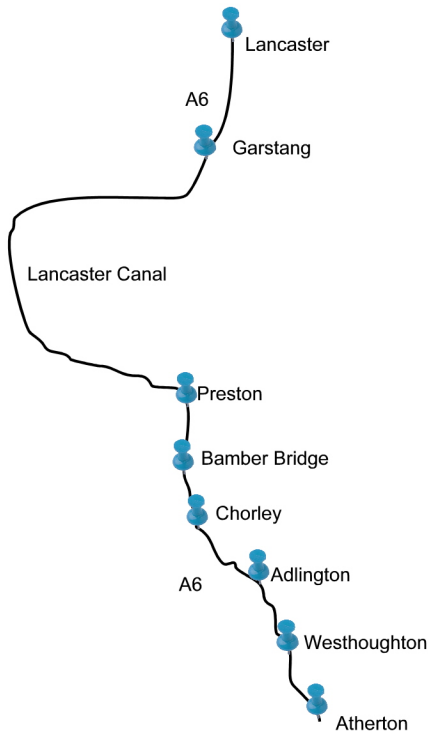


Atherton to Lancaster via Westhoughton, Adlington, Chorley, Bamber Bridge, Preston and Garstang.



On Saturday 27th February 2016, I walked from Atherton to Lancaster. I set off from Atherton at 0440 and reached Lancaster at 2040, that is, it took me 16 hours. I walked along the A6 to Preston. Once in Preston I tried to find Haslam Park. Haslam Park is where you find the Lancaster canal, it isn't easy to find, but once you find it, you can walk all the way to Lancaster and even up to Kendal. At first the Lancaster canal leads you west towards Kirkham and Wesham for a few miles, before heading north for a few miles, and then back east until you meet up with the A6 and Garstang. I came off the canal at Garstang because it started to go dark, and not being familiar with the canal, I thought it would be better to join the A6 at Garstang and walk all the way to Lancaster via Galgate. Once I reached Lancaster I got the train back to Atherton. There is just one point I wish to make here. When I reached Lancaster I noticed that my pedometer had stopped. My pedometer only goes up to 99999 steps which amounts to 53.71 miles. The problem was that I didn't know at what point my pedometer had stopped. All I knew was that the last time I checked the pedometer was when I reached Garstang. I reached Garstang at 1730 and the pedometer recorded 46 miles. I knew that from Garstang to Lancaster it is 11 miles so I would say that in total I walked around 57 miles. My only complaint is, why would you create a pedometer that only lets you walk 53 miles in a day? It's completely useless. I almost feel like sending it back. (only joking!!!)

By Philip Catherall

