



CHET CONTACT

Produced by the Chet Valley Churches

October 2024



QUIZ



Chet Valley Churches

All Saints, Chedgrave

**Come to the Quiz and Supper on
18th October 2024**

Starting at 7:00 pm

*a supper of baked potatoes and fillings
followed by delicious puddings
will be interspersed with quiz rounds.*

Suitable for all ages.

£12.50 full price

Concessions £10.00; families £35.00

***Come on your own or as a group—
each table of eight will play as a team.***

**Tickets from Rev Alison 528126
ball880am@btinternet.com**

Chet Valley Churches Information

Clergy

Ros Hoffmann: 01508 548200 roshoffmann2011@gmail.com
Alison Ball: 01508 528126 ball880am@btinternet.com
Jill Haylock: 01508 520248 jillhaylock@aol.com
Martin Keenan: 01502 560178 martin.keenan@methodist.org.uk



To contact Members of the Clergy during the vacancy, please use this e-mail address: clergyCVB@gmail.com

To arrange baptisms and weddings please contact Rev Alison.

To arrange a funeral or interment of ashes please contact Rev Jill.

For prayer requests or home communion please contact Rev Ros.

Postal address: St John's Chapel, George Lane, Loddon NR14 6NB

Phone: 01508 520897, Email: website.chetvalleychurches@gmail.com

This phone and e-mail account are also being monitored regularly.

Church Websites

Chet Valley Churches www.chetvalleychurches.org
The Diocese of Norwich www.dioceseofnorwich.org



Chet Contact

Editors: Alison Ball, Roger Outlaw
Advertising: Peter Webster
Treasurer: Paul Mizen
Distribution: Roger Outlaw 01508 528710 and team
Printing: Roberts & Son 01508 520221

Copy Deadline is always noon on the 8th of the month; earlier submission is welcome. We have to deliver to the printer on the 9th of the month.

Email submissions to c.magazineloddon@gmail.com.

Please include your name and telephone number.



Chet Contact is published monthly
(double issues in July/Aug & Dec/Jan)

Donations

Contributions towards production costs of Chet Contact, can be made as follows:

Account Name: Chet Contact Magazine, Sorting Code: 20-92-08, Account No: 70724742

Disclaimer

Advertisements are included in good faith, but Chet Valley Churches do not necessarily endorse the products or services advertised. Similarly, the opinions expressed by contributors are not necessarily those of the Chet Valley Churches.

From the Editor

So, the youngsters are back at school, there are tinsel, cards and mince pies in the shops and there are (at time of writing) 107 shopping days until Christmas. “And we’re not even at Halloween”, said my son. It amazes me how quickly the world wants to rush us from one thing to another.

I’ve barely got back from my holidays—to The Lake District, where it was warm, fine and sunny except for the first day. That day we were promised sun at 4:00pm, so we set off in the afternoon for a walk, bought the obligatory ice cream, and were just on our way up Castle Crag when a rainbow appeared followed by glorious sunshine and blue skies. One of my friends had told me that it had been cold and wet all summer in the Lakes, and that was what we were expecting. I was happy to send her sunny pictures (“spot where I am now”) and she admitted that Lakes residents tell everyone that it rains all the time to keep the tourists out! If you got away, I hope you were blessed with a lovely refreshing time.

Back to Christmas though, and you will find notice about the Victorian Evening, the Pub Carol Service and the Community Christmas Choir in this edition. Do jot down the dates and come and join in with these events. The more the merrier!

Alison



Contents

<i>Front Cover: Whitehouse Lane, Sisland. RYBall</i>			
Regular items		Highlights	
Across Chet Valley Churches	7/9	Quiz and Supper	2
From the Parish Registers	11	Thanks yous	11
From Your Local Councillors	13	Pub Carol Service	11
Parish Council News	15-21	Allotments available	15
Church Notices and Services	24-25	Loddon Band Concert	19
Community News	13, 21-37	Children’s Society Boxes	26
History Society	39	Christmas Community Choir	26
Read Any Good Books Lately?	41	Loddon Community Cinema	29
Nature Notes	43	Hardship Funds	35
Allotment/Garden Notes	45	Victorian Evening	37

Ministerial Musings

One night in October, when my niece was little, I told her that she would have to put her clock back. She replied, “I don’t have a clock”. Children do take adults literally! This year on the 27th of October the clocks go back an hour. British Summer Time will be over for another year as we return to Greenwich Mean Time.

A few years ago, I travelled to France and Belgium over the last weekend in October. Our watches were showing BST and on arrival we had to put them on an hour to Central European Time. Then on the Sunday we had to put our watches back an hour, and then, as we arrived back in England, they had to go back another hour to GMT! That was very confusing.

Standardisation of time came about because of rail travel. Each large town had its own time which matched the position of the sun but as trains started travelling greater distances, all these different times caused confusion.

Putting clocks forward originated during WWI to provide what was called daylight savings. During WW2 double summer time was introduced which meant daylight lasted well into the evening. There have been experiments and discussions around whether clocks should be altered but for now, we fall back an hour in October and spring forward an hour in March.

All this made me think about time and how we view it. How often do we say that we don’t have time, or that time flies? For some people time drags, others need to kill time because they have too much time on their hands. We know that when we’re having fun time seems to go quickly.

Time is in God’s hands. In Ecclesiastes we read that there is a time and a season for everything (*Ecclesiastes 3:1-8*). God’s perspective of time is different from ours. The psalmists wrote that ‘A thousand years in God’s sight are like yesterday’ (*Psalms 90:4*), and that ‘My time is in your hands’ (*Psalms 31:15*). Time changes and we might change with the times too, but God remains the same yesterday, today and tomorrow.

Rev Ros





LODDON PRIMARY FEDERATION NURSERY

Teacher-led nursery education offering:

- Funded places for 3-4 year olds
- Access to early years curriculum
- Safe secure learning environment
- Dedicated outdoor area

Our Foundation Stage Area for Children in Nursery and Reception, provides a child-centred curriculum which helps children learn, develop confidence and independence and also have fun at school

Come and visit us

TEL: 01508 520118

KITTENS LANE, LODDON, NR14 6JX

www.loddonprimaryfederation.co.uk



Gillingham Early Years

Ensuring individual growth and learning in a nurturing, loving and enabling environment

01502 471861 / 07506544360

gillearlyyears@gmail.com

We are situated behind Gillingham Village Hall and open from 8.30 to 4, Mon to Thurs & 9 to 3 Fri term time for 2-5 year olds. We offer inclusive indoor/ outdoor early years education and play in a happy, relaxed and friendly atmosphere.

Please call to arrange a visit.
Ofsted registered



The Hollies Classroom
Loddon (01508) 520286
www.loddonnurseryschool.co.uk

Open 8am-6pm, all year round
From birth to 5 years, we offer a beautiful natural Environment to inspire and stimulate your child's development

Funded places, full and term time contracts available
Holiday club for up to 9 yrs
Please contact us to arrange a visit
Ofsted Outstanding



TMH Renovations

Creating Perfect Homes

We carry out all aspects of home renovation and improvement. Contact us for a quote and a professional, reliable service.

T: 07376 952 076

E: tim@tmhrenovations.com

Bathrooms – Kitchens – Flooring
Dry Walls – Painting/Decorating
Tiling - Windows/Doors
www.tmhrenovations.com

Across the Chet Valley Churches

Worship in the Chet Valley

You are welcome to join us at any of our services



Holy Communion is celebrated every Sunday at one or other of the Chet Valley Churches: either Book of Common Prayer (BCP) or Common Worship, with an informal Holy Communion service once a month in Chedgrave.

Morning Worship is held regularly in Loddon and Hardley.

Evening Prayer (BCP) is on the third Sunday of the month in Sisland.

XPRESSIONS CAFÉ is on the first Sunday of the month at All Saints Chedgrave. This is a relaxed and contemporary way of 'doing church'. Open between 10:00am and 12:00 noon you can come and go as you please for coffee, cake, discussion, crafts, games, stories, reflection and much more.

All Together Worship is on the third Sunday every month at All Saints, Chedgrave, starting at 11:00am. January, March, June and September are followed by a shared lunch. The service is designed to be as inclusive as possible: a mixture of formality and informality; traditional and modern; activity and stillness. We hope it will have points of contact with people of all ages and all backgrounds.

Last Sunday Praise is held on the last Sunday of the month in Loddon: a chance to worship together including hymns and songs, old and new.

XTRA! is an exciting, informal service every Thursday after school in St John's Church. Refreshments from 3:15pm, service starts at about 3:45pm. Open to all; particularly suited to children and young people.

In Loddon and Chedgrave there is the chance to enjoy a chat over refreshments after services. There are toilets and baby-changing facilities at St John's, Loddon and All Saints, Chedgrave.

Families are welcome at all of our services, but are particularly catered for on the 1st and 3rd Sundays in Chedgrave.

Home Communion: If you would like home communion, because you are unable for any reason to get to a Sunday service, please contact one of the clergy.

Times and details of the services can be found in the centre pages of the magazine.



Located next to the River Yare in the heart of the Norfolk Broads, The Reedham Ferry Inn & Touring Park is a family run business which was established in 1949 by the Archers.

Looking out at our idyllic riverside views, the last working chain ferry in operation in East Anglia or simply taking in the ambient history, our seasonal menus, well-kept local ales and relaxed atmosphere are yours to enjoy.

To book:

01493 700429

reedhamferry@aol.com

Please see website www.reedhamferry.co.uk for updated opening hours and menus

Dog friendly



Armiger Electrical

All domestic & commercial
Installations

Test and inspection

Fuse box Upgrades

intruder alarms

Full and part rewires
and more

Part P and NAPIT

Registered

Tele:07825 794045

Maths and Literacy Tuition

Looking for 1:1 teaching for your child?

Highly experienced teacher providing lessons matched to your child's needs. Preparation for tests (Key Stages 2 and 3) booster sessions and help with homework.

Jo Fisher, B.Ed (Hons), M.A.

01508 480334

jotfisher@btinternet.com

Lindsay Building Services

Interior and Exterior Home Improvements
Maintenance and Repair

- | | |
|-------------|------------|
| ✓Brickwork | ✓Rendering |
| ✓Plastering | ✓Carpentry |
| ✓Tiling | ✓Painting |

No Job Too Small – Free Estimates
01508 521845



K F Footcare Ltd

Caring for your feet, ingrown Toenails, corns, callus removal and much more

Kirsty Foster

Medical Foot Health Practitioner

07824 632 048 kffootcareltd@outlook.com



Dean Baldry Garden Maintenance

- Lawn Mowing & Strimming
- Pruning, Weeding & Planting
- Hedge Cutting & Rotovating
- Fencing
- Pressure Washing

Fully Insured - No Job Too Small

Tel: 07973 382843

Email: deanbaldry@googlemail.com

Thanksgivings & Baptisms



You are welcome to talk to us about thanksgiving and baptism (christening) for your children. Thanksgiving Services give an opportunity to come to the church and give thanks to God for the gift of a new child. Baptisms (Christenings) are an opportunity to acknowledge and celebrate the new life we have in Jesus and to welcome a child into God's family, the Church.

Baptisms and Thanksgivings are both held within Sunday morning worship in our churches.

Please contact Rev Alison on 01508 528126 ball880am@btinternet.com

Noah's Ark

A drop-in group for babies, toddlers and their parents and carers at St John's, George Lane, Loddon.



Wednesdays 9:15am-12:00noon.

All are welcome. For further details please call Rev Alison on 01508 528126 or e-mail: ball880am@btinternet.com

Small Groups

Some of us like to meet during the week in small groups where we can enjoy each others' company, study the Bible together and pray for one another and for others.



Those who attend find their small group a real help and support.

To join or just to know more, please contact Rev Alison on 01508 528126.

XTRA!

Join us in St John's Church, Loddon for an exciting, informal service every **Thursday after school**. Refreshments from 3:15pm. Service starts 3:45pm. More from Rev Alison 01508 528126.

Friends and Neighbours

If you've been widowed or have lost your life partner join us at St John's Lecture Hall on the **first Thursday of the month**. Make new friends, enjoy tea or lunch together.

Next Meeting:

Thursday 3rd October: A Service in Memory of Loved Ones will be held in St John's Chapel, George Lane, at 1:30pm, followed by tea in the adjacent Lecture Hall.

To join the group, please ring Rev Jill on 01508 520248.

Monday Mardles

If you like a relaxed and informal chat with others or are looking to meet some new friends, join us at a Monday Mardles for refreshments and to swap books at Chedgrave Church Rooms.



Mardles are held every **Monday 10:00am-12:00 noon**. Come and go as you choose. On average, there are about 8-12 people who come to Mardles, and there's room for more! You will be made very welcome.

(*'Mardle'—in Norfolk it means a good old natter!*)



Cleaners R Us

Self Employed Cleaners Required

Domestic homes only
 Materials supplied on site
 Car Not Essential
 Permanent Work / Same Home Weekly
 Hours / Days to Suit Candidate
 Police Check and References Required

01508 490 808

www.cleanersrus.co.uk norwich@cleanersrus.co.uk



Louise Cartwright (M.Ost), Professional Osteopath

Registered with The General Osteopathic
 Council, Insured with the Institute of
 Osteopathy and Federation of Holistic
 Therapists.

For the treatment of Neck, Back and Joint pain,
 Sports injuries and Rehabilitation.

**Rookery Park Golf Club, Beccles Rd,
 Carlton Colville, NR33 8HJ**

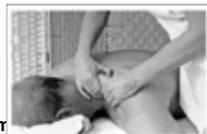
Monday, Wednesday, Friday, alternate Saturdays
 07876255168 louise214@msn.com Please book
 online at www.amyholmesosteopath.co.uk

TOTAL CARE physio

SARAH CONSIDINE (HCPC, CSP) local
 physiotherapist in Loddon and Hales

Providing expert treatment for:

Neck and back pain
 Sporting injuries
 Headaches
 Joint & Muscle problems
 Dizziness & balance problem



01508 548535 07976009524

Haymakers, School Lane, Heckingham, NR14 6SL

www.totalcarephysio.com sa-
 rah@totalcarephysio.com

hpcp health & care
 professions
 council



CHARTERED
 SOCIETY
 OF
 PHYSIOTHERAPY

J & M Townsend Ltd

Oil & Gas Boilers

- Boiler Replacement
- System Upgrade & Maintenance
- Powerflushing
- Oil Tank Replacement
- OFTEC & Gas Safe Registered
- All at competitive prices.

Call today for more information and a free estimate.

Matthew Townsend: 07771 732397

Office: 01508 550838

Hair 4 U

1 Market Place, Loddon

Ladies, Gents and Children

Mon; Tues; Thurs & Saturday
 9am-5pm

Friday 9am - 7pm.

O.A.P. discounts on Tuesdays

Tel: 01508 520468

BRIDGE STORES

Newsagent & Convenience Store



**PP Pay
 Point**



24 hr Cash Machine

Groceries & Confectionery

Beers, Wines & Spirits

Cigarettes & Tobacco

Newspaper & Magazine Deliveries

Stationery & Greeting Cards

Toys & Gifts

Fax, Photocopy & Dry Cleaning

£1.50 HOME DELIVERY

Within 3 miles radius when £15 or more spent

(Excluding Lottery) Telephone orders are accepted

OPEN 7 DAYS A WEEK

Mon-Sat 6.00am to 9pm

Sunday 6.00am to 8pm

41 Bridge Street, Loddon

(opposite Loddon Staithe)

Tel 01508 520699

From the Parish Registers

Funerals

Lesley Jane Fish who died on 27th July 2024

Funeral: 19th August 2024 at Waveney Crematorium

Victor Russel Stone who died on 16th August 2024

Funeral: 11th September 2024 at All Saints, Chedgrave

Joyce Elizabeth Smith who died on 23rd August 2024

Funeral: 30th September 2024 at Holy Trinity, Loddon

Since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him those who have died. So we will be with the Lord for ever.

I Thessalonians 4:14, 17b

To arrange a thanksgiving or baptism (christening), contact Rev Alison on 01508 528126 or ball880am@btinternet.com.

To arrange a wedding, contact Rev Alison on 01508 528126 or ball880am@btinternet.com.

To arrange a funeral, at our churches or at the crematorium, contact Rev Jill on 01508 520248, or jillhaylock@aol.com. Rev Jill can also be contacted about interment of ashes.

The clergy can also be contacted through our new e-mail: address: clergyCVB@gmail.com.

Thank You

We would like to say a very big thank you to all who attended Sheila Orpet's memorial service in Holy Trinity and at the grave side in August. Particular thanks to Chet Valley Voices for the hymns and song which I found written down by Mum after the original funeral had taken place. Thanks too to Val Counter and the refreshment team.

It was a lovely morning and seemed to have been well-received. As a footnote, Mum had requested *From a Distance* by Cliff Richard. I was asked the meaning of this and I couldn't think exactly why until afterwards. It's about peace and harmony, for Mum. Thanks again to everyone for making it so special.

Graham and Alice Orpet.

Thank You

We would like to thank all those who offered help after Mary's accident when she fell over (as opposed to had a fall) down the back steps in our garden, Gifts of flowers and, in particular, prepared meals were most welcome. Many thanks.

Mary & Edwin Smith.

Julie Marshall

Mobile Foot Health Practitioner
for treatment of
corns ~ callus ~ thickened toe nails
cracked heels ~ fungal infections
Nail Cutting

*For a friendly, and professional service
in the comfort of your own home, call*

Julie Marshall 07789 041501

S.A.C.Dip. FHPT: S.A.C.Dip.FHAP



Joel Spurdens Pest Control

07903887146

01502677067

Rats.Mice.Moles.

Wasps.Rabbit's .

Insects.

8 St Mary's Row Aldeby
BECCLES NR34 0AL

joelspurdens@outlook.com

Carpet and Upholstery Cleaning

Barbara and Adam Gill your local
Carpet and Upholstery Cleaners

CLEAN-EAST CARPETS

01502 377427

07811 275427

WINDMILL COTTAGE KENNELS

A caring family run kennels,
in a quiet picturesque
countryside setting.
Food & bedding provided,
individual heated kennels.
Dogs walked twice a day in our
own private paddock.

Tel:01502 678172

Thorpe Road, Haddiscoe NR14 6PP



Canvas Prints

Show off your special
photo on canvas
with our single image,
gallery-wrapped
canvas prints.

High quality printing
of your favourite pics,
mounted and ready
for hanging.

Prices on application

Call in for details
or phone

01508 520221



Bring us your favourite pics on disc, on a memory stick
or send via email and we will work with you to position
the image exactly as you wish to see it on the final print.

Roberts and Son Printers
2,4 and 6 Bridge Street, Loddon,
Norwich NR14 6EZ
Tel: 01508 520221
Email: print@robertsandson.co.uk

Beth's Blooms

Quality Florist
for all occasions

Weddings

Funeral Tributes

Corporate Floral Displays

Bespoke Designs

Cut Flowers

Floral Sundries

Modern & Traditional Designs

Bouquets

Arrangements

Aqua Packs

Florist flowers
delivered worldwide

Loddon Garden & DIY,
25 Bridge Street, Loddon NR14 6NA
01508 520632

News From Your Local Councillors



We are finalising our deep dive of the budget for 2025/26 at County Hall and it's not good news. Although the money we receive from government increases each year, the demand for services easily outstrips it. This leaves us facing difficult decisions. We will be going out to consultation on the options available soon. Please have your say on what is most important to you and your family to help us make the right decisions.

The latest *Your Norfolk* magazine should hit the doorsteps this month. We hope that the information provided is helpful and tells you more about what the council does for residents.

You will have noticed that the Loddon and Chedgrave First Responders are now in their new premises at the Loddon Fire Station. Thanks to all who helped to get this project over the line. It will be a great asset for our communities and gives our volunteers the training space they need.

If you have any issues or if I can help in any way, please contact me at kay.masonbillig.cllr@norfolk.gov.uk.

Councillor Kay Mason-Billig

I'd like to start this report by expressing my sympathy and condolences to the family of Colin Binfield, who I know will be missed by so many of us. I always enjoyed being in meetings with Colin, or just bumping into him around Loddon.

Many thanks to our new Labour MP, Ben Goldborough, for coming out to Loddon to run a joint surgery with me. I was very impressed by Ben's hard work and genuine commitment to the people in our area.

The South Norfolk Scrutiny Committee, which I chair, continues to work with our excellent cross-party team to ensure that South Norfolk residents are treated properly. Future meetings will continue to look at a range of important issues, including the move from Long Stratton to the Horizon Building in Norwich. All of these meetings can be watched, on YouTube, as well as attended by members of the public.

My next surgery is on Saturday 19th October, 2:00-3:00pm, at Loddon Library. Please come if there's anything I can support you with, or, as ever, give me a ring on 07733 323581.

Councillor Jeremy Rowe

Pub Carol Service

Advance notice that the carol service at The White Horse in Chedgrave is on Sunday 15th December starting at 7:30pm. There will be the usual carols up on the screens for everyone to join in, as well as some Christmas readings. I expect there will also be mulled wine on tap and mince pies available. See you there!

DOS SANTOS PLUMBING SERVICES

All forms of plumbing work undertaken, including central heating systems.
Specialising in kitchen and bathroom installations.



WATER SOFTENER SUPPLY AND INSTALLATION **COMPLETE BUILDING SERVICES TO CREATE BEAUTIFUL ROOMS**

Free kitchen and bathroom design
Plus product advice and sourcing

HIGH QUALITY FINISH
(references available)

VAL DOS SANTOS

Tel 01508 520 345 - M 07775946061
Instagram - dossantos_plumbingservices



WILLOW BARN
LOW ROAD
NORTON SUBCOURSE
NORWICH
NR14 6SA
07505 684561

emmi PET

ULTRASONIC
TEETH CLEANING

WWW.CLAIRESGROOMING.CO.UK

DM WINDOW CLEANING



Traditional Cleaning of
Windows, Gutters
Fascias &
Conservatories

Tel: 07415 395 211

YOUNGS

FUNERAL DIRECTORS OF LODDON

At your time of need we are here to help you;

"Quiet guidance, gentle words and our professional knowledge will help you make the right decisions for you and your family."

- Rachael Barber

'Providing the very best care'



19 Bridge Street Loddon NR14 6NA

Tel: 01508 528274

www.gordonbarber.com



Chedgrave Parish Council

All enquiries please contact the Parish Clerk: Hayley Goldson.
Tel: 07592 933174 Email: clerk@chedgraveparishcouncil.gov.uk
Website: <https://chedgraveparishcouncil.gov.uk/>
Facebook: <https://www.facebook.com/Chedgrave-Parish-Council>



Chedgrave Parish Council held its meeting on 5th September 2024.

St Felix Park Development: The parish council received 12 responses to the consultation about the Construction Traffic Management Plan and these have been sent to SNC Planning.

Councillor Surgeries: Please come and meet your councillors at Chedgrave Shops on Tuesday 10th September, 10:00am-2:00pm.

Wherryman's Way: The parish council has received an update from Norfolk County Council. Due to delays and a wet winter, the two bridges are no longer suitable for repair and need to be replaced. The dredging spoil on the footpath has eroded resulting in the need for further delays and new funding and planning applications. Cllr Deb Downer will try and escalate this with our county councillor, express the council's extreme disappointment and seek assurance that existing funding will be ringfenced for future work.

Dog Mess: Please remember to pick up any poo left by your dog!

Brian Clarke Room: Do you need a bright modern room to run your club or association? The Brian Clarke Room is adjacent to the play area, has a fully equipped kitchen, is wheelchair accessible and has a hearing loop. It's great for parties, meetings and clubs. Please contact Georgina Buckle to book 07981 856270 or brianclarkeroom@chedgraveparishcouncil.gov.uk.

Allotment Vacancies: There are three vacancies for full size plots which have been recently trimmed and are ready for use. Please contact the clerk. Residents from Chedgrave and surrounding villages are welcome to apply.

Parking on White Horse Plain: Please would regular users contact the clerk so that maintenance work can be advised and the car park kept clear during work.

Ponies on Chedgrave Common: Please take care around the ponies: please do not feed them, shut all gates behind you, keep dogs on a lead. Thank you.

Next Meeting: Thursday 3rd October at 7:00pm, Brian Clarke Room. All welcome!

Highways issues such as potholes, footpaths or public rights of way, road safety, flooding and overgrown trees and verges should be reported to Norfolk County Council on 0344 800 8020 or online at www.norfolk.gov.uk. Criminal and illegal activities, public disorder and nuisance, anti-social behaviour, speeding, uncontrolled dogs, should all be reported to the Police on 999 or 101 (non-emergency) and can be reported online at www.norfolk.police.uk.

Please keep dogs on leads in our play areas and clear up after your dog.



The White House, Mill Road
Ashby St Mary, Norfolk NR14 7BN
w: www.woodlandstoves.co.uk
t: 01508 480351

AN EXTENSIVE AND COMPETITIVELY PRICED RANGE OF
WOODBURNING AND MULTIFUEL STOVES ON SHOWROOM
DISPLAY

FULLY QUALIFIED HETAS REGISTERED INSTALLATION
SERVICE AVAILABLE

SUPPLIERS OF FLUE LINERS, FLUE PIPES, CHIMNEY COWLS
AND ACCESSORIES

PLEASE PHONE FOR OPENING TIMES

M FROST MOTOR ENGINEER

ESTABLISHED OVER 20 YEARS

UNIT 1, NEW ROAD, NORTON SUBCOURSE, NR14 6SB

KEEP IT LEGAL

TOP PRICES PAID,
FOR SCRAP CARS, VANS,
TRUCKS, MOT FAILURES AND
ACCIDENT DAMAGED VEHICLES
ALL D.V.L.A. PAPERWORK COMPLETED



For prompt collection call

07775 905631 / 01508 548994

markfrost1973@yahoo.co.uk

Paul Hamilton Clarke



Painter & Decorator

Experienced, local & reliable
No job too big or too small

Tel: 01508 520097 Mob: 07817863962

Email: phpainter@gmail.com

Langley Grange Indoor Pool

Private, heated indoor pool for
hire in a beautiful setting.

Prices start from £30/hour.

For bookings or
enquiries, please contact Liezl
(07379429678) or visit
www.langleypool.co.uk

A J WARD BUTCHERS

2 High Bungay Road, Loddon

Quality Meats All Locally Sourced
Handmade Sausages & Burgers.
BBQ Orders, Kebabs & Marinades.
Homemade Sausage Rolls, Pies &
Quiches. Home Cooked Cold Meat
Stradbroke Bakery Bread. Cakes &
Filled Rolls.

Local Cheeses, Dairy & Eggs.

Fresh Fruit & Vegetables. Groceries.
Selection Parravani 1 Ltr Ice Creams.
Chutneys, Cooking Sauces & Jams.

FREE LOCAL DELIVERY

Tues, Wed, Thurs, & Fridays

Telephone 01508 520228

Email Orders:

shop@wardsbutchers.co.uk

Details & Opening Times

www.wardbutchers.co.uk

J's Maintenance Services

For all your DIY & Gardening Tasks
Painting & Decorating Inside and Out
Gutter Clearing and Repairs
Door & Fence Repairs, Garden Tidy and
Mowing. Help in Moving House
Roof Repairs Chimneys swept
Fully Insured

07746375349

51najacques@gmail.com



17, Bridge Street, Loddon, Norfolk, NR14 6NA

Spoon Cake

bakery, café & crafts

01508 520688

Loddon Town Council (LTC)

All enquiries please contact the Parish Clerk: Emily Curtis
Tel: 01508 522020 Email: clerk@loddontowncouncil.gov.uk
Website: www.loddontowncouncil.gov.uk
Facebook: www.facebook.com/loddontc



Chet Valley Summer Fete

The fete took place on 6th July, but unfortunately had to be cancelled soon after it started due to inclement weather. Thank you to the volunteers, community groups, performers and people who turned up on the day. The field looked incredible, and, if the weather had been on our side, it would have been an amazing day.

Thank you so much to the sponsors, who supported us greatly. Without their help, we would be unable to put on these events:

Musker McIntyre, Starkings and Watsons, Loddon Garden & DIY, Allens Cadge and Gilbert, Dignity Funerals (Youngs), Minimum World, Loddon Swan, Albert & Arthur, M. Gaze.

Thank you also to the many local businesses that generously donated raffle prizes. The raffle was drawn on the day and all raffle prizes have now been collected.

Freedom of Loddon: The award will be present to Mrs Ann Lumley prior to the council meeting on the 11th September 2024. Ann has been the Secretary to the Loddon Town Estate Trust for 19 years until she recently retired and during that time was able to assist many parishioners in financial difficulty and signposting non-residents to help. Ann has also been very involved in the community baking and sewing for various groups including Funky Feet and the Loddon Players.

Love Loddon Community Group: Thank you to all the volunteers that helped to water the flower towers and containers throughout the summer. The floral display has been outstanding. The planting of the autumn flower displays has been scheduled for 10:00am on Sunday 29th September. If you would like to be involved, please let us know!

Community Larder: The Community Larder is still open in the library corridor, and donations are welcomed. Information regarding the manned sessions of the larder will be delivered via the Community Larder Facebook page in due course.

Meeting dates, contact information and updates can all be found on the Council website: www.loddontowncouncil.gov.uk or call 01508 522020.



Claire Bullard

INDEPENDANT SCENTSY
CONSULTANT

Phone - 07717535080

Email - cl.bullard@hotmail.co.uk

Website - clairebullard.scentsy.co.uk

Facebook = Claire Bullard - Scentsy Consultant



What is Scentsy?

Scentsy offers an alternative to traditional candles. NO flame, NO smoke, NO soot. The concept uses decorative warmers, which use a heating element to slowly melt specially formulated wax, making your home smell SCENT-sational.... we are not all wax though!

We have a whole range of products to scent your world 🌍
Kids buddies, Fan diffusers, Air purifiers, Laundry and body products.

Living in Hales, I'm your local Scentsy consultant

Do contact me if you would like to know more information... or use the QR code to link through to my website.



PILATES WITH KATRINA

MIXED ABILITY MAT PILATES

LANGLEY Monday 9 -10am **THURTON** Monday 6 - 7pm

THURTON Wednesdays 9 - 10am

LODDON Fridays 9 - 10am and 10 15 - 11.15am

Seated Class 11.30am -12pm

See website www.pilateswithkatrina.co.uk

Call Katrina for more information 07725 527 669

St John's Chapel and Lecture Hall

ROOM HIRE

Excellent facilities, fully equipped kitchen, disabled toilets, parking
George Lane, Loddon, NR14 6NB

Very competitive rates

**For details & to book please email us at
website.chetvalleychurches@gmail.com**

Hales & Heckingham Parish Council

For enquiries contact: clerk@halesandheckingham-pc.gov.uk

Website: www.halesandheckingham-pc.gov.uk

FB [www.facebook.com/Hales & Heckingham Parish Council](https://www.facebook.com/Hales%20&%20Heckingham%20Parish%20Council)

There is no news from the parish council this month.



The Church in Loddon Presents

THE LODDON BAND



With an entirely new repertoire, modern and traditional.



Saturday 5th October, 7:30pm

Tickets £10, including refreshments, available
from jandpbell@btinternet.com.

theloddonband.org.uk

Langley with Hardley Parish Council

Email: langleywithhardley.pc@gmail.com

Website: <https://langleywithhardley.pc.norfolkparishes.gov.uk>

Find us on Facebook.



Langley with Hardley Parish Council Facebook Page: The Parish Council has a new Facebook page; there's lots of up to date information on what happening in the area. Please have a look and post a comment! Let the Parish Council know what matters to you.

Dog Fouling: A new dog waste bin has been installed at the bottom of Stone Lane to help reduce fouling in the area. The bin was very kindly donated by Langley Abbey Estates. Please help to keep our area safe and clean with "bag and bin".

Speeding Vehicles: Norfolk County Council (NCC) have confirmed the section of the new proposed 30mph speed limit through Langley. NCC is to extend the 30mph speed limit from Langley Street to the end of Langley Green. A great result for the village!

Vacancies: We currently have two councillor vacancies. This is a fantastic opportunity to get involved with supporting your local community. Working with a team of councillors to address local issues and improve the village environment. If interested please get in touch with the parish clerk.

Parish Clerk: September will be the last meeting for our parish clerk Samantha Johnson. A heartfelt thank you for all her dedication, professionalism and hard work for the council, and a warm welcome to our new clerk Kimberley Knudsen.

The next Parish Council meeting will take place on Tuesday 5th November in Langley with Hardley Village Hall at 7:30pm. All welcome!

Langley with Hardley Village Hall

Friday 4th October: Spud Club 11:00am-1:00pm. Join us for lunch, filled jacket potatoes, tea, coffee and cake all for a donation. Bric-a-brac stall. Raffle with lots of prizes. Children welcome—there are toys available.

Every Monday: Pilates, 9:00-10:00am. For more information go to: pilateswithkatrina.co.uk/information.

Every Wednesday: Jive Nights, 8:00-9:00pm, £6 per session. Contact Sandra on 01508 528284.

To book the village hall call 01508 520184. The hall is very well-equipped and reasonably-priced.



Notes from Sisland

Writing this at the start of September, when the sun is shining but the glow and mists of autumn are present in the early morning, I want to take the opportunity to thank all those who supported the Sunday Teas at Sisland church throughout the month of August. Not only an opportunity to catch up with friends, old and new, but for the latter to be able to appreciate the beauty of the building and the years of history that it contains.



As you will be aware the maintenance and care for this building takes both time and effort as well as a range of fundraising. Sisland is an incredibly small parish and so the money raised by the Sunday Teas, our main event of the year, is key to the investment we can make in providing support for this building now and to make it available for future generations to benefit from the peace and tranquillity that it provides. As one visitor stated, "It is a place to contemplate and remember everyone who has gone before us."

At the end of last month, the horse chestnut tree on the edge of the churchyard lost a large branch overnight. Fortunately, no damage occurred to the gravestones at that corner of the churchyard but we have asked for an arboriculturist to check the health of the tree. The horse chestnut is native to the Balkan Peninsula. It was first introduced to the UK from Turkey in the late 16th century. Although rarely found in woodland, it is a common sight in public parks and lining our streets. The stunning candle like flowers, which appear in the spring, provide a rich source of nectar and pollen for insects. Caterpillars of the horse chestnut leaf-miner moth provide food for blue tits. Obviously the most famous use of the horse chestnut is the game of conkers. The first record of the game comes from the Isle of Wight in 1848, though there are diary references earlier in the century, and in 1965 the World Conker Championships were set up in Ashton (near Oundle) in Northamptonshire.

If work needs to be done on the tree, we will place signs in the church and may need to restrict access to the car park temporarily. We hope that this was just a bough drop and nothing more. The church will continue to be open through the remainder of the year and we hope to see you soon.

Rowena Bryce, Churchwarden



Chet Valley Voices



Chet Valley Voices is a community choir of varying ages from 15-80+. We enjoy singing a variety of music from classical to modern and are a happy friendly bunch. Come along, make new friends and get to know others in the community. Singing is good for your mental health and well-being, so you will leave rehearsals feeling uplifted. Why not come to a free taster session?

Rehearsals: Thursday 7:00-8:30pm (doors open 6:45pm) in St Johns Chapel, George Lane, Loddon. £5 on the night, £3 for under 18s. New members always welcome, especially men.

More information from: Sue 01508 528069; suemartin303@btinternet.com or chetvalleyvoices@gmail.com. Follow us on Facebook, Instagram or Twitter: @ChetValleyVoices. www.chetvalleyvoices.co.uk.

Breathing/Vocal Technique Sessions

Do you enjoy singing but feel that your breath control could be better? Are you a non-singer but feel that you could do with help to improve your breathing? Would you like tips on vocal technique?

Tanya Chelovskaya is a trained vocal coach leading sessions at Chedgrave Church Centre on Wednesdays from 11:00-12:00noon. The cost is £8, which includes refreshments. If interested, please contact Tanya at t.chelovskaya@gmail.com or WhatsApp on 07737 765098.

"I come away from Tanya's sessions, uplifted and with the knowledge that I can own my voice, and possibly even have the confidence to sing. Breathing, vocal and gentle physical exercises combine and lead to a wonderful sense of well-being."

Bridget M Ward



The Loddon Band

We are a friendly and dynamic brass band in the historic town of Loddon. We are currently seeking the following players to come and join us: Cornet, Tenor Horn, Euphonium, Eb Bass. We welcome all brass players and percussionists.



Rehearsals are at The Hollies, High Street, Loddon on Thursday evenings, 7:45-9:45pm. Our rehearsals are fun and enjoyable so why not pop along to see what we are about. For more information, contact Louis (Secretary) email loddon.band@gmail.com or phone 07463 770068 .

Loddon Flower Club

We hope you all enjoyed our summer. It took a while to arrive, but it was good to sit in our gardens and enjoy the colours and aromas from the flowers (and a few weeds!).



Our next meeting in St John's Lecture Hall, in George Lane, Loddon, will be on Tuesday 1st October. Doors open 6:30pm for a 7:00pm start. Jenni Baker will be our demonstrator for the evening with her ideas on 'Ode to Autumn'. There will also be a club competition: 'Autumn Glory'. We serve refreshments in the interval and raffle the arrangements made during the evening at the end of the night.

Our subscription for the year is £40 which includes entry to our Open Evening, on Tuesday 3rd December, and all of our meetings. Alternatively, we charge £7.50 for visitors at our meetings.

We also arrange workshops, the first of which is on Saturday 23rd November, when Brenda Tubb will be helping us with a Christmas table arrangement, (more details to follow). We hope to arrange an outing to a flower related venue again this year.

In November on Tuesday 5th, we have Violeta Velkinene demonstrating her take on 'Floral elegance, a Showcase of Natures Beauty'.

We have a website where you can see what we do as a club: www.loddonflowerclub.co.uk, and a newly formed Facebook page where we intend to post upcoming events and pictures of what we've done.

If you need help with family flowers, or would like more information about the club, please contact Tricia on 01508 480522, or Jenny on 01508 520254, or email the club: loddonflowerclub@gmail.com

Tuesday Market

Our cooks are busy using the fruits of the harvest to make delicious jams, chutneys and preserves. We also stock local honey. Come and join us for a cuppa and cake at our friendly market. You will find fresh baking, both sweet and savoury, local eggs, seasonal fruit, vegetables, plants and flowers as well as handmade crafts. We meet in the Hollies, next to the Post Office, from 10:00-11:30am every Tuesday.



It may seem early but now is the time to place your Christmas cake order! Contact Sheila Ford (chairman) 01508 520752 for orders or enquiries.

Church Services

6th October		
8:00am	BCP Holy Communion	St Mary, Sisland
9:00am	Informal Holy Communion	All Saints, Chedgrave
10:00-12 noon	XPRESSIONS CAFÉ	All Saints, Chedgrave
10:45am	Holy Communion	Holy Trinity, Loddon
13th October		
9.30am	BCP Holy Communion	All Saints, Chedgrave
10:45am	Morning Worship	Holy Trinity, Loddon
20th October		
10.45am	Holy Communion	Holy Trinity, Loddon
11:00am	All Together Worship	All Saints, Chedgrave
5:00pm	BCP Evening Prayer	St Mary, Sisland
27th October		
9:30am	Holy Communion	All Saints, Chedgrave
10:30am	Morning Worship	St Margaret, Hardley
10:45am	Morning Worship	Holy Trinity, Loddon
7:00pm	Last Sunday Praise	St John, Loddon

Chedgrave Church Centre Hire

All Saints Church, Chedgrave has a lovely church centre open for 30 years. There are two rooms (one upstairs), a kitchen and a loo. Our wheeled tables are easy to move and put up. It is warm even in the winter! It is available to book with a suggested donation of £8 per hour. If you are looking for a venue for a meeting, a party, or an activity do contact Anne Jackson who is responsible for hall bookings on 01508 502278.

Other Services in Chet Valley Churches

Every day Morning Prayer 9:00am <i>All Welcome</i>	Monday	Holy Trinity, Loddon
	Tuesday	St Margaret, Hardley
	Wednesday	All Saints, Chedgrave
	Thursday	Holy Trinity, Loddon
	Friday	St Mary, Sisland
	Saturday	All Saints, Chedgrave
Thursday during school term	XTRA! Join us at St John's for an exciting, informal service. Refreshments from 3:15pm. Service starts 3:45pm. More from Rev Alison 01508 528126.	
Prayer at Home	'Time for Prayer and Space for Reflection' 'If you would like to receive the weekly prayer and reflection sent out by email, please contact Rev Jill (jillhaylock@aol.com) <i>All are welcome</i>	

The Catholic Parish of Our Lady of the Annunciation

21 Uppgate, Poringland, NR14 7SH



Mass Times:

Sunday 9:00am; Tuesday 6:00pm; Wednesday—Saturday 10:00am;
 Saturday 6:00pm (Vigil Mass)

Please check newsletter online for latest information.

Priest in charge: Father Andrew Eburne (Tel: 01508 494770)

e-mail: frandreweburne@gmail.com

www.ourladyporingland.wordpress.com

Loddon Bell Ringers

Quarter peals have been rung by our members during the last month at Halesworth, Acle, South Walsham, Ranworth and St. Peter Mancroft in Norwich. Quarter peals consist of around 1260 changes and, on average, take around forty five minutes to complete. We have also taken part in three peals. These have around 5040 changes and take on average around three hours to ring. These were rung at South Walsham, Mundford and Shipdham. We travelled to Bishops Stortford in Hertfordshire on an outing to ring on the newly-rehung twelve bells there. We also rang the bells in the local area at Much Hadham, Braughing and Aspenden.



Steve Rabong

Children's Society—Box Opening

I will be opening your Children's Society Boxes on Wednesday 2nd October. If you are able to, I would be most grateful if you could bring your boxes / money / cheque to 10 Garden Court, Loddon, on that day. If you are unable to deliver the boxes on that day, I will visit you during the week.



Many thanks. Anne Baker (01508 520533)

Christmas Community Choir

You are warmly invited to join the Christmas Community Choir which leads the singing at the Chedgrave Carol Service. This year it is on Sunday 22nd December at 5:00pm.



There will be some rehearsals in the weekends before the carol service led by Rev Alison (details in the next issue). All music is provided. No experience is necessary! Come and join us.

Please let Rev Alison know if you would like to be involved (01508 528126; ball880am@btinternet.com).

Loddon Indoor Bowls Club

We meet in the extension to the Old Town Hall, entrance via The Swan car park. It is clearly marked. We are a members club with internal league matches every weekday evening, roll ups on Monday, Wednesday, Thursday and Friday afternoons commencing at 2:00pm and on Tuesday and Wednesday mornings at 10:00am. Numbers are restricted to the first 12 arriving. Subscriptions are £20 per year, £2 per sessions for roll-ups and competitions and £3 for league matches. We'd love to see you so just turn up and give it a try.

For information contact our Chairman, Paul Clemence on 01508 218078.

Sport

Footballers Wanted!

A friendly, relaxed group of guys of all ages and abilities who meet at Hobart Astro Turf every **Thursday** from 8:00-9:00pm for a non-competitive kick about to keep fit and socialise. £3:00 per session. First session free. More information from Terry: tezzahayden99@gmail.com



Jubilee Short Mat Bowls Club

With the outdoor lawn bowls season finished why not come and try indoor short mat? We meet on Tuesday afternoons, 1:30-3:00pm, in the Jubilee Hall and are a friendly little group. Beginners are very welcome; just bring flat indoor shoes and we can supply some bowls. The right money, £3, and a sense of humour are also appreciated. For more information call Sara on 01508 521958 or Sheryl on 01502 677272.



Loddon Ladies Hockey Club

Feel like you want to get involved in a new sport, or perhaps you used to play when you were at school and fancy giving it another go? We welcome new members of all ages (13+) and abilities. Come and get fit, have fun and meet friendly women from in and around the local area. We train on **Tuesday** nights at Langley School (NR14 6BJ), 7:00pm-8:30pm. For more info: www.loddonhockey.com or email hello@loddonhockey.com



Loddon Tennis Club

Loddon has two floodlit courts, situated adjacent to the Loddon & Chedgrave Playing Field.

We are a thriving tennis community with over 150 members.

Memberships are affordable; pay and play is also available at £5 per hour.

Website: <https://clubspark.lta.org.uk/LoddonTennisClub>

Email: loddontennis@loddontowncouncil.gov.uk



Hobart Badminton Club

Players wanted! Come and join our friendly club of all ages from 16+. Playing experience desirable. We meet at Hobart sports hall, Tuesday evenings from 7:30-9:30pm. Cost £5:00, first session free!

For more information contact Terry on: tezzahayden99@gmail.com



Loddon Junior Badminton Club

Held at Jubilee Hall, sessions are just £3.50.

Wednesday evenings: 6:45-7:45pm, children aged 8-14 years

Thursday evenings: 7:30-8:30pm, children aged 15-18 years

Open to all children regardless of ability.

Sessions run by qualified coach. Rackets and shuttles provided.

For more info, contact Paul on paulr2677@gmail.com or 07903 794613





DRAGONFLY FLOORING

Taking the stress out of flooring

**CARPET - LVT
VINYL - LAMINATE**

Visit our shop at 60 Langley Road Chedgrave

T: 01508 830377 E: info@dragonflyflooring.co.uk



Maintaining Comfortable Feet

Michelle Hendley MCFHP MAFHP

Registered Member of the
British Association of Foot Health Professionals
Over 11 Years Experience



Treating all basic nail & foot problems

Nail cutting & filing ♦ Reduction of thick nails
Fungal & Ingrown nails ♦ Corns & Calluses
Diabetic Foot Care

Call for home visits 07584 040478 or 01603 280944 mhendley3@yahoo.com

Loddon Community Gym

The Library Annexe, Church Plain, Loddon, NR14 6EX

Tel: 07534 946143 www.loddoncommunitygym.com

The gym is open on some part of every day Monday to Friday:

Monday 1:45–5:25pm; Tuesday 4:45–7:05pm; Wednesday 9:00–11:20am;

Thursday 6:00pm–8:20pm; Friday 10:15am–12:35pm.

Your Community Gym in Loddon Library Annexe is well-equipped, affordable, friendly and not-for-profit. The gym offers our members the opportunity to achieve and maintain a level of fitness to help improve their wellbeing and quality of life. There is a friendly and relaxed atmosphere and a genuine feeling of a social environment, and definitely no pressure. Our chair-based exercise classes are proving very successful and we continue to hold them every Wednesday morning.

We are open on each weekday and full details of our hours and costs can be found at www.loddoncommunitygym.com. For more information why not drop by to see us or call our qualified trainer, Louise, on 07534 946143.

To book sessions go to www.picktime.com/easternriverscommunitygym.



Loddon Community Cinema

Our next presentation is Vindication Swim, rated PG, starring Kirstan Callaghan, John Locke and Victoria Summer. The true story of Mercades Gietze, who, in 1927, became the first British woman to swim the English Channel. The film portrays Gietze's upstream struggle to overcoming both the cold waters of the Channel and the oppressive society of 1920's Britain. However, after a rival comes forward claiming to have accomplished the same feat, Mercades is forced into battle to retain her record and her legacy.

Showing at The Lecture Hall, St. John's, George Lane, Loddon.

Thursday 3rd October. Doors open 7:00pm, film starts 7.30pm.

Adults £4, under 16 £2 are available on the door or in advance from Loddon Garden & DIY.

Email: loddoncommunitycinema@yahoo.co.uk



Loddon & District Day Centre

The Day Centre meets at Saxon House, on Tuesday and Fridays from 10:00am-2:00pm. We chat, enjoy games, talks and light exercises, together with refreshments and a home made two course lunch. Why don't you come and join us? We'd love to see you!

Please contact Bev on 07826 299290 for more information.

Loddon & Chedgrave District Society

This month's activity is a walk at Mousehold, Norwich, followed by lunch at The Red Lion on Bishopgate. It will take place on Wednesday 16th October.

Please note there is a change of meeting place. We are now meeting at the free car park on Britannia Road (opposite the prison) at 10:30am where we can all admire one of the best views over the city. We will then follow the walk (approx 4 miles), which is a little undulating in places, until we stop at The Red Lion on Bishopgate before returning to the cars. There is parking at the pub for people who are joining us just for lunch at 12:30pm. The menu can be found on the pub's website: redlionbishopgate.co.uk, but we can provide paper copies. We will need food orders and a deposit of £5.00 before 11th October. Please contact Gill Coupe on 01508 522132 for further information and/or to book your food.

If you're not yet a member of our very friendly group (membership is only £6.00 for a year) you are welcome to come along and try one of our events before joining. Maybe a stroll down the hill from Mousehold to the Red Lion is something you'd like to do!

If you are interested in joining us, please contact:

June Strickland on 01508 528853, junecs@btinternet.com;
Hillary Meredith on 01508 520457, meredithhp3@sky.com; or
Sharon Brown at loddonchedgravedistrictsociety@gmail.com.

WEA

We have three exciting courses for you this Autumn!



Towards the establishment of the NHS with Mary Fewster. This course will run for three sessions: 23rd, 30th September and 7th October. The course code is Q00018745 and the cost is £25.20.

Art History in 100 paintings with Fiona Fitzgerald. This course will be for three sessions: 14th October and 4th, 11th November. The course code is Q00019037 and the cost is £25.20.

American Short Stories with Joe Williams. This course will be for four sessions: 18th, 25th November and 2nd, 9th December. The course code is Q00019239 and the cost is £33.60.

We do hope you will join us for all three courses; no previous knowledge of the subject is necessary, and all are welcome to attend. All courses will run on Monday afternoons from 2:00-4:00 pm in the Jubilee Hall, Loddon.

To enrol: Visit and search www.wea.org.uk or call on 0300 3033464 giving the course code, title or location, and pay online. Remissions are available for those receiving certain benefits.

Further details from Alison (01508 521976) or Sharon (01508 520386).

Chet Staithe Probus Club

We are a club for retired gentlemen, and friendship. The atmosphere is relaxed, jovial, with little formality. Dress code is casual. We have a good mardle, and a different speaker every meeting on varied subjects.

Afterwards, members either go home, adjourn to the bar, or stay for a pleasant lunch. Your choice. We meet at The White Horse every first and third **Tuesday** of every month, start time 10:00am.

Upcoming meetings:

October 1st Dr Ian Bedford—Companion Plants for a Balanced Garden.

October 15th Paddy Anstey—Steam Trains 1960's.

Come to a couple of meetings and try us out; no pressure to join.

Clive Boyd, Secretary, 01508 520547 cliveboyd@btconnect.com



Chet Valley Probus Club

Chet Valley Probus Club welcomes people who are retired, semi-retired or approaching retirement and who have had some measure of responsibility in their working life. We are friendly and excellent company, enjoy fascinating talks on a variety of subjects, good food and meeting others of like mind. Why not come along and give us a try with no obligation? We meet on Tuesdays at Chedgrave White Horse, starting at 10:30am, lunch optional.

Upcoming meetings:

8th October: William of Norwich—C12th Murders, Miracles & Myth.
Speaker Adrian O'Dell.

22nd October: History of Spices. Speaker Charles Lewis.

Hon. Sec. John McCormack 01508 521899, probusonline.org/chet-valley.

Norfolk Snout Moth



Every now and then something really exciting happens when you're least expecting it!

That's what happened in Stoke Holy Cross at the beginning of September. A moth was caught in a humane moth trap in a garden.

The app identified it as being the extinct Norfolk Snout which was thought to have died out in 1971. Dave Jones, who opened the trap, couldn't believe it, and called in local moth experts who confirmed the find. Amazing!

Chet Valley Photography Club

Our monthly club meeting in October is on Monday 14th in St John's Methodist Chapel, George Lane, Loddon. Doors open 6:45pm for 7:00pm start.



Rose Sapey will be joining us to tell us all about her photography journey. She was a junior member of Chet Valley Photography Club quite a few years ago and progressed her love of photography to gaining a Masters degree with distinction. Rose now has her own business specialising in pet photography and product photography. Her website is www.redrosetudios.co.uk.

You do not need expensive equipment at all—really good images and creative images can be taken using a mobile device (phone, tablet) or a basic "point and shoot" camera. If you want to take photographs and want to know more, please come along to one of our meetings. New members will be made very welcome. The club is open to everyone regardless of their photography knowledge or experience.

Have a look at our website www.chetvalleyphotography.org.uk or search Chet Valley Photography Club on Facebook for more information.

Royal British Legion—Loddon & District Branch



Thank you to everyone for your support with our branch, the VJ Day Service at Loddon War Memorial, and our Awareness events on the Co-op forecourt and at Seething Control Tower Museum Open Days. We have the Poppy Appeal, an all-year event, which is highlighted more in November.

As a branch, are looking for a Standard Bearer to join us for our memorial services in Loddon but also to be more involved with other county events in Norfolk, if desired. You would be required to join the RBL and our chairman, as a qualified Parade Marshal, is able to do the training locally.

Our next branch meeting is on Monday 21st October, followed by the AGM on 18th November where all the committee stands down. If anyone wishes to join our branch as a member or join in any of the committee roles, pop along to our October meeting, to find out more. We are a small branch, keeping contact and helping our local veterans and beneficiaries. We still don't know who all the veterans in Loddon and surrounding villages are, but if you require help, please contact us and we can direct you to the correct person.

Contact Chairman Colin Hartley: 01508 521136.

Community Groups, News and Events

Loddon and District Women's Institute



At the time of writing, we have yet to sample the delights of the James and Harris chocolates! We hope several members from other WIs will be there to enjoy them with us. The other thing of note in September is that our entry in the WI section of Loddon Horticultural Society's show came second by a margin of just one mark. Each individual item in the exhibit received full marks but the judge gave one more mark to Ditchingham's entry for the overall presentation. So well done our team!!

October Meetings:

Thursday 10th October: Knit & Natter-Loddon Library 2:30-4:00pm. This is a community event and all are welcome.

Wednesday 16th October: Our monthly meeting at St. John's Lecture Hall, George Lane, Loddon; 7:15pm for 7:30pm start. 'Bollywood Dancing' with Mrs Tina Vallance.

There will also be the usual monthly Open House and Book Club meetings for members.

If you are interested in finding out more about what we do or think you might like to join us we can be contacted via our Facebook page or by email to loddonwi@gmail.com

Parkinson's UK Charity Shop, Loddon



We are now fully open at: Prospect House,
2 Little Money Road, Loddon Industrial Estate.

We have lots of new stock. Look forward to seeing you all there.

Jenny

Loddon & Chedgrave Ladies 8 O'clock Club



We are a friendly group of ladies who meet on the last **Wednesday** of each month in the back room of The Hollies, Loddon High Street.

Our next meeting is on Wednesday 30th October when we will welcome Joan Evans who will give us a behind the scenes talk about the Loddon Players Pantomime group and her involvement in the set-up of this group. An annual fee of £10 is charged, plus £3 for each meeting attended. New members always welcome.

Any queries please contact June 01508 528853 or Hillary 01508 520457.

Loddon and District Horticultural Society



Our next meeting will be on 9th October when we will be holding our Annual General Meeting. This will be held at the Jubilee Hall Clubroom, Loddon. The meeting starts at 7:30pm and refreshments will be available and a raffle will be held. We will also be holding a bring-and-buy sale to raise money for the society. The last table show of the season will be held for the Copland Cup which this time will be a stem with berries.

We had a good meeting in August when we had a talk on Dahlias and Begonias. We were joined by some visitors and another person became a member as a result.

If you would like to join our society, membership is £10 per year.

For more information contact Jean Cope (Chairman) on 01502 710024, jeancope52@gmail.com; or Hazel Copland (Secretary) on 01508 520890, happyhaze50@gmail.com. You can follow us on our Facebook page.

Social Whist



Our whist drives have continued through the summer and we have all enjoyed hearing about the holidays of some of the members. Our dates for this month are: 11th and 25th October;

We meet in the back room of The Hollies at 7.30pm for a 7.45pm start. We have twelve hands of whist with a hot drink and a biscuit and some local chat. All enjoyed in a friendly atmosphere. If you need a lift to The Hollies, please call Jane on 01508 528875. We look forward to seeing you.

XPRESSIONS CAFÉ

Come and join us
on the first Sunday of the month,
every month, at All Saints, Chedgrave,
for craft, chat, delicious refreshments
and a different way of doing church.
10:00-12:00noon.
All welcome.



Hardship Funds Available in the Chet Valley

If you are struggling to make ends meet at the moment, did you know there are funds available to help?

There are local charities to help people in need in Chedgrave, Hardley, Langley and Loddon. They are only any good if people use them! In the past money has paid for white goods, carpets, solicitor's bills, rent, food... To access the funds:

Loddon Town Estate Trust: Contact Julie Ponsford on 07976 902487.

Chedgrave Church Discretionary Fund: Contact Rev Alison or churchwarden, Roger Outlaw (phone numbers on p3), or treasurer Richard Ball on 01508 528126.

Hardley and Langley Discretionary Fund: Contact Rev Alison or churchwarden (details in Hardley church porch).

Langley Trust Fund: This can be applied for via its Trustees, who are: Barbara Leathersich (01508 521979); Stephen Lutkin (01508 480989); Stella Wright (01508 520102); Susie Wheeler (01508 528429); Shirley Keeler (01508 528939).

Chet Valley Art Society

This friendly painting group now meets every Friday morning at Chedgrave Church Centre, 10:00am-12:00 noon. New members welcome; all abilities, including beginners.

For further details please contact Vee: veepond22@hotmail.com or mobile 07557 40211.

Waveney Valley Arts Society

We are a friendly group who meet at the Fisher Theatre in Bungay on the first Wednesday of every month. Events provide a welcoming place to hear expert lecturers share their specialist knowledge. The theatre is open from 10:00am and our lectures start at 11:00am.



Next meeting: Wednesday 2nd October. Van Gogh's 444 Days in Provence—Mariska Beekenkamp-Wladimiroff.

Guests are welcome to join us for an individual lecture but there will be a charge of £10. If you wish to become a member of our society, the contact details are on the website: <https://theartssocietywv.org.uk>



BE MET BY CHET

Established over 25 years

Selection of vehicles-Cars, Minibuses & Coaches (8,18,22,26,43 &57 seats

No distance too small or too far

Airports/Seaports/Newmarket Races/Weddings *but 24hr & Sundays by prior arrangement only*

All drivers & Passenger Assistants (PAs) Police checked & First Aid trained, Pas,PATS tested

Tel/Fax: 01508 520705

Email: chet.taxi@btconnect.com

Web: www.chettaxischedgrave.co.uk



CAAI

EAST ANGLIAN AIRPORT TRANSFERS
CORPORATE TRAVEL AND WEDDING HIRE
MERCEDES FLEET

LUXURY TAXIS
FROM 4,7,8 SEATERS
ANYWHERE ANYTIME
24/7 365

Airport transfers from all major airports/seaports from Norwich, Yarmouth, Lowestoft, Ipswich, Colchester, Clacton-on-Sea

All drivers CRB'd & Police Checked
FREE QUOTES

Call us now! 01508 520257 or 07788 375440
eastangliaairporttransfers@mail.com
www.eataxi.co.uk



Landscaping

Complete landscaping service available including: paths, patios, driveways, decking, turfing, seeding, fencing, planting, tree work, clearance & renovation.

Garden design service available.

Call Mark for enquiries & free quotations

01508 538734

07798 516919

The Old Forge, Bramerton
www.dhslandscaping.co.uk



Cleaners R Us

Affordable—Professional—Reliable

DOMESTIC CLEANING SERVICE

Providing cleaning services in your area since 2003

Regular Service with same Reliable, Insured

Police Checked Cleaner

Email - norwich@cleanersrus.co.uk

www.cleanersrus.co.uk

01508 490 808

Chet Community Larder

The volunteers running the larder are reviewing the model they are using due to abuse of the larder. Different models continue to be considered and the larder is now being manned when it is open. Volunteers have identified two days when they hope to open for short periods of time to allow those in need to collect food to help them through these difficult times.

We began the new model on Saturday 14th September and look forward to seeing anyone who is in need of help. This will continue to be monitored to ensure it helps those in need. Please do look out for further announcements on Facebook/posters in the larder.

We are looking to get more funding from various sources but this is becoming more and more difficult to attract. We are changing the doors on the larder so a smaller area will still be available to receive donations from anyone generous enough to make a donation. We are more than happy to collect donations if that is easier.

Thanks to all who have kindly donated to the larder. Please contact one of the volunteers if you have any queries or donations or email me at jane@loddontowncouncil.gov.uk.

Jane Hale



Victorian Evening

The annual Loddon and Chedgrave Victorian Evening will once again take place on Friday 6th December from 6:30-8:30pm.

The evening commences on Church Plain where there will be a grand switch on of the Church Plain Christmas lights by Father Christmas before he heads off to his grotto at Bay Tree House where he will be receiving children of all ages. Many activities are planned for the evening, such as Punch & Judy, and the town centre shops will be open and hosting Christmas festivities, welcoming customers old and new.

Further details will be announced in November's Chet Contact.

LODDON GARDEN & DIY

Garden Tools, Fertilisers, Weed Killers, & a massive range of Garden Accessories

Beth's Blooms Floristry Service.

A Huge Range of DIY Tools, Plumbing, Electrical and Fixings. Paint, Sealants, Aggregates, Cement and Postfix

Pet and Animal Food and Accessories
Grass Cutting from Lawns to Estates.

Lawn Mowers Serviced.
Tools Sharpened.

Calor Gas, Wood, Coal, Logs & Kindling.

25, Bridge Street, Loddon, Norwich NR14 6NA

01508 520632

loddongardenanddiy@live.co.uk



Home Improvements
FULL RANGE OF CARPENTRY & DOUBLE GLAZING SERVICES
WOOD/UPVC Window & Door Maintenance Repairs
& Installations
Upgrade to Energy Saving Glass - Cat Flaps - Locks & Handles
24/7 Call Out - Contact Us on
01508 480551 07982 711499
E:enquires@cooperhomeservices.co.uk
www.cooperhomeservices.co.uk



MODEL & CRAFT SHOP

MODEL KITS, DOLLS HOUSES,
TOOLS & MATERIALS

www.hobbies.co.uk 01508 549330

Find us at: Units 8B-11

The Raveningham Centre,
Raveningham, Norfolk, NR14 6NU

DESIGN & PLAN LTD

Planning Drawings

Building Regs Approvals

TEL 07888 649 290

www.designandplanltd.co.uk

ROBERT SHROPSHIRE HAIRDRESSING



PROFESSIONAL HAIRDRESSING FOR LADIES & GENTS
IN THE COMFORT OF THEIR OWN HOME.
EVERYTHING FROM CUTTING & STYLING THROUGH
TO COLOURING & PERMING.

FOR AN APPOINTMENT TO SUIT YOUR TIME AND
CONVENIENCE PLEASE TELEPHONE

07946 433395

ADVERTISE WITH US

Every year we produce 10 issues of our magazine, with double issues in July & November.

These are **delivered free to 2800 homes** in Loddon, Chedgrave, Sisland, Langley with Hardley, Hales & Heckingham.

From just £10 an issue your business could be

In front of thousands of potential customers. So why not join the growing group of local businesses who are advertising with us.

Email us at c.magazineloddon@gmail.com

Loddon and District Local History Group

The August talk was on the history of Spinning, Weaving & Dying by Susan Cranmer. Susan arrived laden with looms, spindles, samples of fabrics and books, plus the memory stick with her interesting presentation. I had always thought that the spinning was women's work and the weaving was done by the men; not so. In the wonderful illustrations she showed, from mediaeval manuscripts, were beautifully dressed ladies, with protective aprons, spinning with distaff and drop spindles with other ladies weaving on vertical looms and in later pictures on horizontal looms. Only when the work moved into the towns did men take over.

Evidence of spinning apparently goes back to the Stone Age. Early looms only allowed simple weaving, though patterns were possible by either varying the colours of yarn or the number of threads the bobbin passed over and under. One of the small looms Susan showed us was for making tapes which were used to decorate clothing made from the plain cloths. The ladies would also have 'woven' the laces to fasten their clothes and the lace in sleeves.

The width of fabric was determined by the length of the weaver's arms, about 36 inches, as they had to push the shuttle across the loom between the warp threads. Wider fabric required two weavers to sit side by side. When mechanical ways of raising the warp threads were developed using heddles, which were raised and lowered with foot pedals, then patterns were easier to create. Later on, after weaving became industrialised, the Jacquard looms were introduced and the variety of patterns became infinite. A Norfolk Jacquard Loom still survives in the Bridewell Museum.

Norfolk with its wealth of grazing land was well provided with sheep that were bred for their wool. There were strict rules imposed on the production and sale of the woollen cloth, with restrictions and/or taxes on selling fleeces and yarn abroad. In 1550 'The Strangers' were invited to come across from the Low Countries to revive the weaving industry which had fallen on hard times. Hundreds had arrived by the end of the 16th century. However, without fast flowing streams and rivers, Norfolk could not develop the big factories of the North during the Industrial Revolution, though the popularity of Norfolk shawls during the 18th and 19th centuries provided weavers with work for a while. A fascinating afternoon.

Elvie Herd

Next meeting: Wednesday 16th October: Fornication and Penance—unlocking the Consistory Court Archive, by Jonathan Draper.

All meetings are held in St John's Lecture Hall, George Lane, Loddon starting at 1:30pm. Admission £3 (includes light refreshments). All welcome. Email: Carol (chetcottchippy@hotmail.com) or Elvie (elvie.herd@uwclub.net).

Adepta Accountants

Fully qualified accountants on your doorstep

- Self Assessment tax returns
- Bookkeeping & VAT
- Making tax digital
- Accounts for small businesses
- Limited companies
- Rental accounts
- Tax advice & planning

Call Jacquie 01508 537024

jacquie@adepta-online.co.uk

Hill Farm, Kirby Road, Kirby Bedon NR14 7DU

GREAT YARMOUTH AGGREGATES

Open to Trade & Public
Delivering in your area-



Sand
Cement

Type 1
Topsoil

10 & 20mm Ballast

10 & 20mm Stone

20mm Granite

25kg Bag Salt Tablets

Call for a Competitive Quote 01493 604922

www.gyaggregates.co.uk

Scarlett

AUTO SERVICES

 Mercedes
specialists 

Servicing and repairs on all makes of vehicles

- MOT Testing Station
- Diagnostic fault code reading
- Tyres repaired & fitted
- Batteries supplied & fitted
- CAM belts
- Brakes
- Clutches
- Exhaust Systems



01508 521886 or 01508 522995

sjscarletttd@gmail.com

Unit 7-9, Langley Road Trading Estate, Langley Road, Chedgrave, Norwich NR14 6HD



Mercedes-Benz

Read Any Good Books Lately?

After that Night by Karin Slaughter

Sara is a doctor, who had an exceptionally promising career ahead of her, until she was attacked and her life was sent spinning off track. She's come to terms with what happened to her, but certain things act as a trigger, when a girl is brought to the emergency room, after being attacked and stalked, she decides to try and help justice be done. However, this means going down a whole labyrinth of horror. I really enjoyed this book, with its myriad twists and turns, although it's not for the faint-hearted!

Malibu Rising by Taylor Jenkins Reid

I loved this author's book Daisy Jones and the Six. Malibu Rising is equally as good, although not quite the same fascinating subject matter (Daisy Jones is loosely based on Fleetwood Mac's relationships) but set in California with similar characters that catch fame and then lose sight of themselves. It's the story of a family who lose their father to success, and their mother to alcoholism, but manage to knit themselves together and survive despite it all. It's the perfect escapism read!

Shrines of Gaiety by Kate Atkinson

I'm going through a bit of a Kate Atkinson phase! Everything I read by her is so brilliant and she's such a master of her craft. I also really love the genre she occupies, crime mystery coupled with literary fiction. This is the story of a family that run nightclubs in London in the roaring twenties. The characters in it are fascinating, from Nellie Coker, the matriarch and ruthless ruler of the clubs to Gwendolen Kelling, a librarian who has come to find some missing girls from her hometown up North.

I'm going to read...

Brotherless Night by V.V. Ganeshanathan

Set in Sri Lanka over the period of civil war from the 1980s this novel was recommended to me by a friend who is of Sri Lankan heritage. It follows a young girl who dreams of being a doctor and joins the Tamil Tigers to work in one of their field hospitals. But as her eyes open to the mounting atrocities on both sides she agrees to join a secret project documenting human rights violations.

Ruth Redford



01508 TAXIS

Any where! Any time! Any Day!

Local trips or long distance. Airport Transfer Specialists. Wheelchair Friendly Vehicles.
Got an appointment, wait and return. Children taken to and from school.
Lady drivers available. All drivers fully CRB checked. PATS and First Aid Trained drivers.

COURTEOUS, RELIABLE AND PUNCTUAL

Business and Private accounts welcome. Ring back on missed calls.

24hrs a day; 7 days a week; with NO increase after midnight.

Email: 01508taxis@mail.com : www.01508taxislondon.co.uk

Vanessa & Pat welcome
old & new customers

Tel: 01508 321321

4, 6 & 8
seaters

General Garden Maintenance

Grass Cutting
Hedge Trimming
Fencing Creosoting
Garden Clearance



"Give Rob a call and he'll do it all"

Rob Gunton

01508 520194 or 07891 353056



Hales Fencing and Paving

All Fencing, Block Paving, Patios and
Landscaping work carried out, fully insured.

Contact: - Neil Burwood

www.halesfencingandpaving.com

01508 549 958 / 07900 582 683



Find us on
Facebook

Decorating

Ian Poole

Painting, Tiling, Wallpapering
Hand-painted kitchens & furniture

01502 710257 / 07952022436

E: decor@ipooledecorator.co.uk

www.ipooledecorator.co.uk

Reliable & Insured



WTS

Woodmen Tree Services

Tree reductions Tree removals
Stump removal Hedge trimming
Firewood deliveries etc

Free quotations

Fully NPTC qualified and insured
Contact Michael for any enquiries

you may have

07502 627074 - 01493 601249

Email: [woodmentreeservices](mailto:woodmentreeservices@hotmai.com)

@hotmail.com

[https://www.facebook.com/](https://www.facebook.com/woodmentreeservices/)

[woodmentreeservices/](https://www.facebook.com/woodmentreeservices/)

GARDEN MAINTENANCE

Garden Maintenance

Trees
Hedges
Shrubs
Strimming

Allotments /
Vegetable Plots

Initial Start up
Maintenance

ROBERT WHITING

07446 749051 / 01508 522934

Over 30 Years Experience

Nature Notes

By the time you read this article, Autumn will be well upon us and, all being well, we can enjoy the various hues of reds, oranges, and browns that adorn our deciduous trees. Our Summer migrant birds will have left for warmer climes and will be replaced by birds seeking better conditions from further north. During this month we should be serenaded by skeins of pink footed geese. Fieldfares and redwings (winter thrushes) should be arriving. Will this be a waxwing year when we see a large influx of this colourful bird, or will they be a scarcity? We will have to wait and see.

Back to the here and now in early September as I write this, swallows were noticeable for their absence at Hardley Staithe as I walked our dogs late morning, though I had seen them earlier over our home and on our way to Seething. Yes, I have reverted to walking our dogs late morning, though I enjoyed the early morning walks in the cool of the day, I found getting up that early was taking its toll on me. Since last writing, the only different bird species I have seen down there is a large white egret, which initially I took to be a mute swan flying towards the shooting pits, then quickly realised my mistake as the flight was wrong for a swan. A couple of weeks back a friend messaged me saying a black redstart was around the staithe. It had gone by the time I got there, but I was sent a couple of beautiful photographs of the bird. Black redstart is a robin-sized bird, mostly grey/black in colour with a rusty orange rump and tail.

The fox I mentioned last month was at the staithe on three consecutive mornings. I was also entertained by a stoat early one morning that kept running back and forth on the path. One day I will get a photo of their playful inquisitive nature.

Talking of photos, a couple of evenings back I left our home to check our feeding station. There were no birds but at the base of it was a young hedgehog, which I did manage to capture on my phone. I have also managed to get a few shots of obliging dragonflies.

The other day at Seething I noticed what I took to be a piece of plastic glinting in the sun. On closer inspection it turned out to be the cast-off skin of a grass snake. It reminded me of a box of treasures I had as a child which included a complete grass snake skin along with a foot-long sun-dried pipe fish (no it didn't smell) and other goodies. I also had, from a later age, a Barn Owl pellet that I had taken apart in water, dried and mounted the various bones. If my memory serves me well it contained bones from a field vole, bank vole and shrew. Sadly, my collection has got lost in the mists of time.

Do wrap up warm, and go out and see just what you can see.

Richard and Rachel Hull

MARTIN STOREY
OPHTHALMIC OPTICIANS

“Clear Vision Exceptional Care”

BECCLES PRACTICE

82, NORTHGATE,
NR349AY
01502471915

BUNGAY PRACTICE

3 UPPER OLLAND STREET
NR351BD
01986948188

WEBSITE: martinstoreyopticians.com

[martinstoreyopticians](http://martinstoreyopticians.com)

martin_storey_opticians

**JOHN RAMSEY
GAS SERVICE**



Heating & Plumbing Services

Boiler Service from £52

Servicing of all Gas Appliances incl. LPG
jrgas@btinternet.com

01508 528304 07799 841163

John Ramsey Gas Service, Loddon



Paths & Patios inc. Porcelain & Sandstone,
Driveways, Fencing, Digger work
Wood & Composite Decking, Hedge & Tree
Trimming. General Clearance and more.
free quotations available

Stuart Frost

High Bungay Road, Loddon
07900 432108

Stuartfrost1985@icloud.com



LAWN CUT PRO.
LAWNS MADE SIMPLE

**YOUR LOCAL
HASSLE FREE
LAWN MOWING SERVICE**

**I'LL ROUTINELY MOW YOUR LAWN
FOR A SIMPLE PRICE PER CUT**

- Your own tailored mowing schedule.
- Easy payment options.
- A top quality professional cut.
- Specialist knowledge to keep your lawn in top condition.
- No need to be at home.

**PEACE OF MIND YOUR LAWN IS
TAKEN CARE OF.**

CONTACT ME TODAY **07943 654 416**
lawncutpro.co.uk

ECOPAINTERS

Interior & Exterior Painting

- * Dustless sanding
- * Interior/Exterior lime wash specialist
- * 14years experience
- * Free quotes
- * Fully Insured
- * Repairecare™ filling lasts up to 10yrs
- * Glazing repairs

Contact Oliver on **07824679329**

Email: oliver.ecopainters@gmail.com

Website: www.ecopainters.org.uk

WALKER ELECTRICAL

Domestic Electrical Services

For extra sockets, new lighting,
PAT Testing, fault finding,
fuseboard upgrades, rewires & more...

Call 01502 712763 or 07824 723319

for a free, no obligation, estimate

Trevor Walker BSc. City & Guilds Qualified Electrician

Elecsa Registered, Part-P Approved Contractor

Elecsa Registration Number 34554

E-mail: trevor@walker-electrical.co.uk

www.walker-electrical.co.uk

Gardening Notes

Growing Fruit and Veg from Scratch—Part 5c: Soil Health

The recent archaeological investigation in Chedgrave demonstrated the lack of topsoil and prompted a friend into remembering a farmer's description of Chedgrave's "hungry old land". So it's timely I am continuing the theme of sustainably improving soil health.

The best manure I ever had was from a farming friend who had reluctantly sold off his dairy herd and several years later steeled himself to clearing the yard and buildings. I helped and received a rich bounty of well-rotted manure but applied it too thickly across all the garden. I got a lot of very leafy growth, but a significant long term improvement in the soil. Cow manure in small amounts is not usually available, but you can usually find horse manure. If it's coming from the stable door or cow shed, it is typically quite fresh and needs to be kept up to a year before use, otherwise it will draw nitrogen from the soil as it rots. When storing it is best to keep the rain and air out to stop the nutrients disappearing.

You can buy manure dried in bags, but this will already have lost some nutrients and the straw that is useful in building soil structure. Also remember weed seeds will survive the passage through animal stomachs so expect a fine crop of these as well. If you keep rabbits or chickens, then their manure can be added to your compost bins as an activator. If you want to find out about using 'humanure' read Bob Flowerdew's Organic Bible.

Andrew Milner

From the Garden

There's a noticeable change in the air, the smell of drying leaves and something poignant. A certain finality knowing that after I've enjoyed harvesting my crops, everything will either die back or go into dormancy until next year.

I have been cutting the hedge in sections with Dad's old shears. Partly because it is the environmentally friendly way and mostly because I cannot be bothered to get the electric flex out of the shed. I have also used them to cut back the *Hotlips* salvia and enormous lavender bushes, which until recently were so full of bees they were positively joyful. My secateurs have also been busy of late, dead-heading, cutting back the dead stems of finished plants and tidying up the roses and pot grown trees.

The lack of water for several months has taken its toll on the Bramley tree, despite pouring our bath water around the roots, so many fruits have dropped and they aren't nearly as big as usual and most have scab or are starting to rot. Outside the kitchen window are hanging baskets still with plenty of ruby jewels of *Tumbling Toms*, tomatoes; perfect for popping into my mouth as I pass by. Despite a dry year and being away for a month we have enjoyed our harvest. I grew melons for the first time, they are rather small as are my pumpkins. The Autumn-fruiting raspberries have been so sweet and juicy. Lots of little cucumber *La Diva*, a few Butternut squash, giant red celery (which isn't very big but very tasty) and heaps of tomatoes, my beans are only just getting going and the squirrel has taken all the hazel nuts. All the same I am very grateful for our bounty.

Hazel Copland



Corton House

Loving Care and Support

"My dad is a totally different man since coming to Corton House. He was lonely, now he is really happy and content."

We are a not-for-profit care home for older people, with a Christian ethos, welcoming to all. Situated in delightful gardens, we offer en suite rooms, freshly cooked meals and a varied activities programme. Get in touch to book your tour and find out more.

**City Road, Norwich, NR1 3AP • www.cortonhouse.co.uk
01603 620119 • manager@cortonhouse.co.uk**

Halls for hire in Loddon
Parties, christenings
meetings, workshops
exercise classes.....



Volunteers!
Help us to restore and
preserve historical
buildings in Loddon.

01508 521173 - loddonbpt@gmail.com - The Hollies, 10 High Street, Loddon, NR14



'ACCOMODATION IN CENTRAL LODDON' The Barn offers 'The Garden Room'-(off Loddon High Street)



Lovely self-contained converted barn room with private access, off street parking overlooking garden close to amenities and eateries.
Ideal for family reunions, celebrations & weddings
Booking via: the Airbnb website at: <https://airbnb.com/h/thebarnyardroom> or
Phone Tracyann Corke 07522675935 /
Email: lokefolk@yahoo.com



BROWNE & SONS

KEEPING YOU MOTORING

- Catering for all your automotive requirements since 1952
 - Vehicle sales, service & repair
 - Air-Conditioning recharge & repair
 - Tyres, brakes & exhausts
 - Local collection & delivery
 - Courtesy car fleet
- MOT Testing Station – Cars, vans & motorcycles



www.browneandsons.co.uk

TEL 01508 520315 EMAIL service@browneandsons.co.uk

Loddon Industrial Park, NR14 6JD

R.B. COPPING

FUNERAL SERVICE

Independent family Funeral Directors Since 1935

For Personal Attention with
Dignity and Respect

Private Chapels of Rest

Memorials & floral
tributes supplied

Pre-paid funeral
plans available



56 Langley Road, Chedgrave, Norwich, NR14 6HE
www.coppingfunerals.co.uk Tel: 01508 521159





Roberts & Son Printers

For all your printing requirements

Established for over 60 years



01508 520221



print@robertsandson.co.uk

Digital, Litho & Wide Format Colour Printing



Print

From business cards to large full colour posters & banners, and everything in between, we are able to print a range of different bespoke items for you at the highest quality and at competitive prices. No matter if you need just one copy or thousands, we can print it.



Design

Our in-house designers can work with you to develop new designs or work with your existing branding guidelines. If you already have existing artwork that you would like to use, no problem - we can use with that too. We strive to realise the vision that you have.



Supplies

We stock a selection of office supplies, including plain A4 & A3 copier paper, coloured paper, envelopes & printable labels. Additionally, we supply ink cartridges for home printers & toner cartridges for laser & office printers, along with other printer consumables.

2-6 Bridge Street • Loddon • Norwich • NR14 6EZ

LODDON MOTORTEC LTD

MOT TESTING CENTRE with the most up to date equipment . Seated viewing area .

Vehicle servicing and repairs carried out to a high standard by experienced qualified technicians. All our services include a brake strip and inspection .

Hybrid and Electric car repairs and servicing

With technology moving fast in the motortrade we are well qualified and happy to offer a cost effective alternative to the visiting the main dealer network.

TYRES DIRECT A huge range of makes and sizes direct from the largest wholesaler suppliers daily .Fitted and balanced free.



Independent



Family business

LODDON MOTORTEC LTD

Loddon Business Park, Beccles Road Loddon

TELEPHONE 01508 521949

RAC

Accredited Repairer