

## Christian Counselling

Jean Arbon is a trained counsellor. If you would like to meet with her, please contact her directly (contact details below).

Fountains Counselling is a local organisation which also offers a confidential counselling service. See <http://fountainscounselling.org.uk/> for more information or call 07980 387847.

## Other Support

We know that life can be difficult for all sorts of reasons. Together with other churches in Market Drayton, St Mary's offers a range of services to help those in need:

**Christians Against Poverty (CAP) Debt Advice Centre:** Based in our Parish Rooms, the centre offers free advice for those struggling with debt. For information or help contact Gill Carley on 01274 760720.

There are also a number of other CAP-affiliated services, including a **Job Club**, a **Life Skills** course and a **Fresh Start** course, for those struggling with life-controlling habits and addictions. For further details see the weekly noticesheet\*.

**Market Drayton Foodbank:** Based in the Parish Rooms, the Foodbank offers three days emergency food and support for local people. Vouchers are available from a number of local agencies. For information on how to obtain vouchers contact [info@marketdrayton.foodbank.org.uk](mailto:info@marketdrayton.foodbank.org.uk) or call 01630 654007

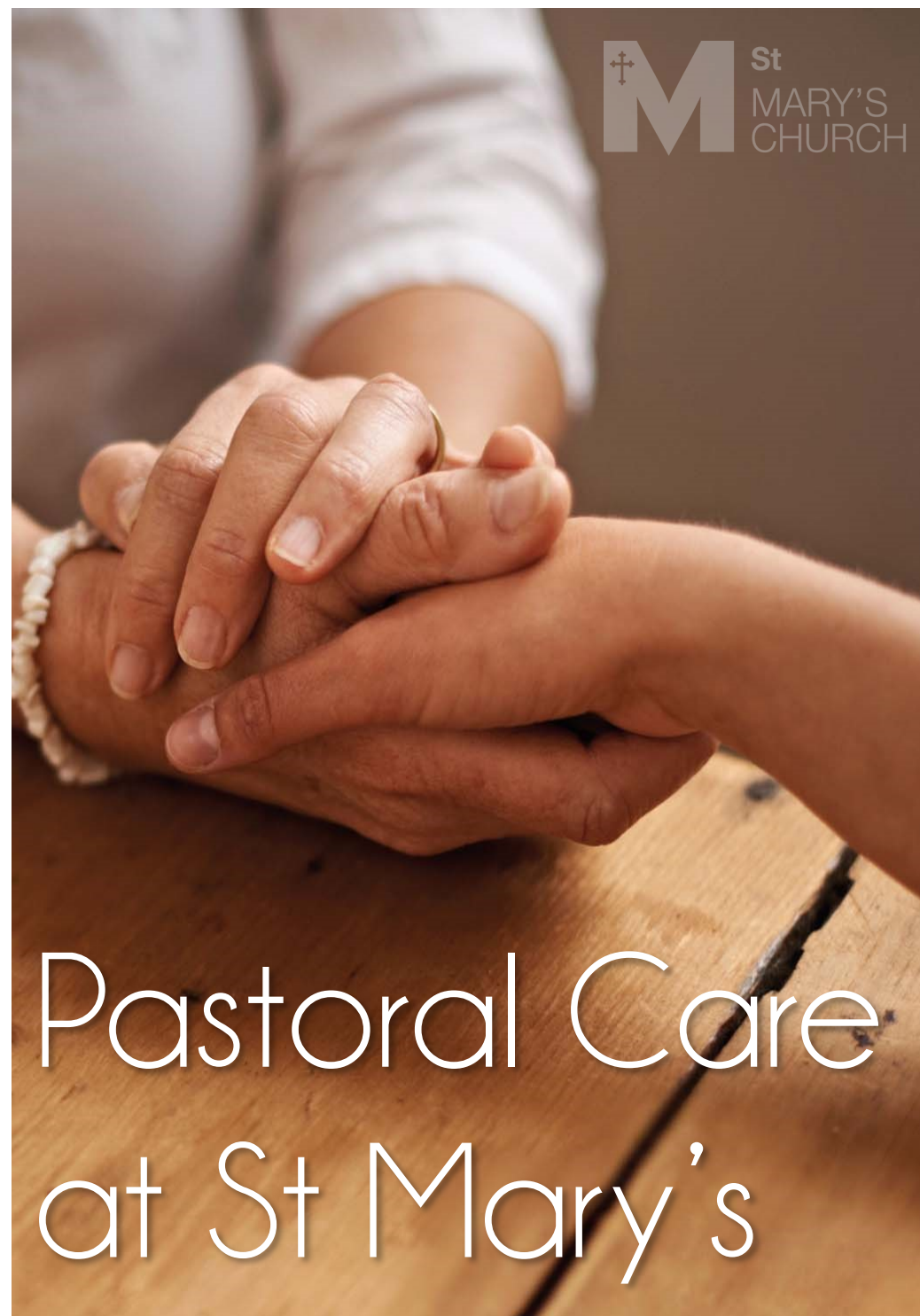
## Contact Details

Carol Corney: 01630 653137

Jean Arbon 01630 673380

Catherine McBride (Vicar) 01630 656943

*\* our noticesheet is available on our website  
[www.stmarysmarketdrayton.org.uk](http://www.stmarysmarketdrayton.org.uk)*



## Our Pastoral Team

Caring for one another is an important part of being God's family here at St Mary's and there are many who lend a helping hand and support to others in need. However, we are also blessed to have a dedicated pastoral care team of men and women, led by our licensed Pastoral Care Co-ordinators: Carol Corney and Jean Arbon.



*Carol Corney & Jean Arbon*

### The Pastoral Team:

- Visit the bereaved, sick and housebound, including those in residential homes.
- Provide a confidential listening ear.
- Take home Communion to those unable to get to church.
- Facilitate lifts to church.
- Provide occasional training courses in pastoral skills, such as listening.

If you, or someone you know, would value any of this help then do contact Carol or Jean (details on reverse).

If you would be interested in joining the Pastoral Team, or think that you can help in any way, then please do contact Carol Corney, or our vicar, Catherine McBride .

## Home Groups

We have a number of groups which meet regularly in people's homes for bible study, prayer and fellowship. These groups are a great way of providing friendship and support for one another. If you are interested in joining a group contact Carol Corney.



## Prayer

We have a number of ways in which we can offer specific prayer for you:

**Prayer Ministry:** At the 10.30 service on Sunday morning we have a team of men and women, available to pray with any who would like prayer for themselves or for someone else. Prayer requests are treated confidentially.

**Prayer Link:** We have a chain of people who can be called upon to pray for urgent matters. Contact Carol Corney.

**Prayer Board:** This is situated at the entrance to the Resurrection Chapel. Prayer requests left on the board are prayed for weekly. You do not have to leave your name if you don't wish to. Cards will be removed after a month, but feel free to update, or leave another card, as many times as you wish.

## Get Connected...

Sometimes all we need is the chance to get out and connect with others over a meal or 'cuppa'. Here at St Mary's there are plenty of opportunities to do this:

**Community Coffee Morning:** This is held on the third Thursday of every month at 11.00am in the Parish Rooms.

**Singles' Lunch:** If you are on your own, do join us for lunch on the last Sunday of every month. Check out the noticesheet\* for details each month.

**Bring & Share Lunch:** All are welcome to these lunches, which are held on the third Sunday of the month at different homes. Check out the noticesheet\* for details each month.

Don't forget the church is open each morning during the week for any wanting a cuppa and a natter: 11.00am to 1.00pm (10.00am to 2.00pm on Wednesdays).



## Bereaved?

As well as visits from our Pastoral Team we also offer:

**The Phoenix Group:** a support and social group for those who are bereaved or alone. Keep an eye on the noticesheet\* for information about meetings.

**Annual Memorial Service:** Each year, usually on the Saturday closest to All Soul's Day (1st November), we hold a memorial service in church, as an opportunity to reflect and to remember your loved one. If you have been bereaved in the past year and we have conducted the funeral (either in St Mary's or at the Crematorium), then you will automatically receive an invitation to this service; however, all are welcome and many people continue to come each year.