

Dereham and District Team Ministry

The parishes of Dereham, Scarning, Swanton Morley, Beetley with East Bilney, Hoe, Shipdham and Bradenham

<http://derehamanddistrictteam.org.uk>

This Week in our Churches

Week beginning 18th February, 2024

First Sunday of Lent	18	8.00am	Holy Communion, Dereham	The Revd P Cubitt
		9.30am	All Age Worship, Dereham	The Revd P Cubitt
		9.30am	Parish Communion, Beetley	The Revd R Dines
		9.30am	Choral Matins, Bradenham	The Revd L Purnell
		11.15am	Morning Prayer, Scarning	The Revd L Purnell
		11.15am	Morning Praise, Shipdham	The Revd P Cubitt
		11.15am	Parish Communion, Swanton Morley	The Revd R Dines
		6.00pm	Compline, view via website	
Monday	19	9.30am	St Nicholas Outdoor Working Party	
		7.30pm	Bellringing Practice, Dereham	
		7.30pm	Shipdham Lent Course, The Rectory, Shipdham	
Tuesday	20	2.30pm	Bible Study, Church House	
Wednesday	21	9.00am	Shipdham Open Church	
		9.30am	Breckland Food Bus, Shipdham	
		10.00am	Holy Communion, Dereham	The Revd R Dines
		11.30am	Holy Communion, Shipdham	The Revd L Purnell
		7.00pm	Bell Ringing Practice, Scarning	
		7.30pm	Bell Ringing Practice, Shipdham	
Thursday	22	10.00am	Coffee, Cake and Company, Swanton Morley	
		2.00pm	Lent Course, Shipdham	
		7.00pm	Lent Course, Church House	
Friday	23	12.30pm	Lent Lunch, Church House	
		3.00pm	Lent Course, Swanton Morley Vicarage	
		7.30pm	Bell Ringing practice, Swanton Morley	
Saturday	24			
Second Sunday of Lent	25	8.00am	Holy Communion, Dereham	The Revd P Cubitt
		9.30am	Parish Communion, Dereham	The Revd P Cubitt
				Mr T Cross
		9.30am	Holy Communion (BCP), Bradenham	The Revd L Purnell
		9.30am	Parish Communion, Bilney	The Revd C Prouse
				Mrs L Crick
		9.30am	Parish Communion (BCP), Hoe	The Revd R Dines
		11.15am	Parish Communion (BCP), Scarning	The Revd P Cubitt
11.15am	Parish Communion, Shipdham	The Revd D Fotherby		
11.15am	Morning Prayer, Swanton Morley	The Revd R Dines		
6.30pm	Evening Worship, Quebec Hall	The Revd P Cubitt		

News for the Pews

Please beware of phishing emails purporting to come from the Rector. If they appear suspicious delete them. He has not been hacked.

The **Dereham Bible study** course is held each Tuesday in the church rooms from 2.30 to 4pm. All are welcome. Any queries please contact Tom on 01362 858612 or tomjcross@hotmail.com.

Lent Course

Please pick up a flyer about the Lent course running in our benefice. It is not too late to join one of the courses, just turn up. Do talk to one of the clergy if you'd like more information

The Real Easter Egg - Easter is early this year and it is time to order these delicious fairtrade eggs which are the only Easter eggs to actually tell the Easter story. I am ordering in bulk and if I get enough orders I will be able to have free delivery and the price will be held at £4.50 (usual price £4.90) each for the regular milk chocolate egg. Please let me know if you would like to order any eggs – sign up on the sheet at the back of St Nicholas or phone 695503 or email to kate@mandolin.myzen.co.uk There is a selection of eggs on the Meaningful Chocolate Company's website <https://meaningfulchocolate.co.uk/collections/real-easter-egg> Deadline for orders at £4.50 is Monday 19th February. Thank you, Kate Baldry

This year's **World Day of Prayer** will take place at the **Sacred Heart R.C. Church in Dereham** on **Friday March 1st at 2pm**. It will be an opportunity to pray with, and for, the Christian women of Palestine who have prepared the service and whose lives are now being torn apart by war.

Scarning Coffee Morning, 2nd March, 10-12 noon in the village hall. Please come along for a cuppa, a celebrated bacon buttie or a delicious cake. If you would like more details, or could help with a raffle prize or cake. Please contact Tricia on 01362 687082 pforeman4@sky.com

St. Nicholas Lent Lunches 2024

Friday February 23rd : Friday March 1st : Friday March 8th : Friday March 15th
All lunches will be held in Church House. Time: 12noon for 12.30pm. The last lunch will be a cafe church communion service led by a member of the clergy. Please get a free ticket from Sue or Beverley to help us with numbers for catering, all welcome!

Safeguarding at St Nicholas

There has been a change of Parish Safeguarding Officer in Dereham. The person to contact if you have any safeguarding concerns is now Tracy Lea (01362 853945), or email stnicholasderehamsafeguarding@gmail.com

Easter Lilies at St Nicholas: If you would like to contribute towards the cost of a lily in memory of a loved one, to be placed in church as part of our Easter decorations, please put £4 per lily in an envelope clearly marked EASTER LILIES, and giving your name and the name of the person to be remembered, and hand to a churchwarden or place in the letterbox of Church House by TUESDAY 12th MARCH.

Confirmation - The Bishop will be returning to the Benefice to conduct a service of Confirmation on Trinity Sunday (26th May 2024). We will be having 6 confirmation classes before the service. If you are interested in finding out more, please do talk to Rev Paul, Rev Rachael or Rev Laura.

St Nicholas' Church's Annual Parochial Church Meeting (APCM) will be on Sunday April 28th this year after the 09.30am service, as usual. Please put the date in your diary and make every effort to support the PCC as we share the year's highlights and successes from 2023. There will be an opportunity to ask questions and to volunteer to serve on the PCC or for any of the offices that are vacant. We especially need a Church Secretary.

If you are not on the Church's Electoral Roll and would like to join the membership roll, please talk to the Churchwardens or Lynn Hearn for a form. Thank you, Lynn

Fellowship Committee Coach trip – We will be going to Springfield in Spalding to see the beautiful spring flowers in the gardens and fields and also the shopping outlet. This will be on Friday May 3rd, leaving at 9am and returning at 4.30pm from Dereham. We hope you will join us, please fill in the form at the back of your church and return to Melva Brunning or the church office.

Recently departed: Pamela Holland, Pamela Silman, Peter Woodcock, June Pye and Edna Budd
Those on the anniversary of their death: Karl Stearman and Marjorie Burton.

For our prayers: Sylvia Blacker, Jean Fairweather, Keith Otty, Doug Speed, Ong Song, Joan Gibson, Chris Bush, Ann Betts, Jo Pye, Pat & Brian Ogden, Alan Barrett, Peter Hunt, David Williams, Baby Forrest.

Psalm 25.1-9

- 1 To you, O Lord, I lift up my soul;
O my God, in you I trust;
let me not be put to shame;
let not my enemies triumph over me.
- 2 Let none who look to you be put to shame,
but let the treacherous be shamed and frustrated.
- 3 Make me to know your ways, O Lord,
and teach me your paths.
- 4 Lead me in your truth and teach me,
for you are the God of my salvation;
for you have I hoped all the day long.
- 5 Remember, Lord, your compassion and love,
for they are from everlasting.
- 6 Remember not the sins of my youth
or my transgressions,
but think on me in your goodness, O Lord,
according to your steadfast love.
- 7 Gracious and upright is the Lord;
therefore shall he teach sinners in the way.
- 8 He will guide the humble in doing right
and teach his way to the lowly.
- 9 All the paths of the Lord are mercy and truth

Today's Worship

Invitation to Confession

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.

Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

Collect

Almighty God,
whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are,
yet without sin;
give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord.

First Reading: 1 Peter 3.18-22

Psalm 25.1-9

Second Reading: Gospel Mark 1.9-15

Introductory sentence for the Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

Post Communion Prayer:

Lord God,
you have renewed us with the living bread from heaven;
by it you nourish our faith, increase our hope,
and strengthen our love:
teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth;
through Jesus Christ our Lord.

Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Our Clergy

Team Rector
The Rev'd Canon Paul Cubitt
tel 694107
rest day Monday

Team Vicar
The Rev'd Laura Purnell
tel 821249
rest day Friday

Team Vicar
The Rev'd Rachael Dines
tel 562034
07763 211901
rest day Monday

The Rev'd Doreen Fotherby
tel 821481

to those who keep his covenant and his testimonies.