

LOOKING AHEAD

Morning & Evening Prayer Tuesday-Wednesday, Friday-Saturday at 8.30am and 5.30pm

Sunday 7th June 11am

Sunday 14th June 11am

Sunday 21st June 11am

Sunday 28th June 11am

Sunday 5th July 11am

Sunday 12th July 11am

Sunday 19th July 11am

Sunday 26th July 11am

Sunday 2nd August 11am

Sunday 9th August 11am

Sunday 16th August 11am

Sunday 23rd August 11am

Sunday 30th August 11am

Virtual Service for Trinity Sunday

Virtual Service for Trinity 1

Virtual Service for Trinity 2

Virtual Service for Trinity 3

Virtual Service for Trinity 4

Virtual Service for Trinity 5

Service for Trinity 6

Service for Trinity 7

Service for Trinity 8

Service for Trinity 9

Service for Trinity 10

Service for Trinity 11

Service for Trinity 12

THIS IS THE GATE OF HEAVEN

Winner of 'The UK's Best Modern Churches' award November 2013

Next Sunday: 7th June 2020

A Service Holy Communion Trinity Sunday

(Virtual Service via Zoom)

Zoom Welcomer: Safia

Isaiah 40:12-17, 27-31 Mary S Gospel: Matthew 28:16-20

Intercessions: Edward



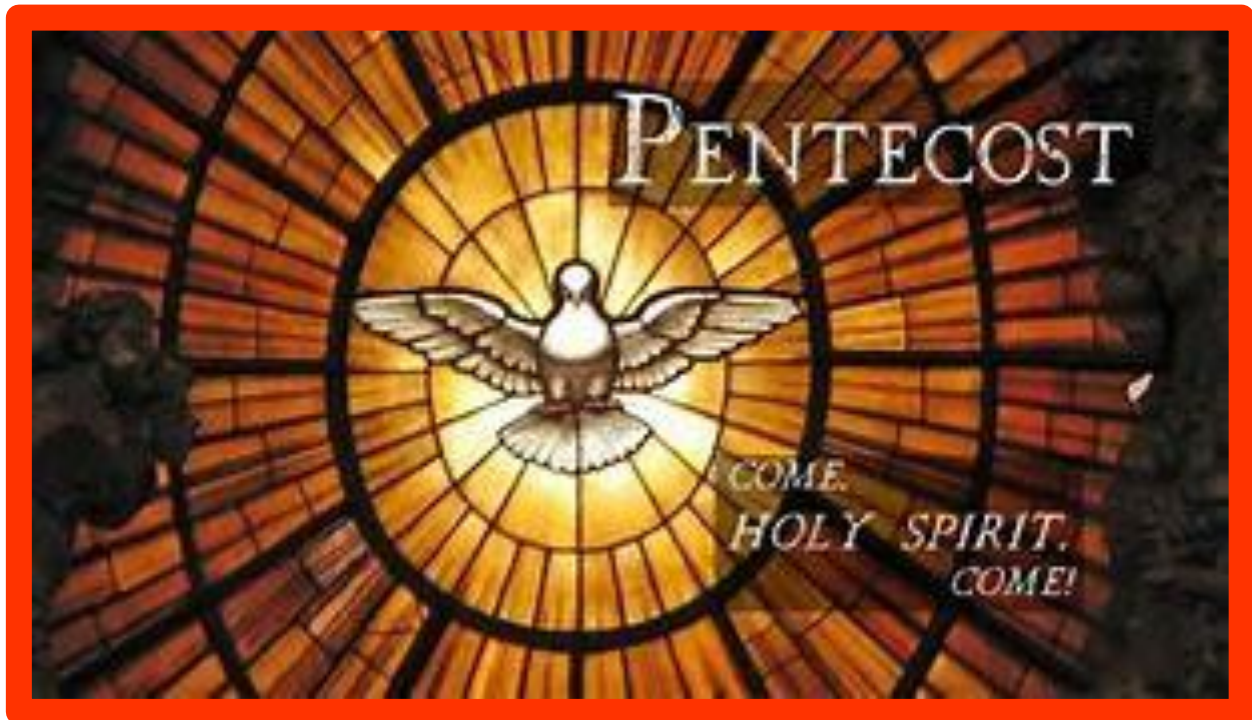
Vicar Mother Bernadette Hegarty 020 3774 6833

Churchwarden: Julian Bream 07818 048048



DONATIONS gratefully received for our roof fund by cheque payable to St Paul's, Bow Common, Gift Aided where possible

✠ THE PARISH OF
ST. PAUL WITH ST. LUKE ✠



Sunday 31st May 2020

Pentecost

(Virtual Service via Zoom)

Zoom Welcomer: Safia

Acts 2:1-21 Nikki **Gospel: John 20:19-23**

Intercessions: Catherine

PLEASE PRAY FOR:

Esther Christian, John Christian, Rachel Christian,
Audrey Mameli, Sarah Seymour, Thomas Cantwell,
Matthew Ikol, Ewa Machoy, Janice Sutherland,
Jim Mulherran, Charmaine Moore, Sr Elizabeth,
Robyn Cuthbert, Sarah-Louise Pegden

For our link church of **Santa Monica, Maputo** in Mozambique
And for our church school **St Paul with St Luke Primary School**

June Year's Mind: Horace Kingston, Tom Duberry, Barry Lineham,
JLloyd Samuel

Today we celebrate **Pentecost** - the Birthday of the Christian Church, when God's own power, life and Spirit were breathed into the first followers of Jesus, giving them the courage, enthusiasm and passion to proclaim the Good News that God promises to be with **all** his beloved people, even to the end of time.

Normally we would be looking forward to our Sunday School Pentecost Presentation, so this morning we will be viewing a photo-video of Sunday School presentations over the years.

Refreshing the Prayer List: Every so often we revise the list of people for whom we pray regularly, and which appears on this sheet and on the website. We try to keep this current and meaningful by 'refreshing' the list and starting again.

So, you are invited to send me the names of anyone you wish your church community to pray for. When people get better it is always good to take them off the list. I will be creating a new list on **21st June 2020 so do send me names before then.**

We are supporting our local community by being a food store for a **local 'Food Stop Shop'**. This is a new initiative by the Burdett Covid-19 Strategy Group hoping to help local people who are experiencing food poverty and who will continue to experience food poverty over the coming months.

The 'shop' itself will be run from the Bow Brew.



Do contact with me if you know someone/family who are struggling



to make ends meet at this time.

Readings for Morning & Evening Prayer for the week ahead

Morning Prayer

Evening Prayer

Monday:

Visit of Mary
to Elizabeth

Psalm 85
1 Samuel 2:1- 10
Mark 3:31-end 10:2

Psalm 122
Zechariah 2:10-end
John 3:25-30

Tuesday:

Psalm 132
Joshua 2
Luke 9:28-36

Psalm 135
Job 2
Romans 1:18-end

Wednesday:

Psalm 119:153-end
Joshua 3
Luke 9:37-50

Psalm 136
Job 3
Romans 2:1-16

Thursday:

Psalm 143
Joshua 4:1-5:1
Luke 9:51-end

Psalm 138
Job 4
Romans 2:17-end

Friday:

Psalm 144
Joshua 5:2-end
Luke 8:40-end

Psalm 147
Job 5
Romans 3:1-20

Saturday:

Palm 147
Joshua 6:1-20
Luke 10:17-24

Psalm 98
Exodus 34:1-10
Mark 1:1-13



How are you coping with the relaxing of lockdown?

Well Tiffany, Holly & Jeanette keep noticing the wildlife on their walks.

And Hendrika and Mariam (Benjy's friend) got up early one morning (4.30am!) to see the dawn rise over Mile End.

Don't forget to keep sending your photos in.

