

**MASS on the
FIRST SUNDAY OF LENT Year B
Sunday, 21st February 2021
10.30am**

Welcome to Mass today!

Use hand sanitiser on entrance and exit.

*Sit only where you see service papers.
Members of the same household may sit together.*

*Keep social distancing - 2m apart
and observe the seating and floor markings.*

A bell is rung and all STAND as the Priest approaches the altar with the ministers and venerates it.

Music may be played or a hymn sung by the Choir.

The Introductory Rites

Sign of the Cross

All make the Sign of the Cross as the Priest says:

✠ In the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

Greeting

The grace of our Lord Jesus Christ,
and the love of God,
and the communion of the Holy Spirit
be with you all.

And with your spirit.

The priest introduces the Mass and then invites the people to call to mind their sins:

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done

and in what I have failed to do,

And, striking their breast, they say:

**through my fault, through my fault,
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

The absolution is given by the priest:

May almighty God have mercy on us, forgive
us our sins, and bring us to everlasting life.

Amen.

Then is said:

Lord, have mercy. **Lord, have mercy.**
Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord, have mercy.**

Let us pray.

A short silence is kept.

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

SIT

The Liturgy of the Word

First Reading

Genesis 9:8-15

'There shall be no flood to destroy the earth again'

A reading from the book of Genesis.

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm

Psalm 24(25):4-6,7b-9

The Choir sings the psalm on behalf of the people.

Your ways, Lord, are faithfulness and love for those who keep your covenant.

Lord, make me know your ways.

Lord, teach me your paths.

Make me walk in your truth, and teach me: for you are God my saviour.

Remember your mercy, Lord,
and the love you have shown from of old.
In your love remember me,
because of your goodness, O Lord.

The Lord is good and upright.
He shows the path to those who stray,
He guides the humble in the right path,
He teaches his way to the poor.

Second Reading

1 Peter 3:18-22

The water on which the Ark floated is a type of the baptism which saves you now

A reading from the first letter of St Peter.

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

The word of the Lord.

Thanks be to God.

STAND

Gospel Acclamation

Matthew 4:4

The Priest says:

Praise to you, O Christ,
king of eternal glory!

**Praise to you, O Christ,
king of eternal glory!**

Man does not live on bread alone,
but on every word that comes
from the mouth of God.

**Praise to you, O Christ,
king of eternal glory!**

The Lord be with you.

And with your spirit.

✠ A reading from the holy Gospel according
to Mark. **Glory to you, O Lord.**

Gospel

Mark 1:12-15

*Jesus was tempted by Satan,
and the angels looked after him*

The Spirit drove Jesus out into the
wilderness and he remained there for forty
days, and was tempted by Satan. He was
with the wild beasts, and the angels looked
after him.

After John had been arrested, Jesus went
into Galilee. There he proclaimed the Good
News from God. 'The time has come' he said
'and the kingdom of God is close at hand.
Repent, and believe the Good News.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

After the introduction, SIT.

*At the end of the homily a brief silence is kept for
recollection.*

The Profession of Faith

The Nicene ("Niceno-Constantinopolitan") Creed

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

At the words that follow, all bow their head:

**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit,
the Lord, the giver of life, who proceeds
from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism
for the forgiveness of sins
and I look forward
to the resurrection of the dead
and the life of the world to come.
Amen.**

The Prayer of the Faithful

The priest introduces the prayers.

The response to the prayers is either:

Lord, hear us. or Lord, in your mercy.
Lord, graciously hear us. Hear our prayer.

The following may be included:

✠ Rest eternal grant unto them, O Lord,
**And let light perpetual shine upon them.
May they rest in peace and rise in glory.**

When bidden, the people say: **Hail Mary, full of
grace, the Lord is with thee, blessed art
thou among women and blessed is the
fruit of thy womb, Jesus. Holy Mary,
Mother of God, pray for us sinners now
and the hour of our death. Amen.**

*The priest then concludes the Prayer of the Faithful
with a collect to which all reply:* **Amen.**

The Liturgy of the Eucharist

The Offertory

Sit as the gifts of bread are placed on the Altar.

Music may be played or a hymn sung by the Choir.

*The collection basket will not be passed around.
Please place your offering in the baskets either side
of the Chancel Gate when you come for
communion or after the Mass.*

STAND as the Priest turns to say:

Pray, my brothers and sisters, that my
sacrifice and yours may be acceptable to
God, the almighty Father.

**May the Lord accept the sacrifice at your
hands for the praise and glory of his
name, for our good and the good of all his
holy Church.**

Prayer over the Offerings

Give us the right dispositions, O Lord, we
pray, to make these offerings, for with them
we celebrate the beginning of this venerable
and sacred time. Through Christ our Lord.
Amen.

The Eucharistic Prayer

The Lord be with you.
And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

*The Priest continues with the Preface, praising
God, and then all acclaim:*

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.**

The priest continues the Eucharistic Prayer.

*At the elevation of the Host and the Chalice, the
people acclaim:* **My Lord and my God.**

After the words of Consecration the priest says:
The mystery of faith:

**We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

*At the conclusion of the Eucharistic Prayer the
people say: **Amen.***

The Communion Rite

The Lord's Prayer

At the Saviour's command
and formed by divine teaching,
we dare to pray:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days, that, by
the help of your mercy, we may be always
free from sin and safe from all distress, as we
await the blessed hope and the coming of
our Saviour, Jesus Christ.

**For the kingdom, the power and the glory
are yours now and for ever.**

Lord Jesus Christ, who said to your Apostles:
Peace I leave you, my peace I give you, look
not on our sins, but on the faith of your
Church, and graciously grant her peace and
unity in accordance with your will. Who live
and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.
And with your spirit.

*Please share the peace by simply turning to your
neighbours and greeting them verbally from your
places. Please refrain from any physical contact
and from moving around the Church.*

Breaking of the Bread

Then is said:

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, grant us peace.**

Invitation to Communion

Behold the Lamb of God, behold him who
takes away the sins of the world. Blessed
are those called to the supper of the Lamb.

**Lord, I am not worthy that you should
enter under my roof, but only say the
word and my soul shall be healed.**

The priest receives communion and then says:

Communion Antiphon

cf. Psalm 90:4

The Lord will conceal you with his pinions,
and under his wings you will trust.

*A bell is rung and the people receive communion at
the direction of the Stewards.*

*Everyone is invited to come to the Altar: if you are a
Communicant member of a Christian denomination
that subscribes to the doctrine of the Holy Trinity
you are welcome to make communion provided that
your denomination permits it.*

*Communion will be offered in one kind: the Sacred
Host, standing at the Chancel Gate.
Please be aware of social distancing while waiting
to approach the Priest.*

Blessing

*Should you seek a blessing, the priest will speak the words over you with his hand held out in blessing.
Please return to your seats moving to the left or right aisles.*

If you are not making your communion please come to the Priest, carrying this service booklet, and bow your head for a blessing.

During Communion the Choir sings an anthem and music is played or a hymn sung by the Choir.

Silence is then kept for reflection.

Prayer after Communion

Let us pray.

STAND

Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray, O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth. Through Christ our Lord. **Amen.**

The Concluding Rites

SIT for the notices.

Prayer over the People

May bountiful blessing, O Lord, we pray, come down upon your people, that hope may grow in tribulation, virtue be strengthened in temptation, and eternal redemption be assured. Through Christ our Lord. **Amen.**

The Lord be with you.
And with your spirit.

May almighty God bless you,
the Father, and the Son,
✠ and the Holy Spirit.
Amen.

Dismissal

Go forth, the Mass is ended.
Thanks be to God.

Remain standing as the Priest and the ministers leave the Church. Music may be played or a hymn sung by the Choir.

Please take this service paper home with you - DO NOT leave it in your seat once it is used.

Due to current restrictions, we regret that there are no refreshments after Mass today.

Please feel free to greet people outside the Church building, observing social distancing.

FOR OUR PRAYERS THIS WEEK:

We pray for: Justin, Archbishop of Canterbury, Sarah, Bishop of London, Jonathan, Bishop of Fulham, Catherine, Archdeacon of Northolt, and Andrew Area Dean of Brent.

For the sick, amongst them: Ken Black, Annette Maynard, Andrea Minto, Elizabeth McLennen, Trevor Mills, Maria Molina, Karla Nathan, Peter Over, Emma Peryer, Anna Paul, Courtney & Leah Prince, Kay Wood and for all who have contracted Covid-19 and those caring for them

Continued prayers in their needs for: Norma & Sandra Leacock, Barbara Lynes, Eugene Malcolm, Thelma Martin, Ronald Mcleron, Connie Mengezeleli, Denise Mills, Bridgid Nzekwu, Alexandra Obah, Sunday Ogundere, Elizabeth Owusu, Dolores Payne, Margaret Patterson, Barbara Finlay, Cynthia

Pray for the recently departed: Charles Worger, Hallum Hall, Augustina Mensah, Captain Sir Tom Moore, Jeff Over, Eben Hamilton, Iain Young *priest*, John Rendell

For those whose anniversary of death occurs this week:

21st: Katharine Guthrie, Sam Johnson Paul (2015), Monica Holder (2019)

22nd: Horace Stokes (1965), Phona Barrow (2019)

24th: Alan Guthrie

25th: Sarah Norton (1937)

26th: Paula Munro (2019)

27th: Charlotte Armstrong (1938), Henry Guishard (2013)

Personal prayers for difficult times:

Let nothing disturb you,
Let nothing frighten you,
All things are passing away:
God never changes.

Patience obtains all things
Whoever has God lacks nothing;
God alone suffices.

St Teresa of Avila

O Blessed Jesus,
give me stillness of soul in You.
Let Your mighty calmness reign in me.
Rule me, O King of Gentleness, King of Peace.

St John of the Cross

Watch, O Lord, with those who wake, or watch, or weep tonight, and give your angels charge over those who sleep. Tend your sick ones, O Lord Christ. Rest your weary ones. Bless your dying ones. Soothe your suffering ones. Pity your afflicted ones. Shield your joyous ones. And for all your love's sake. Amen.

Attributed to St Augustine

Due to a personal bereavement,
it is not possible at the time of printing
to publish times of services for next week.

**Certainly Thursday's
9.30am Rosary & 10am Mass
will take place.**

Further information will be emailed in due course.