

Parish Magazine—February 2024
60p





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From the Rectory

Dear Parishioners,

With Easter being very early this year, it means that Ash Wednesday will be upon us before we know it, (14th February). I've noticed in recent years that much is made of Shrove Tuesday, or Pancake Day as it is more commonly referred to in a secular context. Supermarkets encourage people to buy, not just the ingredients to make pancakes, but other essentials including new frying pans and whisks plus a whole variety of sweet toppings.

Now there is nothing wrong per se about this, but it does rather detract from the original intention of Shrove Tuesday. Which, as I'm sure you are familiar with, was to use up the last of any butter, cream and eggs, that would be forbidden during Lent. In the Middle Ages the church bell rang, known as the Shriven bell, to call everyone to church to be 'shriven', given absolution following the confession of their sins. Then people could make pancakes and generally have some fun and games before the rigours of Lent began the next day. And in numerous countries today, especially Latin America there are Mardi Gras (Fat Tuesday) processions and carnivals.

Then the following day was and is Ash Wednesday when those who had particularly broken church laws walked bare foot through their town or village to show how sorry they were, then they would be marked with ashes on their forehead as a sign of repentance. Gradually over time others came to church to repent of their sins and have ashes put on their forehead.

We will be having an Ash Wednesday service on 14th February at 9.30am at St Nicholas' Church Centre, everyone will have the opportunity to have the sign of the cross marked on their forehead with the words "Remember that you are but dust and to dust you will return, turn away from sin and be faithful to Christ" Reminding us that we are totally depended on God; and as we journey through Lent we are reminded of the sacrifice that Jesus made for all people.

I pray that you will have a holy and blessed journey through Lent.

From.

Rev Alison



SERVICES IN FEBRUARY

Sunday 4th February 2024

Parish Eucharist—10:00am, St. James'

Thursday 8th February 2024

Holy Communion 09:30am, St. Nicholas

Sunday 11th February 2024

Parish Eucharist—10:00am, St. James'

Ash Wednesday Service

14th February 2024

Holy Communion & Imposition of Ashes

09:30am, St. Nicholas

Thursday 15th February 2024

Holy Communion 09:30am, St. Nicholas

Sunday 18th February 2024

Parish Eucharist—10:00am, St. James'

Evening Prayer—4:00pm, St. James'

Thursday 22nd February 2024

Holy Communion 09:30am, St. Nicholas

Sunday 25th February 2024

Parish Eucharist—10:00am, St. James'

Thursday 29th February 2024

Holy Communion 09:30am, St. Nicholas

Lent and Holy Week 2024

14th February - Ash Wednesday. 9.30am Service of Holy Communion with Imposition of Ashes, at St Nicholas' Church Centre

Monday 4th March – 11am Lent Bible Study followed by a soup lunch in aid of CMS. At the St Nicholas Centre

Sunday 10th March – 10am Family Communion for Mothering Sunday at St James'.

Monday 11th March – 7pm Talk by the Venerable Stuart Fyfe, Archdeacon of West Cumberland, entitled "The Holy Land in Peace and War". At the Salvation Army Citadel, Catherine Street.

Holy Week Services

Sunday 24th March – 10am Parish Communion for Palm Sunday with reading of the Passion Narrative.

Monday 25th March – 7pm Stations of the Cross with the Mothers' Union, at St James'. Everybody welcome.

Tuesday 26th March – 2pm Stations of the Cross at St James'

Wednesday 27th March – 4pm Stations of the Cross at St James'

Thursday 28th March – Maundy Thursday 7pm Service of Holy Communion with stripping of the altars.

Friday 29th March – Good Friday 12noon Whitehaven Mission Community Service outside St Nicholas' Church Centre.

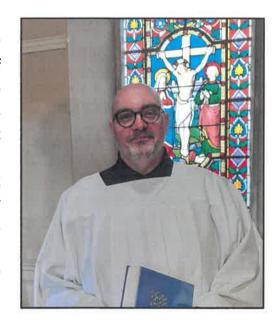
2pm An hour at "The Foot of the Cross" at St James'

Sunday 31st March – Easter Sunday 10am Parish Communion



AN ORDINAND'S JOURNEY

It seems like an age since I last wrote one of my columns for our wonderful parish magazine and so much has happened since. For me and my fellow third year ordinands we are busy writing self evaluations and assignments as the pace picks up to get everything finished before our ordinations this coming Petertide. There is so much to do and it seems like there is no time to do it in. For me and my colleagues these next few months are exciting and stressful and we must remember to keep our eyes fixed on God and trust that he has seen us this far and won't let us down...I do wish he would write some assignments for me though...that would be nice.



One of our final modules is Missional Ecclesiology which sounds like a real mouthful doesn't it? To put it simply it is looking at how we as the church fit into God's plan of salvation for the world, what our missional role is and the different ways that it might look like in different contexts such as Fresh Expressions and Church Planting. For those to whom those terms are new, Fresh Expressions are new ways of doing church in places where one might not expect to find a Christian community. Church planting is exactly what it sounds like. It is setting up a new church somewhere in an old shop, a factory or perhaps in a school hall or community centre on a housing estate.

These new ways of being church are not saying that the established parish system has had its day, indeed a good strong parish church can be enormously missional and have a huge impact on the community it serves, but what it is saying is that church might not look like what we are used to in different places yet it is no less a church. I cannot deny that I am a real advocate for the time honoured ways and I'm quite a traditionalist, but I do see the real value in the Fresh Expressions springing up around our own diocese. As Christians we are a pilgrim people called to movement and follow where God leads us to be.

Over the next few months I will learn more about this subject and also about how we as the Church of England work alongside other denominations and faiths here in the UK as we try to promote harmony and understanding between us all. I shall keep you all posted as I am sure it will be an interesting topic.

Until then, every blessing

Dave Flitcroft.

High Days & Holy Days for February

13st February - Shrove Tuesday, Pancake Day

Ever wonder why we eat pancakes just before Lent? The tradition dates back to Anglo-Saxon times, when Christians spent Lent in repentance and severe fasting.

So on the Tuesday before Ash Wednesday, the church bell would summon them to confession, where they would be 'shriven', or absolved from their sins, which gives us *Shrove* Tuesday. At home, they would then eat up their last eggs and fat, and making a pancake was the easiest way to do this. For the next 47 days, they pretty well starved themselves.

Pancakes feature in cookery books as far back as 1439, and today's pancake races are in remembrance of a panicked woman back in 1445 in Olney, Buckinghamshire. She was making pancakes when she heard the shriving bell calling her to confession. Afraid she'd be late, she ran to the church in a panic, still in her apron, and still holding the pan.

Flipping pancakes is also centuries old. A poem from Pasquil's Palin in 1619 runs: "And every man and maide doe take their turne, And tosse their Pancakes up for feare they burne."

Some people have noted that the ingredients of pancakes can be used to highlight four significant things about this time of year: eggs stand for creation, flour is the staff of life, while salt keeps things wholesome, and milk stands for purity.

Shrove Tuesday is always 47 days before Easter Sunday and falls between 3rd February and 9th March.



14th February - Ash Wednesday, mourning our sins

Lent begins with Ash Wednesday. But why 'Ash' Wednesday? The reason has to do with getting things right between you and God, and the tradition goes right back to the Old Testament.

In the Old Testament, the Israelites often sinned. When they finally came to their senses, and saw their evil ways as God saw them, they could do nothing but repent in sorrow. They mourned for the damage and evil they had done. As part of this repentance, they covered their heads with ashes. For the Israelites, putting ashes on your head, and even rending your clothes, was an outward sign of their heart-felt repentance and acknowledgement of sin. (See Genesis 18:27; 2 Samuel 13:19; Job 2:8, 30:19; Isaiah 58:5; Jeremiah 6:26; Jonah 3:6)

In the very early Christian Church, the yearly 'class' of penitents had ashes sprinkled over them at the beginning of Lent. They were turning to God for the first time, and mourning their sins. But soon many other Christians wanted to take part in the custom, and to do so at the very start of Lent. They heeded Joel's call to 'rend your hearts and not your garments' (Joel 2:12-19). Ash Wednesday became known as either the 'beginning of the fast' or 'the day of the ashes'.

The actual custom of 'ashing' was abolished at the Reformation, though the old name for the day remained. Today, throughout the Church of England, receiving the mark of ashes on one's forehead is optional. Certainly, the mark of ashes on the forehead reminds people of their mortality: "Remember that you are dust and to dust you will return..." (Genesis 3:19)

The late medieval custom was to burn the branches used on Palm Sunday in the previous year in order to create the ashes for today. Our service will take place at St. Nicholas' at 9:30am on Ash Wednesday.



14th February - The very first Valentine card, a legend

The Roman Emperor Claudius II needed soldiers. He suspected that marriage made men want to stay at home with their wives, instead of fighting wars, so he outlawed marriage.

A kind-hearted young priest named Valentine felt sorry for all the couples who wanted to marry, but who couldn't. So secretly he married as many couples as he could - until the Emperor found out and condemned him to death. While he was in prison awaiting execution, Valentine showed love and compassion to everyone around him, including his jailer. The jailer had a young daughter who was blind, but through Valentine's prayers, she was healed. Just before his death in Rome on 14th February, he wrote her a farewell message signed 'From your Valentine.'



CUPPA & A CRACK

Join us for a cuppa and a crack on the 2nd and 4th Mondays of every month.

A chance to read the paper, play a game of cards or dominoes or perhaps put your craft skills to the test



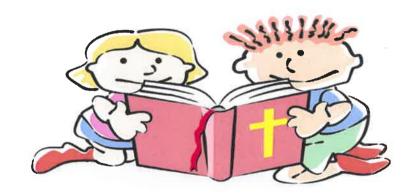
10.30am to 12.30pm St. Nicholas Church Centre 12th & 26th February

11th & 25th March

TODDLER CHURCH

The smallest of people take their first steps to God.

Come join us and be sure of a warm welcome, where everyone can feel relaxed. From the tiniest of babies right up to those starting school and their carers.



2pm to 3pm
St James' Community Centre
(opposite Church)
6th & 20th February
5th & 19th March

Spreading Christmas Cheer for all to hear

December is always a special time in schools - this year was no exception! The message to the children of St James' Junior School this year was appreciate the time of advent and show thanks for being able to be part of special events at this time of year. As Head, I am grateful of being able to rekindle these experiences that for some time had to be captured via zoom or even cancelled altogether, due to the pandemic.

This December, our Year 3 & 4 children were able to perform in our school Nativity, named 'The Christmas Jigsaw'. The traditional Nativity story was told via a group of children who discover an old jigsaw with each jigsaw piece revealing an important event or character. The last piece, of course, being the arrival of baby Jesus. The children were absolutely brilliant and were able to perform, sing and dance in front of a packed St James' Church filled with proud parents and wider families.

Our children visited St James' Church a number of times during December to sing for the community. On our last day of school, we joined with staff and children from our infant school to sing in a lovely carol service. Also, a smaller group of children, supported by Catherine Marcangelo and the Committed2Rock Choir, sang together for the community one Friday evening in December. The night included children's favourites including 'Rudolph the Red-nosed Reindeer' and 'Santa Clause is coming to town', as well as some traditional hymns. For the performance, our children were envious of the adult choir having a name so decided to call ourselves: 'The St James' Jolly Jinglebell Choir – and they certainly were a jolly old bunch!

The Jolly JingleBell Choir joined forces once again to sing for the residence at Rose-hill Residential Care Home. This was an emotional return to Rosehill Care Home for the first time since before the pandemic, but witnessing this was an experience that will stay with me for some time. The children sang a collection of their songs, with the residents so impressed that many of them got out of their seats and joined each other and staff to dance along to our Christmas songs. We certainly spread the Christmas cheer that day!

Finally, I would like to mention a final Christmas tradition which is our school Christmas meal. This was extra special this year with the return of Mrs. Raby who had had retired earlier in the year after 23 years as a school cook. Rather than preparing the meal this year, she was instructed to sit and enjoy her turkey dinner with all the trimmings. She left with a big smile and a 5-star review of the meal. As we embark on a new year, we are hopeful at being able to provide another great year at St James' Church of England Junior School.





MOTHERS' UNION DECEMBER 2023



Christmas Lunch: This year the Christmas Lunch was at the Chase Hotel. The Staff were friendly, the food was delicious and the company very good and we were very pleased to have Revd. Alison with us. Everyone said how much

they had enjoyed themselves. A very good start to the Festive Season.

Advent Carol Service. This was a beautiful service, and once again everyone said how much they had enjoyed it. Revd. John Woolcock gave The Address, reminding us what Christmas means to us. Revd. Margaret Goddard did The Intercessions, also reminding us of all we have to be thankful for and praying for peace in this sometimes, troubled world. We had the usual beautiful Advent Carols, including O Come, O Come Emmanuel. Sheila Kelly read Advent by John Betjeman and Jan read The Sheepdog by Ursula Fanthorpe.

After the Service we went into the café for tea and coffee, mince pies and shortbread. A big thank you to all who worked so hard to make this a perfect end to our 2023 meetings.

Next Meeting is the AGM on Tuesday 13th February 2024, 2pm in St. Nicholas Chapel, when hopefully the new programme cards will be ready.

Jan Whinn

BRASS CLEANERS FOR FEBRUARY

June Henderson and Sandra Cowx

CHRISTMAS

When the song of the angels is stilled When the star in the sky is gone, When the kings and princes are home, When the shepherds are back with their

FIOCK.

the work of Christmas begins

to find the lost,

to heal the broken,

to feed the hungry,

to release the prisoner,

to rebuild the nations,

to bring peace among others,

to make music in the heart.

(Howard Thurman)



This was one of the prayers in the Diocese of Carlisle MU News Autumn and Winter 2023 booklet.

Thank You

Can we say a huge WELL DONE and THANKYOU to Deb Lee our Diocesan President who has raised £2,000 for MU Summer of Hope Appeal. As she says in her Just Giving page "I have cycled from St. Bees Priory to the Mothers Union Annual Gathering in York. That's 200 miles and 4,500m of cycling uphill. Although the 47 miles against the wind on day 4 felt like going uphill!!"

We, as a branch, are very proud of her.

ICE

Wan sunlight filters through The morning mist. But barely warms the chillsome air; Deep blue the cloudless sky And all is still, as Jack Frost stands O'er his night's work To survey and admire, As row on row the spiny crystals gleam. But walkers do beware This crisp and sugary scene, Which so beguiles the senses And the boot, that in a trice. From 'neath the unwary Deftly pulls the rug And sends one earthwards with a thump: All's chaos in a second. Struggle, thrash and grab As well we may, The trick's so quick We're horizontal in a flash And wondering how The ground came up so fast. Alan Gane.

Winter Now

'Tis winter now; the fallen snow
Has left the heavens all coldly clear;
Through leafless boughs the sharp winds blow,
And all the earth lies dead and drear.

And yet God's love is not withdrawn;
His life within the keen air breathes;
His beauty paints the crimson dawn,
And clothes the boughs with glittering wreaths...

O God! Who giv'st the winter's cold, As well as summer's joyous rays, Us warmly in thy love enfold, And keep us through life's wintry days.

From a poem by Samuel Longfellow 1819-92



Sometimes women are overly suspicious of their husbands. ..

When Adam stayed out very late for a few nights, Eve became upset. "You're running around with other women," she charged.

"You're being unreasonable," Adam responded. "You're the only woman on earth." The quarrel continued until Adam fell asleep, only to be awakened by someone poking him in the chest. It was Eve. "What do you think you're doing?"

Adam demanded.

"Counting your ribs," said Eve.

Bye bye

I like long walks, especially when taken by people who annoy me.

Unhappy in love

I think my girlfriend's hallucinating. She keeps telling me she's seeing other people.

Off to the vet

In his younger days our golden retriever Catcher often ran away when he had the chance. The vet's surgery was about a mile down the road, and Catcher would usually go there. The nursing staff knew him and would call me to come pick him up. One day I called the vet to make an appointment for Catcher's yearly vaccine. "Will you bring him," asked the receptionist, "or will he come down on his own?"

And if love should die....

While we were working at a men's clothing store, a customer asked my colleague to help her pick out a tie that would make her husband's blue eyes stand out. "Ma'am," he explained, "any tie will make blue eyes stand out, if you tie it tight enough."

Definition of old

Grandchildren don't make a man feel old; it's the knowledge that he's married to a grandmother.

Family

Last night our wifi stopped working, so I had to spend a few hours with my family. They seem like good people.

Crossword for February 2024

Across

- 1 Success or wealth (Deuteronomy 28:11) (10)
- 7 Forbidden fruit for Nazirites (Numbers 6:3) (7)
- 8 Concede (Job 27:5) (5)
- 10 Look at (Psalm 48:13) (4)
- 11 Much in evidence after weddings (8)
- 13 Condense (Job 36:27) (6)
- 15 Breakwater (6)
- 17 Give a tan (anag.) (8)
- 18 More usually now called Pentecost, Sunday (4)
- 21 After living for 365 years, it was said of him that 'he walked with God' (Genesis 5:23–24) (5)
- 22 Trampled (Judges 9:27) (7)
- 23 For example, Miriam, Deborah (Exodus 15:20; Judges 4:4) (10)

Down

- 1 Arrogance (Proverbs 8:13) (5)
- 2 Roman poet from first century BC (4)
- 3 So rapt (anag.) (6)
- 4 Declare again (2 Corinthians 2:8) (8)
- 5 Paul's 'fellow worker', to whom he sent two epistles (Romans 16:21) (7)
- 6 God's foreseeing care and protection (Job 10:12) (10)
- 9 Traditional form of Roman Catholic Mass (10)
- 12 'The Lord... has given the of Israel to David and his descendants for ever' (2 Chronicles 13:5) (8)
- 14 'My soul glorifies the Lord and my spirit rejoices in God my '(Luke 1:46–47) (7)
- 16 The central element in Nebuchadnezzar's dream, identified and interpreted by Daniel (Daniel 2:31) (6)
- 19 'On this rock I will build my church, and the gates of will not overcome it' (Matthew 16:18) (5)
- 20 City where Paul was under house arrest for two years (Acts 28:16) (4)

Time for a cuppa and a puzzle!!

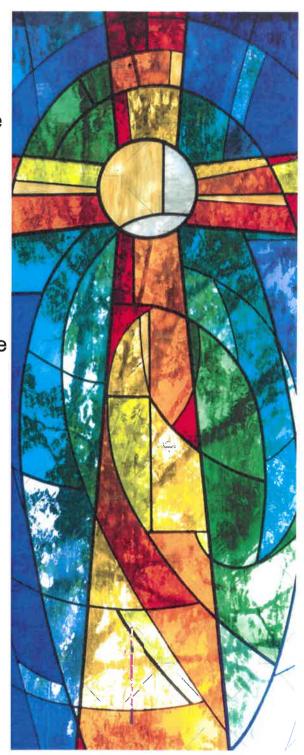
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Prayer for February 2024

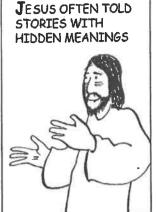
Father, In this coldest and shortest of months, this month when traditionally thoughts turn to love and the promise of Spring, help us to be thankful and steadfast and to see Your bigger picture in what is sometimes a frightening world, a world where love between nations seems to be in short supply and the future uncertain.

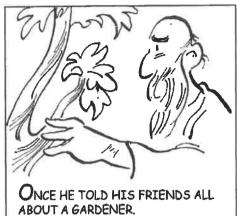
We pray for all those whose lives are in turmoil through a lack of love and justice. Help us to remember the great love You have for Your world and Your people, so great that You sent Jesus to show us how to live, how to love and how to overcome the troubles of the world.

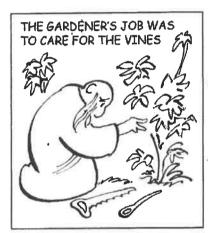
Thank you that Your love is stronger than the forces of evil, stronger than death. Help us to put our trust in Jesus, to keep our focus on Him, knowing He will never leave us or forsake us. Thank you that His love is stronger than the forces of evil, stronger than death. In his name, Amen.



The gardener and the Vine

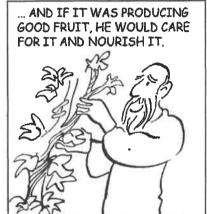




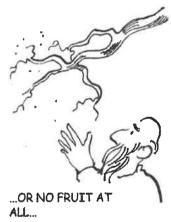




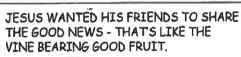


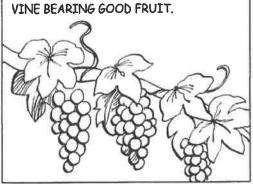


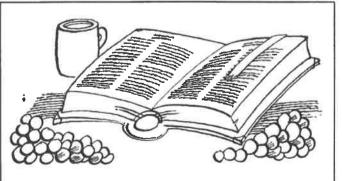












THE FIRE!!

YOU CAN READ THIS SPECIAL PARABLE IN JOHN'S GOSPEL, CHAPTER 15.

At the Gates of Heaven...

A woman arrived at the Gates of Heaven. While she was waiting for St. Peter to greet her, she peeked through the gates. She saw a beautiful banquet table. Sitting round it were her parents and all the other people she had loved but who had died before her. They saw her and began calling to her "Hello, How are you? We've been waiting for you! Good to see you!" When St. Peter arrived she said to him, "This is a wonderful place! How do I get in? "You have to spell a word "he said "Which word?" she asked." Love "he replied. The woman correctly spelled the word and St. Peter welcomed her into Heaven.

About a year later, St. Peter asked the woman to watch the Gates of Heaven for him. While she was on duty her husband arrived. "I'm surprised to see you" said the woman. "How have you been?" "I've been doing pretty well since you died "he said. "I married that young nurse who looked after you when you were ill; I won the Lottery, sold our little house and bought a mansion. My new wife and I were on holiday in the Pacific this week. While I was water skiing I fell, hit my head, and here I am. By the way, how do I get in?"

"You have to spell a word," she told him. "Which word?" he asked.....

"CZECHOSLOVAKIA"

Submitted by Doris Rumney.



Christingle 2024.

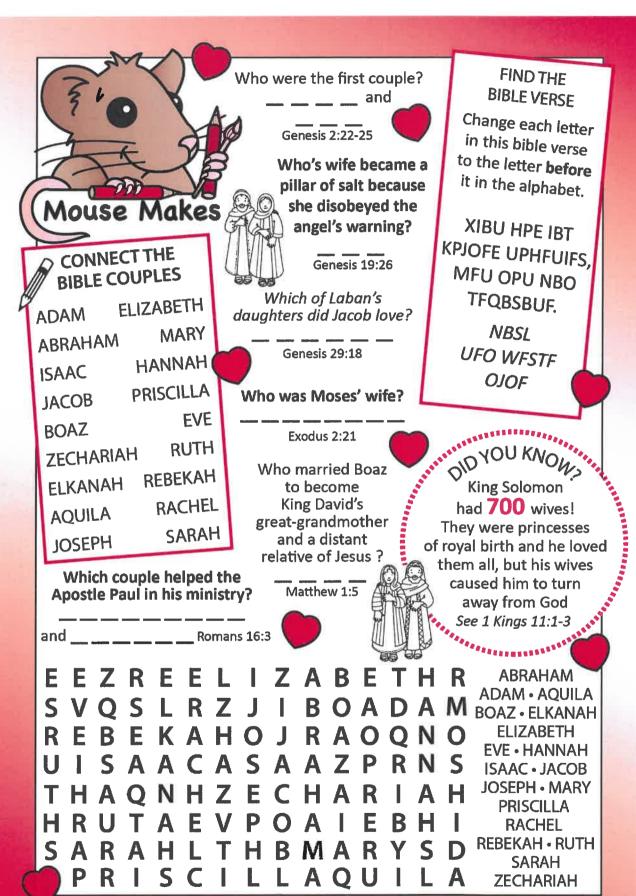
A really big thankyou to all who took part in Christingle this year.

Alison, Dave and Anna for leading the service, the volunteers who prepared the Christingles, kindly donated by Tesco.

The Marshals who assist with the practicalities of the Christingle service and the people of the Parish community for their generous donations.

This year the Parish of Whitehaven raised £471.30 to support the work of the Children's Society.

Many Thanks Albert & Anne



WILD AT HEART - Number 8.

WINTER WALKING.

Having been an inveterate year-round fell walker, it goes without saying that I have experienced a wide range of weather conditions, from baking hot to freezing cold, dry as a bone to soaking wet, and from silent as the grave to roaring storm.

Winter walking can be particularly spectacular. The magnificence of the snow covered landscape, sometimes in brilliant sun, sometimes stark against a snow threatening sky, crisp, glistening, and never to be forgotten. There are hazards of course, some obvious and others not quite so. Walking along a snow-covered ridge or cliff edge has its own particular danger known as the cornice. When strong wind has blown across the ridge, it is likely to take some fallen snow with it, and this builds up into a "cornice" or overhang. This can often be seen from the valley below, but it is often not at all obvious from the ridge itself. As a result, the walker may trudge along what he thinks is the edge of the ridge, when in fact there is nothing between him and the drop into the valley below except this snow overhang. If the weight of the human frame is too much, it will break away sending the walker into the abyss. Answer? When walking in the snow – keep well back from the edge.

Another winter occurance, if not a hazard, is the "white out" which can be decidedly disconcerting. This occurs when snow fall is so heavy that visibility is reduced to a few feet: it is like being enclosed in a white envelope, and the walker soon becomes disorientated. Such events are often, but not always, relatively short-lived, but when they do occur, some care is needed. I remember on one occasion I was in a steep sided gully, but totally lost sight of my surroundings and for all I could see, I might as well have been on an open plain!

On another occasion, it was snowing so heavily, that I decided it was too hazardous to proceed, so opted to return following my own tracks. I turned around, but already my tracks had been totally obliterated!

Winter walking? Great fun, positively exhilarating – but do take care, and above all, be prepared, be well equipped and plan ahead. Alan Gane.



SOCIAL and FUNDRAISING

Community Centre

SOCIAL EVENING SATURDAY FEBRUARY 24th

4-00 for 4-30

Afternoon Fish and Chip Tea.

Quiz/Bingo £6.00



EASTER FAIR SATURDAY MARCH 23th 9:30-2-30 ST NICHOLAS

For this we would ask for 🐡 Easter Eggs

- 🐡 Easter Tombola prizes
 - 🐣 Raffle prizes
- Easter Cakes and Bakes

Donation to Dorothy/Susan/Alan thank you.



DON'T FORGET ST NICHOLAS COFFEE MORNING SATURDAY FEBRUARY 10TH 9.30-12.00

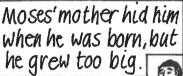
Bacon Butty/Hot Drink £5.00

BID BIR

It can be read in the Bible in Exodus chapter 2 verses 1 to 12

A short story from the Bible

In Egypt the Hebrew people flourished so well that the new Pharaoh grew scared and ordered all their new born boys to be killed.





She made a basket from reeds for him and put it in the grass by the river Nile.



She told Moses' sister Miriam to keep watch.



Pharoah's daughter found Moses



Shall Iget someone to look after the baby?



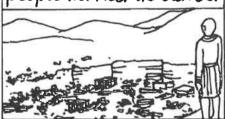
So Miriam got her mother.



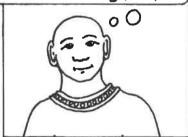
The princess adopted Moses as her son.



When Mases was grown up he went to see where his people worked as slaves.



Perhaps I will be the one to save my people.



Moses saw an Egyptian beating a Hebrew slave.



Moses checked no-one was looking and...



.killed the Egyptian.

He hid the body in the sand.



BB BITE

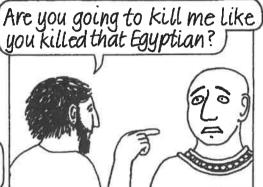
It can be read in the Bible in Exodus 2:13-4:23,4:27-5:2

A short story from the Bible

Moses: a Hebrew adopted by an Egyptian princess. He killed an Egyptian who was beating a Hebrew slave, and hid the body.



Why are you beating up one of your own people?



Moses had to run away from Egypt.



He went to Midian, got married and looked after his father-in-law's

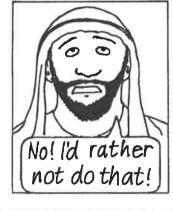


One day, on Sinai Mountain, he saw a burning bush that didn't burn up. Now God had got Moses' attention, He said.



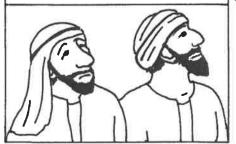
You will go to Pharaoh) and tell him to let my people leave Egypt.







Aaron and Moses met up and went to see Pharaoh



Our God says you must let all his people leave Egypt.)



Your God means nothing to me. I will never change my mind. Your people can never leave!

It was:

150 years ago, on 15th **Feb 1874** that Sir Ernest Shackleton was born. This Irish-born British polar explorer was one of the leading explorers during the Heroic Age of Antarctic Exploration. He led three British expeditions to the Antarctic.

100 years ago, on 5th Feb 1924 that BBC Radio broadcast the 'six-pips' Greenwich Time Signal for the first time.

Also 100 years ago, on 12th Feb 1924 that George Gershwin's *Rhapsody in Blue* was performed for the first time, in New York.

90 years ago, on 23rd Feb 1934 that Edward Elgar, the British composer, died.

75 years ago, on 22nd Feb 1949 that Niki Lauda, Austrian racing driver was born. He was Formula One World Champion in 1975, 1977 and 1984. He was severely injured and burnt in a crash at the 1976 German Grand Prix. (Died 2019.)

70 years ago, on 23rd Feb 1954 that the first field test of the polio vaccine began in Pittsburgh. It grew into a year-long national trial involving 1.8 million children.

65 years ago, 3rd Feb 1959, became 'the day the music died', when American rock-and-roll performers Buddy Holly, Ritchie Valens and The Big Bopper were killed in a plane crash in Iowa.

60 years ago, on 7th Feb 1964 that the Beatles arrived in New York for their first US tour. They were met by thousands of screaming fans.

50 years ago, on 7th Feb 1974 that Conservative Prime Minister Edward Heath called a snap general election following the miners' strike and three-day week. It resulted in a hung parliament, and the Labour leader, Harold Wilson, became Prime Minister.

40 years ago, on 14th Feb 1984 that figure skaters Jayne Torvill and Christopher Dean won the gold medal in ice-skating at the Winter Olympics in Sarajevo. They scored the first perfect 6.0 in Olympic history.

30 years ago, on 25th Feb 1994 that serial killer Fred West was arrested in connection with the disappearance of his daughter. Police then discovered human bones buried in his garden. He was eventually charged with 11 murders, and his wife Rosemary with ten murders.

25 years ago, on 1st Feb 1999 that the International Maritime Organisation stopped using the Morse code 'SOS' distress call. All sea-going vessels were required to have a Global Maritime Distress and Safety System (GMDSS) fitted by this date.

20 years ago, on 4th Feb 2004 that Facebook, the social media networking platform, was launched.

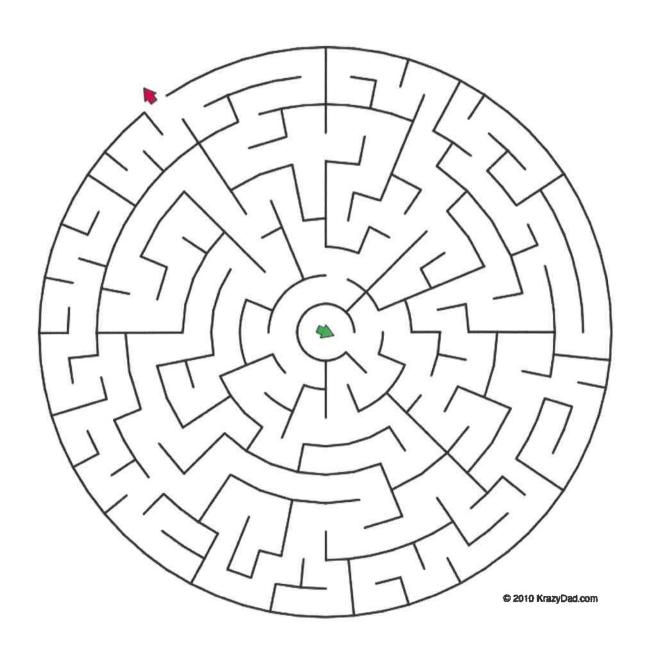
15 years ago, on 7th Feb 2009 that the Black Saturday bushfires took place in Australia. The worst in Australia's history, they destroyed 1.1 million acres of land, killed 173 people, injured 414, and burned down more than 3,500 buildings, including 2,000 houses.

Answers to Feb Crossword & a maze puzzle to fill a gap...

ACROSS: 1, Prosperity. 7, Raisins. 8, Admit. 10, View. 11, Confetti. 13, Distil. 15, Groyne. 17, Navigate. 18, Whit. 21, Enoch. 22, Trodden. 23, Prophetess.

DOWN: 1, Pride. 2, Ovid. 3, Pastor. 4, Reaffirm. 5, Timothy. 6, Providence. 9, Tridentine. 12, Kingship. 14, Saviour. 16, Statue. 19, Hades. 20, Rome.

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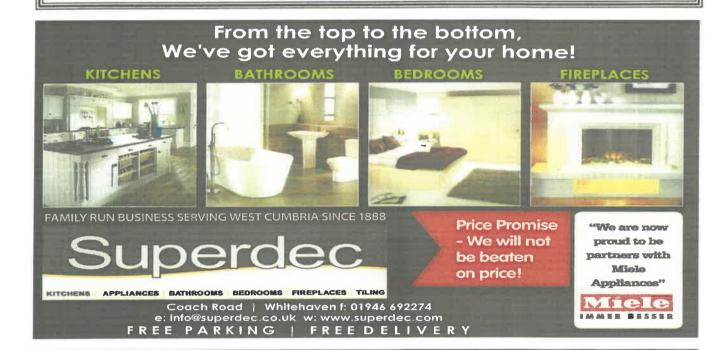
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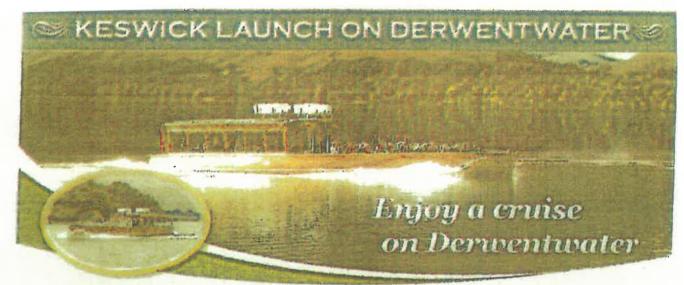
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The Mother and Baby Project is for young mothers and their baby who were victims of domestic abuse and have nowhere safe to stay. We also have Move On Flats for those transitioning towards independence.

If you are homeless or in an abusive environment please call us 01946 590590







The Senhouse Centre provides a range of holistic therapies such as yoga, reflexology, homeopathy, counselling and support groups. Room Hire is also available at the Senhouse Centre for more information about the services we provide please call 01946 590122



For Information please find us at www.wct-whitehaven.co.uk







Neighbourhood Policing Team

POLICE DROP IN SURGERY

St. Nicholas Church, Whitehaven Wednesday 6 March, 10.30am-12noon

Come along and discuss any persistent crime, disorder, or antisocial behaviour issues with a member of your local Neighbourhood Policing Team.

We will ensure that a dedicated problem solving trained officer will be available for you to discuss your case.

