

## LOOKING AHEAD

*The Daily Office: Monday-Thursday & Saturday 8am & 5.30pm*

Sunday 10 March 10am

Friday 15 March 9.30-11am

Friday 15 March 7.15pm

Saturday 16 March

Sunday 17 March 10am

Wednesday 20 March 6.45pm

Friday 22 March 9.30-11am

Friday 22 March 7.15pm

Saturday 23 March

Sunday 24 March 10am

Friday 29 March 9.30-11am

Friday 29 March 7.15pm

Saturday 30 March

Sunday 31 March 2am

Sunday 31 March 10am

Tuesday 2 April 12-4pm

Friday 5 April 9.30-11am

Saturday 6 April

Sunday 7 April 10am

Sunday 7 April

Friday 12 April 9.30-11am

Saturday 13 April

Sunday 14 April 10am

Mon 15 April 6.30pm

Tuesday 16 April 7pm

Wednesday 17 April 7pm

Thursday 18 April 7pm

Friday 19 April 1.30pm

Saturday 20 April 8pm

Sunday 21 April 10am

Mass for Lent 1

Little Lights

Prayers around the Cross (Taizé style service)

Lent Sewing Group (time tbc)

Mass for Lent 2

PCC Meeting

Little Lights

Prayers around the Cross (Taizé style service)

Lent Sewing Group (time tbc)

Mass for Lent 3 (followed by Hunger Lunch in the church hall)

Little Lights

Prayers around the Cross (Taizé style service)

Lent Sewing Group (time tbc)

Clocks go forward one hour

Mass for Lent 4/Mothering Sunday (All Age Service with Sunday School Presentation)

Tuesday Sale

Little Lights

Lent Sewing Group (time tbc)

Passion Sunday

APCM (after the service)

Little Lights

Lent Sewing Group (time tbc)

Palm Sunday

Seder Meal

Stations of the Cross

Prayers around the Cross

Mass of the Last Supper (with foot washing & The Watch until midnight)

Liturgy of the Cross

East Vigil & 1<sup>st</sup> Mass of Easter

Mass for Easter Day (with baptism)

# THIS IS THE GATE OF HEAVEN

Winner of 'The UK's Best Modern Churches' award November 2013

**Next Sunday: 17<sup>th</sup> March February 2019**

**Mass for the 2<sup>nd</sup> Sunday of Lent**

**56 346 4 405**

**Genesis 15:1-12, 17-18** Safia **Philippians 3:17-4:1** Cathy

**Psalm 27 Intercessions:** Julian **Gospel: Luke 13:31-35**

**Chalice:** Safia **Sidespeople:** Nikki & Safia

**Vicar:** Mother Bernadette Hegarty 020 3774 6833

**Churchwarden:** Julian Bream 07818 048048

**Churchwarden:** Safia Dimsdale

**DONATIONS gratefully received for our building fund by cheque payable to St Paul's, Bow Common, Gift Aided where possible.**



THE CHURCH OF ENGLAND



All enquiries to: **020 3774 6833**

[church@stpaulsbowcommon.org.uk](mailto:church@stpaulsbowcommon.org.uk)

✠ **THE PARISH OF  
ST. PAUL WITH ST. LUKE** ✠  
**BOW COMMON**



**Sunday 10<sup>th</sup> March 2019**

**Mass for the 1<sup>st</sup> Sunday of Lent**

**145 226 154 298**

**Deuteronomy 26:1-11** Jennea **Romans 10:8-13** Thea

**Psalm 91 Intercessions:** Arthur **Gospel: Luke 4:1-13**

**Chalice:** Nikki **Sidespeople:** Arthur & Jennea

**PLEASE PRAY FOR:**

Esther Christian, John Christian, Rachel Christian,  
Caroline Smith, Layo Olaniyan, Florence Ebseye, Audrey Mameli,  
Tracy Deirki, Robert Partridge, Latarshia Bailey, Tom Cantwell,  
Beata Thomas

Our link church of **Santa Monica, Maputo** in Mozambique

Our church School – **St Paul with St Luke**

**March Year's Mind:** Maroula Addington, Revd. John Fethney

**R.I.P.:** Terrence Smith, Rory Forrester

**Today, we celebrate the First Sunday in Lent** as we continue our journey towards Good Friday and Easter Day which started on Wednesday with the imposition of ashes.

We also continue our tradition of having members of the congregation share something of their faith journey.

**Today we welcome Sally as our speaker.**

**Prayers around the Cross every Friday during Lent at 7.15pm**

If you haven't been along to this service, I strongly encourage you to come and experience it.

**Next session Friday 15 March at 7.15pm**



**Preparation of a New Electoral Roll this year:** According to the Church Representation Rules of the Church of England, each parish has to prepare a new electoral roll every six years. What this means in brief, is that everyone comes off the existing Church Roll and if you wish to be on the Electoral Roll you will need to complete an Electoral Roll form. Please make sure you complete an electoral roll form and return it to Hendrika before **NEXT Sunday 17<sup>th</sup> March 2019.**

**Fairtrade fortnight: Monday 25 February - Sunday 10 March 2019**  
**The focus of this year's Fairtrade Fortnight is cocoa farmers.**

The UK chocolate industry is worth £4 billion each year. \$2.50 a day would provide a living income for a cocoa farmer in Côte d'Ivoire. Yet less than \$1 a day is the current income of a typical cocoa farmer in Côte d'Ivoire. Fairtrade can help protect farmers from extreme poverty prices through the Fairtrade Minimum Price, and the Fairtrade Premium that goes directly to the farmers' communities.



**What can I do? Buy Fairtrade** - visit **Hendrika** at her stall today and buy Fairtrade items. Encourage others to do

the same. You're ensuring a better deal for farmers **and** you're showing companies there is demand for Fairtrade. **Be political**

Sign the petition in 2019, and keep Fairtrade on the agenda with MPs. Visit [fairtrade.org.uk](http://fairtrade.org.uk).



**Lent Sewing Project** (*repairing/renewing our altar linens*) **starts Saturday 16 March.** If you would like to be part of this, please put your name on the sheet at the back of church and if you would like more information, then do talk to Hendrika.

**Would you be interested in taking part in a St Paul's Cathedral project, exploring the idea of sacred space?** As one of six groups and six schools representing an inter-faith and intergenerational mix, you would be contributing by creating your own silk-painted piece(s) that would form part of a construction of a separate space for reflection within the Cathedral. You would have a free organised trip/tour of the cathedral prior to the workshop, and then a big celebratory event to open the exhibition at the end of June. The work will then be exhibited for about six weeks. Do let Mthr Bernadette know if you are interested.

## **Lent Activities:**

**Sewing Activity:** to repair and renew altar linens, Saturday mornings during Lent.

**Parish Quiet Day: Saturday 9<sup>th</sup> March from 10am-3pm** (*Royal Foundation of St Katharine's*).

**Hunger Lunch: Sunday 24 March** after the service.

**Lent Pots:** collecting for St Monica's and Diocesan Lent Appeal (challenging modern slavery).

**Prayers around the Cross:** Taizé style service, **Fridays during Lent at 7.15pm.**



**Lent Hunger Lunch** – after the service on **Sunday 24<sup>th</sup> March.** Please do make a special effort to come as the funds raised are much needed to help the people who are victims of modern slavery in our city and to help our sister church St Monica's in Mozambique.



**Our Church Lenten Quiet** Day at Royal Foundation of St Katharine's yesterday was a much welcome opportunity to take time out for personal reflection and prayer. Well done Mary for taking the photograph - I do believe it's our first group selfie!