

BCP Matins 4<sup>th</sup> Sunday after Trinity 5.7.20

*Welcome from Revd Jan Moore*

*An Opening sentence from the Book of Common Prayer*

To the Lord our God belong mercies and forgiveness, though we have rebelled against him: neither have we obeyed the voice of the Lord our God, to walk in his laws which he set before us

**Dearly beloved**, the Scripture moveth us in sundry places to acknowledge and confess our manifold sins and wickedness; and that we should not dissemble nor cloke them before the face of Almighty God our heavenly Father; but confess them with an humble, lowly, penitent, and obedient heart; to the end that we may obtain forgiveness of the same, by his infinite goodness and mercy. And although we ought at all times humbly to acknowledge our sins before God; yet ought we most chiefly so to do, when we assemble and meet together to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his most holy Word, and to ask those things which are requisite and necessary, as well for the body as the soul. Wherefore I pray and beseech you, as many as are gathered, to accompany me with a pure heart and humble voice unto the throne of the heavenly grace, saying after me:

*Confession*

Almighty and most merciful Father, We have erred, and strayed from thy ways like lost sheep, We have followed too much the devices and desires of our own hearts, We have offended against thy holy laws, We have left undone those things which we ought to have done, And we have done those things which we ought not to have done, And there is no health in us: But thou, O Lord, have mercy upon us miserable offenders; Spare thou them, O God, which confess their faults, Restore thou them that are penitent, According to thy promises declared unto mankind in Christ Jesu our Lord: And grant, O most merciful Father, for his sake, That we may hereafter live a godly, righteous, and sober life, To the glory of thy holy Name. **Amen.**

*Absolution*

May the Father of all mercies  
Cleanse us from our sins  
And restore us in His image  
To the praise and glory of His name  
Through Jesus Christ our Lord **Amen.**

## *Responses*

Priest. O Lord, open thou our lips.

Answer. **And our mouth shall shew forth thy praise.**

Priest O God, make speed to save us.

Answer. **O Lord, make haste to help us.**

Priest: Glory be to the Father, and to the Son, and to the Holy Ghost;

Answer. **As it was in the beginning, is now, and ever shall be, world without end. Amen**

Priest. Praise ye the Lord.

Answer. **The Lord's Name be praised.**

## *Venite, Exultemus Domino (Psalm 95)*

O come, let us sing unto the Lord :  
let us heartily rejoice in the strength of our salvation.

Let us come before his presence with thanksgiving :  
and show ourselves glad in him with psalms.

For the Lord is a great God :  
and a great King above all gods.

In his hand are all the corners of the earth :  
and the strength of the hills is his also.

The sea is his, and he made it :  
and his hands prepared the dry land.

O come, let us worship and fall down :  
and kneel before the Lord our Maker.

For he is the Lord our God :  
and we are the people of his pasture, and the sheep of his hand.

Glory be to the Father, and to the Son :  
and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be:  
world without end. **Amen.**

*First reading (Old Testament) Job 29: 1-15, 30: 12-16*

Job continued his parable, saying,

<sup>2</sup> Oh that I were as in months past, as in the days when God preserved me;

<sup>3</sup> When his candle shined upon my head, and when by his light I walked through darkness;

<sup>4</sup> As I was in the days of my youth, when the secret of God was upon my tabernacle;

<sup>5</sup> When the Almighty was yet with me, when my children were about me;

<sup>6</sup> When I washed my steps with butter, and the rock poured me out rivers of oil;

<sup>7</sup> When I went out to the gate through the city, when I prepared my seat in the street!

<sup>8</sup> The young men saw me, and hid themselves: and the aged arose, and stood up.

<sup>9</sup> The princes refrained talking, and laid their hand on their mouth.

<sup>11</sup> When the ear heard me, then it blessed me; and when the eye saw me, it gave witness to me:

<sup>12</sup> Because I delivered the poor that cried, and the fatherless, and him that had none to help him.

<sup>13</sup> The blessing of him that was ready to perish came upon me: and I caused the widow's heart to sing for joy.

<sup>14</sup> I put on righteousness, and it clothed me: my judgment was as a robe and a diadem.

<sup>15</sup> I was eyes to the blind, and feet to the lame.

#### Chapter 30

<sup>12</sup> **But now** Upon my right hand rise the youth; they push away my feet, and they raise up against me the ways of their destruction.

<sup>13</sup> They mar my path, they set forward my calamity.

<sup>14</sup> They come upon me as a wide breaking in of waters: in the desolation they roll themselves upon me.

<sup>15</sup> Terrors are turned upon me: they pursue my soul as the wind: and my welfare passeth away as a cloud.

<sup>16</sup> And now my soul is poured out upon me; the days of affliction have taken hold upon me.

*Psalm of the day (Psalm 55: 1-6,16-22)*

**55** Give ear to my prayer, O God; and hide not thyself from my supplication.

<sup>2</sup> Attend unto me, and hear me: I mourn in my complaint, and make a noise;

<sup>3</sup> Because of the voice of the enemy, because of the oppression of the wicked: for they cast iniquity upon me, and in wrath they hate me.

<sup>4</sup> My heart is sore pained within me: and the terrors of death are fallen upon me.

<sup>5</sup> Fearfulness and trembling are come upon me, and horror hath overwhelmed me.

<sup>6</sup> And I said, Oh that I had wings like a dove! for then would I fly away, and be at rest.

<sup>16</sup> As for me, I will call upon God; and the Lord shall save me.

<sup>17</sup> Evening, and morning, and at noon, will I pray, and cry aloud: and he shall hear my voice.

<sup>18</sup> He hath delivered my soul in peace from the battle that was against me: for there were many with me.

<sup>22</sup> Cast thy burden upon the Lord, and he shall sustain thee: he shall never suffer the righteous to be moved.

*Glory be to the Father, and to the Son : and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be:  
world without end. Amen.*

### ***Second reading (New Testament)***

#### **Matthew 11: 16-19, 25-28**

<sup>16</sup> But whereunto shall I liken this generation? It is like unto children sitting in the markets, and calling unto their fellows,

<sup>17</sup> And saying, We have piped unto you, and ye have not danced; we have mourned unto you, and ye have not lamented.

<sup>18</sup> For John came neither eating nor drinking, and they say, He hath a devil.

<sup>19</sup> The Son of man came eating and drinking, and they say, Behold a man gluttonous, and a winebibber, a friend of publicans and sinners. But wisdom is justified of her children.

<sup>25</sup> At that time Jesus answered and said, I thank thee, O Father, Lord of heaven and earth, because thou hast hid these things from the wise and prudent, and hast revealed them unto babes.

<sup>26</sup> Even so, Father: for so it seemed good in thy sight.

<sup>28</sup> Come unto me, all ye that labour and are heavy laden, and I will give you rest.

O be joyful in the Lord, all ye lands : serve the Lord with gladness, and come before his presence with a song.

Be ye sure that the Lord he is God : it is he that hath made us, and not we ourselves; we are his people, and the sheep of his pasture.

O go your way into his gates with thanksgiving, and into his courts with praise : be thankful unto him, and speak good of his Name.

For the Lord is gracious, his mercy is everlasting : and his truth endureth from generation to generation.

Glory be to the Father, and to the Son : and to the Holy Ghost; As it was in the beginning, is now, and ever shall be : world without end. **Amen.**

### **The Apostles' Creed**

I believe in God the Father Almighty, Maker of heaven and earth: And in Jesus Christ his only Son our Lord, Who was conceived by the Holy Ghost, Born of the Virgin Mary, Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead; He ascended into heaven, And sitteth on the right hand of God the Father Almighty; From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost; The holy Catholick Church; The Communion of Saints; The Forgiveness of sins; The Resurrection of the body, And the Life everlasting. **Amen.**

Minister.       The Lord be with you.

Answer.       **And with thy spirit.**

Minister.       Let us pray. Lord, have mercy upon us.

Answer.       **Christ, have mercy upon us**

Minister        Lord, have mercy upon us.

### ***The Lord's Prayer***

Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. **Amen.**

### ***Responses***

Minister. O Lord, shew thy mercy upon us.

Answer. And grant us thy salvation.

Minister. O Lord, save the Queen.

Answer. And mercifully hear us when we call upon thee.

Minister. Endue thy Ministers with righteousness.

Answer. And make thy chosen people joyful.

Minister. O Lord, save thy people.

Answer. And bless thine inheritance.

Minister. Give peace in our time, O Lord.

Answer. Because there is none other that fighteth for us, but only thou, O God.

Minister. O God, make clean our hearts within us.

Answer. And take not thy Holy Spirit from us.

### *Collect for the 4<sup>th</sup> Sunday after Trinity*

O God, the protector of all that trust in thee, without whom nothing is strong, nothing is holy; increase and multiply upon us thy mercy; that, thou being our ruler and guide, we may so pass through things temporal, that we finally lose not the things eternal: Grant this, O heavenly Father, for Jesus Christ's sake our Lord.

Amen

### *Collect, for Peace*

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us thy humble servants in all assaults of our enemies; that we, surely trusting in thy defence, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

### *Collect, for Grace*

O Lord, our heavenly Father, Almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that all our doings may be ordered by thy governance, to do always that is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. **Amen.**

### *Reflection - for the 4<sup>th</sup> Sunday after Trinity*

## *Intercessions*

### *The Blessing*

The love of the Lord Jesus  
Draw you to Himself,  
The power of the Lord Jesus  
Strengthen you in His service,

And the blessing of God Almighty,  
The Father the Son and the Holy Spirit,  
Be among us and remain with us always,  
**Amen.**