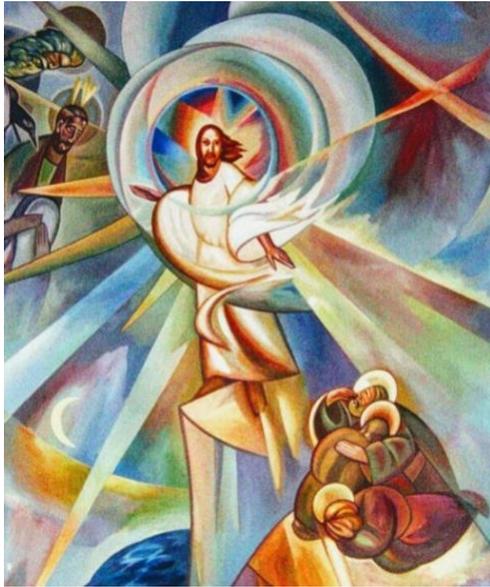


# St. Paul's Heaton Moor

Part of the Heatons Team

## Welcome to our Service of Holy Communion



**Sunday next before Lent**  
**19<sup>th</sup> February 2023**

### Today's Hymns

Numbered hymns are in New Hymns and Worship Songs (yellow book)

**25** Be still for the presence of the Lord

**207** Lord Jesus Christ, you have come to us

**368** Will you come and follow me

Rejoice the Lord is King (*see back of sheet*) (green book 443)

### Readings

Exodus 24.12-18; 2 Peter 1.16-21; Matthew 17.1-9

### Today's Gospel

#### Matthew 17.1-9

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone.

As they were coming down the mountain, Jesus ordered them, 'Tell no one about the vision until after the Son of Man has been raised from the dead.'

### We are praying for...

#### In memoriam

We pray for those whose anniversaries fall this week

Emily Kate Cavell 20<sup>th</sup> February 2015

Joan Clemson 24<sup>th</sup> February 2014

Tony Sherring 25<sup>th</sup> February 2015

*'May they rest in peace, and rise in glory'*

#### Also in our prayers

Margaret; Ada; Raymond; Jeremy; Jean; Marcia; Derek; Peggy; Sandra; Pam.

#### Our neighbours

In February we are praying for Leegate Road, Leegate Gardens, Leegate Close, Princes Road and Emery Close.

A big 'Thank you' to everyone who came to the coffee morning at St John's on Saturday 11<sup>th</sup> February. So far an amazing

**£1375** has been raised for the **Turkey-Syria Earthquake Appeal**.

#### Services this week

(services are at St Paul's unless otherwise stated)

**Tuesday 21<sup>st</sup> February St John's** Morning Prayer followed by light breakfast and informal Bible Study led by Revd Janet Butterworth and Peter Smith. Please bring a Bible.

**Wednesday 22<sup>nd</sup> February Ash Wednesday 9.45-10.30** Holy Communion with ashes followed by 'Brew in a Pew' 10.30-12.00, with games, 'Play Your Cards Right', quiz, piano and singing. **6.30pm Holy Communion with Ashes at St John's**

**Thursday 23<sup>rd</sup> February 5:30-6pm Evening Prayer** Service of common worship and evening prayer. All are welcome. A lovely way to end the working day.

**Sunday 26<sup>th</sup> February 9.30** Holy Communion with Rev Liz

#### Diary Dates

(events are at St Paul's unless otherwise stated)

**Tuesday 21st February 2-3:30pm Heaton Mersey Community Centre ( St John's church hall )** 'Pancake Party' - everyone welcome !

**To mark the Ukrainian invasion - one year ago:**

**PRAYER SERVICE at St Mary's in the Market Place, Stockport SK1 1YG on Sunday February 26<sup>th</sup> at 2.30pm.**



The Mayor and Mayoress of Stockport and the Bishop of Stockport will attend. This invitation is issued to all believers regardless of their tradition and denomination. Further information Kevin McKenna 07504 130749.

**Lent Course at St John's: 6 Tuesdays 28th Feb-28th March**

**09:30-10:00 morning prayer,**

**10:00-10:15 breakfast,** then

an opportunity to watch a

video and discuss "How to eat

bread" by Miranda Threlfall-

Holmes who encourages

different ways to read the

bible. Arrive in time for whichever bits you want or for all of

**21 NOURISHING WAYS  
TO READ THE BIBLE**



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it. The book looks at different ways of reading the bible through videos, discussion and conversation over coffee and cake. No expertise or prior knowledge necessary, please just come along and explore with us.

**Heaton Churches Partnership** holds a Saturday morning prayer meeting 6 times a year. The next meeting is on Sat. March 18th at Heaton Moor United Church. We come together between 7.45 - 8am when a hot drink is available. We are then led in a short time of worship and we pray together and finish at 9am sharp. If you are interested in representing St Paul's at these prayer meetings, please speak to Liz or Eleanor.

**Every Monday at St John's 1.30-3.30**  
**Coffee and Conversation in a 'Warm Space'**  
Light-hearted conversation and friendly company every Monday.

**Every Wednesday 10.30-12.00**

**'Brew in a Pew' 10.30-12.00** (following Holy Communion) Tea, coffee and cake, with quizzes, piano and singing, or just to enjoy a **'Warm Space'**.



**Saturday 11<sup>th</sup> March**  
**2-4pm**  
St Paul's Spring Craft Fair in the Church Hall.

Unusual, quirky, handmade, fairtrade, one-of-a kind, get the perfect gift for Mothers' Day, or why not just treat yourself!

**Saturday 11<sup>th</sup> March** Growing Good Event, St Bride's Church, Old Trafford. A free six-session course helping churches connect the dots between social action, discipleship and growth. It combines biblical reflection and practical insight to equip churches to grow in faithfulness and fruitfulness.

## Volunteers

**We are looking for volunteers to welcome people and help with refreshments during our services**



You don't need to have done it before or have been coming to church for a long time – just be able to smile and say hello. If you think you could help please see Liz or Eleanor.

**We are also looking for help with our coffee morning on Wednesday mornings**

We are having a regular gathering from Heaton School. If you think you might be able to help, even if just occasionally, you would be very welcome!



**Eco Church** Be our church's Eco Champion! Let Revd Liz know if you would be interested in helping.

**Choir** – If you would be interested in singing with us, please see any of the welcomers or choir members.

## NEXT 9 WEEKS' SERVICES AT ST PAUL'S

**Sun 26<sup>th</sup> February 9.30** Holy Communion with Revd Liz

**Sun 26<sup>th</sup> February 6.30** Choral Evensong

**Sun 5<sup>th</sup> March 9.30** Holy Communion with Revd Liz

**Sun 12<sup>th</sup> March 9.30** Holy Communion with Revd Liz

**Sun 19<sup>th</sup> March 9.30** Holy Communion for Mothering Sunday with Revd Liz

**Sun 26<sup>th</sup> March 9.30** Holy Communion with Revd Liz

**Sun 26<sup>th</sup> March 6.30** Choral Evensong

**Sun 2<sup>nd</sup> April 9.30** Holy Communion with Revd Liz (Palm Sunday)

**Sun 9<sup>th</sup> April 9.30** Holy Communion with Revd Liz (Easter Sunday)

**Sun 16<sup>th</sup> April 9.30** Morning Praise with Andrew Masters

**Sun 23<sup>rd</sup> April 9.30** Holy Communion with Revd Liz

## Hymn

1 Rejoice, the Lord is King:  
Your Lord and King adore!  
Rejoice, give thanks and sing,  
And triumph evermore.

*Lift up your heart,  
Lift up your voice!  
Rejoice, again I say, rejoice!*

2 Jesus, the Saviour, reigns,  
The God of truth and love;  
When He has purged our  
stains,  
He took his seat above;  
*Refrain*

3 His kingdom cannot fail,  
He rules o'er earth and heav'n;  
The keys of death and hell  
Are to our Jesus giv'n:  
*Refrain*

4 He sits at God's right hand  
Till all his foes submit,  
And bow to his command,  
And fall beneath his feet:  
*Refrain*

## Contact details:

*Team Vicar:*

Revd Liz Rowles [revlizrowles@gmail.com](mailto:revlizrowles@gmail.com)

0161 964 3928 (*usual day off Friday*)

*Churchwardens:*

Eleanor Doyle 07942 490524

Ann Worthington 07831 747416

*Please take this sheet home with you for reflection and prayer and another one for someone who may like it.*

**St John's & St Paul's**  
**Together in Mission and Ministry**  
[www.heatons-team.org.uk](http://www.heatons-team.org.uk)