

# LOOKING AHEAD

**Daily Office (15 minute prayer service) Monday-Wednesday, Friday-Saturday at 8am & 5.30pm**

Sun 9 July 2017 10am  
Sun 9 July 2017 12pm  
Sun 9 July 2017 12-4pm  
Mon 10 July 2017 1pm

Mon 10 July 2017 7pm  
Sun 16 July 2017 10am  
Sun 16 July 2017 2pm  
Wed 19 July 2017 6.45pm  
Sat 22 July 2017

**Sun 23 July 2017 10am**

Mon 24 July 2017 7pm  
Sat 29 July 2017 11am-2pm  
Sun 30 July 2017 10am  
**Sun 6 August 2017 10am**  
Sun 13 August 2017 10am  
Sun 20 August 2017 10am  
Sun 27 August 2017 10am  
Sat 2 September 2017 (tbc)  
Sun 3 September 2017 10am  
Sun 10 September 2017 10am

Mass for Trinity 4 – **ALMA SUNDAY**  
Confirmation Class (*Vicarage*)  
**The Great Get Together** (*St Paul's Way Centre*)  
**Funeral of Lily McCarthy** (Pat's mum) at Manor Park Crematorium)  
**Bow Council Meeting** (*St Paul's Old Ford*)  
Mass for Trinity 5  
Confirmation Class (*Vicarage*)  
**PCC Meeting** (*church hall*)  
Leopold Estate Board trip to Walton-on-the-Naze (*more info at St Paul's Way Centre*)  
**Mass for Trinity 6** (*with Baptism & Confirmation*) *Bishop Adrian*  
Rosary Group (*vicarage*)  
Saturday Sale (*church*)  
Mass for Trinity 7  
**Mass for the Transfiguration of Our Lord**  
Mass for the Blessed Virgin Mary  
Mass for Trinity 10  
Mass for Trinity 11 (*with Baptism*)  
Renewal of Wedding Vows  
Mass for Trinity 12 with (*Baptism*)  
Mass for Trinity 13 with (*Baptism*)

**THIS IS THE GATE OF HEAVEN**

Winner of 'The UK's Best Modern Churches' award November 2013

**Next Sunday: 16th July 2017**

**Mass for 5<sup>th</sup> Sunday after Trinity**

**Hymns: 310 313 513 148(m)**

**Isaiah 55:10-13 Jennea Romans 8:1-11 Mary S**

**Psalm 65 Gospel: Matthew 13:1-9,18-23**

**Intercessions: Mary Mc Chalice: Nikki**

**Sidespeople: Arthur & Jennea**

*Vicar* Mother Bernadette Hegarty 020 3774 6833

*Churchwarden:* Julian Bream 07818 048048

*Churchwarden:* Safia Dimsdale

**DONATIONS gratefully received for our roof fund by cheque payable to St Paul's, Bow Common, Gift Aided where possible**



✠ THE PARISH OF  
ST. PAUL WITH ST. LUKE ✠  
BOW COMMON



Take my  
yoke upon  
you, and  
learn from  
me.... For  
my yoke is  
easy, and  
my burden  
is light –  
Jesus

**Sunday 9<sup>th</sup> July 2017**

**Mass for 4<sup>th</sup> Sunday after Trinity**

**Hymns: 81 56 72 206(m)**

**Zechariah 9:9-12: Mary Mc Romans 7:15-25 Carly**

**Psalm 145 Gospel: Matthew 11:16-19, 25-30**

**Intercessions: Carly Chalice: Julian**

**Sidespeople: Mary S & Helen**

**PLEASE PRAY FOR:**

Edmond Brien, William Jarvis, Naomi Harris, Esther Christian, Margaret Diss, John Christian, Rachel Christian, Isobel Coates, Ray Williams, Charlie Berry, Dawn Smith, Sharni Josephine, Nojahan Hamid, Mark Emmerson, Jane Keefe, Audrey Mamei, Blesie Smith, John McLean, Kenneth Lambert, Joseph Agatha, Winnie Hegarty Pegden

For our link church of **Santa Monica, Maputo** in Mozambique

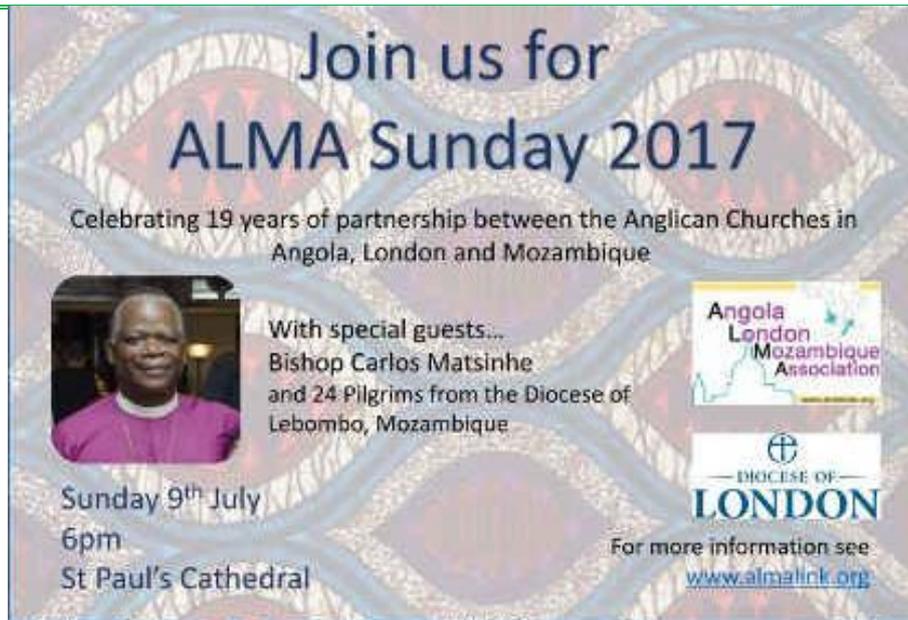
**July Year's Mind:** Stephen Fethney, Bill Mitchell

**RIP:** Lily Mc Carthy, Keith Wright, Colin Arrowsmith

Today we celebrate **the 4<sup>TH</sup> Sunday after Trinity** and this year it is the Sunday when we, along with the whole Diocese of London, celebrate our ALMA partnership.

We welcome **Jennea** who is our **parish ALMA link person** as our speaker today.

See below our invitation to the cathedral later today for a special service.



Join us for  
**ALMA Sunday 2017**

Celebrating 19 years of partnership between the Anglican Churches in Angola, London and Mozambique

With special guests...  
Bishop Carlos Matsinhe  
and 24 Pilgrims from the Diocese of Lebombo, Mozambique

Sunday 9<sup>th</sup> July  
6pm  
St Paul's Cathedral

Angola London Mozambique Association

— DIOCESE OF —  
**LONDON**

For more information see  
[www.almalink.org](http://www.almalink.org)

**Summer Sale at church on Saturday 29 July 11am-2pm.**

Please let family, friends and neighbours know so they can come along. If you would like to help or know more about this event, talk to Toni.

**Final Reminder** for Welcomers, Readers, Intercessors & Chalice Assistants – a new rota is being prepared for the period of 23 July 2017 to end of October 2017. **Please complete sheet at the back of church TODAY (indicating which dates you are away over the summer).**

Thank you all for your commitment to ensuring that our Sunday is worship is the best that it can be.

**We are invited to The Great Get-Together** (inspired by Jo Cox's beliefs) **TODAY 12-4pm St Paul's Way Centre.** Barbeque, music. **Free event.**

## Photos relating to Jennea's talk today.

