

LOOKING AHEAD

Daily Office: Monday - Saturday 8.30am & 5.30pm (virtual service using Zoom)

Sunday 29th March 2am
Sunday 29th March 11am
Friday 3rd April 7pm
Sunday 5th April 11am
Tuesday 7th April 6.30pm
Wednesday 8th April 7pm
Thursday 9th April 7pm
Friday 11th April 1.30pm
Saturday 11th April 8pm
Sunday 12th April 11am
Sunday 19th April 11am
Sunday 26th April 11am
Sunday 3rd May 11am
Sunday 10th May 11am
Sunday 17th May 11am
Thursday 21st May 7pm

Sunday 24th May 11am
Sunday 31st May 11am
Sunday 7th June 11am
Sunday 14th June 11am
Sunday 21st June 11am
Sunday 28th June 11am
Sunday 5th July 11am
Sunday 12th July 11am

Clocks go forward 1 hour
Spiritual Communion for Passion Sunday
Virtual Prayers around the Cross
Virtual Communion for Palm Sunday
Virtual Stations of the Cross
Virtual Prayers around the Cross
Virtual Service of the Lord's Supper
Virtual Liturgy of the Cross
Virtual Easter Vigil
Virtual Service for Easter Day *(with baptism)*
Virtual Service for Easter 2
Virtual Service for Easter 3
Mass for Easter 4
Virtual Service for Easter 5
Virtual Service for Easter 6
Virtual Service for the Ascension of our Lord.
Virtual Service for Easter 7
Virtual Service for the Feast of Pentecost
Virtual Service for Trinity Sunday
Virtual Service for Trinity 1
Virtual Service for Trinity 2
Virtual Service for Trinity 3
Virtual Service for Trinity 4
Virtual Service for Trinity 5

THIS IS THE GATE OF HEAVEN

Winner of 'The UK's Best Modern Churches' award November 2013

Next Sunday: 5th April 2020

**A Service of Spiritual Communion for Psalm Sunday
(Virtual Service via Zoom)**

Reading: tbc Intercessions: Edward

Vicar Mother Bernadette Hegarty 020 3774 6833
Churchwarden: Julian Bream 07818 048048



DONATIONS gratefully received for our roof fund by cheque payable to St Paul's, Bow Common, Gift Aided where possible

All enquiries to: **020 3774 6833**

church@stpaulsbowcommon.org.uk

✠ THE PARISH OF ST. PAUL WITH ST. LUKE ✠
BOW COMMON



Sunday 29th March 2020
Spiritual Communion Passion Sunday
(virtual service using Zoom)

44 235 540

Ezekiel 37:1-14 Safia Gospel: John 11:1-45

Intercessions: Julian

PLEASE PRAY FOR:

Esther Christian, John Christian, Rachel Christian,
Audrey Mamei, Sarah Seymour, Thomas Cantwell,
Matthew Ikol, Ewa Machoy, Ben Reyes, Janice Sutherland,
Jim Mulherran, Charmaine Moore, Eileen

For our link church of **Santa Monica, Maputo** in Mozambique
And for our church school **St Paul with St Luke Primary School**

March Year's Mind: Maroula Addington, Revd. John Fethney,
Terrence Smith, Rory Forrester

Today, we celebrate the **5th Sunday of Lent** which is also **Passion Sunday** as we enter into **Passiontide and Holy Week draws near.**

Our journey through Lent is coming to a close as we draw nearer to our Lord's Passion. Nowadays people associate the word passion with strong emotion, but when we refer to the Passion of Jesus, we are referring to his 'suffering'.

We are living in times where there is great suffering. We are at the end of our first week of 'lock down' and frustrating as it may be, it's essential that we continue to observe the Government's instructions to stay at home, only going out for essential shopping and exercise and maintaining a physical distance of 2 metres – in doing so we are saving lives and reducing the suffering of others.

Two weeks ago, following the advice of our Archbishops and Bishops, public worship ceased at St Paul's, Bow Common until further notice and last week the building closed for private prayer and the hall closed to our hall users. And from this week, services will be led from the chapel I've created in the upper room.

Yet in this time, we have found ways of worshipping together virtually via Zoom. I have been really touched by how many Zoom in for Daily Prayer and how many Zoomed in for the service last Sunday. I have also been moved by how we are supporting and encouraging each other.

As time passes, it will get harder so it's important that we draw on the strength and encouragement of God as we seek to sustain each other and our neighbours.

So I encourage you to continue to spend time in prayer. I've uploaded resources to our Whatsapp Group, that you may use either virtually or privately.

We are the Body of Christ here and as such we have our faith in Christ to sustain us and support us and our neighbour. If you become unwell and need help, then let me know.

With love and prayers
Mthr Bernadette



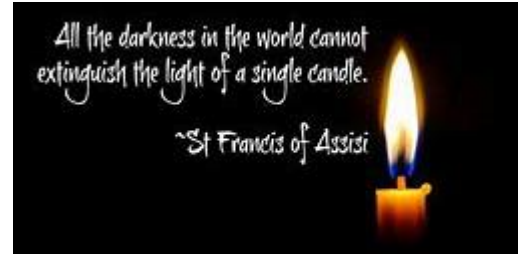
Virtual Prayers around the Cross Fridays during

Lent at 7pm If you haven't joined this service, I strongly encourage you to use Zoom and join in. Many did so on Friday and really found it spiritually

uplifting. Next session **Friday 3 April at 7pm. Julian will post details on our Whatsapp group.**

Candle Prayers Service, tonight at

7pm. Light a candle in your home and join (using Zoom) an informal service of prayer where we light candles as we pray.



Readings for Morning & Evening Prayer for the week ahead at 8am and 5.30pm. Please join in using Zoom

	<u>Morning Prayer</u>	<u>Evening Prayer</u>
Monday:	Psalm 73 Exodus 8:1-19 Hebrews 11:17-31	Psalm 26 Jeremiah 21:1-10 John 11:28-44
Tuesday:	Psalm 35 Exodus 8:20-end Hebrews 11:32-12:2	Psalm 61 Jeremiah 22:1-5, 13-19 John 11:45-end
Wednesday:	Psalm 55 Exodus 9:1-12 Hebrews 12:3-13	Psalm 62 Jeremiah 22:20-23:8 John 12:1-11
Thursday:	Psalm 40 Exodus 9:13-end Hebrews 12:14-end	Psalm 43 Jeremiah 23:9-32 John 12:12-19
Friday:	Psalm 22 Exodus 10 Hebrews 13:1-16	Psalm 31 Jeremiah 24 John 12:20-36
Saturday:	Psalm 23 Exodus 11 Hebrews 13:17-end	Psalm 130 Jeremiah 25:1-14 John 12:36-end