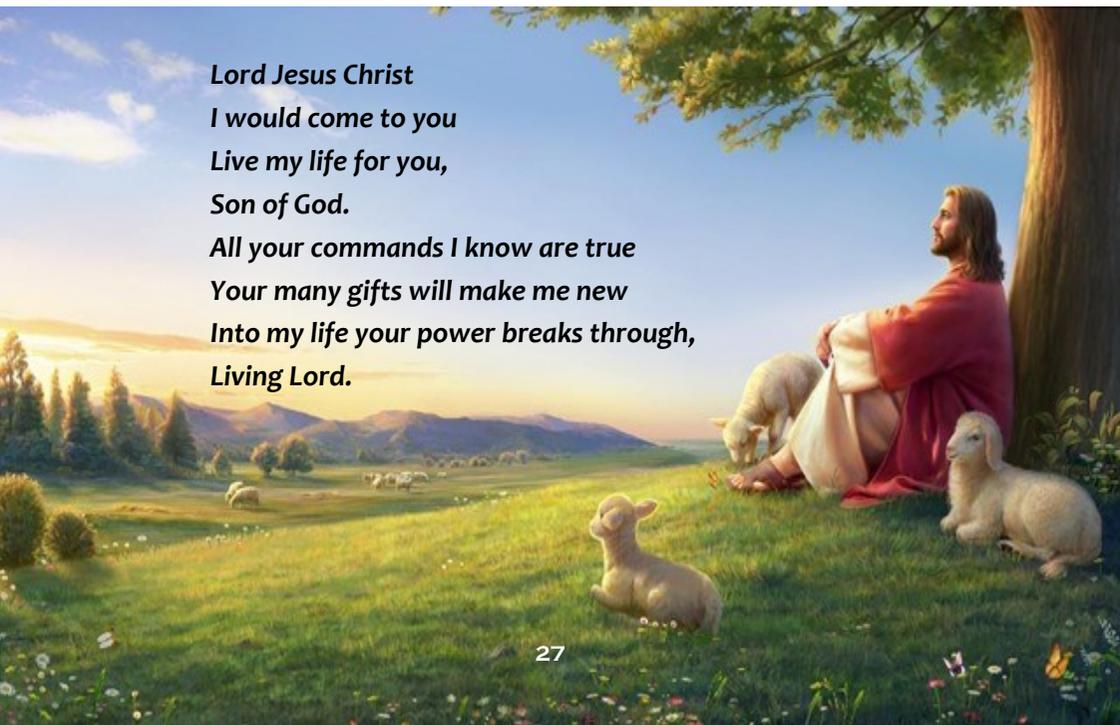
***Son of God.***

***All your commands I know are true***

***Your many gifts will make me new***

***Into my life your power breaks through,***

***Living Lord.***





# COFFEE MORNING



AND

# SALE

IN AID OF

# KSSX

AIR AMBULANCE CHARITY  
KENT SURREY SUSSEX

**Bacon Butties!**



There will be various stalls including:  
Cakes, Tombola, Guess the Weight of the Cake, Guess the Name of Teddy, Guess How Many Sweets in the Jar & Brick - a - Brac.

*Offers of help and donations of items welcome!  
Contact Tarina Berry*

**TO BE OPENED BY THE  
MAYOR OF WOKING**



**CHURCH HALL**

**Saturday 8th October 2022**

**10am to Noon**

**[www.knaphillmethodist.co.uk](http://www.knaphillmethodist.co.uk)**

# EASTER FLIGHTPATH

I now realise, my God,  
this life is on a lease;  
I am a victim of "the Fall",  
indeed, a wretched sinner;  
I beg for my soul's release,  
for your ears not blocked,  
nor your mercy rationed,  
Lord, I love You above all,  
And persevere to do Your will;  
to love as myself my neighbour;  
your sacrificial Son the Redeemer  
mercifully free me from Adam's sin,  
And set off my mind and soul to heaven;  
otherwise, a visa on the passport to hell;  
--Hallelujah, I'm aboard for the Easter Sun..

*Rajendra Chhetri 18th March 2001*

## EASTER

On the victorious cross of my saviour,  
where many a lost soul seeking the redeemer  
discovers his love in the holy crucifixion,  
the promise of eternal life on his resurrection.  
So let us regenerate our faith this Easter,  
in the omnipotence and eternity of our Creator,  
partaking as true disciples in his communion  
for he promises us a place in his father's mansion\*

*\*John 14.2.3*

*Rajendra's reflection on the sacrifices of  
Jesus Christ for our souls' redemption.  
(Originally in March 2002.)*

# News from Ruth Pugh in Durgapur

*Ruth is working in India for the Diocese of Durgapur, under the Church of North India (CNI) part of the Methodist Church. Her main role is to teach children music, specifically to play string instruments. She also trains them to be Cathedral musicians enabling them to play for all the services at the Cathedral. Ruth also coaches them to take The Associated Board of the Royal School of Music (ABRSM) and Trinity College London (TCL) exams. The ultimate aim is so they can get jobs as teachers teaching Western Music or playing professionally in orchestras. Ruth also works as a music teacher at a school in Perulia and at another school to help with music in pre-primary classes.*



Dear Friends at Knaphill,

A happy, happy Easter to you all.

There's never a dull moment here. Sometimes, I am never sure what is happening next. The older children finally returned to the hostel in September, having been home for 18 months, except for the oldest two, Priyanka and Sonia who were here from February. They have all grown so much; they are not the little children that were here when I came but now big teenagers. We had a great Christmas. They danced and played at the Diocese Christmas Tree programme and for the Christmas services before leaving to go home for Christmas leave.



Omicron came so again the children didn't return immediately so I was left with a couple of musicians. Then at the beginning of February the government gave two days' notice for Class 8 (Year 9) and above to start school in person. Children returned. About 10 days later they issued notice that schools had to be open for all students Class 1 and above. So more children returned. At this point it was the end of the academic year for the English Medium school which meant they all had one day in school and then did their exams online, which I supervised. They all passed and have been promoted. There was a big improvement in marks from the first half of the year when they were doing online classes, if able to, in their homes with the older ones in the hostel. The Bengali Medium school are now all back and in school busy catching up because they had no online classes, only worksheets set every month.

I'm still dividing my time between children and music, St Peter's school teaching,

and cathedral duties. Most of the time it works out. This last week has been particularly busy as during Lent we have an extra Wednesday evening service, and we also have Lent prayers in members houses. Father Sam was away last week with the Stewardship team, so I had the privilege of leading the home Lent prayer meetings in three homes as well as the evening service and preaching on



Sunday. I'm still learning much as I go along. Last year due to Covid there were no home prayer meetings, so this is the first year I have been doing them. As part of a prayer meeting here there is a meditation on God's word. The cathedral pays a pension to a 93-year-old lady, and I had the privilege of meeting with her and praying for her.

For over a year now the DWFCS (Diocesan Women's Fellowship for Christian Service) has met for a Zoom prayer meeting every Friday at 6.00pm. This is a great time of fellowship and of being together and it is continuing even though our Covid restrictions are being lifted. Our Diocese is so spread out across 8 districts of West Bengal it is a way to meet without hours of travelling.



The Diocese is celebrating its Golden Jubilee this year and we will have a year of celebrations from 1st July 2022 to 1st July 2023. It will have many events and programmes over the year that everybody will be able to join, some together as a Diocese, others in zonal areas where churches can meet and share. We have much preparation and prayer now for this and hope that by the end some of our international friends will be able to join us in our celebrations.

I oversee the children going to St Michael's and am the contact between the

school and them. Many WhatsApp messages are received every day as I have all of them coming to me, but it has been good having a closer working relationship with their teachers. We have a new principal Mr. Charles J. Nyss. The previous principal Mr Mathew John had moved on at the beginning of the pandemic in 2020 so the Vice Principal held things together until Mr. Nyss arrived in October. He has two sons, one in Class 12 and one in college and they have become part of the cathedral musicians. We now have 5 or 6 musicians from the cathedral family who play with the musicians, which is great because it means we can still have music when the hostel children take leave.

My teaching has expanded to others in the Diocese, and I have a class of 6 or 7 violinists on a Saturday afternoon, with 3 student teachers. I shall also be taking some classes at Durgapur United Church after Easter; this has been postponed for 2 years due to Covid. Sameer Masih, my assistant music teacher and student, is also starting some Zoom classes for churches further away so that we can bring music into as many churches as we can, as we all know how much it enhances our worship.

The cathedral continues to celebrate many different special days. This year the Annual Thanksgiving service was streamed from the cathedral. However, each church also had the same service, so the Diocese celebrated together in their own churches too. Our Harvest service, normally in January, was moved to the end of February and we also celebrated International Women's Day.



### **Our Harvest Auction**

Please pray for:

- ✠ my continued good health, especially in the heat, already 38C every day.
- ✠ Priyanka and Rupam as they sit their Class 12 Board exams from 26th April to 13th June.
- ✠ the new academic year in St Michael's and that the children settle back well into offline classes.
- ✠ the Diocese Golden Jubilee celebrations.
- ✠ my being able to return for a visit this year.
- ✠ all the expanding music projects in the Diocese.

Thank you for your continued love and support, yours in Christ,

**Ruth Pugh**

# An Easter Prayer for Peace (Nahum 1:7)

Our Father, up in Heaven, hear this Easter prayer;  
may the people of all nations be united in thy care,  
for earth's peace and man's salvation  
can come only by this grace and not through bombs and missiles  
and our quest for outer space for until all men recognise  
that "the battle is the Lord's".

And peace on earth cannot  
be won with strategy and swords,  
we will go on vainly fighting,  
as we have in ages past,  
finding only empty victories  
and a peace that cannot last.  
But we've grown so rich and mighty  
and so arrogantly strong,  
we no longer ask in humbleness  
"God, show us where we're wrong"...

We have come to trust completely  
in the power of man-made things,  
unmindful of God's mighty power  
and that he is "Kings of Kings".

We have turned our eyes from Him to go our selfish way,  
And money, power and pleasure are the gods we serve today  
and the good green earth God gave us to peacefully enjoy,  
through greed and fear and hatred we are seeking to destroy...

Oh, Father, up in Heaven, stir and wake our sleeping souls,  
renew our faith and lift us up and give us higher goals,  
and grant us heavenly guidance as Easter comes again -  
for, more than Guided Missiles,  
all the world needs Guided Men.

*Helen Steiner Rice (submitted by John Mynard)*



# Help out when you check out

Collect **FREE** donations for  
Knaphill Methodist Church  
every time you shop online



## *It really is easy as 1, 2, 3...*

1. Go to [www.easyfundraising.org.uk/causes/knaphillmethodist](http://www.easyfundraising.org.uk/causes/knaphillmethodist) and join for free - or scan the QR code on your smart 'phone:
2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.. You can even download an App that will remind you!
3. After you've checked out, that retailer will make a donation to your good cause for **no extra cost whatsoever!**



There are **no catches or hidden charges** and KMC will be really grateful for your donations. Since 2016, we have raised over £850 to date with only 28 people contributing... please join us - **more people, more money, simple!**

# KNAPHILL METHODIST CHURCH



**Knaphill Methodist Church, Broadway, Knaphill, Surrey.**  
**GU21 2DR Minister: Rev Dave Faulkner 01483 472524**  
**minister@knaphillmethodist.co.uk**  
**www.knaphillmethodist.co.uk**

## **SUNDAY SERVICE**

### **10am - Morning Worship**

*(includes facilities for children)*

Our services are warm and cordial. We include traditional and contemporary hymns and songs, led by our Worship Group. Masks are no longer obligatory.

The sermons are Bible based and are sometimes themed over several weeks. Holy Communion is generally on the 2nd Sunday of every month. After the service everyone is welcome to join us for refreshments; a time for a chat and to get to know each other.

We have a special Family Area at the back of the church with lots of things for children to do.

For further information see the notice boards outside the church or contact: minister@knaphillmethodist.co.uk

This is a Q code - scan it with your Smartphone to go straight to our website



## **A NOTE TO CONTRIBUTORS**

This Magazine has a wider readership than just within KMC because it is published on the KMC and Circuit websites as we want to be able to share it with the other Churches.

However, we recognise some contributors may be uncomfortable with being mentioned, particularly on the internet. I will therefore be happy to omit names and any other personal details in any future issue if requested to do so.

**Editor** (email: editor@knaphillmethodist.co.uk)

### **Answers to the Biscuit Quiz on page 18:**

1. Digestive
2. Rich Tea
3. Penguin
4. Taxi
5. YoYo
6. Bourbon
7. Blue Riband
8. Ginger Nut
9. Club
10. Kit Kat
11. Iced Gems
12. HobNobs
13. Shortbread
14. Victoria
15. Brandy Snap
16. Jammie Dodger
17. Morning Coffee
18. Gypsy Cream
19. Breakaway
20. Rocky



# Services @ KMC

- 10th April** 10am Palm Sunday & GCM - Dave Faulkner
- 14th April** 6.30pm Maundy Thursday Meal & Communion
- 15th April** 10.30am Good Friday Service  
*at St Hugh's, Victoria Road*
- 17th April** 10am Easter Sunday Holy Communion  
- Dave Faulkner
- 24th April** 10am Morning Worship
- 1st May** 10am Morning Worship - Hugh Bowerman
- 8th May** 10am Holy Communion - Sydney Samuel Lake
- 15th May** 10am Morning Worship - Dave Faulkner
- 22nd May** 10am Holy Communion - Graham Warr
- 29th May** 10am Morning Worship - Margaret Waters

Services beyond May will be listed on our web site when known.

**COFFEE MORNING AND SALE**  
10am to Noon

## Dates for 2022:

23rd April

28th May

25th June

23rd July

27th August



Pre-booking is no longer necessary to attend Sunday services.

Just come along on a Sunday morning at 10am!

Please wear a face masks at "pinch points" in the building. Other than that, you are free to wear mask or not, but please be respectful of others' wishes.

**[WWW.KNAPHILLMETHODIST.CO.UK](http://WWW.KNAPHILLMETHODIST.CO.UK)**