

LOOKING AHEAD

The Daily Office: Monday-Thursday & Saturday 8am & 5.30pm

Sunday 24 February 10am

Tuesday 26 February 12-4pm

Wednesday 27 February 6pm

Friday 1 March 9.30-11am

Sunday 3 March 10am

Tuesday 5 March 12-4pm

Wednesday 6 March 7pm

Friday 8 March 9.30-11am

Friday 8 March 7.15pm

Saturday 9 March 10am-3pm

Sunday 10 March 10am

Friday 15 March 9.30-11am

Friday 15 March 7.15pm

Sunday 17 March 10am

Wednesday 20 March 6.45pm

Friday 22 March 9.30-11am

Friday 22 March 7.15pm

Sunday 24 March 10am

Friday 29 March 9.30-11am

Friday 29 March 7.15pm

Sunday 31 March 2am

Sunday 31 March 10am

Tuesday 2 April 12-4pm

Friday 5 April 9.30-11am

Sunday 7 April 10am

Sunday 7 April

Friday 12 April 9.30-11am

Sunday 14 April 10am

Mon 15 April 6.30pm

Tues 16 April 7pm

Wed 17 April 7pm

Mass for the 2nd Sunday before Lent

Tuesday Sale

SPSL School Governor's Meeting

Little Lights

Mass for the Sunday next before Lent

Tuesday Sale

Mass for Ash Wednesday

Little Lights

Prayers around the Cross (Taizé style service)

Lent Quiet Day (venue to be confirmed)

Mass for Lent 1

Little Lights

Prayers around the Cross (Taizé style service)

Mass for Lent 2

PCC Meeting

Little Lights

Prayers around the Cross (Taizé style service)

Mass for Lent 3 (followed by Hunger Lunch in the church hall)

Little Lights

Prayers around the Cross (Taizé style service)

Clocks go forward one hour

Mass for Lent 4/Mothering Sunday (All Age Service with Sunday School Presentation)

Tuesday Sale

Little Lights

Passion Sunday

APCM (after the service)

Little Lights

Palm Sunday

Seder Meal

Stations of the Cross

Prayers around the Cross

THIS IS THE GATE OF HEAVEN

Winner of 'The UK's Best Modern Churches' award November 2013

Next Sunday: 3rd March February 2019

Mass for the Sunday next before Lent

380 186 287 228

Exodus 34:29-35 Cathy **2 Corinthians 3:12-4:2** Nikki

Psalms 99 **Intercessions:** Julian **Gospel: Luke 9:28-36**

Chalice: Julian **Sidespeople:** Helen & Beata

Vicar: Mother Bernadette Hegarty 020 3774 6833

Churchwarden: Julian Bream 07818 048048

Churchwarden: Safia Dimsdale

DONATIONS gratefully received for our building fund by cheque payable to St Paul's, Bow Common, Gift Aided where possible.



All enquiries to: **020 3774 6833**

church@stpaulsbowcommon.org.uk

✠ **THE PARISH OF
ST. PAUL WITH ST. LUKE** ✠
BOW COMMON



Sunday 24th February 2019

Mass for the 2nd Sunday before Lent

188 226 167 16

Genesis 2:4-9, 15-25 Safia **Revelation 4** Mary S

Psalm 65 **Intercessions:** Julian **Gospel: Luke 8:22-25**

Chalice: Hendrika **Sidespeople:** Hendrika & Mary S

PLEASE PRAY FOR:

Esther Christian, John Christian, Rachel Christian,
Caroline Smith, Layo Olaniyan, Florence Ebseye, Audrey Mamei,
Tracy Deirki, Robert Partridge, Latarshia Bailey, Tom Cantwell,
Sharni Josephine, Frank Griffith

Our link church of **Santa Monica, Maputo** in Mozambique

Our church School – **St Paul with St Luke**

February Year's Mind: Ralph Beyer, Rose Finn-Kelcey,
Arthur John McKenzie

Today, we celebrate **the 2nd Sunday before Lent** and so we continue our journey through a brief period of Ordinary Time before we begin our Lenten journey towards Holy Week and Easter.

Today we welcome **Carly** (*see below*) from **'East London Tea & Talk' Support Group** as our speaker.



Some months ago we started to support a new local community group: East London Tea & Talk Women's Support Group. The group meets in our hall fortnightly on Monday evenings and provides much needed support to local woman who are experiencing or have experienced mental health issues.

Preparation of a New Electoral Roll this year: According to the Church Representation Rules of the Church of England, each parish has to prepare a new electoral roll every six years. What this means in brief, is that everyone comes off the existing Church Roll and if you wish to be on the Electoral Roll you will need to complete an Electoral Roll form.

Please make sure you complete an electoral roll form and return it to Hendrika before **Sunday 17th March 2019**.

A Date for your Diary: APCM – Sunday 7 April 2018 after the service

Lent begins on Wednesday 6th March. Mass with the imposition of ashes will take place in church at **7pm**.



St Mary's Bow is having a chocolate morning on **Saturday 2nd March 11am - 1pm** to raise funds for Fair Trade. There will be cakes, tasting and hot drinks. Why not pop along and support them!

Lent Activities:

Sewing Activity: to repair and renew altar linens, Saturday mornings during Lent.

Parish Quiet Day: Saturday 9th March from 10am-3pm
(Royal Foundation of St Katharine's).

Hunger Lunch: Sunday 24 March after the service.

Lent Pots: collecting for St Monica's and Diocesan Lent Appeal (challenging modern slavery).

Prayers around the Cross: Taizé style service, **Fridays during Lent at 7.15pm.**

Reports, Reports, Reports! Just a gentle reminder that we have arrived at that time of the year where we begin to prepare for our APCM. I will need the following reports: Church Wardens, PCC Secretary, Fabric, SPBC, Finance/Accounts, Sunday School, Deanery Synod, Tuesday Sale (do let me know if I have missed anyone out) by **Thursday 28 February 2018 at the very latest.**



Lent Hunger Lunch – after the service on **Sunday 24th March.** Please do make a special effort to come as the funds raised are much needed to help the people who are victims of modern slavery in our city and to help our sister church St Monica's in Mozambique.



Church Lenten Quiet Day at Royal Foundation of St Katharine's

Saturday 9 March 10am-3pm

An opportunity to take time out in your busy life. to reflect and to be nourished by the love of God. The

day will open with prayer, there will be a midday Eucharist and time for personal reflection and prayer. Lunch and refreshments will be provided by St Katharine's. Numbers are needed, so if you are planning to come, then sign up on the sheet at the back of church. **Cost £20** per person. We need seven people.