BISHOP'S HULL PARISH MAGAZINE OCTOBER 2024



A THRIVING VILLAGE COMMUNITY IN THE HEART OF SOMERSET

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MAGAZINE SUPPORT TEAM

Proof reader - Margaret Coombs

Magazine Cover:

Photographs by Bob & Penny Coombs & Bob Winn

Articles relating to all aspects of our village and community are always welcome.

Final date for acceptance: Mid-day on 12th of the month.

Please help to make the magazine interesting by contributing material.

When reading your free online copy or one of the the hard copies available in church please remember to support the few remaining advertisers whenever possible

It is emphasised that the views expressed in this magazine are not necessarily those of the magazine editorial team, unless attributed, or those sent in by identifiable contributors.

IDENTIFYING OUR LOCAL BIRDS - photos by BOB WINN



Wheatear

Cover - Harvest Celebration



AWARD WINNING FAMILY RUN BUSINESS

Shop and Post Office

Open Monday – Friday 6.45am – 6pm Saturday 8am – 6pm Sunday 8am – 12pm Tel – 01823 279168

Butchers

Open Tuesday – Friday 8.00am – 3pm Saturday 7.00am – 2pm Sunday and Monday Closed Tel – 01823 337497



The Frank Bond Centre 84 Mountway Road, Bishop's Hull.

A place for the over 50s to meet new friends

Contact Carolyn 01823 283941 /Nadia 07958 246046

Come along to Frank's cafe on a Friday morning 10:00-12:00 and discover what activities could lie in store for you. **The cafe is open to members and non-members.**

The centre is centrally heated and open 10:00-16:00 Monday-Friday

Weekly Activities:

Monday -	The Painting Group 10:00-12:00,
-	Whist Club 1:30-4:00
	Bridge Club 1.30-4:00
Wednesday	- Flexercise & Tai Chi 10:00-12:00
Thursday -	Bridge club 10:00-12:00-Beginners welcome,
	Croquet 2:00-4:00
Friday -	Pétanque 10:00-12:00,
Friday -	Frank's Cafe 10:00-12:00

Monthly Activities:

1st Monday in month Family History 2:00-4:00 2nd Tuesday in month Parchment 10:00-3:30 3rd Wednesday in month Games 2.00-4.00 4th Wednesday in month Music Appreciation 2.00-4.00 2nd & 4th Thursday in month Mahjong 2:00-4:00 3rd Thursday in month Monthly lunch-pse write name on list in foyer

Annual membership £25 Find us on Facebook (& 'Like' us)

There are many more exciting activities... Table tennis, cards, books, puzzles A variety of social events take place throughout the year.

Vicar:

Reverend Philip Hughes , The Vicarage, Bishop's Hull Hill, Bishop's Hull, TA1 5EB 01823-336102

Tim Venn (Church Warden) John Perry (Church Warden)



Is it true? Did I imagine I heard it? Did the Prime Minister actually say it? The NHS has been "broken" in ways which are "unforgivable".

When the National Health Service (NHS) became a reality in 1948 I was eleven years old and probably too young to be completely aware how important it was for everyone in the UK. At long last, from the very poorest to the very richest, everyone had access to health care.

My earliest memory of how things were (before the NHS was formed) was that, if you didn't have sufficient funds, calling the doctor was pretty low on the list unless you really were very ill. I cannot recall why but, on one occasion, my mother was so concerned that she 'called the doctor'. However I do remember that our circumstances were such that she 'paid' him with a dozen eggs.

A lot of water has passed under the bridge since 1948 and advances in health care have grown, and grown, and grown. Operations performed today would have been considered science fiction way back in 1948.

When Aneurin Bevan's government made its decision to create a health service which was free for everyone (from cradle to grave) I'm sure they never thought it was going to be the most costly decision any government would ever make. I'm sure Aneurin Bevan's aspiration was to ensure we were to be one of the healthiest nations in the world. Where, and why did it go so terribly wrong?

I do not have an answer to this burning question.

For those who closely follow the the employment statistics for the National Health Service it will come as no surprise to see the following figures. The total number of people employed by the NHS this year (2024) stands at 1,344,866, a rise of 65,000 since 2023.

Many politicians (and many of us too) are quick to attribute blame but who has an answer that will alleviate the pressure on the public purse and bring down the numbers waiting to be 'healed?

I guess it is part of human nature to try and find an answer to our problems by blaming someone else. Today we enjoy so many 'entitlements' that it is so easy to forget our 'responsibilities'.

I am one of those fortunate people who have enjoyed 70 years of good health until I needed open heart surgery to save my life - thank you NHS. Four years later I needed chemotherapy and radiotherapy - thank you again NHS. But I am consciously aware that it is my daily responsibility to care for my body. I wonder how many of us actually do?

The Vicar Writes

Dear Brothers and Sisters in Christ,

People in Bishop's Hull will once again see their Parish Church entrance lit up in pink and blue illuminations 09-15 October 2024 to show its support for **Baby Loss Awareness Week**. And again an opportunity for people to add a coloured ribbon (blue or pink) to the church gates that week to show their support.



Baby Loss Awareness Week, now in its 22nd year, helps to

unite the pregnancy and baby loss community; we come together and speak out across the week to increase understanding of the impact of loss and remember all babies.

The week also provides an opportunity to raise awareness of the impact of pregnancy and baby loss; the importance that bereavement support plays in the ongoing bereavement journey; and of the vital work that is needed to improve pregnancy outcomes and to save babies' lives.

Few experiences can compare to the trauma and pain of pregnancy and baby loss. During this Baby Loss Awareness Week, we acknowledge that finding ways to nurture your mental and physical wellbeing is a vital part of anyone's bereavement journey.

Clea Harmer, Chief Executive of Sands and Chair of the Baby Loss Awareness Alliance, said: "Following their loss, families find themselves on a new path they never expected to be on. Together, we care for ourselves and each other as part of a community of people affected by all forms of pregnancy and baby loss.

Grief affects every person differently and can change over time, even during Baby Loss Awareness Week itself. It can be extremely hard for any bereaved person to speak out on the issues that matter to them, if they do not have the time and tools to care for themselves first. Self-care is essential, so you can sustain yourself and be able to raise awareness in a way that's right for you.

I hope that St Peter and St Paul's church in Bishops Hull being lit up pink and blue during October will help will help reassure anyone who finds themselves navigating this journey, whether recently bereaved or longer ago, that there is a community that understands and is here for you, whatever you need – be it guidance, shared stories or simply a listening ear to help and offer comfort. You are not alone."

For more information, visit: <u>www.babyloss-awareness.org</u> Or if you would like to chat with someone, please contact Rev Phil Hughes via the church office on 01823 336102 or by email <u>phil2overflowing@gmail.com</u>

Your brother in Christ

Rev Phil Hughes Vicar and Chaplain

St Peter's & St Paul's Church Bridge Coffee Mornings

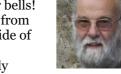
The Bridge is what we have called the New Welcome Area.

The Church has opened the Bridge for the return of the Monthly Coffee Mornings to be held on the last Saturday of each month and running now through the rest of 2024. We would like to extend a warm welcome to all at the next coffee morning on **Saturday 28 September 2024.** Please come along to have a Coffee/Tea and cakes, with a friendly chat. From 10am till 12noon.



Bell Ringing

We are very proud of our Bell Ringing team and our bells! There are 6 bells in the tower and ringing is done from ground level. The Bell Tower is accessed on the North Side of the church.



Ringing happens for the main service on Sunday (usually ringing starts at 09.15am and rings until the service starts at 10am). Practice night is Wednesday at 7.30pm.

Quarter peals (50 minutes) may be attempted up to twice a month at 11.30am, usually on Tuesday or Wednesday.

Our Tower Captain is Giles Morley and he can be contacted on 01823 430710

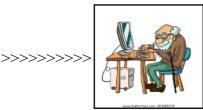
Dates of Parish Council Meeting 2024

Meeting dates 2024 All Thursday evenings, 7.00 p.m. start at the HUB

3rd October – Half Yearly Statement & Meeting dates 7th November – Draft Budget	5th December – Finalise budget /Precept 2025/26
7th November – Draft Budget	







Editor Bob

LETTERS TO THE EDITOR

A little bird told me that the Editor has a supply of 2024 Cooked, Sliced & Bottled Beetroot for sale.

THIS PAGE IS RESERVED FOR YOU!



www.justgiving.com/crowdfund ing/ dougie-kerr DONATE TO SAVE THE LAST BEVERLEY

31/08/24 82% £49,490 was raised of the £60,000 target by 1629 Supporters We are slowly reaching our target - Bob Coombs

Parish Council news

Standing Together

On August 7th , Somerset Council Leaders stood together to condemn unrest and disorder with the clear message: there is no place for hate in Somerset.

"On behalf of all the people of Somerset, we are compelled to speak out publicly to condemn the recent unrest and disorder which we have sadly seen elsewhere in the country.

"Any act of violence or racism is deplorable, and we support calls for those involved to be swiftly brought to justice. We must stand against anyone who seeks to spread hate. We must stand together with people of all ages affected, many of whom have fled horrific situations to find safety. We stand in solidarity with all those communities who have been affected.

"Somerset is a county that prides itself on inclusivity, respect, and a shared sense of community. We are united in our commitment to creating a sense of place where every individual is valued and respected, regardless of their background or ethnicity.

"We will continue to work tirelessly alongside our communities and partners to ensure that Somerset remains a place where diversity is celebrated, and where everyone can feel safe and welcome.

"Now, more than ever, we must not be swayed by the actions of a few who seek to spread division.

"To our communities who are concerned by these events, know that you are not alone. We stand with you and for you. Our message is clear: there is no place for hate in Somerset.

"These events remind us that division still exists and there is work to do to overcome this. Let us use these events to bring us closer. Together, we will overcome this challenge and emerge

stronger, with a renewed sense of purpose and a deeper commitment to the values that make Somerset an inclusive and safe place to call home."

Signed by the following Somerset Councillors:

Cllr Bill Revans - Leader of Somerset Council and the Liberal Democrat Group Cllr Mike Best - Chair of Somerset Council

Cllr David Fothergill - Leader of the Conservatives Group

Cllr Leigh Redman - Leader of the Labour Group

Cllr Dave Mansell - Leader of Green Group

Cllr John Hunt - Leader of the Independent Group

The new Parish Council website is up and running

https://bishopshullparishcouncil.gov.uk/

Please take a look at the new website and information will be updated regularly. A plea to all local groups, please can you check the information that appears about you on the new website is correct and please email me to

confirm. If you are a local group and there isn't any information on the website please let me know and I will happily add information for you.

The Clerk and all Councillors now have new dedicated email addresses (the old one will continue to be monitored)

New Clerk email : clerk@bishopshullparishcouncil.gov.uk all other Councillors contact details can be found here: https://bishopshullparishcouncil.gov.uk/staff

The next meeting was held on Thursday 5th September, 7.00pm at The Bishop's Hull HUB — Everyone was welcome to attend.

Bishop's Hull Hub 100 Club August 2024 winners

£37.20— Richard Holland, £18.60— Sheila Warden and £9.30— Chris Phillips

Tickets are £2 per month, Email bhhub100club@gmail.com for further details. The next draw took place at the Hub Cafe on the 14th September. Join our 100 club today and you could be our next winner!

You must be 16 years or older to purchase a ticket. The 100 club supports the Bishop's Hull Hub.

Bishop's Hull author to appear at the Taunton Literary Festival

Dr Claire Plumbly will be at the Taunton Literary Festival on Fri 27th September 2024, 7pm at Brendon Books CIC, Taunton, TA1 4ER to talk about her new book: Burnout: How to Manage Your Nervous System Before It Manages You.

Drawing on polyvagal theory and her professional insights as a trauma therapist working with clients experiencing anxiety, trauma and burnout, Clinical Psychologist Dr Claire Plumbly will help you understand:

- Why stress is different from burnout;

- How burnout stifles your ability to interact, think clearly and be productive or creative;

— Why you get stuck in burnout and cannot 'think' your way out of it or engage in activities you know could help you;

- Cultural beliefs and psychological patterns that cause burnout;

- How to soothe your nervous system back to full capacity using techniques and compassion;

By the end of this book, you will have tools to thrive amidst the challenges of modern life, at work, at home and through positive interactions and relationships.

You can purchase tickets (£5 each or Book and Ticket £17.99) from Brendon Books, Bath Place, Taunton TA1 4ER Box Office 01823 337742 or visit www.ticketsource.co.uk/brendonbooks

VILLAGE HALL AND COMMUNITY ROOM

Both of these facilities are run by the Village Hall and Playing Field Trust

Booking Secretary's contact details.

DESCRIPTION AND AVAILABILITY OF FACILITIES

Monday to Friday in school term time: 5.00pm to midnight

Saturdays & Sundays: 8.00am to midnight

School holidays: 8.00am to midnight all week.

Village Hall caretaker: Rick Moon 01823 354908

VILLAGE HALL

Large Hall (194.5 sq metres; dimensions 19m x 15m) Designed for:

 Closely seated on linked stackable chairs in conference format: 200
 Seating at large tables: 150

3. Dances, discos: 200

4. Dancing and seating at tables: 185

COMMUNITY ROOM

Smaller room (55.5 sq metres; dimensions 10m x 8m) Designed for:

1. Seating up to 40 informally or 80 in rows.

2. Children's parties or similar occasions for up to 40 Kitchen

Equipped with gas cooker, hot cupboard, cutlery and china for the hirer to provide tea, coffee etc for 150. General Equipment

23 large rectangular tables and 9 small tables

(All these facilities are available at no extra charge)

NOTES

1. Total numbers of hours to be notified when booking and MUST include all time required for setting up and clearing up. (Any use of the premises outside of booking times will be charged and deducted from any deposit held)

2. If Hirer's Liability Insurance cover is requested the above charges are increased by 20% (Policy details available on request)

3. Charges for commercial hire are subject to negotiation.

4. Hire of Community Room will include use of kitchen.

5. Hire of Large Hall MAY include use of Community Room & kitchen if available. There is a NO SMOKING policy in the whole building. **BISHOP'S HULL WOMEN'S INSTITUTE**



Bishop's Hull WI is a group of friendly women with meetings held normally on the **4th Thursday of the month** (except August) at 7.30pm at the Bishop's Hull HUB.

- These monthly meetings have a speaker or other activity together with business items.
- Topics for future meetings will be published here each month.
- Lunches and coffee/ brunches are organised monthly.
- Additionally there is a walking group arranged fortnightly(except mid winter and August) and a Scrabble group meets on a monthly basis.
- A day trip usually takes place in August.
- Why not come along to one of our meetings where you will be warmly welcomed. The cost is £4.00 (up to three meetings) deducted from the annual subscription upon joining.
- Further information may be obtained from Heather Blackmore the group's secretary Tel: 01823 283884/07963834365.

ACTIVITY UPDATE

May heralded the start of our year, and at the AGM on 23rd a new committee was elected with Margaret Lomax as our new President.

The programme of speakers for the year ahead has been arranged and a diverse range of topics will be covered.

The monthly lunches and coffee/ brunch mornings continue to be very enjoyable and much appreciated by those who attend. Whilst there is no monthly meeting in August plans are in hand to arrange a day trip.

New members are always welcome, just come along and see for yourselves what a friendly group of ladies we are!

Meetings are held normally on the fourth Thursday of the month at the Bishops Hull Hub.

PLEASE NOTE THE CHANGED START TIME OF 7.30 pm..

Guests are more than welcome to come along to one of our meetings . Other activities taking place each month will be the walking group and Scrabble group together with the regular lunch and coffee/ brunch events.

BISHOP'S HULL IN TIMES PAST

100 years ago



Thanksgiving services were held at the parish church as part of the Harvest Festival. Holy Communion (choral) was administered at an early hour, matins being sung at 11 o'clock and the children attended a special service at half past two. A crowded congregation was present at evensong, held at the usual hour. A full choir rendered the musical portions of the services in a very

efficient manner, reflecting great credit on all who took part. The soloists throughout the day were Miss Coles, Miss Turner and Mr Birch. The church was tastefully decorated with an abundance of corn, fruit, flowers and vegetables. At morning prayer, the Rev Dr Harris, rector

of Staplegrove, occupied the pulpit, and the sermon at the evening service was delivered by the vicar (Rev GFC Raban). A willing band of ringers, under the leadership of Mr Merson, rang joyous peels on the bells during the day. All collections were in aid of the Taunton and Somerset Hospital.

Among recent arrivals at London Zoo are blue rats, presented by Mr HC Brooke of Hele Bridge. The rats are descended from the Old English black rat, which might have been hovering round expectantly when King Alfred burned the cakes. Black rats were considered to be very rare, except on ships and in docks, and are of much more noble lineage than the common brown rat. They were considered to be not ordinary rats, but aristocrats.

With much regret, the death was recorded of Miss Ethel Oaten, aged 40, younger daughter of the late Mr and Mrs C Oaten of New Road, Bishop's Hull, which took place at the Taunton and Somerset Hospital. Miss Oaten had been ill for a considerable period. For the past 17 months she had been a patient at the Hospital, where amidst much suffering, borne with great patience and fortitude, she submitted to various operations with the hope of restoration to health. All unfortunately proved to no avail and she passed peacefully away. The funeral took place at St Mary's cemetery, led by the Rev G Raban, vicar. The funeral arrangements were carried out by HJ Turner of Bishop's Hull.

<u>50 years ago</u>

Following their successful village fete in July, followed by a dance at the Trull Memorial Hall, members of the Village Hall and Playing Fields Association met to discuss further money-raising efforts. It was agreed that a dance was a popular event and that inquiries should be made as soon as possible as to available halls and bands. The next event was to be a sponsored walk on the playing field, similar to the one held the previous autumn, and it was hoped to include a tug-of-war between various village organisations. Members of Bishops Hull Labour Party were the guests of Milverton Labour Party in a friendly skittles match played at the White Hart Inn, Milverton. The Milverton team won by 17 pins.

A talk on Victorian costumes was given by Mrs Felix at the meeting of the Women's Institute. The theme of the talk centred around four wedding dresses, starting with the elegant simplicity of 1832 and ending with a costume of the 1920s made of gold net and complete with a Valentino-type helmet for the bride's head. Mrs Felix also judged the 'Victorian posy' competition won by Mrs Radford and Mrs Chandler. The month's lucky number was 12, the prize - 2lb of precious sugar - was won by Mrs Radley.

At the first meeting of the Good Companions after the summer recess. Miss Newcombe presided and welcomed Mrs Grinter as a new member. An outing to Bournemouth was discussed, also details of the annual service at the United Reformed church. Miss Radford gave a demonstration of flower arranging and judged the competition, a bunch of flowers in a vase, which resulted: 1 Mrs Berry; 2 Mrs Carpenter.

Mr Barry Sheerman, Labour candidate for the Taunton constituency, held his general election meeting at the school and gave a talk on the aims and ideals of democratic socialism as embodied in the Labour Party. This was the first public meeting iofMr Sheerman's campaign. The supporting speaker was Mr Jim Nicholl, chairman of the Trull Labour Party and the chair was taken by Mrs Sybil Gwyther, district councillor for the area. Mr Sheerman was unsuccessful at the election but became the MP for Huddersfield East in 1979, later Huddersfield, where he served until standing down at the recent general election. He was one of the longest serving MPs in recent history.

Our hedgehogs are in crisis

It is feared that there may be just one million hedgehogs left in Britain. This compares to about 36 million during the 1960s. About 150,000 hedgehogs are killed on our roads every year.

With this in mind, England's first 'hedgehog crossing' road signs have recently been launched in several Borough Councils around the country. The aim is to try and save the species from eventual extinction.

The new sign features a hedgehog with white quills inside a red triangle above a message that reads 'hedgehogs crossing'.

The design has been approved by the Department for Transport and it is hoped that the signs will make a big difference in preserving the hedgehog population. The aim is to raise awareness among motorists, to get them to slow down, and also among people using a strimmer in their garden.

Neighbourhood Beat Team



PCSO Lyndsay Smith 07802 874297 lyndsay.smith@avonandsomerset.police.uk PCSO Marshall Bernhard 07849 305815 marshall.bernhard@avonandsomerset.polic



Avon and Somerset Police SERVE. PROTECT. RESPECT.

BISHOPS HULL NEIGHBOURHOOD BEAT TEAM (from village WEB site)

PCSO Lyndsay Smith - 07802 874297 lyndsay.smith@avonandsomerset.pnn.police.uk

PCSO Tony Wearmouth 8413 - 07889 655312 tony.wearmouth@avonandsomerset.police.uk

PCSO Catharine Richards - 07710 026191 catherine.richards@avonandsomerset.police.ukPCSO Catharine Richards - 07710 026191

"It's not worth reporting a scam call. Nothing happens."

In fact, every scam call, email or text is worth reporting. Last week, our colleagues at the National Crime Agency (@NCA) announced they have shut down a platform used by hundreds of criminals to defraud victims across the world.

The platform allowed criminals to hide their identity by appearing to call from pre-selected numbers, such as financial institutions, telecoms companies and law enforcement agencies, gaining the trust of victims before stealing their money and personal details.

From 2021-2024, over 1.3 million calls were made to 500,000 UK phone numbers.

An estimated 170,000 people across the UK are believed to be victims. Of those who reported to Action Fraud, the average loss is over \pounds 9,400.

If you receive a scam call, text or email, please report to @actionfraud , the UK's national reporting centre for fraud and cyber crime, to help build a clear picture of where these crimes are being committed. Even if you haven't lost anything, your report may help protect others.

If you've been a victim of fraud, know that it's not your fault and it's never too late to get help.

Call Action Fraud on 0300 123 2040 or visit actionfraud.police.uk.

T here have been recent dwelling burglaries where the main objective appears to be stealing the occupant's vehicle. Please consider the security of your vehicle and remember the below:

1. If a garage is available, ensure that your vehicle is secured inside it when possible. If you have two vehicles, park the lowest-value one outside and close to the garage door to prevent it being forced.

2. If present, ensure any driveway gates are closed and locked.

3. Ensure your vehicle is always locked and consider using additional security devices such as steering wheel locks, trackers and the like.

4. No keys should be stored in locations which are visible through doors, windows etc, or within easy reach of letterboxes or other openings.

5. When you are away, or at night, consider taking your keys to bed with you, but ensure all the residents know where they are in case of an emergency.

6. Consider storing your keys (depending on their functionality) in a 'Faraday' type pouch or box.

A von and Somerset Police received 11 reports of pension fraud in 2023 with victims collectively losing just under £70,000. New data reveals that nationally the figure was £17.7 million based on 559 reports – an average loss of £46,959 per person.

Sadly, fraud is largely underreported, so the actual numbers are likely to be much higher.

Attachments: pension-investment-fraud.pdf

<u>Report anti-social behaviour</u>

Anti-social behaviour (ASB) is the term given to behaviour and activities which cause harm or distress to an individual, community or neighbourhood. Neighbourhoods can be an area where you live, work, or visit often.

There are three main categories of ASB, depending on how many people are affected:

Personal – when a person targets a specific individual or group.

Nuisance - when a person causes trouble, distress or suffering to a community.

Environmental – when a person's actions affect the wider environment, such as public spaces or buildings.

If you are affected by anti-social behaviour, you can report it either to us, or a local authority, depending on the type of behaviour.

Report anti-social behaviour

Ongoing anti-social behaviour

If you have reported a persistent problem to the council, police, or housing provider and feel not enough action has been taken, you can request an ASB. Review.

BISHOP'S HULL FLOWER SHOW	<u>Floral Art</u>		
2024	Class 43. JENNY HILLIER		
<u>Prize Winners by Class - see schedule</u>	Class 44. LAURA POPE		
Vegetables	Class 45. JENNY HILLIER		
Class 1. JENNY HILLIER	Class 47. PAT BARRETT		
Class 1. JENNI HILLIEK Class 2. TIM POPE	Class 48. LAURA POPE		
Class 3. TIM POPE	Homecraft		
Class 4. KAREN DUDLEY	Class 49. ANWEN SUTTON		
Class 5. KAREN DUDLEY	Class 50. LAURA POPE		
Class 6. J BAKER	Class 51. PAT BARRETT		
Class 7. TIM POPE	Class 52. NANCY SMALLDON		
Class 8. DAVID GURR	Class 53. IRIS DAY		
Class 9. DAVID GURR	Class 54. JO MACDONALD		
Class 10. DAVID GURR	Class 55. LAURA POPE		
Class 11. LAURA POPE	Class 56. JEMMA GURR		
Class. 12 DAVID GURR	Class 57. TRACEY DOOLAN		
Class 13. LAURA POPE	Class 59. JEMMA GURR		
Class 14. KAREN DUDLEY	Class 60. NANCY SMALLDON		
Class 15. JILL AMOS	Class 61. SARAH HASLER		
Class 16. TIM POPE	Class 62. NANCY SMALLDON		
Class 17. TIM POPE	Class 63. NANCY SMALLDON		
Class 18. TIM POPE	Class 64. JILL AMOS		
Class 19. DAVID GURR	Handicrafts		
Class 20. KAREN DUDLEY			
Class 21. LAURA POPE	Class 65. LIN TARRANT		
Flowers	Class 66. CHRIS MORGAN		
Class 22. NANCY SMALLDON	Class 67. PAT BARRETT Class 68. Ms JANE EVANS		
Class 22. NANCI SMALLDON Class 23. PAT BARRETT	Class 69. LAURA POPE		
Class 23. FAI BARKEIT Class 25. DAVID GURR	Class 70. Mr R BOOTHER		
Class 25. DAVID GORK Class 26. ROBERT COOMBS	Class 70. MI K BOOTHEK Class 71. KATHY GUNN		
Class 20. GARETH NEEDS	Class 72. LAURA POPE		
Class 27. GARETH NEEDS Class 28. JENNY HILLIER	Class 72. EAGRATOTE Class 73. ROBERT COOMBS		
Class 29. DAVID GURR	Class 74. ROBERT MORGAN		
Class 30. TIM POPE	Class 75. BRIAN EMMOTT		
Class 31. ROGER PRIEST	Class 76. MARGARET PEPPARD		
Class 32. MARIAN ASH	, ,		
Class 33. JENNY HILLIER	<u>Children - age 4 and under</u>		
Class 34. LAURA POPE	Class 78. LARA SMALLDON		
Class 35. ISOBEL MAGOWAN	Class 79. LARA SMALLDON		
Class 36. MARIAN ASH	Class 80. JACOB AYRES		
Class 37. NIALL WATSON	<u>Children - age 5 to 8 years</u>		
Class 39. TRACEY DOOLAN	Class 81. ELODIE GIBBS		
Class 40. GARETH NEEDS	Class 83. Mr CHARLIE AYRES		
Fruit	-		
	<u>Children - age 9 to 12 years</u>		
Class 41. KAREN DUDLEY	Class 84. LANI GIBBS		
Class 42. PAT BARRETT	Class 85. LANI GIBBS		
	Class 86. REBECCA NEEDS		

Taunton-based singing course is just the ticket for improving the "little grey cells" – and it comes for free!

Many Bishop's Hull residents will have heard The Rivertones Harmony Chorus perform and they have sung in the village in the past. If you haven't, then they will be singing at the Taunton Together Festival on 28th September and later at other venues around the area. If you have been lucky enough to catch them, then you were probably blown-away by the way that their beautiful harmonies show even the most well-known songs in a new light. If you were impressed fellas, why not take things a bit further and join them? And to help you, The Rivertones are making a rare offer at the moment, so read on.

It seems pretty well established now that singing with others on a regular basis can bring significant benefits to a person's mental health and general wellbeing.

Most recently Gareth Malone has done a wonderful job demonstrating on TV how singing helps people in all sorts of ways.

Peter Gover Musical Director of The Rivertones agrees: "And I think there is something particularly beneficial about the style of harmony singing that we perform. It's not difficult, even if you have no previous singing experience but there's real technique to it and so it makes you think. Most importantly it's very fulfilling and it's fun!"

"We are currently offering places on our "Acapella for Fellas" course which will be run over 6 weeks, one evening per week, starting on 24 October 2024. We'll guide you through everything you need to know to sing with us."

"So if you fancy joining them and having a go at unaccompanied harmony singing, you can sign up via our Facebook page or website (therivertones.org.uk) or by contacting our membership secretary, Peter Elliston.



You'll be amazed at what you can achieve with a bit of help. We'd love to see you!

Bishop's Hull Parish Magazine Edition 39/05 October 2024 The Revd Dr Jo White considers the reason for stained-glass windows

Reflecting Faith: Window Glass

Last month I wrote about the Arts and Crafts Movement's influence in the decoration of churches in Britain. This is often evidenced in the designs of windows – but why do we have so much coloured glass of all shapes and sizes in church buildings?

Stained glass in churches is similar to wall paintings in that it adds colour as well as traditionally serving the purpose of teaching non-literate people the great events and characters of their religion.

But glass is so much more than that.

The techniques used to create these windows have been refined over the centuries, and their intricate beauty has inspired countless artists and designers.

The way the light shines through the glass creates a unique atmosphere that is often described as ethereal or heavenly. In this way, the use of stained-glass windows helps to create a sacred space that is set apart from the secular world.

The light shining through the glass is shown onto the brickwork or stonework surrounding the glass and depending on the original colours, the intensity of the light, the angle of the suo's rays as well as the height and angle away from the watcher: these can range from vibrantly strong to softly muted.

Hundreds of years ago people saw the changes in light in this way as being very significant. It was thought that the light passing through was transformed or transmuted and because of this it had a healing and revivifying effect on people who placed themselves within its light. Bishop's Hull Parish Magazine Edition 39/05 October 2024 David Pickup, a solicitor, offers some advice about committees...

Think twice before you join a committee



People involved in church or village life are often asked to join committees or to help run things. These include trusts and charities, being a PCC member, school governors and hospital managers, village hall groups and I suppose judging bonny baby competitions.

These community positions are vital for the good of everyone, but unfortunately not many people are prepared to give up their evenings or weekends to go to long meetings in draughty halls.

If you are invited to join a group like this, what questions should you ask?

Why were you asked? What do they think you can contribute? If you are in a job, are they expecting you to do work for them for nothing?

Do you have the time to do the job? People on committees tend to be asked to join other committees, and so it is easy to get overloaded. Are the meetings at a time convenient to you?

What risks are there? Does the group have liability insurance to protect members against claims?

What are the finances like? Are the records up to date? Do they have budgets and accounts they can show you?

Good advice would be to ask to go to a meeting before committing yourself. You can soon find out if the place is well run and people get on with each other. Ask to look at the insurance documents, constitution and accounts.

If the answers to these questions are negative, it does not necessarily mean you should not join. If the finances are in a mess, perhaps you can help. If they say they had a constitution when the charity was set up in 1879 but no-one knows where it is now, then perhaps it can be found again. Most people get a lot out of contributing to society in this way. You learn more and meet interesting people, although you may wish to draw the line at bonny baby judging!

EAT WELL FOR LESSDURINGOCTOBERVEGETABLE MARROW SOUPCHAMP

1 large onion. 1 large marrow. 2 ozs. Dripping. 1 pint milk. 2 pints white stock. 2 ozs. flour. Salt and pepper.



MINCE the onion finely. Peel and cut up the marrow and remove seeds. Melt

1 oz. of dripping in a pan, add the marrow and onion, and steam for 20

minutes. Add the milk and stock, and cook until marrow is tender. Then rub through a sieve, melt the second ounce of dripping, add it to the soup, together with the flour and seasoning; and stir until it boils.

From Mrs. H. Cobley, Leicestershire.

FISH RAMEKINS

1 lb. cold cooked fish.
 1¹/₂ cups white sauce. Milk.
 2 teaspoonfuls of Worcester or other sauce.

2 ozs. grated cheese.



FLAKE fish into basin. Add a little milk and thick, white sauce mixed with the cheese. Season to taste with Worcester sauce. Mix well and

pile into buttered ramekins. Sprinkle with stale breadcrumbs and grated cheese.

Bake in the top of a moderate oven for $\frac{1}{4}$ hour.

From Mrs. Rogers, Wrexham



OLD potatoes, when cooked this way, are beautifully white and floury --much nicer even than new potatoes similarly treated until the latter have really come into season. Pick as large potatoes as possible and wash thoroughly. Peel and place in a vessel containing cold water, to prevent potatoes changing colour until enough are peeled. Then boil in the usual way.

Get ready a generous handful of chives, cut short with a pair of scissors; add salt, as required, also sweet milk, but not enough to make the champ sloppy.

When the potatoes are sufficiently tender, drain, set the pot firmly on the ground, and pound thoroughly with a beetle, after adding the chives and salt. Heat the milk to boilingpoint, pour over all, and stir well. The usual way of serving is to lift each helping on to a plate, make a well in the centre, and quickly add a chunk of butter. Then lift each spoonful round the outer edge of the champ, dip it in the melted butter to eat.

> From Miss Mary Stevenson, Co. Down.

CHOCOLATE CREAM

1 dessertspoonful cornflour.
 1¼ pint milk. 1 oz. sugar.
 1 oz. unsalted margarine.
 1 oz. cocoa or grated chocolate, and, if liked, a few drops vanilla.



WITH a little milk mix the cornflour to a smooth paste. Set rest of milk in a small saucepan to

boil and when boiling stir into the paste. Return to saucepan and bring back to boil for 3 minutes. Now cream together sugar and margarine and add to it the cocoa or chocolate. Drop a teaspoonful at a time of cold cornflour mixture into this and beat well with egg beater. This makes a most delicious thick chocolate-cream filling.

From Mrs. Betteridge, Herefordshire.

GINGERBREADS

2 lbs. flour. 1 teaspoonful mace.
1 lb. moist sugar. A little orange peel.
1 lb. Syrup. 2 tablespoonfuls of bicarbonate of soda
1¹/₂ ozs. ground ginger.
1 lb. butter. l oz. Cassia.

MIX flour, sugar and spices all



together. Rub butter in and mix with the syrup into a firm ball. Pinch off pieces the size of a walnut, and put on a sheet, about 12 at a time, and bake in a moderate oven. This amount will make about 7 or 8

dozen gingerbreacls which are very tasty.

From Mrs. K. E. iMollard, Cornwall.

<u>RHUBARB</u> SHORTCAKE

TAKE a few sticks of rhubarb and cook in a casserole in the oven with a tablespoonful of water and a little



sugar till tender (but not broken). Meanwhile you will need for the shortcake 12 ozs. flour, 3 to 4 ozs. fat, 2 ozs. sugar, 1 egg, 1 teaspoonful baking powder, and milk to mix. Rub fat into flour, add dry ingredients, and mix with egg and milk to a stiff mixture. Divide in two. Roll one half out to an oblong shape, 1 in. thick. Place on a greased bakingtin. Spread with cooked rhubarb. Roll out other half and put on top. Bake in a hot oven for 25 minutes. When cool, cut in slices.

> From Mrs. Erwen Thomas, Glamarganshire. *****

TREACLE SCONES

8 ozs. Flour. 1 oz. margarine
1 teaspoonful cream of tartar.
¹/₂ teaspoonful bicarbonate of soda.
1 oz. treacle. 1 oz. sugar.
Buttermilk or ordinary milk.



RUB the fat into the flour, add the sugar, cream of tartar and soda and mix to a rather soft dough with the treacle which has been dissolved in ¹/₂ cupful or more of buttermilk.

Turn out on to a lightly floured board, stamp quickly into rounds and bake in a fairly hot oven.

From Mrs.E. Edwards, Merioneth.

The treasure in church chests



M any of our churches have old chests which are used to keep books in. I have been in two recently where the chests were older than the churches themselves!

I do not think our chest in my church is very old. It is near the altar and is covered with a cloth. I am not really sure why it needs to be covered like this. I suppose someone thought it would look more fitting if it had a cloth on it.

Being of an enquiring mind, or just plain nosey, I had a look inside and found it is full of old Bibles and prayerbooks. I like using them during the traditional morning worship services. I love those massive old Bibles, some of which go back hundreds of years and the Books of Common Prayer. Although they seem to weigh a ton they were made to be used and have large print which I find very helpful! Recently when I was finding the lesson I notice someone had already marked it. That was probably done years ago.

The prayerbooks are fun as well, as many date from ages past; some encourage us to pray for King George, not the Georges of the 20th Century but King George and his wife Caroline from the early 19th Century. It is interesting how these State Prayers alter as the Royal Family changes like our own families. The older books have prayers for King the Charles the Martyr and the anniversary of his death, and also prayers for 5th November. (I actually used the Guy Fawkes prayer last year, with edits, and I left a note in the book to say so. Please don't tell anyone!)

A prayerbook from the Victorian period has some loose tracts put inside and another a patriotic song from 1914. Another thing to note is the old way of printing the letter 'S' which looks like an F and can catch unwary reader out. Our sister church has an even older Bible dating from the 17th century.

Let us use these old books and cherish history. Many of these were gifts to the church by previous members of the congregation. They would have been significant expenditure. The Bible in the 17th century would have cost the price of a new car today. The Bible speaks to every age.

Where do postcodes come from?

Some 65 years ago, on 11th October 1959, Britain began introducing postcodes. They started in Norwich, and by 1974 had been rolled out across the whole country.

The idea was to speed up sorting following the mechanisation of the postal system. But for the process to work, people had to use it, and it was therefore important to make sure that people could remember their postcode easily. So, psychologists from Cambridge University were asked to assist in their design.

This worked so well that a survey in 2016 revealed that people are now more likely to remember their postcode than their debit card PIN (92%, compared with 77%). And the information sticks: apparently 17% of people questioned could still remember the postcode of the house they lived in up to 30 years earlier.

When the first postcodes were trialled in Norwich, the first three characters were NOR (now NR followed by a number) representing the name of the city, and the last three signified a particular street or large business. Why Norwich? Because of its new sorting machines.

The main point of a postcode is to ensure that a letter or parcel gets to the correct Royal Mail sorting office, where it can then be sorted into the correct round. So the "outcode" will specify a postcode area and district, and will have up to four characters. The "incode" designates a particular postcode sector and delivery point, and always has one number and two letters.

What is a delivery point? It could be a street, part of a street or a single property. Or in rural areas, something a bit bigger. The postcode area is of course much larger: the smallest in Britain is WC in London, covering one square mile. The largest is IV, Inverness, at 6,243 square miles.



LOOKING AT LIFE

<u>The problem with swiping</u> <u>through videos</u>

When you're bored, do you follow the growing popular trend of flicking from one short video to another on your phone? It is a habit many people have picked up from visiting YouTube Shorts, Instagram Reels, and TikTok. But if you do it for hours on end, it is called 'doomscrolling'.

Now a recent study has found that the habit can increase your malaise, instead of helping it. Scientists at the University of Toronto in Canada admit that while it is hard to "quantify exactly how much more bored a person feels when "swiping", nevertheless "there are "small but noticeable increases."

So, scientists advise that "More enjoyment comes from immersing yourself in online videos, rather than swiping through them." The study was published in the Journal of Experimental Psychology. **

> <u>Taking drugs "has never been</u> <u>more dangerous"</u>



So warns the head of the National Crime Agency (NCA). Graeme Biggar, the director general of the NCA, points to the increasing use of synthetic opioids in recreational narcotics. It seems that deadly substances such as nitazenes and fentanyl are being used by drug dealers to bulk out their batches of heroin, and to make it stronger. Synthetic chemicals are now even being added to ecstasy, cocaine and street Valium. Nitazenes are manufactured in laboratories, often in China, and copy the effects of morphine and other opioids. But the chemical can be many times stronger than heroin. In all, since June 2023, at least 284 substance-related deaths have been linked to high-strength nitazenes being added to a drug. Mr Biggar warns that "with nitazene, vou can absolutely die the very first time you take it. But – you very often don't know you are taking it. It's been put into a pill that you think is something else." Mr Biggar said the threat from drugs to the UK has become greater over the past 12 months, because of the availability of synthetic opioids, an increase in the global production of

increase in the global production of cocaine and a rise in the amount of cannabis being imported into the country.

<u>What do children like to wear</u> on their feet these days?

Crocs. The foam clogs have now become the fastest-growing 'cool' brand with British children. The footwear company even ranks above companies such as Star Wars, the BBC and Converse, according to a recent poll of young people. Some say the success is because crocs are growing more popular with girls. Girls are turning to them because of the 'jibbitz', or small gems and charms that fit into the holes of the shoe. Designs include Barbie and SpongeBob SquarePants. The brand sells about 150 million pairs of Crocs each year.

<u>Dogs and sewage don't mix</u>



So it is no wonder that more than a third of dog owners have now stopped letting their pet swim in the sea.

According to a recent Savanta survey, the possibility of raw sewagedumping is deeply concerning to dog owners. 41 per cent of them said it has made them less likely to let their pets in the water, despite visiting beaches either often or just sometimes. Further data found that about 74 per cent of Britons who usually swim in the sea have also now stopped.

Danny Chambers, the MP for Winchester and a qualified vet said: "The new Government must save our dogs from the sewage crisis. Reports from across the country of dogs becoming sick after swimming in the sea are truly shocking, and frankly this is a national scandal."

Have you been stressed at work?

Take it seriously. If it has gone on for a while, it may even be well worth paying your doctor a visit. The reason is that a recent study has found that on-going work-related stress can actually double your risk of a potentially deadly irregular heartbeat.

Researchers discovered that having 'job strain' along with a 'perceived lack of reward' are associated with a much greater chance of developing atrial fibrillation. Their findings are published in the Journal of the American Heart Association. Atrial fibrillation (AF) is the most common form of arrhythmia, or abnormal heart rhythm. It can lead to a stroke, heart failure or other cardiovascular complications. An estimated 1.4 million people in the UK suffer from the condition, and it can affect adults of any age. One professor, from Laval University in Quebec, Canada, said that his team had studied the impact of job strain, looking at factors like high job demands, a heavy workload, tight deadlines, low control over work, little say in decision-making and how tasks are executed. The study also considered the effortreward imbalance which occurs when

reward imbalance which occurs when employees invest significant effort into their work, but then perceive the rewards they get in return – such as salary, recognition or job security – as insufficient or unequal to their performance.

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The names we love to give our homes



Many people name their homes, and there is certainly a dizzying variety of names out there. But now a new study has found that nearly all the most common property names have something to do with nature. And in Britain, the most popular house name of all is short and sweet: 'The Cottage'. Next in line? 'Rose Cottage'.

Other popular house names include Ivy Cottage, Garden Cottage, Orchard Cottage, Yew Tree Cottage, The Barn, The Stables, Orchard House, The Lodge and The Granary.

Dr Lynn Robson, Fellow in English at Regent's Park College, Oxford said the trend seems "to reflect a nostalgia for a rural past."

The survey also found that Newcastle has the greatest number of named homes, followed by Glasgow and Sheffield. The survey was carried out by Admiral Home Insurance.

> <u>Which comes first,</u> the jam or the cream?



Which do you prefer, when it comes to eating scones? Of course, Cornwall and Devon have long been in rivalry over it, with Cornwall preferring the jam first, while Devon opts for the cream. Now a recent YouGov survey has found the Cornish method is currently winning the debate. 62 per cent of us, and every British county (except Devon and Somerset) favour the jam-first Cornish approach. Even the Queen also favoured the Cornish method. But the King is more pragmatic, once admitting that "I go with whichever is closest to me to start off."

But now YouGov has discovered that when it comes to people under 30, the preference is beginning to swing the other way. While 80 per cent of people who are over-70s choose jam before cream on their scone, the figure falls to 48 per cent among the under-30s.

YouGov calls it a "glimmer of hope" for the Devon method and reckons that "on current trends we could start to see some crossover in coming generations".





On 12th October we remember Edith Cavell, nurse



Edith Cavell is a good saint for NHS workers: she cared for the sick despite the danger to her own safety.

Edith was a vicar's daughter from Swardeston in Norfolk, where she was born in 1865. She became a governess, but her heart was for nursing, so she went on to train at the London Hospital, before nursing in various hospitals such as St Pancras and Manchester.

When Edith was 42, she decided to go abroad, and was appointed matron of a large training

centre for nurses in Brussels. She was still there seven years later, when the First World War broke out and German troops invaded Belgium on their way to Paris and the Channel Ports.

Edith's nursing school became a Red Cross hospital, and she turned down the opportunity to return to the safety of England. Instead, her nurses tended wounded soldiers from both German and Allied armies.

Sadly, in 1915, when the Germans began their occupation of Brussels, they took a dim view of Edith's work. But they would have been even more unhappy had they known she was helping to smuggle 200 British soldiers across the border into the Netherlands!

Finally, the Germans arrested Edith in August 1915, and put her into solitary confinement. They tricked her into confessing to a charge which carried the death penalty. But Edith refused to show either regret at what she had done, or any fear or bitterness towards her captors.

On 11th October 1915, the night before her execution, Edith was visited by the Anglican chaplain to Brussels, the Revd Stirling Gahan. Together they said the words of Abide with Me, and Edith received her last Holy Communion.

She told Gahan: "I am thankful to have had these ten weeks of quiet to get ready. Now I have had them and have been kindly treated here. I expected my sentence and I believe it was just. Standing, as I do, in view of God and eternity, I realise that patriotism is not enough. I must have no hatred or bitterness to anyone."

Edith was shot by a firing squad next day, on 12th October 1915.

After the war her body was exhumed and buried in Norwich Cathedral. Her memorial service in Westminster Abbey attracted thousands. A commemorative statue of her stands near Trafalgar Square.

G M TREVELYAN's - English Social History -A SURVEY OF SIX CENTURIES Chaucer to Queen Victoria

The music of the Elizabethan madrigal and the lyric poetry to which it was wedded expressed the reasonable joy in life of a people freed from medieval and not yet oppressed by Puritan complexes and fears; rejoicing in nature and the countryside in whose lap they had the felicity to live; moving forward to a healthy agricultural and mercantile prosperity, and not yet overwhelmed by the weight of industrial materialism.

All this found its perfect expression before it passed away — in Shakespeare's plays. In them we see the immense step forward that had been taken in the realm of thought and feeling, away from the ancient limits. The play of Hamlet, that at least is modern. Also in the English' church service in every parish, and in the wide study of the English Bible in the homes of rich and poor, we can say the English mind and imagination had in those respects already ceased to be medieval. But society, politics, and economics still very much more closely resembled those of the fourteenth than of the twentieth century; the author of Richard II and Henry IV found it easy to understand and portray that not very distant world.

If all aspects of life are taken into consideration, we may perhaps agree with the historian of the reign of Henry VIII that 'of all the schisms which rend the woven garment of historical understanding, the worst is that which fixes a deep gulf between medieval and modern history'. But before this brief golden age corresponding to the lifetime of Shakespeare (1564-1616), Tudor England had known a long period of malaise. She did not, indeed, suffer from 'wars of religion' such as devastated France, because here monarchy was stronger and religious fanaticism less strong. But the Tudor Reformation was not carried through without attendant misery and violence. And the disturbances caused by the quick changes of ecclesiastical policy under Henry VIII, Edward VI, and Mary coincided with a grave economic crisis in trade and agriculture, due chiefly to a rise in prices. That rise we must ascribe partly to world causes and partly to Henry's wanton debasing of the coinage. Of these things, among much else, it will be my business to deal in the chapters that follow.

ENGLAND DURING THE ANTI-CLERICAL REVOLUTION

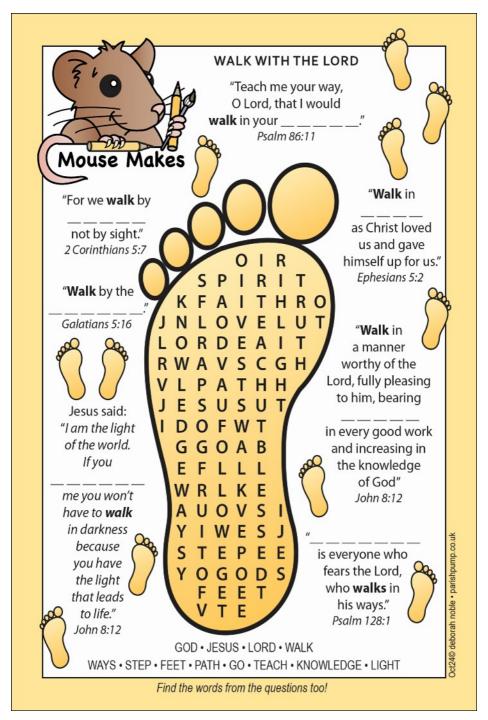
The advent of the first English antiquary, John Leland, may, if we wish, be taken for a sign that the Middle Ages were indeed passing away and becoming matter for retrospect. For nearly ten years (1534-43) Leland travelled through the length and breadth of Henry VIII's kingdom, diligently seeking out and observing things new and old.' He noted much

that was flourishing, but he had also a loving and learned eye for the past, to discern $\ \ -$

by Time's fell hand defaced. The rich-proud cost of outworn buried age.

Many' lofty towers' he saw ' down-razed ', especially three kinds of ruin - dilapidated castles, crumbling walls of towns, and the housebreakers beginning their work upon the roofs of the abbeys.

Many castles indeed Leland saw that had been adapted to the domestic uses of a later age, and had long years of splendour still before them. But many others (like royal Berkhamsted where the Black Prince kept court) had after the Wars of the Roses been abandoned by the frugal policy of Henry VII; while private owners often condemned their ancestral fortresses as fit neither to withstand cannon planted on a neighbouring eminence, nor to house nobles-and gentlemen with modern comfort. Leland, therefore, reports on many a feudal stronghold that 'tendith to ruin', some stripped of their roofs, their walls a quarry for the village or the new manor-house, the slighted remains sheltering poor husbandmen and their cattle. In the Middle Ages, the glory and safety of every town had been its encircling walls, but military, political, and economic reasons had combined to bring about their decay. The thin stone curtain, such as can still be seen in the grounds of New College, Oxford, could no longer avail to protect a town against the cannon of Tudor times. A hundred years later, in the wars of Charles and Cromwell, places like London, Oxford and Bristol were defended by earthworks thrown up on newer principles of military engineering, well outside the too narrow circuit of the medieval walls. Indeed such prosperous cities had already in Leland's day outgrown their antique suits of stone armour, and had thrust out suburbs and 'ribbon development' along the roads of approach. Other less fortunate towns, shrunk and impoverished by economic change, had no money to waste on keeping up walls which the Tudor peace rendered no longer needful. More generally, the decadence of the walls was a symptom of the decline of that intense civic patriotism which had inspired medieval townsfolk. National control and individual initiative were taking the place of the corporate spirit of town and guild, not only in matters of government and of military defence, but in trade and industry, as witness the cloth manufacture continuing to move ever more rapidly into the rural parts to escape municipal and guild regulation. But the third kind of ruin that Leland saw was the most recent. The crash of monastic masonry resounding through the land was not the work of the 'unimaginable touch of time' - not at least in the physical sense – but the sudden impact of a king's command, a demolition order to resolve at one stroke a social problem that had been maturing for two centuries past.





Bishop's letter - A light which shines in the darkness

T he custodial sentences imposed on many of those involved in the recent riots in communities across our country have highlighted, yet again, the issue of criminal justice and the pressures and strains within the prison system. The seemingly ever-increasing size of the prison population; the appalling conditions within many of our older prisons, especially those in our inner cities; the almost total lack of provision for education and rehabilitation and an apparent unwillingness by those elected to Parliament to consider whether the whole of our justice system needs a radical overhaul have all resulted in much media comment. But one part of the prison system which has not been mentioned is the invaluable role played by those who serve as Chaplains. Prison and restorative justice have been a constant thread almost throughout the whole of my life beginning with my first visit while still in my teens to what was then called a Borstal.

Since then, I've had the privilege of working with chaplaincy teams across the whole of the prison estate. I've witnessed at first hand the extraordinary work done by those teams, lay and ordained, of all faiths, working together to witness to God's love in Christ and caring for all those in the prison system, both staff and prisoners. I've often said to those on the outside, if you want to know what true collaborative ministry looks like in practice, look no further than a chaplaincy team. While each member remains true to his or her particular faith, the barriers which often divide people of faith have no part in that shared work of witness and service.

Sadly, all too often, the work of Chaplaincies not just in prison but in all aspects of our human life, in education, hospital, mental health, care homes and many other places, is barely known – that is, until we need their care. But Chaplaincies are the yeast which leaven our society. The light which shines in the darkness. Society, as we long and pray for it to be, would be the poorer without them.

Bishop Trevor Willmott

Assistant Bishop for the Diocese of Bath and Wells

<u>October in your garden</u> <u>And I now wonder how I ever had time to go to work</u>

Fruit and vegetables

- Take cuttings of shrubby herbs, such as rosemary, lemon verbena and thyme
- Remove large fruits on fig trees that have failed to ripen, leaving peasized fruits to develop for harvesting next year
- Sow green manure, such as winter rye, rather than leaving soil bare over winter
- Cover salad plants with cloches to prolong cropping
- Keep sowing batches of hardy broad beans and peas outdoors for early crops next year
- Plant garlic cloves in a sunny well-drained spot, 15cm apart, with their tip 5cm below the surface
- Finish picking runner beans and French beans, but leave a few pods to ripen fully, so you can save the seeds
- Cut down the ferny shoots of asparagus to soil level once they've turned yellow, then add to the compost bin
- Divide large clumps of herbs, such as chives, lemon balm and marjoram, then replant or share with friends
- Wrap grease bands around the trunks of apple, pear, cherry and plum trees to trap the crawling female winter moth
- Clear away old crops, so they can't harbour pests and diseases on the vegetable plot through the winter
- Cut fruited stems of blackberries and autumn raspberries down to the ground
- Raise pumpkins and squash onto bricks to keep them dry and expose them to more sun, to ripen the skins
- Order bare-root fruit trees and bushes for planting from late autumn to early spring
- Plant out spring cabbages

Flowers

- Plant drifts of spring bulbs informally in a lawn, including crocuses, daffodils and fritillaries
- Lift tender cannas to avoid frost damage, dry off the tubers and store in cool dark conditions until spring
- Plant up cheery pot displays with winter colour, such as heathers, cyclamen, winter pansies and skimmia. More winter container inspiration.
- Lift and pot up tender perennials, such as chocolate cosmos, gazanias and coleus, to protect over winter
- Plant evergreen shrubs and conifer hedges while the soil is still warm
- Remove any pot saucers and raise pots up onto feet to prevent waterlogging over winter

- Move deciduous shrubs that are in the wrong place or have outgrown their current position
- Wrap layers of fleece or straw around banana plants and tree ferns to protect from winter frosts
- Collect seeds from hardy perennials, such as astrantia, achillea and red valerian, and sow straight away
- Take hardwood cuttings from ornamental trees and shrubs
- Reduce the height of shrub roses to avoid windrock damage over winter
- Empty spent summer pots and hanging baskets, and compost the contents

Garden maintenance

- Rake up fallen leaves from lawns, borders, driveways and paths, and store in a leaf mould bin to rot down into leaf mould
- Build a log pile at the back of a border for wildlife to shelter in
- Check that your shed is secure and waterproof, so you can safely store tools and patio furniture in it over winter
- Apply an autumn lawn feed to revive the grass after the rigours of summer
- Give your pond some autumn maintenance, including removing barley straw, placed in the pond in spring to discourage algae, once it has turned black
- Empty ceramic and glazed pots that aren't frost proof and store in a shed over winter
- Spike compacted lawns and brush grit into the holes to improve drainage
- Fork up perennial weeds, including horsetail or bindweed, removing every bit of root
- Cut autumn-fruiting raspberries down to the ground after harvesting
- Collect up hoses and drip-feed systems and store indoors over winter, so they don't freeze and split
- Clean out and disinfect bird boxes
- Gather up canes and plant supports that are no longer in use, and store indoors over winter
- Go on regular snail hunts, especially on damp evenings, to reduce overwintering populations



BOOK REVIEWS

<u>The Hitchhiker's Guide to the Galaxy</u> Douglas Adams

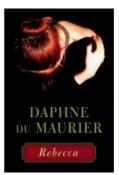


Seconds before the Earth is demolished to make way for a galactic freeway, Arthur Dent is plucked off the planet by his friend Ford Prefect, a researcher for the revised edition of

The Hitchhiker's Guide to the Galaxy who, for the last fifteen years, has been posing as an out-of-work actor.

Together this dynamic pair begin a journey through space aided by quotes from The Hitchhiker's Guide ("A towel is about the most massively useful thing an interstellar hitchhiker can have") and a galaxy-full of fellow travelers: Zaphod Beeblebrox--the two-headed, three-armed ex-hippie and totally out-to-lunch president of the galaxy; Trillian, Zaphod's girlfriend (formally Tricia McMillan), whom Arthur tried to pick up at a cocktail party once upon a time zone; Marvin, a paranoid, brilliant, and chronically depressed robot; Veet Voojagig, a former graduate student who is obsessed with the disappearance of all the ballpoint pens he bought over the years.

Where are these pens? Why are we born? Why do we die? Why do we spend so much time between wearing digital watches? For all the answers stick your thumb to the stars. And don't forget to bring a towel! <u>Rebecca</u> Daphne du Maurier



"Last night I dreamt I went to Manderley again..."

Ancient, beautiful Manderley, between the rose garden and the sea, is the county's

showpiece. Rebecca made it so - even a year after her death, Rebecca's influence still rules there. How can Maxim de Winter's shy new bride ever fill her place or escape her vital shadow?

A shadow that grows longer and darker as the brief summer fades, until, in a moment of climatic revelations, it threatens to eclipse Manderley and its inhabitants completely...

<u>The Book Thief</u> Markus Zusak



It is 1939. Nazi Germany. The country is holding its breath. Death has never been busier, and will be busier still.

By her brother's graveside, Liesel's life is changed when she picks up a single object,

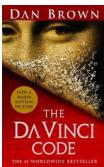
partially hidden in the snow. It is The Gravedigger's Handbook, left behind

there by accident, and it is her first act of book thievery. So begins a love affair with books and words, as Liesel, with the help of her accordianplaying foster father, learns to read. Soon she is stealing books from Nazi book-burnings, the mayor's wife's library, wherever there are books to be found.

But these are dangerous times. When Liesel's foster family hides a Jew in their basement, Liesel's world is both opened up, and closed down.

In superbly crafted writing that burns with intensity, award-winning author Markus Zusak has given us one of the most enduring stories of our time

The Da Vinci Code Dan Brown



While in Paris on business, Harvard symbologist Robert Langdon receives an urgent late-night phone call: the elderly curator of the Louvre has been murdered inside

the museum. Near the body, police have found a baffling cipher. While working to solve the enigmatic riddle, Langdon is stunned to discover it leads to a trail of clues hidden in the works of Da Vinci -- clues visible for all to see -- yet ingeniously disguised by the painter.

Langdon joins forces with a gifted French cryptologist, Sophie Neveu, and learns the late curator was involved in the Priory of Sion -- an actual secret society whose members included Sir Isaac Newton, Botticelli, Victor Hugo, and Da Vinci, among others.

In a breathless race through Paris, London, and beyond, Langdon and Neveu match wits with a faceless powerbroker who seems to anticipate their every move. Unless Langdon and Neveu can decipher the labyrinthine puzzle in time, the Priory's ancient secret -- and an explosive historical truth -- will be lost forever.

The Da Vinci Code heralds the arrival of a new breed of lightning-paced, intelligent thriller utterly unpredictable right up to its stunning conclusion.

The Tale of Peter Rabbit Beatrix Potter

THE TALE OF PETER RABBIT

BEATRIX POTTER

"Now, my dears," said old Mrs Rabbit one morning, "you may go into the fields or down the lane, but don't go into Mr. McGregor's garden."

Follow the story of naughty Peter Rabbit as he squeezes—predictably under the gate into Mr. McGregor's garden and finds himself in all kinds of trouble! But how does Peter Rabbit get himself out of this tricky situation? Beatrix Potter's story about one mischievous but ultimately endearing little creature will tell us, accompanied by beautiful illustrations and timeless verses which have transcended generations.

A LITTLE HUMOUR

A pensioner is looking wistfully at his fields ... It's spring, and for decades now he has planted tomatoes. Unfortunately, he is getting too old to turn the soil over to prepare for the planting season. Normally, his son Vincent would help, but he was recently arrested for armed robbery and is in prison for the rest of the year.

The old man sighs and resigns himself to being unable to grow tomatoes this season.

That night, he writes a letter to his son:

Dear Vin,

I miss you, my boy.

I was looking out at the field today and realising that without you, I'll be without my tomatoes for the first time since I was a boy. Hope they're treating you well in there. Love,

Love, Dad.

Three days later, he receives a letter from his son:

Dad,

Sorry I can't be there, but whatever you do, do not touch the field! That's where I buried the evidence from my last job.

That same night, a horde of detectives and local cops descend on the old man's field. They work deep into the early hours of the morning searching every foot of soil with shovels and pickaxes, but they find nothing. The cops end up apologising and shuffling off embarrassed as the sun starts to rise.

The next day, the man receives another letter from his son:

Dad,

Sorry for the mess they probably left, it was the best I could do in the circumstances. Send me some tomatoes when you harvest. Love, Vin.

"I used to work at McDonald's making minimum wage. You know what that means when someone pays you minimum wage? You know what your boss was trying to say? 'Hey, if I could pay you less, I would, but it's against the law."

"You know you're working class when your TV is bigger than your book case."

"My mother told me, you don't have to put anything in your mouth you don't want to. Then she made me eat broccoli, which felt like double standards."

"I was in my car driving back from work. A police officer pulled me over and knocked on my window. I said, 'One minute I'm on the phone.'"

"A man walks into a chemist's and says, 'Can I have a bar of soap, please?' The chemist says, 'Do you want it

The chemist says, 'Do you want it scented?'

And the man says, 'No, I'll take it with me now.'"

I'm in a great mood tonight because the other day I entered a competition and I won a year's supply of Marmite – one jar. I went to the doctors the other day and he said: "Go to Bournemouth, it's great for flu." So I went – and I got it.

"Doc, I can't stop singing The Green, Green Grass Of Home." He said: "That sounds like Tom Jones syndrome." "Is it common?" I asked. "It's not unusual," he replied.

"If God had written the Bible, the first line should have been 'It's round.'"

"Life is like a box of chocolates. It doesn't last long if you're fat."

" I used to go out with a giraffe. Used to take it to the pictures and that. You'd always get some bloke complaining that he couldn't see the screen. It's a giraffe, mate. What do you expect? 'Well he can take his hat off for a start!'"

I said to the gym instructor: "Can you teach me to do the splits?" He said: "How flexible are you?" I said: "I can't make Tuesdays."

I went down to my local supermarket and I said: "I want to make a complaint. This vinegar's got lumps in it". He said: "Those are pickled onions."

My next-door neighbour worships exhaust pipes, he's a Catholic converter.

I'm reading a horror story in Braille. Something bad is about to happen... I can feel it.





St James the Least of All

The Revd Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'... If you would like a copy of our published booklet of Uncle Eustace's letters, please email us at: enquiries@parishpump.co.uk

On the perils of being a school governor

The Rectory St James the Least

My dear Nephew Darren

I was interested to hear that from this academic year, your vicar has asked you to take his place as a school governor. A whole new world of exciting meetings is about to open up to you. Naturally, you will have been told that the governors only meet three times a year. You will probably not have been told that you will also be expected to be on at least two sub-committees, where you will be immediately asked to become secretary, as a way of getting to know the job. Add on training days, parents' evenings, sports days, school socials, end of term services, charity events and accompanying classes on days out and you will begin to realise that your vicar's suggestion was not as innocent as you may have thought.

Remember, too, that all meetings require you sit on chairs designed for fiveyear-olds. You will then spend countless hours going through a 40-item agenda, trying to look dignified with your knees somewhere round your ears while drawing up school plans as if they were the Normandy landing. Be prepared to receive paperwork measured by the hundredweight; entire rainforests have been obliterated by your education authority sending what they seem to think is vital information; it does, however, make good cat litter.

Most meetings will be so full of acronyms that for the first few years you will have the feeling that conversation is taking place in a language that may bear a passing resemblance to English, but isn't. There is little point in trying to learn what they all mean because before too long, they will all be replaced by another set anyway, which will be equally incomprehensible.

Your computer abilities will be expected to be far beyond what anyone over the age of 30 could ever be expected to achieve; if you sink without trace, ask a seven-year-old, who will soon put you right.

You will also be encouraged to attend training days; I strongly suggest you select all-day events, as at least you will get a lunch out of it. You needn't bother to arrive on time, since the first hour will be spent with everyone introducing themselves and you can leave early, as the final hour will go on filling in evaluation forms.

Just keep reminding yourself that your term of office is a mere five years; you may even get remission for good behaviour.

Your loving uncle, Eustace

Regular weekly events

MONDAYS			
10.00-11am Nia (Dance fitness) HUB			
10.00-12noon Painting Grou	p FBC		
1.30-4.00pm Whist Club	FBC		
2.00-4.00pm Bridge (except	1st		
Monday)	FBC		
6.15-7.15pm Zumba	HUB		
7.30pm Tone Big Band (1st &	k 3rd		
Mon)	HUB		
TUESDAYS			
6.15-7.00am Group Fitness	Fraining		
	HUB		
10.30-11.30am Qigong	HUB		
1.30-2.30pm Tai Chi	HUB		
10.00-4.00pm Board Games	FBC		
7.00-8.00pm Yoga	HUB		
WEDNESDAYS			
10.00-11.00am Pilates for Ex	vervone		
	HUB		
10.00- 11.00am Flexercise	FBC		
11.00-12noon Mum and Bab	y Pilates		
	HUB		
2.00- 4.30pm Short Mat Boy			
6.00- 7.00pm Tae Kwon Do	HUB		
THURS DAYS			
6.15-7.00am Group Fitness	Fraining		
	HUB		
10.00-12noon Baby Badgers	HUB		
10.00-12noon Bridge Club	FBC		
2.00-4.00pm Croquet	FBC		
FRIDAYS			
8.30-1.00 pm Star Bubs	HUB		
10.00-12n0on Pétanque	FBC		
10.00-12noon Frank's Café	FBC		
4.45-8.15pm Martial Arts	HUB		
	1100		
<u>SATURDAYS</u>	Fraining		
6.30-7.15am Group Fitness	HUB		
9.30-11.30am Hub Gardenin			
9.30-11.30ain 11ub Galdellin	HUB		
9.00pm Bingo	Con Club		
Jee chan pundo	con crub		

USEFUL CONTACT NUMBERS

YOUR SOMERSET COUNCIL COUNCILLORS John Hunt (Independent) 07880 794554 john.hunt@somerset.gov.uk Cllr Caroline Ellis 07473 119425 cjellis1968@googlemail.com

<u>Your Member of Parliament</u> Gideon John Amos Lib/Dem

SUPPORT AVAILABLE FOR RESIDENTS

Taunton Citizens advice - 0808 278 7842

Village Agent - 01823 331 222

Mindline, a 24/7 phoneline available to support people of all ages offering a listening and advice service for wellbeing. You can call Mindline on 01823 27689. Information about childcare http://www. childcarechoices.gov.uk/

Taunton Foodbank

https://taunton.foodbank.org.uk/gethelp/

Free support and advice about: Money, food, home, health and wellbeing, domestic abuse, problems with drugs and alcohol and parenting visit:

www.connectsomerset.org.uk/help4 all

BISHOP'S HULL FACILITIES

BH Parish Council - Helen McGladdery 07518144614 clerk@bishopshullparishcouncil.go v.uk

BH Pre School - 07928 950230 BH Primary School - 331624 Castle School - 274073 Spring Nursery - 793506

Community Room & School Hall -Rick Moon 354908

Frank Bond Centre - Nadia 07958 246046

Neighbourhood Beat Team

PSCO Lyndsay Smith & PCSO Marshall Bernhardt Call 101 or 999 in emergency lyndsay.smith@avonandsomerset.pol ice.uk marshall.bernhardt@avonandsomers

marshall.bernhardt@avonandsomers et.police.uk

Robin Close Hall - 356389

<u>St Peter & St Paul Parish Church</u> Rev. Phil Hughes 336102

BISHOP'S HULL ORGANISATIONS

BH Flower, Fruit and Vegetable Show - Amanda Gallacher 337720

Bishop's Hull HUB - 07500 748 609 booking: bhhubbookings@gmail.com General enquiries and events: bishopshullhub@gmail.com Bishops Hull Hub cafe bishopshullhubcafe@gmail.com

BH Short Mat Bowls - Alan Chapman 01823 630641 bhsmbc@yahoo.com

BHVH & Playing Fields Trust - Paul Bulbeck 283941

BH WI — Sue Hazelwood 01823 323986

British Martial Arts and Boxing Association Tae Kwon Do alecmhay@aol.com

Brownies - Sheena Grinter 331184

Community Woodland Volunteer -David 272415

Nia (Dance Fitness) - Jackie 07949735139 FBC Activities - Carolyn 283941

Infinity Martial Academy - Jon 07736 714370 jonakkc@hotmail.co.uk Pilates - Larissa lapilates7@gmail.com / larissa@lapilates.com

Somerset Hills Chorus - Brenda Palfrey 07857 244272

Tae Kwon Do - Sebastian Morey-Weale 07900 517767

Tai Chi - Bev Fernandes 07880 555984

Zumba - Felicity 07939 580327

REFUSE / RECYCLING /GARDEN COLLECTIONS

Dates below taken from Somerset Council Website. Please note new day for recycling and refuse collections.

Recycling: Every Thursday - all areas

BISHOP'S HULL, SHUTEWATER, UPCOTT & BARR

Refuse: Thu 1st & 22nd Aug Garden: Mon 5th & 19th

<u>RUMWELL</u> Refuse: Thu 1st & 22nd Aug Garden: Wed 14th & 28th

STONEGALLOWS

Refuse: Thu 1st & 22nd Aug Garden: Mon 5th & 19th

BH COUNCIL PRIVACY STATEMENT AND POLICY

http://wwwbishopshull.org.uk/ Parish/BHPCprivacyNotice.pdf http://www.bishopshull.org.uk/ parish/BHPCprivacyPolicy.pdf

SERVICES AT ST PETER & ST PAUL OCTOBER 2024

Wednesday 2 nd October	Holy Communion	10.00 a.m.		
Sunday 6 th October 19 th after Trinity	Holy Communion Holy Communion	8:00 a.m. 10.00 a.m.	Hebrews 1:1- 4, 2:5-12; Mark 10:2-16	Shirley Stapleton
Wednesday 9 th October	Holy Communion	10.00 a.m		
Sunday 13 th October 20 th after Trinity	Holy Communion Holy Communion	08:00 a.m. 10.00 a.m.	Hebrews 4:12-16; Mark 10:17-31	Christabel Ager
Wednesday 16 th October	Holy Communion	10.00 a.m.		
Sunday 20 th October 21 st After Trinity	Holy Communion Holy Communion	8:00 a.m. 10.00 a.m.	Hebrews 5:1- 10; Mark 10:35- 45	Dee Willis
Wednesday 23 rd October	Holy Communion	10.00 a.m.		
Sunday 27 th October Last after Trinity	Holy Communion Holy Communion	8:00 a.m. 10.00 a.m.	Hebrews 7:23- 28; Mark 10:46	Will Osmond
Wednesday 30 th October	Holy Communion	10.00 a.m.		



GRASS CUTTING

6 October Stuart English

20 October Will Osmond

CHURCH DIRECTORY (01823)

Church web site:

Vicar:

www.stpeterandstpaul.org.uk **Rev. Philip Hughes** 336102 (Usual day off - Friday) nhil2overflowing@gmail com



piiii20	Rev Philip Hughes	
Church Wardens:	Tim Venn John	
Treasurer	Rachel Horder	
Electoral Roll Officer		
Safeguarding Officer:	Sally Adams (co-op	ted PCC member)
Other PCC Members -	Mark Dakin Sue M Shirley Stapleton	artin
Tower Secretary:	Giles Morley 4307	10

St Peter and St Paul's PCC 2024-2025

- 1. Rev Phil Hughes (Vicar)
- 2. Tim Venn (Church Warden)
- 3. John Perry (Church Warden)
- 4. Rachel Horder (PCC Treasurer)
- 5. Sally Adams (Parish Safeguarding Officer, co-opted PCC member)
- 6. Mark Dakin
- 7. Sue Martin
- 8. Shirley Stapleton



9. And you? The PCC is a great team to belong to and is there to assist the Vicar in the Mission and function of the church. If you think God may be calling you to serve in this way there are lots of opportunities, so do have a chat with one of the fab team!