

Sunday 4th July



For Kids
+ Youth!

Mark 6 v 1 - 13

“God sufficient”



Jesus sends out his disciples to continue his work of teaching and healing, travelling in pairs and taking nothing extra with them. We are not told how the disciples were under these conditions, but we are told that their mission was a success. The disciples' willingness to be vulnerable and to trust in God was a key element of this.

Thinking Points: How does it feel when you don't have everything you need?
Why do you think Jesus sent the disciples out without things they might need?
How can we learn to trust God to give us what we need?

Activity: Try doing a 'technology fast' – give up a piece of tech that you use a lot (or uninstall an app). See if this kind of vulnerability feels scary or helpful.

“Trust God from the bottom of your heart; don't try to figure out everything on your own. Listen for God's voice in everything you do, everywhere you go; he's the one who will keep you on track.”

Proverbs 3 v 5-6