

# Parish of Whitehaven - The Eucharist

## WE GATHER IN THE LORD'S NAME

The Lord be with you.

**And also with you.**

We pray together:

**Lord, direct our thoughts,**

**teach us to pray,**

**lift up our hearts to worship you**

**in Spirit and in truth,**

**through Jesus Christ our Lord. AMEN.**

## WE CONFESS OUR SINS

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

*Other introductions may be used.*

Let us return to the Lord our God and say to him:

**Father,**

**we have sinned against heaven and against you.**

**We are not worthy to be called your children.**

**We turn to you again.**

**Have mercy on us,**

**bring us back to yourself**

**as those who once were dead**

**but now have life through Christ our Lord. AMEN.**

May God our Father forgive you your sins,  
and bring you to the fellowship of his table  
with his saints for ever. **AMEN.**

**The Collect**

## WE LISTEN TO GOD'S WORD

*At the end of the first reading*

This is the word of the Lord.

**Thanks be to God.**

Hear the Gospel of our Lord Jesus Christ according to...

**Glory to you, O Lord.**

*After the Gospel has been read*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

## THE SERMON

## WE CONFESS OUR FAITH

Let us declare our faith in God.

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit. AMEN.**

## WE PRAY

*This responses may be used*

Lord, in your mercy - **hear our prayer.**

*And at the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. AMEN.**



## WE EXCHANGE THE PEACE

*After the introductory words.*

The peace of the Lord be always with you  
**and also with you.**

## THE EUCHARISTIC PRAYER

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**



*The president leads the Thanksgiving, ending:*

...forever praising you and saying,  
**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

*The words of Christ at the supper end:*

... in remembrance of me.  
Praise to you, Lord Jesus:  
**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

*The Eucharistic Prayer ends with:*

**AMEN.**

*or*

**Blessing and honour and glory and power  
be yours for ever and ever. AMEN.**

## **The Lord's Prayer**

As our Saviour has taught us, so we pray:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. AMEN.**

## **Breaking of the Bread**

We break this bread to share in the body of Christ.  
**Though we are many, we are one body,  
because we all share in one bread.**

*The President invites the people to receive communion.*

## **PRAYER AFTER COMMUNION**

*Silence is kept. A Post Communion prayer is said.*

## **WE ARE BLESSED AND SENT INTO THE WORLD**

*A blessing is said which ends:*

and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always. **AMEN.**

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**