BISHOP'S HULL PARISH MAGAZINE AUGUST 2024



A THRIVING VILLAGE COMMUNITY IN THE HEART OF SOMERSET

EDITOR Bob Coombs 2 Waterfield Close Bishop's Hull Taunton, TA1 5HB 01823-253697 Email: robertcoombs@talktalk.net

MAGAZINE SUPPORT TEAM

Proof reader - Margaret Coombs

Magazine Cover:

Photographs by Bob & Penny Coombs & Bob Winn

Articles relating to all aspects of our village and community are always welcome.

Final date for acceptance: Mid-day on 12th of the month.

Please help to make the magazine interesting by contributing material.

When reading your free online copy or one of the the hard copies available in church please remember to support the few remaining advertisers whenever possible

It is emphasised that the views expressed in this magazine are not necessarily those of the magazine editorial team, unless attributed, or those sent in by identifiable contributors.

IDENTIFYING OUR LOCAL BIRDS - photos by BOB WINN



Cover - An abundance of good, healthy vegetables.

Stonechat



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Open Tuesday – Friday 8.00am – 3pm Saturday 7.00am – 2pm Sunday and Monday Closed



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A place for the over 50s to meet new friends

Contact Carolyn 01823 283941 /Nadía 07958 246046

Come along to Frank's cafe on a Friday morning 10:00-12:00 and discover what activities could lie in store for you. The cafe is open to members and non-members.

The centre is centrally heated and open 10:00-16:00 Monday-Friday

Weekly Activities:

- Monday The Painting Group 10:00-12:00, Whist Club 1:30-4:00 Bridge Club 2:00-4:00 (except first Monday in the month),
- Tuesday Board Games 10:00-4:00

Wednesday – Flexercíse 10:00-11:00

Thursday- Bridge club 10:00-12:00-beginners welcome, Croquet 2:00- 4:00

Friday Pétanque 10:00-12:00,

Friday - Frank's Cafe 10:00-12:00

Monthly Activities:

1st Monday in month Family History 2:00-4:00 Beginners Bridge 2nd & 4th Tuesdays
2nd Tuesday in month Parchment 10:00-3:30
1st & 3rd Tuesday in month Crafty Coffee 10:00-12:00
2nd & 4th Thursday in month Mahjong 2:00-4:00
1st Wednesday in month Good companions 2:00-4:00
4th Wednesday in month Music appreciation 2:00-4:00
3rd Thursday in month Monthly lunch-plse write name on list in foyer

Annual membership £25 Find us on Facebook (& 'Like' us)

There are many more exciting activities... Table tennis, cards, books, puzzles A variety of social events take place throughout the year. The centre is available to hire

For bookings please contact Nadia 01823 338242/07958 246046

Vicar:

Reverend Philip Hughes , The Vicarage, Bishop's Hull Hill, Bishop's Hull, TA1 5EB 01823-336102

Tim Venn (Church Warden) John Perry (Church Warden)



I am beginning to wonder if I have been misreading my calendar of late or am I just being a little bit pessimistic? Here we are on the threshold of August and my vegetable plot thinks it is the end of June. According to my notes, last July/August I was picking and salting down runner beans with enough left over to provide a few lunches for my neighbours. As I write, my runner beans are a sight to behold, if you are just growing them for the flowers. Thankfully the beans are slowly appearing but the pollinating bee activity this year is almost nil.

Something else that might have caught your attention. Have you noticed that the number of flying insects has slowly declined over the years and it is rare to have to clean them off the car windscreen as in the past?

It's mid July and we are in the middle of another 'butterfly count' (have you done yours yet?). I have just submitted my observations - two large white, one common blue and one gatekeeper. Maybe being so close to the main road and having neighbours who have little vegetation in their gardens just might be one problem. However, the observations from the butterfly HQ suggest that it is all down mainly to the spring weather and that insect=eating birds have had to supplement their diet with whatever Nature provides e.g. caterpillars.

Being an amateur gardener gives one the opportunity to experiment with garden plants and vegetables and to learn what is a weed and what is not. Someone once told me that a weed is only a weed because **you** have decided that it is growing in the wrong place i.e. amongst your vegetables.

I have begun to appreciate some of the weeds and, last year, a most beautiful blue flowered plant came up through the cracks in my patio. The bees loved it so, when it began to fade, I moved all of the dying stems and the seeds to another plot. In the Spring I waited anxiously for it to pop up and, sure enough. a mass of seedlings came up. As they proceeded to grow I began to have doubts, especially as the leaves looked different, they were single

stemmed and some were seven feet tall. Eventually a flower appeared at the very top and none further down until this week when it fully bloomed.

Isn't Nature wonderful? Sometime in the Autumn the wind had dropped some airborne seeds into the very corner of the garden. I now have a wonderful display of the Great Hairy Willowherb and the bees seem to love it too. As someone once said, 'If you live long enough you will probably see it all'.



The Vicar writes

Dear Brothers and Sisters in Christ,

The Olympics are coming!

Somewhere recently I was reading about the transformation in British Cycling. The article was basically saying that not

that many years ago British Cycling on the world scene was, comparatively speaking, nowhere.

The article I was reading went on to ask how the transformation had taken place. It listed several factors:

Amazing Dedication, Great Preparation, The best information, Outstanding Coaching, Teamwork, Painstaking Analysis.

I thought about that and then recalled that St Paul drew more than once on a metaphor from the Greek games to describe his approach to the Christian life.

However, I consider my life worth nothing to me, if only I may finish the race and complete the task the Lord Jesus has given me - the task of testifying to the gospel of God's grace. Acts 20:24

As I looked at those six transforming factors in the life cycle (sorry for the pun!) of British cycling, I began to imagine what the application of those same factors might mean for our churches?

British Cycling had a very clear aim: to win races.

St Paul had a very clear aim: to testify to the gospel of God's grace.

Such clarity is rare in churches. It would be difficult to read the New Testament however, and not conclude that there is an evangelistic task that seems to have been relegated. Recently looking at some informal research from CPAS on this very theme, the writer indicated that when he asked local church leaders about evangelism he met indifference and mild hostility.

Of course, these six factors don't exactly fit - analogies are never one hundred per cent analogous! But I wonder if we tried to take seriously the Great Commission to go and make disciples of all nations whether some of these things are not worth reflecting on.

Your Brother in Christ Rev Phil Hughes Vicar and Chaplain. (letter adapted from text by Bishop Mike)





<u>St Peter's & St Paul's Church</u> Bridge Coffee Mornings

The Bridge is what we have called the New Welcome Area.

The Church has opened the Bridge for the return of the Monthly Coffee Mornings to be held on the last Saturday of each month and running now through the rest of 2024. We would like to extend a warm welcome to all at the next coffee morning on Saturday 27th July 2024. Please come along to have a



Coffee/Tea and cakes, with a friendly chat. From 10am till 12noon.

Bell Ringing

We are very proud of our Bell Ringing team and our bells! There are 6 bells in the tower and ringing is done from ground level. The Bell Tower is accessed on the North Side of the church.

Ringing happens for the main service on a Sunday (usually ringing starts at 09.15am and rings until the service starts at 10am). Practice night is a Wednesday at 7.30pm.

Quarter peals (50 minutes) may be attempted up to twice a month at 11.30am, usually on a Tuesday or Wednesday.

Our Tower Captain is Giles Morley and he can be contacted on 01823 430710

Dates of Parish Council Meeting 2024

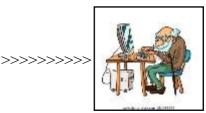
Meeting dates 2024 All Thursday evenings, 7.00 p.m. start at the HUB

August – No meeting 5th September 3rd October – Half Yearly Statement & Meeting dates 7th November – Draft Budget 5th December – Finalise budget /Precept 2025/26









Editor Bob

LETTERS TO THE EDITOR

A little bird told me that the Editor has a small supply of



2024 Bottled Beetroot





www.justgiving.com/crowdfund ing/ dougie-kerr DONATE TO SAVE THE LAST BEVERLEY

79% £47,515 raised of £60,000 target by 1557 supporters We are slowly reaching our target - Bob Coombs

Parish Council news

At the meeting on the 6th June the following resolutions were made:

- A budget of £200 from CIL funds was agreed to enable the pebbles painted by children during COVID to be cemented into the Stonegallows Stone and a plaque installed.
- A budget of £1,500.00 from CIL funds was agreed to replace the Parish noticeboard at Mountway road as the old one is unstable.
- A meeting will be set up between the PC Chairman, the Parish Paths Liaison Officer and Local land owners to discuss management of the local public footpaths.
- Somerset Councillor Hunt will engage with Somerset Council to try and push Bishop's Mead being transferred to the PC ownership as soon as possible
- The raised beds are now completed at the allotments and the Clerk will inform the new tenants.
- It was agreed to set up a new .GOV website and have dedicated email addresses for all Councillors using Parish online after all quotes were discussed.
- A volunteer café will be planned for October.
- It was agreed to nominate Richard Holland for the Somerset Council Chairs Community award for all the work Richard continues to do in the Parish.

The next meeting was scheduled for Thursday 11th July, 7.30pm at The Bishop's Hull HUB — Everyone was welcome to attend. This change of date and time was due to the General Election.

Public Rights of Way

Here in Bishop's Hull we are very lucky to be surrounded by such wonderful countryside, with many footpaths running through it. Did you know you can find all the local footpaths via this interactive map: https://roam.somerset.gov.uk/roam/map

The Parish Council is very fortunate to have a Parish Paths Liaison Officer (PPLO), who gives up their time voluntarily to check the paths and carry out minor clearance. The Parish Council also works closely with the land owners to ensure the footpaths are kept clear, as well as funding clearance of overgrown footpaths.

This is where we need your help. Please can you ensure when you are walking on the footpaths, through the local fields that you keep to the designated

footpaths, keep your dog on a lead, ensure you clear up after your dog and take any litter home with you.

You can report any problems directly to the Parish Clerk at bishopshullparishclerk@gmail.com, and she will pass this onto the PPLO and report to Somerset Council if necessary If everyone works together, then residents can continue to benefit from the wonderful countryside surrounding Bishop's Hull.

Bishop's Hull Charity Jumble Sale

WOW! Thank you SO much to everyone who came along and supported our BIG Charity Jumble Sale. We are thrilled to tell you that you helped us raise £1,865.19! This will be split between our two chosen charities — Promise Works and On Your Bike.

Extra special thanks go to all of our amazing helpers along with: Bishop's Hull School for the hire of the hall, Enterprise Rent a Car, Taunton (for the loan of a van and the lovely Louis!) Jamie at Longbow Electrics for testing our electrical donations for free, Mademoiselle Deserts for their delicious cake donations for the refreshments, Sam at Bishop's Hull Post Office for her help.

Lastly, a big thank you to everyone who provided the wonderful donations to sell. What a fantastic day!

CYCLE RIDES FROM BISHOP'S HULL

The following are short cycle rides which take you out from Bishop's Hull into the surrounding countryside, mostly along quiet country lanes, to outlying villages and back again. They range from 9 to 18 miles in distance and are perfect for a summer's evening after work. The villages listed give you an indication of the general direction of the cycle ride.

Full details are provided for each. See village web site.

Halse Bishop's Lydeard Cotford St Luke Nailsbourne Goosenford West Buckland Bradford on Tone Creech St Michael Milverton Cothelstone



School Flower Bed

The Hub gardening team has been asked by the village school to design and plant the flower bed by the entrance to the school.

After a lot of good work by Jane Emmott and Richard Holland the team has come up with a planting plan .

A coloured copy of the plan is available on the village web site.

£115 towards the cost of the plants has been raised thanks to generous donations from the community and plants have been donated.

In May we were about half way to getting the bed completed by mid spring. However, to complete the bed we are looking to raise a further £215 through grants and donations.

If you would like to make a contribution towards the fund please put it in an envelope marked 'Plants" and hand it in to the school or to any of the Hub gardening team at the Hub on a Saturday morning.

The gardening team will finalise the planting but we are looking for ongoing voluntary support to help maintain the bed.

I would anticipate this taking no more than a couple of hours per month to keep it free of weeds and we will support with any specialist pruning as required.

If you are interested in volunteering for this role please contact me for further details. **David.gurr@btinternet.com or mobile 07977 474873.**

Many thanks, David

Free disposal of DIY waste - please book ahead

You can now dispose of some DIY waste free of charge at recycling sites – but you need to book ahead.

Following a recent change of legislation, charges for disposing of construction and demolition materials including: asbestos, plasterboard, hardcore and rubble from household DIY projects have been removed (limits apply).



BISHOP'S HULL WOMEN'S INSTITUTE

Bishop's Hull WI is a group of friendly women with meetings held normally on the **4th Thursday of the month** (except August) at 7.30pm at the Bishop's Hull HUB.



- These monthly meetings have a speaker or other activity together with business items.
- Topics for future meetings will be published here each month.
- Lunches and coffee/ brunches are organised monthly.
- Additionally there is a walking group arranged fortnightly(except mid winter and August) and a Scrabble group meets on a monthly basis.
- A day trip usually takes place in August.
- Why not come along to one of our meetings where you will be warmly welcomed. The cost is £4.00 (up to three meetings) deducted from the annual subscription upon joining.
- Further information may be obtained from Heather Blackmore the group's secretary Tel: 01823 283884/07963834365.

ACTIVITY UPDATE

May heralded the start of our year, and at the AGM on 23rd a new committee was elected with Margaret Lomax as our new President.

The programme of speakers for the year ahead has been arranged and a diverse range of topics will be covered.

The monthly lunches and coffee/ brunch mornings continue to be very enjoyable and much appreciated by those who attend. Whilst there is no monthly meeting in August plans are in hand to arrange a day trip.

Our June meeting was on 27th with a slightly different format with games and curling replacing the usual speaker.

In July we were entertained by " Burns the Bread"or rather Bob Burns owner of several traditional family run bakeries in and around Glastonbury.. The monthly lunch will be at The Bathpool Inn.

New members are always welcome, just come along and see for yourselves what a friendly group of ladies we are!

Meetings are held normally on the fourth Thursday of the month at the Bishops Hull Hub.

PLEASE NOTE THE CHANGED START TIME OF 7.30 pm..

Guests are more than welcome to come along to one of our meetings . Other activities taking place each month will be the walking group and Scrabble group together with the regular lunch and coffee/ brunch events.



Bishop's Hull Flower Show, Sunday 11th August

Schedules are available from the Post Office with classes ranging from vegetables, flowers and fruit to home–craft and handicrafts, art and photography, and the children's classes with different age ranges.

There are also free classes to enter - e.g. hanging baskets - please ensure they are visible from the road within Bishop's Hull.

The Scarecrow theme will be 'Sports'.

The first prize is £10 and second prize is £5.

The tallest sunflower grown in Bishop's Hull with prizes kindly donated by Avery's Garden Centre - first prize £5, second prize £3 and third prize £2.



<u>Paul Bulbeck – Thank you.</u>

On the last Bank Holiday Monday in May, I was invited to present a plaque to local resident Paul Bulbeck, in honour and recognition of the immense commitment he has made to the Bishop's Hull community since moving back here in 1984.



The well attended event included members of Paul's family, who did very well keeping this award a secret. The plaque, will be located outside the Pavilion on the playing field says: "Paul Bulbeck - In recognition of many years of dedicated service on behalf of the community - Thank you."

As a senior officer in the police force, Paul believed in genuine community policing and as such he was happy to assist the local Youth club with their discos.

Soon after, he was asked to become the club's Chairman, helping to create a brilliant Youth club held on a Friday. This involved lots of indoor sports, a variety of outings, and the ever popular "Bishy Hull" monthly disco.

Representing the local Youth club, Paul joined the Village Hall and Playing Field Trust, going on to become the Trust's Chairman well over 30 years ago. With the demise of the revenue earning village fete, the car boot sales became an important fund raiser for the Trust. Paul has been involved in every aspect of this, ESPECIALLY in the kitchen. Famous for his hot dogs with onions and now bacon butties, working hard to raise funds for either the Cricket Club or the Trust.

Of course Paul's great love has been the Cricket Club. He began as a player in the mid 1980's, captaining both the firsts and the seconds over the years. Paul has been the groundsman for 30 years, always preparing "a belter of a wicket!!". Since joining the club, and to this day, he has also been its Treasurer. His passion has always been developing youth players, several going on to play for the club for many years. The Club has been a second family to so many young players, and Paul has often been called upon to support and nurture those extended family members. He is also the Chairman of the local youth cricket league.

In recent years he supported the Bishop's Hull Hub being sited on the playing field, believing it to be in the best interest of the village and is currently negotiating with the local authority, the Trust's exit from the school building. He oversaw the building of the new pavilion and the refurbishment of the old one. Obtained grants for the development of the children's play park, creating a fabulous facility for the Young of the village.

His passion for community involvement shows no sign of dimming, as he looks forward to guiding the Trust into new territories and continuing to be part of the Cricket Club, in whatever capacity he is able.

John Hunt

Neighbourhood Beat Team



PCSO Lyndsay Smith 07802 874297 lyndsay.smith@avonandsomerset.police.uk PCSO Marshall Bernhard 07849 305815

marshall.bernhard@avonandsomerset.polic



Avon and Somerset Police SERVE. PROTECT. RESPECT.

BISHOPS HULL NEIGHBOURHOOD BEAT TEAM (from village WEB site)

PCSO Lyndsay Smith - 07802 874297 lyndsay.smith@avonandsomerset.pnn.police.uk

PCSO Tony Wearmouth 8413 - 07889 655312 tony.wearmouth@avonandsomerset.police.uk

PCSO Catharíne Ríchards - 07710 026191 catheríne.ríchards@avonandsomerset.políce.ukPCSO Catharine Richards - 07710 026191

Does your car have keyless entry?

Criminals can now intercept and clone key fob signals from a few metres away, even if the key fob is inside your home and they are outside. The device they use fools your vehicle into thinking the original fob is nearby, unlocking the car and allowing the thief to use its push-button ignition and drive away. This can take place in just 20–30 seconds.

According to Aviva, owners of keyless entry vehicles are twice as likely to make a theft claim. What's more, almost 70% of all SmarTrack vehicle recoveries were related to keyless theft in 2023 – a figure likely to go up in 2024. A Faraday pouch will block the radio signal your key fob emits, and physical deterrents like steering wheel locks are highly effective against opportunist thieves. You can also sign up to our Neighbourhood Watch Scheme to deter crime in your local area: Neighbourhood Watch Scheme | Avon and Somerset Police

Stay vigilant against vehicle theft. Follow our tips to keep your car safe.

Attachments:	pi g-butchering-scams.pdf
	taunton-newsletter-june-2024.pdf
	walk-and-talk.pdf
	safe-street-tool.pdf

Note: To view the .pdf files you need to copy and paste to your search engine on line.

Appeal after M5 collision near Bridgwater

We're appealing for witnesses to a collision on the M5 between junctions 25 (Taunton) and 24 (Bridgwater) this morning to come forward. We were called shortly before 6.25am this morning (28 June) to reports that a lorry had collided with a bridge on the northbound carriageway.

Officers attended alongside the ambulance and fire services and the lorry driver was trapped in his vehicle.

They were freed from the lorry and taken to hospital by air ambulance for treatment of injuries which are serious, but not believed to be life-threatening. The northbound carriageway was closed to allow emergency services to respond but one lane has since reopened.

If you witnessed the collision or have any dashcam footage which could help our investigation, please contact us.

If you can help, please call 101 and give the call handler the reference number 5224167533, or complete our online appeals form.

New community surrender bins see 175 knives and bladed articles taken off the streets in a year

Weapon surrender bin located in Castle Park in Bristol

Two community-based knife surrender bins in Bristol have seen 175 knives and bladed articles taken off the streets since they were installed last year. The bins were installed by Avon and Somerset Police in April 2023 in Castle Park and The Park Centre in Bristol. The aim was to encourage people to safely and anonymously surrender knives to prevent them from causing harm.

Within Avon and Somerset, we now have 17 surrender bins located across the region, which have seen over 5,000 knives taken off the streets since 2016. A number of these are situated outside our police stations, but the two installed last year were the first to be placed within community spaces to make it easier for people to access. Two more community bins are due to be installed in East Bristol later this month.

Knife Crime Lead, Chief Inspector Mike Vass, said: "It's great to see that these two new community bins are being used. Whether it's just people surrendering their kitchen knives or young people discarding potential weapons, either way, it's taking these potentially harmful items off our streets and out of the hands of young people.

"Some of the weapons we have seen surrendered into these bins have been exactly the sort that we are concerned about on our streets. This is a reminder to anyone who may be carrying a knife that these bins are there, and this is proof that they can be safely discarded anonymously. Carrying a knife does not keep you safe; you're at a higher risk of being injured or injuring someone else if you are carrying one. So please, think twice and protect yourselves and others by discarding them safely."

BISHOP'S HULL IN TIMES PAST



125 years ago

This an advert placed by William Henry Knight, an organ builder who had a small factory at Hamwood and later formed a company with his son before moving to premises in East Reach.

A letter appeared in the Taunton Courier with regard to the Red Lion Inn, now the Stonegallows public house. It read: -

"I understand from an aged person of Rumwell that this inn existed before the new road was made. If so, it must have stood there almost from the time of the executions on the summit of the hill, which is only 100 yards therefrom. I should think it was first built for a farmhouse and afterwards converted into an inn. I believe that there is, or was, a good bit of land attached to it. As regards the Taunton Vale Harriers I believe Captain Palton of Bishop's Hull was then master of them. I think that Mr Pitman of the Manor House also had some interest in the Harriers. I know that the kennels once stood in a field a short distance down the lane adjoining the Red Lion Inn. One day whilst soliciting information concerning this inn, I was told a very amusing story respecting a well-known character in his day, named Tom Quick, and who at one time looked after the Harriers. Tom went home one night a little the worse for liquor and shouted to his wife, a laundress, for his supper. She, unfortunately, happened to be in bed asleep at the time, and didn't hear Tom's loud bawl. He hunted the oven, and found, as he considered, a basin of broth, which he soon consumed, and got to bed as well as he could. On rising in the morning, the wife enquired what he had done with the contents of the basin he found in the oven, which contained a quantity of Honiton lace in starch. Tom replied that he thought it was his supper, and had devoured the lot!"



A quarterly meeting of the Taunton Sunday School Union, which was preceded by tea, was held at North Street Chapel in Taunton. Those present included Mr F Brockway of Bishop's Hull. As part of the proceedings the Chairman, Mr D Brown, presented the examiners' report in connection with the scholars' examination and subsequently distributed the prizes and certificates. Scholars from Bishop's Hull were Ethel Maude Cornish, Fred Webber, William T Knight, Elizabeth Trott, Walter J Oaten, William Ousley, Percy Allen Dicks,

Henry GW Cridge, Ann Ousley, Christie Oaten and Rose A Baker.

75 years ago

Mrs Lillian Fox, widow of Mr C Leslie Fox, died at her home, Rumwell Hall, where she had lived for 58 years. Aged 80, Mrs Fox was formerly Miss Pease of Darlington, and came to Somerset on her marriage. Her husband was the eldest son of the late Mr and Mrs Charles Henry Fox of Shute Leigh, Wellington. A well-known figure in North Country hunting circles and a member of the Zetland Hunt, Mrs Fox maintained her interest in hunting after her marriage. She hunted with the Devon and Somerset Staghounds and was one of the oldest members of the Taunton Vale Foxhounds. She took an active interest in local affairs. She was a county delegate of the Women's Conservative Association before the 2nd World War and president of Bishop's Hull Women's Conservative Association. She was also president of Bishop's Hull District Nursing Association for some years. The funeral service at Bradford-on-Tone was conducted by the Vicar, the Rev JE Davies. Bellringers, led by Mr J Garland, rang a muffled peal. The organist was Mr CV Andrews. Funeral arrangements were carried out by Messrs Hatcher & Sons Ltd of Taunton.

For some years, the lack of a village hall and playing field has been very badly felt at Bishop's Hull. This is partly because of the increasing population and the coming into being of organisations needing accommodation. Interest in the subject quickened some months ago, when Mr Cely Trevilian of the Somerset Rural Community Council, gave an address on the subject. Since then meetings have been held and at the most recent one, Mr HJ Wadham, the convenor, welcomed delegates nominated by the various organisations of the village, who will now form the Bishop's Hull Village Hall and Playing Field Committee. Officers were appointed as follows: - Chairman, Mr JT Smith; Vice-Chairman, Rev EG Mullins; Secretary, Mr AR Birch; Assistant Secretary, Mr CH Smith. As an initial effort, it was hoped to arrange a skittle week at an early date.

Architect suggestions for remedying the squeaking floors of Airy houses at Smithy Cottages were considered by Taunton Rural Council. The question of squeaking floors had come up previously, when a tenant had complained to the Council that the squeaks woke up his baby. It was thought that shorter nails could be used and the battens bound to the joists with wire. The builders had pointed out that this would be a major operation. The houses would have to be vacated they said as upstairs partitions would have to be taken down and the bath and other fittings removed. The Clerk of the Works to the Dursley Rural Council, Mr E Bevan, wrote that similar trouble had been cured by using different nails. It was decided as an experiment to adopt this suggestion in one room, where the squeaks were most pronounced.

AUGUST IN YOUR GARDEN

Sultry late summer

A ugust is usually one of the hottest months of the year - making watering essential. Try to use grey water wherever possible, especially as water butts may be running low if it has been a dry summer. August is traditionally holiday-time, so you might need to enlist the help of friends and family to look after the garden while you are away. When you are at home, take the time to prune Wisteria and summer-flowering shrubs such as lavender once they've finished flowering.

<u>Jobs for this month</u>

- Water containers and new plants, preferably with grey recycled water or stored rainwater
- Collect seed from garden plants
- Harvest sweetcorn and other vegetables as they become ready
- Continue cutting out old fruited canes on raspberries
- Lift and pot up rooted strawberry runners
- Keep ponds and water features topped up
- Feed the soil with green manures

Allotment jobs for August

- August can be a busy time on the allotment there's lots of harvesting to do, including crops such as runner beans, potatoes and raspberries.
- If you can't eat all of your crops at once, you can preserve them in a variety of ways and check out our selection of must-have kit for jammaking.
- Depending on the weather, you may be doing lots of watering. In particularly dry periods, or during a drought or a hosepipe ban, you will need to think more carefully about water usage.
- Lots of crops can be harvested in August, including carrots, runner beans, beetroot, globe artichokes, cucumbers, courgettes, and second early potatoes; maincrops may be ready from the end of the month. You can also harvest onions and shallots - leave them to dry in a sunny spot before storing.
- Some fruit trees can be pruned in summer, including plums, to avoid the development of silver-leaf disease. Trained apples and pears can be pruned in summer, as can spur-fruiting, established apple trees.
- Watch out for flea beetle on brassicas and related plants such as Swiss chard and rocket. The tiny holes they create don't affect the

vigour of established plants but make the leaves less appealing to eat - cover plants with fleece. Also look out for blossom end rot on tomatoes, which is caused by irregular watering.

- You can still sow lots of crops in August, for harvests into autumn and beyond. They include lettuce (keep out of the glare of direct sun), rocket, spring onion, radish plus winter salads, including mibuna, mizuna, mustard leaf and lamb's lettuce.
- Going on holiday? Give the plot a thorough soaking before you go, and harvest as many crops as you can, even if they're small. If you can, get a friend or neighbour to water for you while you're away.

Wildlife gardening jobs for August

• During periods of dry weather, or drought, it's important to leave dishes of water out for garden birds. Set aside some time to care for the creatures visiting your garden including helping house martins before their return journey to Africa.



- While it's tempting to deadhead many plants, it's a good idea to leave some to form seed heads, providing a nutritious food source for birds.
- Leave seed heads on plants such as teasels, lavender and Verbena bonariensis.
- Provide mud for house martins. Swifts and swallows will be making their way back to Africa this month, but house martins will stay to rear a second, or even a third brood. During dry weather,

place a dish of mud in the garden that they can use to repair their nests.

- Stop deadheading roses to ensure they develop hips that hungry birds can eat during the winter months.
- Blackbirds and thrushes often continue nesting surprisingly late, well into August, so check

your hedges for nests before cutting and wait until this season's broods have definitely flown before you trim.

• Continue to leave out dishes of water and meat-based dog or cat food (ideally chicken flavour) for hedgehogs. The young hoglets need help fattening up before they go into hibernation in late autumn.





EAT WELL FOR LESS DURING AUGUST

YORKSHIRE SAVOURY PUDDING

1 lb. of breadcrumbs
 2 eggs
 1 lb. of onions
 1 teaspoonful of mixed herbs
 4 oz. of beef suet

Salt and pepper to taste Soak the breadcrumbs in new milk, parboil the onions and chop finely. Chop the suet finely. Mix all together, then add the well-beaten eggs. Beat

all together.

Grease a flat tin, and spread the mixture about three-quarters of an inch thick.

Bake for about 30 or 40 minutes. Serve in squares with roast pork or goose.

> LENTIL AND TOMATO SAUSAGES

(An economical and tasty dish)

1/2 lb. red lentils
1 saltspoonful of salt
1/2 teaspoonful of curry powder
A pinch of mixed herbs
1/4 lb. of breadcrumbs
1/2 lb. of tomatoes
1 small rasher of bacon
1 onion (chopped)

Wash lentils and boil with chopped onion in a little water until tender, and the water is all absorbed. With the tomatoes, which should be peeled and mashed, mix the breadcrumbs and other ingredients. Make into three-inch sausages. If not dry enough to mould, a few more breadcrumbs may be added. Leave for an hour, then dip into white of egg or flour. Fry in plenty of fat. (Use the same day, as they will not keep.)

POTATO FRITTERS

1 cupful of cold mashed potato 1 egg 1 cupful of self-raising flour 1⁄2 cupful of milk Salt

Take the cupful of cold potatoes, mashed with the milk and a little salt. Add the egg, beat well, then stir in the cupful of self-raising flour. Have a generous amount of hot fat in a pan (sausage or other seasoned fat is excellent), drop in a spoonful of the mixture one after another, turning each as browned. Fry for about 3 minutes. Serve very hot.

HARICOT AND TOMATO PIE

1/2 lb. of butter beans
1 lb. of tomatoes
1 oz. of tapioca
1 large onion
2 oz. of butter
Salt and pepper to taste

Soak tapioca overnight in cold water, giving it room to swell.

Boil the beans with the onion until soft.

Place the beans in pie-dish with tapioca and sliced tomatoes in alternate layers, putting a small piece of butter on each layer until the dish is full.

Make a good piecrust, cover the dish with it and bake in a brisk oven. Serve with a sauce made from the bean liquor.



THRIMBLE MILL PUDDING

4 oz. of flour 1 egg 2 oz. of suet 1/2 teacupful of milk 2 oz. of sugar 1/4 teaspoonful of bicarbonate of soda 2 oz. of grated apple Rind and juice of half-a lemon

Mix the flour, suet, sugar, grated apple and rind of lemon together. Mix to a paste with the lemon juice, wellbeaten egg and milk, and last of all the bicarbonate of soda, dissolved in some of the milk.

Turn into a greased pudding basin coated with demerara sugar; cover with two thicknesses of greased paper, and steam from $1 \frac{1}{2}$ to 2 hours.

MOUSSELINE PUDDING

1 oz. of butter 1 oz. of sugar. 3 small eggs

The rind and juice of 1 lemon Stir butter, sugar, and yolks of eggs, grated rind and juice of the lemon over boiling water till it is as thick as honey.

Beat the egg whites very stiffly and stir into the mixture very lightly, and steam for half an hour.

MELROSE PUDDING

3 oz. of flour 2 oz. of butter 1/2 oz. of baking powder 1 oz. of ground almonds 2 eggs A few preserved cherries or 3 oz. of caster sugar raisins.

Measure out the ingredients. Butter a plain mould, dust it with sugar and decorate with a few cherries or raisins.

Beat the butter and sugar to a cream, beat up the eggs and add them.

Stir in the flour, almonds and baking powder, and mix thoroughly. Pour at once into prepared mould, cover with a piece of buttered paper, and steam for 1½ hours. Turn out and serve hot with jam, marmalade or golden syrup. *****

MARMALADE CROUTONS

Cut some rounds of bread about half an inch thick, and fry them in fresh butter a. light gold colour.

Mix a little rum (or whisky if more convenient) with some marmalade,



heat it and pile on the rounds of bread in canapé form.

A very quickly made sweet for an emergency.

SUET PANCAKES

1/2 lb. of flour Pinch of salt 4 oz. of suet Milk



Mix the ingredients together with a

little milk to a stiff dough. Roll out and cut into rounds with a cutter, and fry in hot lard until a golden brown on both sides. Serve with golden syrup or jam.



National Allotments Week – 12th to 18th August

We like allotments. In fact, as a nation, more than 250,000 of us have one, and reckon that it enriches our lives.

This year the theme of National Allotments Week (NAW) is biodiversity. The NAW will encourage allotment holders with tips of how to increase pollinators and wildlife, how to do ecofriendly pest control, companion planting, soil health and much more!

Allotments stem originally from the General Enclosure Act of 1845. Traditionally, they were popular among older, retired men, but in recent years that profile has changed. Now fewer than half of all plot-holders are retired, and many, many more are being run by women, who share the plot with their partners.

If you are interested in allotments, you might like to visit: www.nsalg.org.uk





<u>Getting along with your</u> <u>neighbours</u>

Summertime outdoor living reminds us just how close we live to our neighbours. How well you live beside them can make a huge impact on your life.

If you are happy with your neighbours, it is hugely beneficial. One behavioural psychologist says: "Even just sharing a kind smile and eye contact with a neighbour is a strong connection." But, if you do NOT get along with them, it can badly affect every day of your life.

So – here are some tips to consider, concerning those people next door.

<u>Noise</u>

Out of sight does not mean out of sound. Hedges and fences may give you visual privacy, but laughter and loud talking will be heard. Your wide open bi-fold doors may even let your private INDOOR conversations OUT of doors!

Barbecues

These are great fun, when they are in your garden. But other people's barbecues can make your life a smoke-filled misery – tainting laundry on the clothesline and ruining a peaceful afternoon. Barbecues situated far from boundary fences are always best.

<u>Music</u>

If you want to play music at an event, warn your neighbours in advance, say what time you will turn the music off, and stick to it. On the night, don't deafen the entire neighbourhood, and remember that the general rule for ALL noise is to be quiet between 11pm and 7am. <u>Noisy dogs and children</u> We love dogs and children and are ferocious in defending them – unless they belong to other people, and are driving us crazy! If you need to talk to your neighbours about problems with either, choose a time when you are both calm and controlled, and try to remain objective. (Eg: Don't say YOUR dog, say THE dog – it sounds less accusatory.)

Becoming best friends No matter how much you like your new neighbours, take it slowly as you get to know them. Keep some boundaries, and be careful at the outset, as it is hard to rein in, if they become too attached to you. There is a fine line between being social, and losing all your privacy – you probably don't want them moving in with you!

P<u>arking</u>

No one has the right to 'claim' and protect the space right outside their house, if it is on a public road. No one has the right to block your access to your own parking space, or make it difficult for you to get in.

Hedges and boundaries

There are quite specific laws on what is and what is not allowed – Citizens Advice can help you with the details.

Ever need help?

Head for the Citizens Advice website (https://www.citizensadvice.org.uk). It has advice on all types of neighbours and their disputes. Also, consult your local police force's website, and gov.uk. If you are ever physically threatened, ring the police on 999. If you are harassed because of your religion, ethnicity, or sexuality, call the police on 101 ## There is no full Manna mailing in August



Bishop's letter – August 2024

Take a break!

It's August! Does that mean holiday season for you? Of course it will be for some...but where and doing what?

Holidays mean all sorts of different places and activities – sometimes inactivity – and our preferences and choices are hugely diverse.

Whether you are travelling this month, or staying at home, any break in our routines gives us a brilliant opportunity. We have a God-given moment to get perspective. Or perhaps I should say that we have the chance to get a renewed sense of who we are, whose we are, and who we might become.

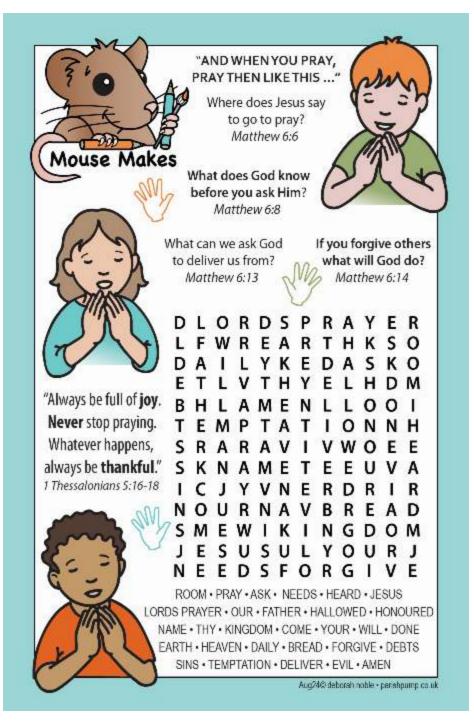
I invite you to step back from everyday tasks and burdens and to place yourself into the glorious divine perspective. It's something we do week by week (or more regularly) in our worship but a holiday, or a break in our normal pattern of life, gives a special chance to do this. Seeing ourselves in a bigger context will, of course, be humbling and make us freshly aware of our frailty, yet it will also raise our eyes and our sights to the potential in which we have a share.

The invitation which Jesus gave to his first disciples is the same one he gives us who are the latest generations of his followers. It is to share in something greater and bigger than we can ever fully comprehend, and to do that by accepting our personal part in the community of the Gospel, the church, in building the Kingdom of God.

'Take a Break' urges the signs on motorways. Take a break this summer, whether or not you leave home, to regain your perspective on the beauty and privilege of being a follower of Jesus in bringing the Kingdom a little closer. See the opportunities as well as the challenges in your community, our nation, and the world. Looking more widely and more broadly gives a proper perspective on who we in the divine economy, and how we can serve both God and also other people.

Bishop Christopher Foster

Assistant Bishop for the Diocese of Bath and Wells



LOOKING AT LIFE Drinking coffee is great for your microbes



Your morning cup of coffee not only perks you up, it also helps your gut bacteria to flourish. This is because coffee contains several compounds that act as a prebiotic, which means they provide your gut bacteria with nutrients.

These are some of the findings of a growing number of studies into the effects of coffee on our gut flora. A 2023 study, published in the journal Nutrients, found good links between caffeine, coffee consumption and the colonic microbiome. The richness of the microbiome was found to be higher in regular coffee drinkers.

Coffee also contains plant compounds known as polyphenols, which act as an anti-inflammatory antioxidant, which reduces the risk of cancer by neutralising harmful free radicals. As for the best way to drink coffee? Experts tend towards black coffee being most beneficial, as milk may impede the absorption of polyphenols.

<u>What gardening can do for your</u> <u>brain</u>

People who spend time gardening may have better brain function in later life than those who do not.



Such are the findings of a recent study at the University of Edinburgh.

The authors of the study observe that gardening involves: "not only physical exertion but creativity and planning. Engaging in gardening projects, learning about plants, and general garden upkeep, involve complex cognitive processes such as memory and executive function.

"Consistent with the 'use it or lose it' framework of cognitive function, more engagement in gardening may be directly associated with a lower risk of cognitive decline."

As one doctor said: "People often don't realise the wide range of benefits that gardening can bring. For example, digging, planting and pulling weeds will increase hand strength, which research has shown can also boost brain health.

"Growing your own food can help you eat a healthier diet; another key factor. And staying connected to other people is beneficial for brain health, so community allotments are a great place to socialise, reducing loneliness and isolation."

The researchers want more study into the possible benefits of gardening, hoping it might help against cognitive decline.

<u>Ultra-processed foods 'should</u> <u>have tobacco-style warning</u> <u>labels'</u>

Ultra-processed foods are as dangerous to your health as cigarettes. They should be made to carry a tobacco-style 'front of pack' warning.



So says a leading nutritionist, condemning both UPFs and cigarettes as "life-threatening products made by profit-hungry corporations."

Prof Carlos Monteiro, professor of nutrition and public health at the University of Sao Paulo, was speaking at the recent International Congress on Obesity. He warned that UPFs have been linked to 32 types of major illness, including cancer, diabetes, kidney and heart disease.

To make things worse, UPFs are now so popular that they are "pushing aside" all other food groups. In the UK, UPFs now make up a staggering 57 per cent of calories in the British diet. In the USA, it is at 60 per cent. The scientist said that the business model for such foods is based on cheap production and overconsumption, driving an obesity pandemic.

So, how do you recognise a UPF? Put simply, is it a food where your greatgrandmother would have recognised all the ingredients? If not, it's probably a UPF.

The Heart and Stroke Foundation of Canada describe UPFs as foods that "go through multiple processes (extrusion, molding, milling, etc.), contain many added ingredients and are highly manipulated." These include soft drinks, crisps, chocolate, sweets, ice-cream, sweetened breakfast cereals, packaged soups, chicken nuggets, hotdogs, and fries. UPFs provide a huge number of calories, but little, if any nourishment.

DID YOU KNOW?

Giraffes are 30 times more likely to get hit by lightning than people. True, there are only five welldocumented fatal lightning strikes on giraffes between 1996 and 2010. But due to the population of the species being just 140,000 during this time, it makes for about 0.003

A nimals can experience time differently from humans. To smaller animals, the world around them moves more slowly compared to humans. Salamanders and lizards, for example, experience time more slowly than cats and dogs. This is because the perception of time depends on how quickly the brain can process incoming information. ## **G M TREVELYAN's** - English Social History -A SURVEY OF SIX CENTURIES Chaucer to Queen Victoria

Editor's note. I have been able to research my family history back to 1590 so have decided that sometime around this date would be a good place to start.

Dates and periods are necessary to the study and discussion of history, for all historical phenomena are conditioned by time and are produced by the sequence of events. Dates, therefore, apply a necessary test to any historical statement, and are apt to be found inconveniently cumbering the path and tripping up the heels of glib generalization rushing forward with head in air. There is no appeal from the verdict of a date.

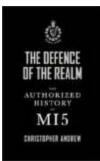
But, unlike dates, ' periods' are not facts. They are retrospective conceptions that we form about past events, useful to focus discussion, but very often leading historical thought astray. Thus, while it is certainly useful to speak of 'the Middle Ages' and of ' the Victorian Age', those two abstract ideas have deluded many scholars and millions of newspaper readers into supposing that during certain centuries called 'the Middle Ages', and again during certain decades called 'Age of Victoria', everyone thought and acted more or less in the same way — till at last Victoria died or 'the Middle Ages came to an end'. But in fact there was no such sameness. Individual character, variety, and an urge to change were marked features of the English over whom Victoria presided; and the end of her reign was very different from the beginning. So, too, medieval society can only be studied fruitfully if we conceive it not as a static order but as a continuous evolution, without any definable date for its beginning or end.

The habit of thinking about the past as divided into water-tight 'periods' is most dangerous of all in economic and social history. For 'periods' have usually been assorted, as their names imply, for purely political reasons — 'the age of the Tudors', 'the age of Louis XIV', and so forth. But economic and social life takes little heed of the deaths of kings or the accession of new dynasties: absorbed in its own daily task it flows on, like an underground river, only occasionally making eruption into the upper daylight of politics, though it may all the time be their unacknowledged and unconscious arbiter.

And it is all the more difficult to think about economic and social history in 'periods', because there is always an overlap of the old and the new continuing side by side in the same country for generations and even for centuries. Different systems of production — craft and domestic and capitalist — all went on in England both in late medieval and in modern times. So, too, in the agricultural world, open fields, and enclosures, Anglo-Saxon and modern methods were found together, from the Middle Ages to the nineteenth century. And in the social sphere, the feudal and the democratic spirit have had a marvellous aptitude for coexistence in our tolerant island.

If, then, we are asked to name a date, or even a period, when 'the Middle Ages came to an end', what can we safely say? Certainly not ' 1485 ', the year when Tudor rule began, though it has been found by teachers and examiners a convenient point at which to wind up the Middle Ages in England. But in the real year 1485, when our simple ancestors 'gaped and rubbed the elbow at the news' that Henry Tudor and his Welshmen had overthrown Richard III at Bosworth, they had no thought that a new era was beginning. They supposed merely that the Lancastrians had again got the better, for the time, of the Yorkists, in the endless and tiresome Wars of the Roses. It is true that the events of the next twenty years showed that in fact the Wars of the Roses had, almost but not quite, ended on Bosworth field. But the end of the Wars of the Roses is by no means the same thing as the end of the Middle Ages — in whatever way the Middle Ages are defined.

The victory of Henry the Welshman made no change distantly comparable in importance to the victory of William the Norman at Hastings. For half a century after 1485, until Henry's son took the papal power and the monastic wealth into his own hands, English society continued very much as I have described. The agricultural changes still continued at a slightly accelerated pace. The Church went on just as before, though exposed to renewed unpopularity and denunciation, very similar to the anti-clerical outcry in the days of Langland, Chaucer, and Wyclif; but there was no evident certainty that such strictures would have any more practical outcome this time than so often of old. Henry VII and young Henry VIII were both zealous in their orthodoxy; they were dutiful in the roasting of heretics; they frequently employed bishops as their counsellors of State, after the medieval custom, culminating in the grand finale of Cardinal Wolsey, who displayed on a colossal scale the pride and power of the medieval Church. Himself the instrument of papal power, he greatly increased its control over the Ecclesia Anglicana. He treated the lay nobles and gentlemen like dirt beneath his feet, thereby helping to prepare the anti- clerical revolution that accompanied his fall. He kept a house- hold of nearly a thousand persons, and marched in state with silver pillars and poleaxes borne before him. Besides many other sources of wealth, he drew the revenues and neglected the duties of Archbishop of York, Bishop of Durham, and Abbot of St Albans; the biographer of Wolsey and of Henry VIII estimates that the Cardinal was almost as rich a man as the King.' He obtained for his natural son four archdeaconries, a deanery, five prebends, and two rectories, and only failed in his endeavour to have him succeed in the fabulously rich see of Durham. In proportion to Wolsey's pride, luxury, and greed was his munificence in founding schools and colleges of splendour then unparalleled. Here was a prince indeed, of the cosmopolitan hierarchy of Europe before which men had bowed for centuries, but should never again bow in England. Yet he served the King as Chancellor with far more devotion than he served the religious interests of the Church. In all this, Wolsey is one of the greatest and the most characteristic of 'medieval' figures in our history, and his power was at its fullness more than forty years after Bosworth field #####.



The Defence of the Realm: The <u>Authorized</u> History of MI5

by Christopher Andrew (Author)

To mark the centenary of its foundation, the British Security

Service, MI5, has opened its archives to an independent historian, the first time any of the world's leading intelligence or security services has taken such a step. "The Defence of the Realm", the book which results, is an unprecedented publication. It reveals the precise role of the Service in twentieth-century British history, from its foundation by Captain Kell of the British Army in October 1909 to root out 'the spies of the Kaiser' up to its present role in countering Islamic terrorism. It describes the distinctive ethos of MI5, how the organization has been managed, its relationship with the government, where it has triumphed and where it has failed. In all of this, no restriction has been placed on the judgements made by the author. The book also casts new light on many events and periods in British history, showing for example that through well-placed sources MI5 was probably the pre-war department with the best understanding of Hitler's objectives, and had a remarkable willingness to speak truth to power; how it was so astonishingly successful in turning German agents during the Second World War; and that it had much greater roles than has hitherto been realized during the end of the Empire and in responding to the recurrent fears of successive

governments (both Conservative and Labour) and or Cold War Communist subversion. It has new information about the Profumo affair and its aftermath, about the 'Magnificent Five' and about a range of formerly unconfirmed Soviet contacts. It reveals that though MI5 had a file on Harold Wilson it did not plot against him, and it describes what really happened during the failed IRA attack in Gibraltar in March 1988. When Rab Butler was appointed Home Secretary with responsibility for the Security Service in 1957 he didn't even know where its headquarters were. "The Defence of the Realm" now describes this previously extremely secretive organization more fully than any previous book - and identifies all its main buildings on the end papers.



<u>The Paradise</u> <u>Problem</u>

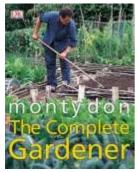
Christina Lauren

A nna Green thought she was marrying Liam "West" Weston for access to subsidized family housing

while at UCLA. She also thought she'd signed divorce papers when the graduation caps were tossed, and they both went on their merry ways. Three years later, Anna is a starving artist living paycheck to paycheck while West is a Stanford professor. He may be one of four heirs to the Weston Foods conglomerate, but he has little interest in working for the heartless corporation his family built from the ground up. He is interested, however, in his one-hundred-milliondollar inheritance. There's just one catch.

Due to an antiquated clause in his grandfather's will, Liam won't see a penny until he's been happily married for five years. Just when Liam thinks he's in the home stretch, pressure mounts from his family to see this mysterious spouse, and he has no choice but to turn to the one person he's afraid to introduce to his onepercenter parents—his unpolished, not-so-ex-wife.

But in the presence of his family, Liam's fears quickly shift from whether the feisty, foul-mouthed, paint-splattered Anna can play the part, to whether the toxic world of wealth will corrupt someone as pure of heart as his surprisingly grounded and loyal wife. Liam will have to ask himself if the price tag on his flimsy cover story is worth losing true love that sprouted from a lie.



The Complete Gardener The Compl ete Gardener is another brainchild of the former lead presenter at BBC's

Gardener's World and gardening correspondent for The Observer, Monty Don. As one of UK's leading gardeners and writers, Don is fully committed to environmental awareness and organic gardening. Alongside his many other books, The Complete Gardener is packed with all the practical advice and tips you need to create a successful garden. Whether you are just starting out your journey, or you consider yourself a green-fingered guru, Monty Don breathes life into each and every aspect of organic gardening. Thanks to Monty's straight forward advice, time-tested gardening techniques and extraordinary attractive photos that he took himself over the period of a year, The Complete Gardener is truly a complete guide for all.



<u>The</u> <u>Clockwork</u> <u>Conspiracy</u>

Sam Sedgman

A lockedroom mystery packed with rooftop chases, hidden codes and mindbending science,

The Clockwork Conspiracy is a must for fans of the Adventures on Trainsseries and Sharna Jackson's High Risemysteries.

Aspiring inventor Isaac Turner lives with his dad, the Chief Horologist in charge of Big Ben. But when his father vanishes from the belfry on the night the clocks go back, leaving behind only a smashed pocket watch and a cryptic message, Isaac determines to find him. Hunting a trail of clues through London's landmarks, Isaac uncovers a sinister plot in the gears of government and embarks on a race against time to save his father - and



<u>Don Carter – Thank you.</u>

On Thursday 11th July, I was invited to an early evening BBQ at Bishop's Hull school, to celebrate the retirement of fellow school Governor Don Carter. Speeches of thanks were made by the Chair of Governors Carol Manley and Headteacher Mike Turner.

Don has lived in Bishop's Hull for 45 years and has enjoyed being part of village life with his family. His community spirit started when one of the founding committee members asked him to help put a tent up for the annual fete and there began his story. Since then he has actively been involved in many local organisations including the Village Hall and Playing Field Trust, being part of a group of volunteers at the car boot sales, where you will often find Don chatting to people as they park their cars. You might have also so seen him when volunteering as a marshal at the Taunton marathon. He was also part of a team of village volunteers who ran the youth club and discos for over ten years.

It was whilst he was working in the Hydrographic Office in 1992, he heard that Somerset County Council was looking for people to become a Governor within a school. So he applied and was allocated Bishop's Hull Primary School; this role would see him there for 32 years. Within this time he has worked with four head teachers and been involved in the recruitment process of three of them along with many teachers and support staff. He has also supported the school through several successful Ofsted inspections. He has had several different roles within the Governing body from Health & Safety and Safeguarding to being the chair of Governors for seven years. Whilst Don may have stepped down from this role, his commitment to the school and the children does not end there, as he hopes to volunteer to encourage and support children with their reading. From everyone in our village and beyond, we thank you, Don for your selfless service to the community. *John Hunt*

Warm Welcome grows larger

As summer will soon turn to the cool of autumn, the Warm Welcome Campaign has recently announced that it is beginning a 'new chapter'.

It explains: "What started as a crisis response to keep people warm through the winter has blossomed into a movement to reconnect individuals and communities across the country all year round."

Since Warm Welcome discovered that 62% of the UK population now live within a 30-minute walk of a registered Warm Welcome Space, it has drawn up a new five-year strategy. This sets out "an ambitious vision to ensure that every single person in this country has free access to welcoming community spaces."



Warm Welcome launched in Autumn 2022, and

since then nearly 4,000 community spaces of all kinds, have received over 4.5 million visits between them.

It says: "These Spaces have touched countless lives, transforming people's



circumstances, their sense of belonging and purpose." As well as providing warmth and safety, "84% of our guests said the Space had helped them feel a stronger sense of belonging in their community."

This autumn, Warm Welcome is inviting all community spaces to register with them for free through its website. More details at: www.warmwelcome.uk ##

Pope warns of dangers of AI

Pope Francis has become the first pope ever to attend a G7 Summit, and he used his recent appearance to call for urgent "political action" to regulate artificial intelligence (AI).

The Pope told leaders of the Group of Seven (G7) in Fasano, southern Italy: "AI is an extremely powerful tool. Its use will increasingly influence the way we live, our social relationship, even how we conceive of our identity as human beings."

The Pope said that the various human technologies through history, from flintstones to atomic fusion, had promised both benefit and harm. However, he warned that AI was qualitatively different, since it was no longer under personal control, but could "autonomously adapt" to its assigned tasks and make its own choices and decisions.

The Pope said that the consequences for humanity could be deadly and dehumanising.

SMILES

Game rules

During the local football game, the coach asked one of his young players: "Do you understand what cooperation is?" The little boy nodded yes. "Do you understand that what matters is winning together as a team?" The little boy nodded yes. "Okay," the coach continued, "do you also understand that when the referee makes a decision, you don't argue or curse or threaten to attack him, right?" Again, the boy nodded vigorously.

"Good," said the coach. "Now go over there and explain all that to your mother."

Could have been worse A very long train with two engines was making its way across America. While crossing the Western mountains, one of the engines broke down. Slowly, the train chugged on. Farther along, the other engine broke down, and the train shuddered to a halt in the middle of nowhere. Not to be discouraged, the train driver announced: "Ladies and Gentlemen, I have good news and bad news. The bad news is that both engines have failed, and we will be stuck here for a couple of days until the additional engines arrive. The good news is that we are not making this announcement on a plane." *****

True Story

A vicar entered a Christian bookshop to buy a popular book title. "Do you have "Time to Embrace" please?" he asked. The astonished elderly lady assistant responded by slapping him across the face.

Belonging

A vicar tells the true story of how, when he was a curate, the rector of a nearby parish used to like not only to attend all the parish groups, but also to identify himself with them by belonging to them, so that he could address them as "We Scouts", "We Rotarians," etc. One day he went too far and began: "We mothers..."

Sounds off

A minister was complaining about the noise of traffic in the town. He told the Town Council: "Sometimes when we have something on in church, all hell is let loose."

True Story

My father had a medical condition that meant regular visits to hospital. The local funeral director was a good family friend, and had been very helpful giving dad lifts to and from the hospital. On one occasion, a few hours before he was due to come home, the ward sister approached my father with a grin. "Your wife is on the phone," she said. "She wants to know what time you will be ready for the undertaker to collect you?"

***** Fearless in the line of fire

A six-year-old girl was taken by her grannie to a very 'high' Anglican church. Afterwards she tried to explain to her father what it had been like. "They tried to run us out – they brought in a smoke bomb and shook it at all the people in the front row. But grannie wasn't scared one bit. We stayed until the very end."

Move it

A South London clergyman who was appointed to another living received a letter from a firm of furniture removers. It assured him: "Dear Sir, we would like to remove you. In the last year we have removed 40 South London clergymen, to the entire satisfaction of all concerned."

<u>Yum yum</u>

A notice outside Chichester Cathedral advertised lunchtime concerts with the encouragement that: "Sandwiches may be eaten." Someone had scribbled underneath: "So if you are a sandwich, don't come!"

What ushers do

Six-year-old Angie and her fouryear-old brother Joel were sitting together in church. Joel giggled, sang, and talked out loud during the service. Finally, his big sister had enough. "You're not supposed to talk out loud in church."

"Why? Who's going to stop me?" Joel asked indignantly.

Angie pointed to the back of the church and said, "See those two men standing by the door? They're hushers.

A teacher asked her students to use the word "beans" in a sentence. "My father grows beans," said one girl. "My mother cooks beans," said a boy. A third student spoke up, "We are all human beans."

A bank robber pulls out gun points it at the teller, and says, "Give me all the money or you're geography!" The puzzled teller replies, "Did you mean to say 'or you're history?" The robber says, "Don't change the subject!"

A woman was taking an afternoon nap. When she woke up, she told her husband, "I just dreamed that you gave me a pearl necklace. What do you think it means?" "You'll know tonight," he said. That evening, the man came home with a small package and gave it to his wife. Delighted, she opened it to find a book entitled "The Meaning of Dreams."

uring an impassioned sermon about death and final judgement, the pastor said forcefully, "Each member of this church is going to die and face judgement." Glancing down at the front pew, he noticed a man with a big smile on his face. The minister repeated his point louder. "Each member of this church is going to die and face judgement!" The man nodded and smiled even more. This really got the preacher wound up. He pounded the pulpit emphatically when he came to the ultimatum: "Each member of this church is going to die and face judgement!!!" Though everyone else in the congregation was looking sombre, the man in front continued to smile. Finally the preacher stepped off the platform, stood in front of the man and shouted, "I said each member of this church is going to die!" The man grinned from ear to ear. After the service was over. the preacher made a beeline for the man. "I don't get it," the preacher said in frustration. "Whenever I said, 'Each member of this church is going to die,' your smile got bigger. Why?" "I'm not a member of this church," the man replied.



St James the Least of All

The Revd Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'... If you would like a copy of our published booklet of Uncle Eustace's letters, please email us at: enquiries@parishpump.co.uk

On the perils of swinging incense

The Rectory St James the Least

My dear Nephew Darren

Well, at least you tried. Filling in for another colleague who was away on holiday was kind of you; that it was somewhere with a high church tradition was adventurous of you. But just because something is worth doing, must you do it to such excess?

I can remember the first time I saw you having to use incense; you held the thurible as though you had just been presented with a dead rat. This time, however, I am told that you heated so much charcoal that the congregation thought you were going to hold a barbecue rather than burn incense.

The church warden was impressed with how quickly everyone knelt down, as you went by. If it was in more of an effort to stay clear of your thurible than to pray; well never mind, at least they were on their knees. And I am entirely on your side; you were not to know that their new fire protection system included automatic sprinklers, activated when too much smoke is detected. I am sure most of them would have dried out by Evensong.

You told me that you had not been sure what to do with the thurible when you reached the front. But swinging it so enthusiastically that the chain broke and catapulted several pounds weight of red-hot brass through one of their stained glass windows was really not the best solution. Never mind. I am sure the insurance company will be sympathetic.

But surely you knew that smells also implies bells? So why the panic when the server rang the bells in your ear beside the altar? To have promptly dropped the chalice and shouted, 'fire!' was surely something of an over-reaction? Especially as it meant that the verger re-started the sprinkler system. I am told that several in the congregation left church looking as if they had taken part in a mass baptism, involving full immersion whilst fully clothed.

I am told that you actually even wore full robes, rather than your customary Tshirt and jeans. Just one tip: should you ever wear them again, you might wish to wear the chasuble right side out. But that is a small point compared to the 'hat', as you called it. My dear nephew, wherever did you get it from? That is only worn by a bishop – and even then, the two tabs hang at the back, not over your face. I am told that some of the congregation feared that in some frightful 'fresh expression' of episcopal rule, you had suddenly been handed control of the diocese. With the Church of England in its present woeful state, I suppose anything is possible.

Your loving uncle, Eustace

Church towers

Approximately 612 new churches were built in towns around 1818 - 1830 Athat cost a total of one and a half million pounds, following the huge population move from the countryside to living in towns.

For all to see the highest part of the church building is the tower. This is the aspect that is most recognisable from a distance; the element that almost defines the church building.

Have you ever seen a church building without a tower? Most religions use this same structure on their buildings, so clearly there must be overlapping reasons for this. But there is not just one design even within religions.

The structures of all buildings are dependent on the materials available, the architectural knowledge, the purpose, the fashion of the day as well as the finance available.

Norfolk churches in particular have 'special' towers. There are around - pun intended! - 181 round church towers in England of which 126 are in Norfolk. They were built from as early as the ninth century onwards

[Picture of St Andrew's church at Letheringsett] So what was going on there?

Some argue that because of the flatness of the land these were thought to be more stable; while others think that it was because the materials available locally were small pieces of flint which cannot be easily worked or dressed



but when set into mortar can create handsome and stable walls and buildings. In many parts of the UK flint is used to face the outside of buildings but here they were used to be the foundational element so long as 'corners' were not required.

International Bat Night - 24th August

A ugust is the perfect month to look out for bats, when our soft, warm twilight evenings are full of the tiny flying insects that attract them. But these days bats need our help, and so this annual celebration will include a good few 'bat events' this month. If you like bats, you may enjoy one of the events being arranged by local bat groups, wildlife trusts, countryside rangers and other organisations across the country. To help you get started, the website, https://www.bats.org.uk/supportbats/international-bat-night, is full of useful information. It explains the natural environment that bats need, and how you might help to conserve their dwindling numbers. ##

Regular Weekly Events	10.00-11.00 Flexercise FBC		
MONDAYS	11.00-12.00 Pilates 4 Everyone HUB		
10-11am Nia BH HU	6.00-7.00 Tae Kwon Do BH HUB		
10-12noon Painting Group FBC	7.15-8.45 Tone Guitar Group		
11.15-12.45 Sweaty Mama HUB	BH HUB		
1.30-4.00pm Whist Club FBC	THURSDAYS		
2.00-4.00 Bridge Not 1st Mon FBC	6.15-7.00Group Fitness TrainingHUB 10.00-12.00 Baby Badgers BH HUB		
6.157.30pm Zumba			
07939 580327. BH HUB	10.00-12noon Bridge Club FBC		
7.30pm Tone Big Band	12.30 Prenatal/Little Ones Yoga HUB		
(1st & 3rd Mon) BH HU			
TUESDAYS	FRIDAYS		
12.30-1.30 Postnatal Yoga BH HU	= $=$ $=$ $=$ $=$ $=$ $=$ $=$ $=$ $=$		
6.15-7.00am Group Fitness BH HU	10.00-12.00 Petanque FBC		
	10.00-12noon Frank's Café FBC		
1.30-2.30pm Tai Chi & QI BH HU	³ 4.45-8.15pm Martial Arts BH HUB		
10.00-4.00pm Games FBC			
7-8pm Yoga BH HU	6.30-7.15 Group Fitness Training		
WEDNESDAYS	BH HUB		
10.00–11.00 Mum&Baby Pilates	9.30-11.30 Hub Gardening Club		
HUB	9.30-11.30 Hub Gardening Club		
1100	BH HUB		
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07939 580327

St Peter & St Paul Parish Church **USEFUL CONTACT NUMBERS** Rev. Phil Hughes Your Somerset County Councillor John Hunt (Independent) 07880 **BISHOP'S HULL ORGANISATIONS** 794554 john@johnhunt.me.uk Access Group (Fledgling Centre) Your Somerset West & Taunton Kelly Enfield **Councillors BH Flower, Fruit & Vegetable Show** Cll Caroline Ellis Associate Lead Amanda Gallacher Member - Education **Bishops Hull HUB** 07473119425 07500 748 609. booking: bhhubbookings@gmail.com cjellis1968@googlemail.com General enquiries and events: bishopshullhub@gmail.com John Hunt (Independent) 07880 794554 **BH Short Mat Bowls** john@johnhunt.me.uk Alan Chapman bhsmbc@yahoo.com Your Member of Parliament **BH VH & PF Trust** Paul Bulbeck Gideon John Amos Lib/Dem BH WI **BISHOP'S HULL FACILITIES** TBA **BH Parish Council Brownies Sheena Grinter** Helen McGladdery 07518 **Community Woodland Volunteer** bishopshullparishclerk@gmail.com Davíd BH Pre School 07928 950230 **FBC** Activities Carolvn **BH Primary School** 331624 Golden Group Keep Fit Session Castle School 274073 Karie at Castle Sports Centre 322934 **Community Room & School Hall** orkcrane@1610.org.ukJon 07736 Rick Moon 354908 714370 ionakkc@hotmail.co.uk Frank Bond Centre Pilates Liz Grant Nadía 07958 246046 Slimming World Judy 256010 / 07939 431264 Neighbourhood Beat Team Sheena 07517 441766 **PCSO Lyndsay Smith** Somerset Hills Chorus lyndsay.smith@avonandsomerset.poli Brenda Palfrev ce.uk or call 101 Tae Kwon Do PCSO Marshall Bernhardt Sebastian Morey-Weale 07900 517767 marshall.bernhardt@avonandsomerse Wed Art Group t.police.uk or call 101 **Rose Humphreys PCSO Símon Parry** Zumba / Zumba Gold Felicity Ovando **Robin Close Hall** 356389 deanehelplineadmin@tauntondeane.

qov

Sunday 4 August 10 of Trinity	Holy Communion Holy Communion	08:00 a.m. 10.00 a.m.	Ephesians 4:1- 24; John 6:24-35	Shirley Stapleton
Wednesday 7 August	Holy Communion	10.00 a.m.		
Sunday 11 August 11 of Trinity	Holy Communion Holy Communion	8:00 a.m. 10.00 a.m.	Ephesians 4:25- 5:2; John 6:35, 41-51	Christabel Ager
Wednesday 14 August	Holy Communion	10.00 a.m.		
Sunday 18 August 12 of Trinity	Holy Communion Holy Communion	08:00 a.m. 10.00 a.m.	Ephesians 5:3- 33; John 6:51-58	Dee Willis
Wednesday 21 August	Holy Communion	10.00 a.m.		
Sunday 25 August 13 of Trinity	Holy Communion Holy Communion	8:00 a.m. 10.00 a.m.	Ephesians 6:10- 20; John 6:56-69	Will Osmond
Wednesday 28 August	Holy Communion	10.00 a.m.		



GRASS CUTTING

11 August Will Osmond 25 August David Ager

Wells Cathedral Parish Pass

You may have seen in the news last week, that Wells Cathedral has announced changes to its admission guidelines with free passes for parishioners in the Diocese of Bath and Wells and local people, and a new entry charge for tourists.

I would be grateful if you can make your parishioners, and readers, aware that it will remain free to enter for worship, prayer, and to light a candle and also that free passes are available for parishioners in the diocese. Information about the Parish Pass and how to apply for it is available from the **Wells passes section of the Wells Cathedral website**. You will note that the application form for a Parish Pass does require a signature from a churchwarden or incumbent.

CHURCH DIRECTORY (01823)

Church web site: Vicar:

www.stpeterandstpaul.org.uk **Rev. Philip Hughes** 336102 (Usual day off - Friday) nhil2overflowing@gmail.com



Philed		Rev Philip Hughes		
Church Wardens:	Tim Venn	John Perry	nev i ninp mugnes	
Treasurer	Rachel Horder			
Electoral Roll Officer				
Safeguarding Officer:	Sally Adams (co-opted PCC member)			
Other PCC Members -	Mark Dakin Shirley Stapl			
Tower Secretary:	Giles Morley	430710		

St Peter and St Paul's PCC 2024-2025

- 1. Rev Phil Hughes (Vicar)
- 2. Tim Venn (Church Warden)
- 3. John Perry (Church Warden)
- 4. Rachel Horder (PCC Treasurer)
- 5. Sally Adams (Parish Safeguarding Officer, co-opted PCC member)
- 6. Mark Dakin
- 7. Sue Martín
- 8. Shirley Stapleton

9. And you? The PCC is a great team to belong to and is there to assist the Vicar in the Mission and function of the church. If you think God may be calling you to serve in this way there are lots of opportunities, so do have a chat with one of the fab team!

