

XTRA! 19th July 2018

We cannot gather together in St John's, but we can gather spiritually as we worship today. So first, refresh yourselves with something to eat and drink. Why don't you light a candle and make your space as we sing:

Gathering Song: *Be Still and Know that I Am God*

During which the table is set (green cloth) and candle is lit.

Greeting

Peace be with you **And also with you**

Kyrie Confession

Introduce confession. Then:

Father God, we are sorry for the times when we have thought things that do not please you. [*pause*]

Lord have mercy **Lord have mercy**

We are sorry for the times when we have said things that do not please you. [*pause*]

Christ have mercy **Christ have mercy**

We are sorry for the times when we have done things that do not please you. [*pause*]

Lord have mercy **Lord have mercy**

Absolution

May the God of love bring us back to himself, forgive us our sins, and assure us of his eternal love in Jesus Christ our Lord. Amen.

Gloria: Gloria round

<https://www.youtube.com/watch?v=8TbiHrDQoWM>

Reading David and Goliath

This story is from the Old Testament. It happened when Saul was King over God's people – their first King. The Israelites were fighting the Philistines. The Philistines had challenged the Israelites to fight their champion – whoever won in that fight would have won the war. The Israelites were all scared til along came shepherd boy, David.

Read it in the Bible: I Samuel 17 or...

<https://www.youtube.com/watch?v=2-qfUZoiBdk>

Wondering questions

I wonder which part of this story you like the best?

I wonder what the soldiers thought about David when he said he would fight Goliath.

David defeated Goliath. I wonder what they said about him once David had won.

David knew that God had helped him before his famous fight. I wonder if you can think of times when God has helped you?

Activity

Goliath was ~9 feet tall and David was pretty small.

I wonder how tall you are?

Lie down on the ground. Put a stone to mark where your feet are and where the top of your head is.

Use a tape measure to measure how tall you are.

Put another stone for Goliath's feet and then measure out 9 ft (2.75m). Put a stone where his head would be.

I expect he is taller than you are! I wonder if you can work out how much taller he is.

Song I'm Gonna Trust in God

URL: <https://youtu.be/GATtjkr-IQY>

I'm gonna trust in God, I'm gonna trust in Jesus,
Without shame and without fear.

I'm gonna fix my eyes on the hope of glory
For His day is drawing near.

How great is the love of God.

How steady is His hand

To guide me through this world,

And though I am weak in Him I stand,

And you will hear me say, today, in faith,

I'm gonna trust in God. I'm gonna trust in Jesus,
Without shame and without fear.

I'm gonna fix my eyes on the hope of glory
For His day is drawing near.

How great is the love of God...

Now when the cares of life seem overwhelming
And my heart is sinking down,

I'm gonna lift my hands to the One who'll help me,
To the One who holds my crown.

How great is the love of God...

Prayer

Even though David was much smaller than Goliath, God was much bigger than Goliath! In fact, God is much bigger than any problem that we might have. And that is why David could trust God – that he would help him with his very big problem.

I wonder what difficult things you have to face. Spend a moment quietly thinking about them.

Then lift your hands up to God and ask him to help you.

Lord's Prayer

Our Father in heaven, hallowed be your name.

Your Kingdom come, your will be done,

On earth as in heaven.

Give us today our daily bread.

Forgive us our sins,

As we forgive those who sin against us.

Lead us not into temptation;

but deliver us from evil.

**For the kingdom, the power, and the glory are yours
now and for ever. Amen.**

Blessing

May the lightness of God go with you

May the brightness of God go with you

May he shine on all you do. May God bless you.

Messy Grace

May the grace of our Lord Jesus Christ,

The love of God, And the fellowship of the Holy Spirit

Be with us all evermore, Amen.

Resources:

Refreshments

Green cloth, candle, matches

Bible

Four stones, Tape measure