



# Bell Handling

What are my targets?

<p><b>Safety and control</b>          Test bell for up/down          Tie up rope</p>	<p><b>What are we looking for?</b>          Is the bell under control?          Is the bell rung without bumping the stay?          Comfortable stance?          Can you raise and lower taking coils?</p>
<p><b>Bell control</b>          Ring bell unaided          Ring bell up          Ring bell down          Stand at handstroke          Stand at backstroke          Stand bell x 10 at Backstroke          Stand bell x 10 at handstroke          Stand bell x 10 alternate strokes          Change speed at handstroke          Change speed at backstroke          Ring rounds on 3          Ring rounds on 4</p>	<p><b>What are we looking for?</b>          Is the rope pulled vertically at backstroke?          Is the rope pulled vertically at handstroke?          Do both hands leave the sally together?          Is hand transfer to tail end immediate?          Both arms at comfortable stretch at backstroke?          Hands low enough at the end of backstroke?          Hands close together on the tail end?          Hands close together on the sally?          All fingers around the sally?          Tail end facing the ringer?          Hands high enough at top of handstroke?          Both hands move down to bottom of handstroke?</p>
<p><b>Theory Targets</b>          Name the parts of a bell          State the function of the stay</p>	



# Foundation Skills

What are my targets?

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## Practical Targets

Rounds on 6

Call changes at handstroke

Call changes at backstroke

Leading

Place making at handstroke

Place making at backstroke

Dodging over at handstroke

Dodging over at backstroke

Mexican Wave

Call simple call changes

Call to Queens and back

## What are we looking for?

Is the bell under control?

Is the bell rung without bumping the stay?

Listening to your bell in rounds

Adjusting rope lengths change speed

Catching sally higher or lower to change speed

Competent changes of place

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## Theory Targets

Understand concept of place in row

Ringling Jargon

•Back/front

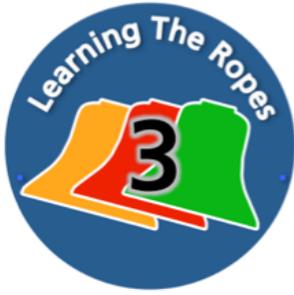
•Lie/lead

•Cover

•Treble/Tenor

•Up/down

•Quick/slow



# Introduction to Change ringing

What are my targets?

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## Practical Targets

Plain Hunt from an inside bell  
Plain Hunt 3 inside bells  
Plain Hunt treble  
Plain Hunt treble to plain course of  
Doubles  
Plain Hunt treble to touch of Doubles  
Cover to Plain Hunt on 5  
Cover to plain course of Doubles  
Cover to touch of Doubles  
Say "Go" and "Stop" for Plain Hunt on 5  
Quarter Peal on treble to Doubles  
Quarter Peal on tenor to Doubles

## Theory Targets

Understand term "course bell"  
Understand term "after bell"  
Write out Plain Hunt on 4 bells  
Write out Plain Hunt on 5 bells

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