

# Benefice Events E-Letter

Dawlish with Holcombe & Cofton  
Sunday 8<sup>th</sup> May

Last week, Dallas wrote in the newsletter about the need within the Benefice and across all churches for more people to volunteer for tasks or responsibilities, events and groups.

I must admit, this did get me thinking, about my time and how I use it. Like lots of people, when I'm asked how I am, my stock answer is 'Busy!' I know I'm not alone in having a lot of responsibilities to juggle and not enough time to fit everything in.



Oliver Burkeman recently wrote a book about time management. If you don't have time to read it (!) he also did a [TED talk](#) on the same topic. But the upshot is – the average person, if they live to be 80, will have 4,000 weeks available to them. Most of us will have already used a sizeable chunk of that time. If you're anything like me, you have a never-ending list of projects to be finished, continual to-do lists, work to do, emails to reply to and so on. I am so busy, all of the time, continually trying to work out how to fit more things into my day – and often, these are things I don't really want to be doing (ironing is a fine example). I

wonder sometimes how 'busy', ended up becoming so normalised – almost a status symbol. Burkeman's solution to time management is not to do more, nor is it a drive towards improved efficiency. Simply – knowing that our time is limited and precious, how do we want to use it? What is important to us? How do we want to best manage our own

responsibilities and the things that we enjoy? Of course, the answer to this will be different for each person. But I imagine that for many of us, our church family and friends would probably be included somewhere in our list of things that we care about and are invested in. To that end, I at least, have thought more about how I could volunteer or help others in St Gregory's where I can – even if it is just occasionally and for the events and projects that



I'm particularly passionate about. We all have different interests and skills; some of us are already heavily involved in different activities. But if you're like me, every so often, I have resolved to make a decision to use my time differently. And ignore my ironing pile. 😊



Have a blessed week,

Sabrina



## **Notices**

### **St Gregory's:**

- Volunteers to open St Gregory's in the week (this will be a minimum of two people, as required by our lone working policy). When the church is open, we receive visitors. We are missing out on this happening at the moment.
- Sidespeople - we would welcome more volunteers. If you are already a sidesperson or are willing to help in this way please email Nicola Twibill ([nicolatwibill@btinternet.com](mailto:nicolatwibill@btinternet.com)) or speak to Leena Halse (01626 866054), so the PCC can approve you at the next meeting!
- Cleaning - a small church cleaning team meets on Friday mornings. Please speak to Leena Halse if you can help. Any extra help, even occasional, would be appreciated. The BIG CHURCH CLEAN for the Platinum Jubilee will be on Friday, 20<sup>th</sup> May from 9:30 am. DON'T MISS OUT.
- On a Sunday morning for Holy Communion we used to have x3 people on the rota to act as sacristan (person that sets up/clears away for the Holy Communion service). We now only have one person available to do this – if you can help with this, please let Dallas/Sabrina know.

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## **Services**

- 8<sup>th</sup> May                    9.30am St. George's – Morning worship  
                                  10.00am St. Gregory's –  
                                  Holy Communion  
                                  11.00am St. Mary's – Holy Communion
- 11<sup>th</sup> May                    10am Midweek communion  
                                  @ St Gregory's
- 15<sup>th</sup> May                    9.30am St George's - Holy Communion  
                                  10am St Gregory's – Greg's @ 10  
                                  11am St Mary's - Morning worship



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## **Dallas Annual Leave**

Dallas is away from the 2<sup>nd</sup> until the 8<sup>th</sup> May. There will be no Tuesday prayers this week.

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## **Tuesday Prayers**

Tuesday prayers will be continuing next week as usual – see the below link:

Topic: Dallas Ayling's Zoom Meeting

Time: 10<sup>th</sup> May, 2022 09:00 AM London

Meeting ID: 659 184 2294

Passcode: 995468

Join Zoom Meeting

<https://us02web.zoom.us/j/6591842294?pwd=hakfR92W-WBnpI1CBn5jr6oxpSCzOg>

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## **Jubilee Yarnbomb**

We are looking to get those in the community who knit & crochet involved in the creation of our Jubilee Yarnbomb. We also need folk who can help us attach the items.

If you could do either, please contact Val at: [valhempstock52@gmail.com](mailto:valhempstock52@gmail.com)

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## Jubilee Celebration at St Gregory's

A big thank you to those who are helping with planning and preparation. And thank you to those who have already signed up to help with flowers, stewarding and refreshments. More volunteers are still needed. The next planning meeting is on Monday, May 9<sup>th</sup> at 2:30 pm.



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## Deanery Confirmation

Bishop Jackie will be taking a service of Confirmation for the Deanery on Sunday 14<sup>th</sup> August at 10.30 am at Christow. If anyone is interested in being Confirmed would you please let me know so that we can arrange for Confirmation preparation for any



candidates. For those unsure about Confirmation it is for anyone who has been baptised who wish to confirm those baptismal vows whether made on their behalf as a little child, or even later on as an adult. Like baptism in the C of E we only do this once. Often today people have come from different denominational backgrounds. Baptism in any trinitarian church is accepted as Baptism but sometimes people settle into another denomination. In the C of E this is an opportunity for people to confirm their faith within that tradition. If anyone

worships with us who has not been Baptised and is interested, please do speak to me to talk about any steps towards this too which you would like to take. For adults who have not been baptised and there is an opportunity for Confirmation this often takes place at the same time by the presiding Bishop, although there is a choice of being baptised in your own church as Confirmation services don't come around as often as they used to. Dallas.

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## A Good Safeguarding Foundation for PCC and DCC members



Thanks and welcome to new PCC and DCC members at St. Mary's, St. George's and St. Gregory's! Safeguarding is a very important part of our church life and focuses especially on how we support and care for the vulnerable as a mission community. It looks at the way we care for each other, particularly children, young people and older people who need care and support.

All PCC and DCC members are now asked to take two Safeguarding courses – Safeguarding Basic Awareness and Safeguarding Foundation. Safeguarding Foundation is a new requirement since January of this year. These courses are available on line on the [National Safeguarding Training Portal](#).



For anyone who would like face to face training, we have arranged a Safeguarding Training morning – Basic Awareness and Foundation at St. Mary's Hall on Saturday, June 11<sup>th</sup> from 9:30 to 12:30. The course will be delivered by Sue Davies, who is a volunteer trainer within the diocese. Please book a place as soon as possible by calling Will Halse on 01626 866054 or emailing [willhalse@yahoo.co.uk](mailto:willhalse@yahoo.co.uk). This is so that we have an early idea of numbers.

Thank you again!  
Penny Foster, Will Halse and Barbara Rains  
Your Safeguarding Reps

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If you would like any support, or someone to talk to, or you are aware of someone else who would appreciate contact please ring one of the following:

Revd. Dallas Ayling: 867386

Margaret Noel: 863148

Will Halse: 866054