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The Online Link St. John's Hillingdon



No. 48 Sun 21st - Sat 27th February 2021
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Your Sunday Service Link (10.30 am):

Click on the church image above from
Sunday 10am or on

<https://us02web.zoom.us/j/89481452808>

Church Administrator: Nikki Bell

Email stjohnshillingdon@gmail.com

Text/Phone 07972 618584

Vicar: Alan Bradford

Email abradford@hotmail.co.uk

Emergencies Text/Phone: 07847672599

St. John's Church,

Royal Lane, Uxbridge UB8 3QP

www.stjohnshillingdon.org.uk



Lent & Poetry!

We have now entered the season of Lent.

Lent is so much more than just giving up something, like chocolate!

Of course, Lent marks the season of 40 days from Ash Wednesday to the day before Easter Sunday. This actually makes 46 days, and we get back to 40 by not counting Sundays as these are considered festivals. By observing the 40 days of Lent, Christians replicate Jesus Christ's sacrifice and withdrawal into the desert for 40 days. It is a time of repentance and sorrow for sin, and of identifying with the suffering of Christ in the run-up to Easter, before then celebrating the resurrection.

A good way of thinking about Lent is to give up something in order to make time or room for something else, and that 'something else' is GOD! So we could give up watching some TV and spend some more time reading God's word, or in prayer. A small step can lead to amazing blessings! If we gave up checking our phones or going to our ipads or laptops so often, we could spend some of that time praising God and praying to him for others and the world! That would be habit-forming in a good way.

For family and friends of St. John's we are encouraging everybody to do daily reflections during Lent, based on the book 'Rooted in Love'. This was written by our local Bishops and contains short readings, prayers and action points for each day. Details of how to order are given later in this edition. In addition to that please do join us on Zoom at 10am each Wednesday during Lent as we look at a reflection from the book each week, and we will do similarly on Sundays.

One of my favourite poems is one I learnt from Anne who used to read it to our children, and also to the children she taught. It is only one group of lines, just one stanza, in length:

I eat my peas with honey;
I've done it all my life.
It makes the peas taste funny,
But it keeps them on the knife!

Another of my favourite 'poems' is from scripture, and it is not usually recognised as a poem. It is our reading for this Sunday, taken from Colossians 1, verses 15 to 20, and it can be split into two stanzas. We won't really recognise it as a poem in some ways, for instance it doesn't rhyme as we have a translation of it into English. I have put it in its 2 stanza form so you can appreciate it a bit more clearly.

The apostle Paul has placed these verses in his letter to the Colossians to help them, and us, grow in wisdom and spiritual understanding. It's all about the crucified and exalted Messiah. It is one of the most Christ-glorifying passages of all the New Testament. It's crystal clear about Christ. Each phrase is pregnant with meaning.

Do meditate and ponder over each phrase!

First Stanza THE AUTHOR & KING Of CREATION

¹⁵ THE SON IS THE IMAGE OF THE INVISIBLE GOD,
THE FIRSTBORN OVER ALL CREATION,
¹⁶ FOR IN HIM ALL THINGS WERE CREATED,
HEAVEN AND ON EARTH,
THINGS VISIBLE AND INVISIBLE,
THRONES OR POWERS,
RULERS OR AUTHORITIES,
ALL THINGS HAVE BEEN CREATED THROUGH HIM AND FOR HIM,
¹⁷ HE IS BEFORE ALL THINGS,
AND IN HIM ALL THINGS HOLD TOGETHER.

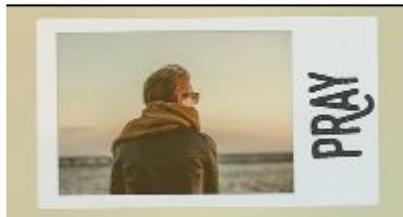
Second Stanza THE ONE WHO BRINGS THE NEW CREATION

¹⁸ AND HE IS THE HEAD OF THE BODY, THE CHURCH,
HE IS THE BEGINNING,
THE FIRSTBORN FROM AMONG THE DEAD, SO THAT IN,
EVERYTHING HE WOULD HAVE THE SUPREMACY,
¹⁹ FOR GOD WAS PLEASED TO HAVE ALL HIS,
FULL PRESENCE DWELL IN HIM,
²⁰ AND THROUGH HIM TO RECONCILE TO HIMSELF ALL THINGS,
WHETHER THINGS ON EARTH OR THINGS IN HEAVEN,
BY MAKING PEACE THROUGH HIS BLOOD SHED ON THE CROSS.

A Prayer for Lent

Lord Jesus, we turn with confidence to you, knowing that you were tempted in all respects as we are, yet without sin. Give us your help, that we may obtain victory over our temptations. We are ashamed that we have so little power in our lives and we often fail at the same old hurdles. Help us to live in your victory and please cleanse and heal us. Teach us to remember the promise that those who wait upon the Lord will renew their strength. May we wait and be made strong. We ask it in your name and for your sake.

**Keep praying,
Alan**



Prayer

Almighty God,
who sent your Holy Spirit
to be the life and light of your Church:
open our hearts to the riches of your grace,
that we may bring forth the fruit of the Spirit
in love and joy and peace;
through Jesus Christ your Son, our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

Listen to Carol's P R A Y talk from Sun 31 Jan [click here](#).

Listen to Matt's P R A Y talk from Sun 7 Feb [click here](#)

Listen to Rodney's P R A Y talk from Sun 14 Feb [click here](#)

**Lent reflections on life in Christ and
Personal Lent reflections**

We are encouraging everyone to take part in daily reflections during Lent based on the book 'Rooted in Love' written by some of our Bishops, including the Bishop of London Sarah Mullally. Please purchase this book so that we can go through the book during Lent together. Click on the book image below to purchase the book via Amazon (just over £8). There is a Kindle electronic version available for £5.69.

- Written by our London Bishops
- Our Lent reflections book this year
- We will all use this as St. John's for:
 - Personal daily reflections/devotions
 - Our Lent course Wednesdays at 10am
 - as part of Sunday teachings

Sunday Reading and Themes 21st February- end of March

Sun 21 Feb: Colossians1:1,15-20. **The Likeness of the invisible God.** Chapter 5 p26.

Sun 28 Feb: Romans10:5-13. **Those who call on the name of the Lord.** Chapter 12 p57.

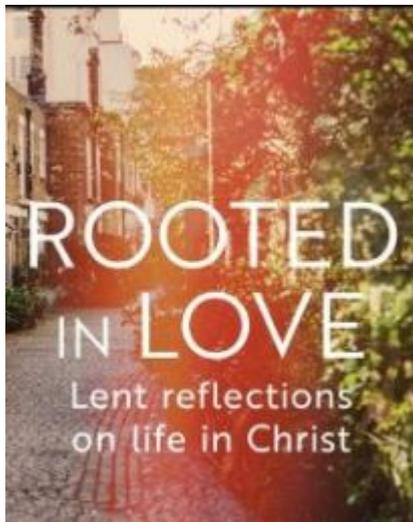
Sun 7 March: Ephesians4:1-6. **The Bond of Peace.** Chapter 19 p88.

Sun 14 March: 1corinthians2:10-16. **Having the mind of Christ.** Chapter 26 p118.

Sun 21 March: 1Peter1:13-15. **Set your hope on the grace to be brought to you.** Chapter 33 p147

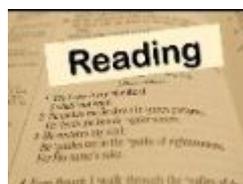
Sun 28 March: James1:2-4. **Let perseverance finish its work.** Chapter 40 p175

If you don't have access to the internet, or need help purchasing, please email stjohnshillingdon@gmail.com



ROOTED IN LOVE
Lent Course
Wednesday mornings
24th Feb - 31st March
at 10am
online via
St John's Church zoom

Click on book image above to order book for our Lent reflections.



Colossians 1: 1

Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother,

Colossians1:15-20

15 The Son is the image of the invisible God, the firstborn over all creation. 16 For in him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things have been created through him and for him. 17 He is before all things, and in him all things hold together.

18 And he is the head of the body, the church; he is the beginning and the firstborn from among the dead, so that in everything he might have the supremacy. 19 For God was pleased to have all his fullness dwell in him,

20 and through him to reconcile to himself all things, whether things on earth or things in heaven, by making peace through his blood, shed on the cross.



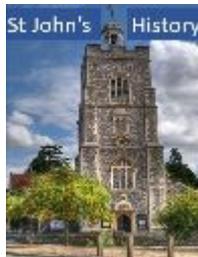
Maintain your connection with nature during lockdown.

Scientists have found that spending just two hours a week in nature is linked to better health and wellbeing. During these long winter lockdown days, when it's not so easy to get out, why not try an immersive meditation experience with one of our Partners in Action? Lee Abbey has created a number of reflective videos to help you connect with nature from home. Virtually explore Lee Abbey's house and grounds along the stunning coast of Devon. to join in the Lee Abbey experience go to <https://leeabbeydevon.org.uk/resources/immersive-meditations>.

Or take ten minutes to encounter our Creator with Hazelnut Community Farm's 'Slow Church' creation video experiences here. <https://hazelnutcommunityfarm.com/resources/slow-church> Use your headphones for the full effect!

A prayer for these times

Stir up your power,
O Lord
And come among us
Heal our wounds
Calm our fears
And give us peace
Through Jesus Christ our Lord
Amen
Christine Rodrigues



A Tour around the Church Monuments.

Captain George Dalton, inside and outside!

When Captain George Dalton died in 1854, the Victorian renovations at St Johns had only just been completed a few years before. At that time, some of the memorial tablets were moved from the central aisle out to the side aisles and I think it must have been fortunate that there was a space for one more to remember Captain George. It was no longer the practise of burying the dead in vaults under the floor of the church and so Captain George is one of the few that have a memorial inside as well as a gravestone outside.

George Dalton was born in 1794, the fourth son of John Dalton a wealthy landowner who owned Sleningford Park in Yorkshire and Fillingham Castle Lincolnshire (this building is now derelict and if you search online there are some amazing photos). George was a captain in the Royal Engineers. He married Euphemia Caulfield Hannington in 1829 but I cannot find a record of any children. In the 1851 census, George and Euphemia were living with their 3 servants at Hayes End House, White Hart Road, Hayes End. By looking at the online map collection on the National Library of Scotland website, I have discovered that White Hart Road is now called Hayes End Road.

George died aged 60 in 1854, and in his will he left all his possessions to his wife. The executors

of his will were John Dalton, (George's brother) and William Sullivan, a Lieutenant Colonel in the Army, presumably a close friend of George. It seems that Euphemia didn't stay in Hillingdon as only 10 months later she married again with her address given as Hanover Square. And the man she married? Well, it was William Sullivan, George's executor. Euphemia died in 1877 and is buried in Ryde Churchyard on the Isle of Wight.

And finally, here is a bit of trivia for you. Perhaps some of you remember the White Hart pub (now demolished) on the Uxbridge Road at Hayes End near to where George & Euphemia lived. In 1393, during the reign of King Richard II, an Act was passed which made it compulsory for pubs and inns to have a sign in order to identify them as official watering holes. Many adopted The White Hart as their sign as it was the personal badge of the King – today it is the fourth most popular pub name in the UK. *Christine Bartlett*



Captain George Dalton Memorial.



Captain George Dalton Grave



The Foodbank is in need of:

Tinned Products only: Meat(all types), Fish, Vegetables, Fruit and Puddings.

Jars: Jam, Pasta Sauces, Curries and other sauces.

500g-1kg Bags of: Granulated Sugar, Pasta, Rice and noodles.

Packets of: Potato Mash, Biscuits, Christmas cakes, Sweets, Crisps, Heathy Bars and snacks.

Bottles/Cartons of: Long life Milk, Fruit Juice and squash.

You can drop your donations to:

Participating local Supermarkets:

1. Sainsburys York Road Uxbridge UB8 1QW
2. Sainsburys Lombardy Retail Park Coldharbour Lane Hayes. UB3 3EX.
3. Sainsburys Long Dr, South Ruislip, Ruislip HA4 0HQ.
4. Tesco Bulls Bridge Industrial Estate Hayes UB25LN
5. Tesco Extra Glencoe Rd, Hayes UB4 9SQ
6. Waitrose 52 Green Ln, Northwood HA6 2XB

Current Participating Churches with donation boxes.

St Martin's Church Eastcote Rd, Ruislip HA4 8DG. Monday to Sunday 09-00 to 16-00 hrs

Or Alternatively

Delivery to: Hillingdon Foodbank Warehouse Address:
30 Oxford Road. UB9 4DQ.

NOTICES

How to join the Sunday service from your landline/mobile (without Internet)

- Dial **020 3481 5237** or **020 3051 2874**.
- Enter meeting ID Code **894 8145 2808** then the # key
- You will be asked to enter your participants' ID. Ignore this, and just press # key
- There is no password. If you are asked for one, then just press the # key.

World Day Of Prayer

This year the World Day of Prayer will be different due to the pandemic. Instead of us all meeting together, It has been decided that those that wish to join in can do so at home on Friday 5th March 2021 at 2pm, by reading the order of service. There were lots of suggestions like Zoom but unfortunately many do not have internet access. If you would like an order of service please contact Nikki via email or phone. Christine has very kindly offered to pick up any order of services and drop them to anyone who wishes to take part.

If you would like to make a donation this can be done online by visiting www.wwdp.org.uk, by Bac's transfer please email Nikki for the details or if you would like to give by cheque then using the brown envelope inside the order of service. You will need to place the brown envelope into another envelope and address to Commercial Road, Tunbridge Wells, Kent. TN1 2RR. To protect those working for the charity they are not accepting cash at this time.

A Message from Mildred

Dear All, Greetings to you in the name of our Lord Jesus Christ. As I mentioned, in my Story a few months ago, I am setting up a charity to build a school in Uganda. I am still waiting for it to be registered as a charity so at the moment I don't have a charity number. The implication of this affects my fundraising which at the moment is through a GoFundMe account.

Please visit the website at <https://www.gwakabboschoolproject.org/> and share with your friends and families. Donations can be made through the website above or by the following methods:

1. Directly to the Bank Account at:

Gwakabbo School Project

Lloyds Bank

Sort Code: 30-90-89

Account No: 542-721-68

2. By Cheque written to:

Gwakabbo School Project (your name as a Ref)

11 Orchard Cottages

Dawley Road

Hayes

UB3 1EL

Thank you in advance for your prayers for this project.

Please do not hesitate to contact me for any clarifications on any information regarding the website or charity.

May God's Blessings and Protection remain with you and upon your homes and families. *Mildred.*

Tearfund- A loo lease of life. Toilet Twinning

Last week Mark Hamlin spoke about this briefly. This project invites you to twin your toilet with a toilet in some of the poorest places on the planet. By donating £60 to twin your toilet you will help fund a project in a poor community that will enable families to build a basic toilet, have access to clean water and learn about hygiene- a vital combination that saves lives. You will receive a certificate to hang in your toilet showing you a photograph of your overseas toilet twin and GPS coordinates so you can look the location up on Goggle Maps as Mark showed us last week. Visit www.toilettwinning.org to twin your toilet or for more information.

The Children's Society Home Coin Boxes.

Please hang on to your collecting boxes for the time being. The Children's Society do not want us to be placed at unnecessary risk by handling boxes, counting coins and taking trips to the bank. If you are a box holder, you will be contacted when we are able to collect your box.



NHS COVID Vaccine Scam

Several reports have been circulating of people being contacted by fraudsters offering the COVID-19 vaccine. Please [click here](#) for more information.



Loving, Growing, Sharing with Jesus to Transform Lives

CHEQUES

Payable to:
Hillingdon Parochial Church Council
St. John's Church
Royal Lane
Uxbridge
UB8 3QP

STANDING ORDER

Set up a Standing Order with your bank or building society using these details:
Barclays Bank, 142 High St,
Uxbridge, UB8 1JX
Sort Code: 208916
Account No: 20465615

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