The Fortnightly Online Link St. John's Hillingdon







No. 99 Sun 3rd July- Sun 17th July 2022 Registered Charity 1128058

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Your Sunday Service Link (10.30 am):

Click on the church image above to join our 10:30am service on zoom from Sunday 10am https://us02web.zoom.us/j/8948145 2808

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Vicar: Alan Bradford

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St. John's Church,

Royal Lane, Uxbridge UB8 3QP www.stjohnshillingdon.org.uk



As most of you know, one of our daughters was married a couple of weeks ago. Many thanks for all the best wishes sent to Beth and Sam.

It was a lovely wedding. Beth looked amazing. I don't think I have ever seen a more radiant bride, but I could be biased! Beth and Sam both looked so happy, it was such a joy to see. After all the planning and preparation, and after the 'covid postponement', it was such a very special weekend. I say weekend, because they had two celebrations. On the Friday, Beth and Sam married here in St John's in front of close family and a few special friends. Then on the Sunday, they had a combined Christian/Jewish wedding celebration joined by extended family and their wider circle of friends. And for those wondering, yes, Cooper was guest of honour!



For me, one of the elements that I love in the wedding service, is when the priest wraps the stole around the couple's joined hands and says "Those whom God has joined together, let no one part", declaring God joining the couple in this covenant relationship.

With this being a Christian/Jewish wedding, there were some different elements to the service. In 'The Seven Blessings', seven family members prayed blessings of joy and hope for the marriage - these were prayers of love, a loving home, humour & play, wisdom, health, creativity, and community.

As Alan was 'marrying' Beth and Sam, I had the privilege of walking our beautiful daughter down the aisle to her bridegroom. Whilst all eyes were on the arrival of the bride, I could see the delight on the face of the groom as we walked towards him.

In the Bible, the Church is called the 'Bride of Christ'. One day, we will see the delight in the face of Jesus as he looks upon his 'Bride'. One day, we will celebrate with him at the glorious celebration of the Great Marriage Feast in Heaven. In the meantime, we pray God's blessings of joy and hope on the church and on each other, and we commit ourselves to our covenant relationship with Christ. *Anne Bradford*





Sunday 3rd July The Greatest! (Loving) Matthew 22:34-46

- 34 Hearing that Jesus had silenced the Sadducees, the Pharisees got together. 35 One of them, an expert in the law, tested him with this question:
- 36 "Teacher, which is the greatest commandment in the Law?" 37 Jesus replied: " 'Love the Lord your God with all your heart and with all your soul and with all your mind.' 38 This is the first and greatest commandment.
- 39 And the second is like it: 'Love your neighbour as yourself.' 40 All the Law and the Prophets hang on these two commandments."
- 41 While the Pharisees were gathered together, Jesus asked them, 42 "What do you think about the Christ? Whose son is he?" "The son of David," they replied.
- 43 He said to them, "How is it then that David, speaking by the Spirit, calls him 'Lord'? For he says, 44 " 'The Lord said to my Lord: "Sit at my right hand until I put your enemies under your feet." '
- 45 If then David calls him 'Lord', how can he be his son?" 46 No-one could say a word in reply, and from that day on no-one dared to ask him any more questions.

Sunday 10th July A Holy Dependance (Growing) John 15:1-11

- 15 "I am the true vine, and my Father is the gardener. 2 He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful.
- 3 You are already clean because of the word I have spoken to you. 4 Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.
- 5 "I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.
- 6 If anyone does not remain in me, he is like a branch that is thrown away and withers; such branches are picked up, thrown into the fire and burned.
- 7 If you remain in me and my words remain in you, ask whatever you wish, and it will be given you. 8 This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples.
- 9 "As the Father has loved me, so have I loved you. Now remain in my love. 10 If you obey my commands, you will remain in my love, just as I have obeyed my Father's commands and remain in his love.
- 11 I have told you this so that my joy may be in you and that your joy may be complete.

Sunday 17th July Jesus Sends Out the Seventy-Two (Sharing) Luke 10: 1-11, 16-20.

- 10 After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go.
- 2 He told them, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field. 3 Go! I am sending you out like lambs among wolves.
- 4 Do not take a purse or bag or sandals; and do not greet anyone on the road. 5 "When you enter a house, first say, 'Peace to this house.' 6 If a man of peace is there, your peace will rest on him;

if not, it will return to you.

7 Stay in that house, eating and drinking whatever they give you, for the worker deserves his wages. Do not move around from house to house. 8 "When you enter a town and are welcomed, eat what is set before you.

9 Heal the sick who are there and tell them, 'The kingdom of God is near you.' 10 But when you enter a town and are not welcomed, go into its streets and say,

11 'Even the dust of your town that sticks to our feet we wipe off against you. Yet be sure of this: The kingdom of God is near.'

16 "He who listens to you listens to me; he who rejects you rejects me; but he who rejects me rejects him who sent me." 17 The seventy-two returned with joy and said, "Lord, even the demons submit to us in your name."

18 He replied, "I saw Satan fall like lightning from heaven. 19 I have given you authority to trample on snakes and scorpions and to overcome all the power of the enemy; nothing will harm you.

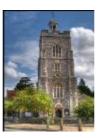
20 However, do not rejoice that the spirits submit to you, but rejoice that your names are written in heaven."



Theme for July Loving, Growing and Sharing.

Readings:

3rd July -The Greatest! (Loving)- Matthew 22:34-46
10th July -A Holy Dependance (Growing)- John 15:1-11
17th July -Jesus Sends Out the Seventy-Two (Sharing) Luke 10:1-11 & 16-20
24th July- Praying- Luke 11:1-13
31st July - Letting Go!- Luke 12;13-21



St. John's Services Update

Following the recent Government announcement of relaxation of some of the Covid measures, St. John's PCC reviewed, discussed and decided:

Front Doors- We are now using the main front doors as the weather is getting better.

Face Masks - This is now a personal choice. For those that wish to wear your mask you may prefer to sit at the back in the last rows, to help you feel more comfortable around those singing without a mask. However, you are equally free to sit anywhere you would like.

We will still have face masks available for those that wish to take them. We ask that you continue to be mindful to others.

Space - After a review on Wednesday 6th April We are trialling different ways for Holy Communion so that we can make full use of the church pews.

Zoom- Will continue.

Testing prior to attending church- Not now needed however if you feel unwell then please stay home, you may wish to test if you have any of the coronavirus symptoms and connect via zoom. **Refreshments** - This is now up and running. For this to continue we really need more people to sign up for volunteering please see Nikki or Alan if you can help in anyway.



Eco Friendly Summer Holiday

School is almost out which means lots of fun family days out. Summer is a great time to get creative and find exciting activities whilst reducing your carbon footprint and getting your kids engaged in nature.

Here is a quick list of ideas of how you can make the most of the summer holiday's in an environmentally friendly way:

Beach Clean Up

Double up a fun trip to the beach (ideally travelled to by public transport) while educating about environmental issues and helping to improve the environment for humans and wildlife alike. You can take part in organised group events (Searching online) or organise your own. By simply spending some time cleaning up as a family or a group, ensuring that you come prepared, before or after your time spent playing on the beach. All you'll need are gloves, litter pickers and bin bags.

If you are not visiting a Beach perhaps you could take your friends and family to a nearby park, woodland area or river.

You could also create your own nature trail by seeing how many insects, animals or birds the children/adults can find.

Upcycling Arts and Crafts

Upcycling is great fun for the kids and perfect for art projects and games.

The aim is to turn old things into something new and better. There are plenty of ideas out there online to take inspiration from, but here are a few ideas:

- Giving plain or old photo frames new life with shells (collected on your beach clean) / paint / old buttons/use flowers or leaves collected.
- Going through the recycling bin is a great way to get creative with some paint to create trains / giraffes / binoculars or even marble runs with toilet paper roll or turning egg cartons into helicopters / animal noses or plant pots for seedlings
- · Weaving patterns with old magazine strips
- Indoor bowling with plastic bottles or outdoor with tin cans you can even paint them for added fun. Get inventive with what you have for easy, cheap and creative activities.

Cycle Rides or Walking around your local area

Whether you have your own bikes or hire them for the day, cycling is an easy family activity that helps you to explore natural areas and towns in an environmentally friendly way.

Cycling and walking have no carbon emissions associated with them but they are also great for improving health and well-being and most importantly are good fun for the entire family!

Visit a Nature Reserve

Plan an exploration party to a nature reserve!

There are plenty of nature reserves with amazing plants, insects and animals waiting to be discovered. Many even have additional facilities to keep children entertained with great visiting centres, kits for self guided activities, play areas and events to help you engage as much as possible with the environment.

Check online for your nearby sites and for any upcoming events.

You can even go for a last minute mini break in or nearby the reserves. The <u>National Trust</u> in the UK has their own tool to help with this, with special offers for last minute bookings.

Pick Your Own

Berries are in season so why not go on a family berry picking trip.

If you know your berries (make sure you really know your berries) then you can pick them for free from your nearest woodland or alternatively you can go for a local berry picking farm.

There are lots of different types of berries to pick from so you can mix up your pickings to experiment with what is everyone's favourite.

Check online for berry picking farms near year (and see if you can get there by bike or public transport) for a fun and sustainable day out. Copas Farm in Iver is great and well worth a visit for seasonal Fruit and Veg. https://www.thefruitfields.co.uk/

Garden Projects

Your garden is a wildlife adventure waiting to be discovered.

Again there are so many different ways that you can create fun, educational and engaging projects (whilst also helping to support wildlife) in the garden, but here is a quick list of suggestions:

- · Make a bee hotel with leftover cardboard and sticks or wood
- · Create a mini pond
- · Make a bird feeder using cardboard or old plastic bottles
- Make the garden hedgehog friendly / make a hedgehog hotel.
- Plant lavender to harvest to make homemade perfumes.
- · Grow your own vegetables.
- Take part in the Big Butterfly Count
- · Plant bee friendly plants
- · Make a bird house
- Make daisy chains / make art with leaves / decorate rocks to place round the garden

Other Useful Tips

- · Take lots of water with you in reusable water bottles.
- Check out and support attractions with environmental incentives/programmes.
- · Check electrical appliances are switched off (and not standby) before you leave the house
- · Refuse single use plastic when out and about
- Always try to use public transport where possible



Busy Mum

Cherishing Memories
With everlasting memories,
No one can take from me.
I'll slowly move along
As life's challenges fill the day.
Some say There's nothing to do!
Others claim There's too much to do!

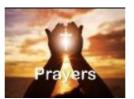
So,

I won't do the cleaning I won't do the ironing I won't polish the silver Nor work in my garden.

I'll bake a cake
Put on my party dress
And dance around and about.
Then I'll sit down with my cherished
.....memories
of England's green and pleasant
.....land. *

*from Blake's Jerusalem

This poem was sent in by Judith Cook. It's by Mary Emery, an English lady of 90 years young living in Grenoble- full of nostalgia for her childhood in England during the war.



Please include in your prayers;

The ongoing situation in the Ukraine. For all those in fear, suffering, injured, bereaved, displaced.

For Joyce Marshall

Please continue to pray for Joyce her faith is strong and she is asking for your prayers for her, for her husband Hughie and the family at this time.

For Carol Toombs

Please hold Carol in your thoughts and prayers.

For those getting Married at St John's: 8th July- Benjamin and Annmarie

For the friends and family of the late Sylvia Whiteside whose funeral is taking place at St. John's on Thursday 30th June at 11:30am





Coffee with a Copper!

Weekly Coffee with a Copper has restarted in the Borough. If you would like to find out more or your nearest location sign up for free to the Online Watch Link (OWL) https://www.owl.co.uk

There is an event happening on **Thursday 30th June** at **12noon Fassnidge Park- Rusty Bike**Cafe.

It's an opportunity to meet your local policing team raise any concerns or report anything suspicious.

Free Self Defence classes are also being offered at Simply Gym Uxbridge from 10:30-12:00 on Saturdays. To book a place email richard.ross@simplygym.net listing the date you wish to attend. The dates available are:

Saturday 9th July, 13th August, 3rd September, 8th October, 12th November and 10th December.

Voices in Accord

Conducted by Alison Elcoat
Present:

Melodies for MND

(A concert in aid of the Ann Payne MND Tribute Fund)
On Saturday 16th July 2022- 2:45pm
At North Hillingdon Methodist Church
260 Long Lane UB10 9PB
No tickets required but their will be a retiring collection for MND
Donations may also be made online please click the link https://ann-payness.pdf

payne.muchloved.com/fundraising/

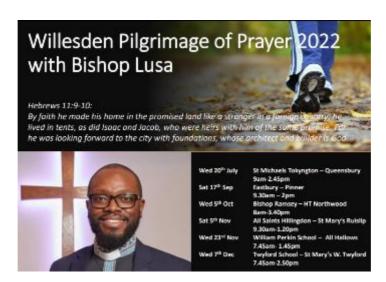


Please <u>click here</u> to see a PDF file of the latest copy of the Hillingdon People Magazine.

A reminder about the Hillingdon Restart Party from Friends of the Earth Hillingdon.

Taking place on Saturday 2nd July 12noon to 3pm at Ruislip Manor Library Linden Avenue HA4 8TW.

Admission is free Just bring along your broken small electrical or electronic items and they will do their best to help you repair them. Simple sewing repairs are available too. Details are also available in the above magazine.



Willesden Pilgrimage of Prayer 2022 with Bishop Lusa

Saturday 5th November 2022- Anyone is welcome to walk part or all of the route as a pilgrim. Members of each church along the way are invited to walk to the next church as part of the pilgrimage.

Each stop will be a maximum 25mins. 10 mins to meet and greet and hear about the parish and 10 mins for prayer together.



St Paul's Cathedral and Westminster Abbey Passes.

Just a gentle reminder that we do have free passes for St. Pauls Cathedral and Westminster Abbey if you are interested in attending please see Nikki.



Looking Ahead....

Sunday 3rd 10:30am Service in Church,

10:30am 12noon Service

Monday - 9:30am Churchyard Clearing, Private Prayer. 8pm Bellringing Practice, 8pm Mandolin Monday.

Tuesday- 9am Private Prayer, 12noon Jazz, 7:30pm Accordion Band.

Wednesday - 9:15am Nikki Office, 12noon Words and Music, 1pm Knitting Group.

Thursday- 9am Nikki Office, 9:30am Church hire, 12noon Jazz.

Friday - 9am Private Prayer, 1pm Wedding. **Saturday** - 11am- 4pm Music Tuition-Grundon Room.

Sunday 10th - 9am Service,10:30am Service.

Monday - 9:30am Churchyard Clearing,
Private Prayer, Heppelthwaite Engineers in
Heating, 11:30am Jazz 8pm Bellringing
Practice, 8pm Mandolin Monday.
Tuesday - 9:15am Private Prayer,
Heppelthwaite Engineers Heating, 12noon
Jazz, 7:30pm Accordion Band.

Wednesday - 9:15am Nikki Office. 12noon Words and Music, 1pm Knitting Group.

Thursday - 9:15am Nikki Office, 9:30am Church Hire, 12:30 Jazz.

Friday - 12noon Jazz.

Saturday - 11am -4pm Music Tuition-Grundon Room.

How to join the Sunday service from your landline/mobile (without Internet)

- Dial 020 3481 5237 or 020 3051 2874.
- Enter meeting ID Code 894 8145 2808 then the # key
- You will be asked to enter your participants' ID. Ignore this, and just press # key
- There is no password. If you are asked for one, then just press the # key.

CHEQUES

Payable to:

Hillingdon Parochial Church Council

St. John's Church

Royal Lane

Uxbridge

UB8 3QP

STANDING ORDER

Set up a Standing Order with your bank or building society using these details:

Barclays Bank, 142 High St,

Uxbridge, UB8 1JX

Sort Code: 208916

Account No: 20465615

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