

Service of Holy Communion to read at home.

Preparation

Peace to this place and all our homes.

This morning we join together in Holy Communion by sharing in this service both at home and here in church.

And so as we prepare ourselves we say:

**Almighty God, to whom all hearts are open,
all desires known, and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

A prayer for Mothers

We praise you, our God, for all mothers who have loved and laughed and laboured as they cared for their children.

Blessed be God for ever.

We praise you, our God, for all mothers who have wept in sorrow and joy for their children.

Blessed be God for ever.

We praise you, our God, for Jesus, born of a woman and nurtured in her love, and for Mary, a reminder of your patient, waiting love.

Blessed be God for ever.

Saying Sorry

God shows his love for us

in that while we were still sinners, Christ died for us.

Let us then show our love for him
by confessing our sins in penitence and faith.

**Almighty God, our heavenly Father,
we have sinned against you
and against our neighbour
in thought and word and deed,
through negligence, through weakness,
through our own deliberate fault.
We are truly sorry and repent of all our sins
For the sake of your Son Jesus Christ,
who died for us, forgive us all that is past,
and grant that we may serve you in newness of life
to the glory of your name. Amen.**

Almighty God, who forgives all who truly repent,
have mercy upon us, pardon and deliver us from all our sins, confirm
and strengthen us in all goodness, and keep us in life eternal; through
Jesus Christ our Lord. Amen.

A reading from the bible

Matthew 6:25-33 (NRSV)

Do Not Worry

*25 "Therefore I tell you, do not worry about your life, what you will eat or
what you will drink or about your body, what you will wear. Is not life more
than food, and the body more than clothing? 26 Look at the birds of the air;
they neither sow nor reap nor gather into barns, and yet your heavenly
Father feeds them. Are you not of more value than they? 27 And can any of
you by worrying add a single hour to your span of life? 28 And why do you
worry about clothing? Consider the lilies of the field, how they grow; they
neither toil nor spin, 29 yet I tell you, even Solomon in all his glory was not
clothed like one of these. 30 But if God so clothes the grass of the field, which*

is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? 31 Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ 32 For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. 33 But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

There is a sermon on the website for you to read based on this reading!

Prayers for those things on our hearts and for ourselves.

Lord Jesus Christ, you said to your disciples,
‘I am with you always’.

Be with me today, as I offer myself to you.
Hear my prayers for others and for myself,
and keep me in your care.

For the health and well-being of our nation,
that all who are fearful and anxious
may be at peace and free from worry:
Lord, hear us, **Lord, graciously hear us.**

For the isolated and housebound,
that we may be alert to their needs,
and care for them in their vulnerability:
Lord, hear us, **Lord, graciously hear us.**

For our homes and families,
our mothers and those who love us,
fill them with your love and peace:
Lord, hear us, **Lord, graciously hear us.**

For a blessing on our local community,
that our neighbourhoods may be places of trust and friendship,
where all are known and cared for:
Lord, hear us, **Lord, graciously hear us.**

We commend ourselves, and all for whom we pray,
to the mercy and protection of God.
Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ. Amen.**

The Peace

Christ is our peace. If anyone is in Christ, there is a new creation.
The old has passed away: behold, everything has become new.

The peace of the Lord be always with you
and also with you.

The Eucharist

On the night he was handed over, Jesus had a meal with his friends.
He took a loaf of bread and after giving thanks to God, he broke it and
gave it to his disciples. He said, "Take, eat; this is my body which is
given for you. Do this in remembrance of me."

After supper Jesus took the cup of wine; and after giving thanks, gave it
to them and said, "Drink this, all of you; this is my blood of the new
covenant which is shed for you and for many for the forgiveness of
sins. Whenever you drink it, remember me.

As our Father taught us so we pray
**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;**

**thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever. Amen.**

Giving of Communion

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

The minister receives communion.

After Communion

Let us pray:
God our Creator,
thank you for the gift of your son Jesus Christ,
whose love pursues us our whole life long.
Thank you Jesus,
for giving your life to us in word and deed,
even unto death, even death on a cross.
Come Holy Spirit, feed us with your love
that we may be filled with power to love God
with all our hearts and souls and minds. Amen.

Final prayer

Thank you God for the love of our mothers;
thank you God for their care and concern;
thank you God for the joys they have shared with us;
thank you God for the pains they have borne for us;
thank you God for all that they give us;
through Jesus Christ our Lord.
Amen.

As you pray this prayer of blessing think about all those you want to be blessed by it!

THE BLESSING

The Lord bless you and watch over you,
the Lord make his face shine upon you
and be gracious to you,
the Lord look kindly on you and give you peace;
and the blessing of God almighty,
Father, Son and Holy Spirit,
be with you, and with those you love, this day and always.
Amen.

Live this day in peace, as you love and serve the Lord.
In the name of Christ. Amen