

The Parish of St. Andrew, Kingsbury
SUNG MASS on the THIRD SUNDAY OF LENT
Sunday, 3rd March 2024, 10.30am *Year B*

Welcome to Mass today!

Before the Mass: SPEAK TO GOD

During the Mass: LET GOD SPEAK TO YOU

After the Mass: SPEAK TO ONE ANOTHER

PLEASE ALSO SILENCE YOUR MOBILE PHONES

*A bell is rung and all **STAND** as the Priest approaches the altar with the ministers and venerates it. The ENTRANCE HYMN is sung:*

tune: Narenza (NEH 118)

1.

**Soldiers of Christ, arise,
And put your armour on,
Strong in the strength which God supplies
Through his eternal Son;**

2.

**Strong in the Lord of hosts,
And in his mighty power:
Who in the strength of Jesus trusts
Is more than conqueror.**

3.

**Stand then in his great might,
With all his strength endued;
But take, to arm you for the fight,
The panoply of God.**

4.

**Leave no unguarded place,
No weakness of the soul:
Take every virtue, every grace,
And fortify the whole.**

5.

**From strength to strength go on,
Wrestle and fight and pray;
Tread all the powers of darkness down
And win the well fought day.**

6.

**That, having all things done,
And all your conflicts passed,
Ye may o'ercome through Christ alone,
And stand entire at last.**

words Charles Wesley 1707-88 (NEH 449)

The Introductory Rites

Sign of the Cross

All make the Sign of the Cross as the Priest says:

**✠ In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen.**

Greeting

**Grace to you and peace
from God our Father
and the Lord Jesus Christ.
And with your spirit.**

The priest introduces the Mass and then invites the people to call to mind their sins:

**I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done
and in what I have failed to do,**

And, striking their breast, they say:

**through my fault, through my fault,
through my most grievous fault;**

**therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.**

The absolution is given by the Priest:

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

Amen.

Then is sung:

Lord, have mercy. **Lord, have mercy.**

Christ, have mercy. **Christ, have mercy.**

Lord, have mercy. **Lord, have mercy.**

The Collect of the Day

The Priest sings:

Let us pray.

A short silence is kept.

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen.**

SIT

The Liturgy of the Word

First Reading

Exodus 20:1-3,7-8,12-17 The Law given at Sinai

A reading from the book of Exodus.

God spoke all these words. He said, 'I am the Lord your God who brought you out of the land of Egypt, out of the house of slavery.

'You shall have no gods except me.

'You shall not utter the name of the Lord your God to misuse it, for the Lord will not leave unpunished the man who utters his name to misuse it.

'Honour your father and your mother so that you may have a long life in the land that the Lord your God has given to you.

'You shall not kill.

'You shall not commit adultery.

'You shall not steal.

'You shall not bear false witness against your neighbour.

'You shall not covet your neighbour's house. You shall not covet your neighbour's wife, or his servant, man or woman, or his ox, or his donkey, or anything that is his.'

The word of the Lord.

Thanks be to God.

Responsorial Psalm

*Psalm 18(19):8-11
(CRP Page 103)*

The choir sings the response and then all repeat:

R/. You, Lord, have the message of eternal life.

The law of the Lord is perfect, it revives the soul.

The rule of the Lord is to be trusted, it gives wisdom to the simple. **R/.**

The precepts of the Lord are right, they gladden the heart.

The command of the Lord is clear, it gives light to the eyes. **R/.**

The fear of the Lord is holy, abiding for ever.

The decrees of the Lord are truth and all of them just. **R/.**

They are more to be desired than gold, than the purest of gold and sweeter are they than honey, than honey from the comb. **R/.**

Second Reading

1 Corinthians 1:22-25

The crucified Christ, the power and wisdom of God

A reading from the first letter of St Paul to the Corinthians.

While the Jews demand miracles and the Greeks look for wisdom, here are we preaching a crucified Christ; to the Jews an obstacle that they cannot get over, to the pagans madness, but to those who have been called, whether they are Jews or Greeks, a Christ who is the power and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

The word of the Lord.

Thanks be to God.

STAND

Gospel Acclamation

John 11:25,26

Praise to you, O Christ,
king of eternal glory!

**Praise to you, O Christ,
king of eternal glory!**

I am the resurrection and the life,
says the Lord;

whoever believes in me will never die.

**Praise to you, O Christ,
king of eternal glory!**

Turn to face the priest as he sings:

The Lord be with you.

And with your spirit.

✠ A reading from the holy Gospel according to John. **Glory to you, O Lord.**

Gospel

John 2:13-25

Destroy this sanctuary and in three days I will raise it up

Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money-changers sitting at their counters there. Making a whip out of some cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money-changers' coins, knocked their tables over and said to the pigeon-sellers, 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up.' The Jews replied, 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words he had said. During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not trust himself to them; he never needed evidence about any man; he could tell what a man had in him.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

The Homily

After the introduction, SIT.

At the end of the homily a brief silence is kept for recollection.

The Profession of Faith

The Nicene ("Niceno-Constantinopolitan") Creed

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

At the words that follow, all bow their head:
**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified
under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit,
the Lord, the giver of life, who proceeds
from the Father and the Son,
who with the Father and the Son
is adored and glorified,
who has spoken through the prophets.**

**I believe in one, holy, catholic
and apostolic Church.
I confess one Baptism**

**for the forgiveness of sins
and I look forward
to the resurrection of the dead
and the life of the world to come. Amen.**

The Prayer of the Faithful

The Priest introduces the prayers.

The response to the prayers is either:

Lord, hear us. or Lord, in your mercy.
Lord, graciously hear us. Hear our prayer.

The following may be included:

**✠ Rest eternal grant unto them, O Lord,
And let light perpetual shine upon them.
May they rest in peace and rise in glory.**

When bidden, the people sing: **Hail Mary, full of
grace, the Lord is with thee, blessed art
thou among women and blessed is the
fruit of thy womb, Jesus. Holy Mary,
Mother of God, pray for us sinners now
and the hour of our death. Amen.**

*The Priest then concludes the Prayer of the Faithful
with a collect to which all reply:* **Amen.**

The Liturgy of the Eucharist

The Offertory

*REMAIN STANDING as the OFFERTORY HYMN is
sung, during which the gifts of bread and wine are
presented to the Priest and a collection is taken.*

tune: Michael (NEH 333)

1.

**All my hope on God is founded;
He doth still my trust renew,
Me through change
and chance he guideth,
Only good and only true.
God unknown,
He alone
Calls my heart to be his own.**

2.

Pride of man and earthly glory,
 Sword and crown betray his trust;
 What with care and toil he buildeth,
 Tower and temple fall to dust.
 But God's power,
 Hour by hour,
 Is my temple and my tower.

3.

God's great goodness aye endureth,
 Deep his wisdom, passing thought:
 Splendour, light and life attend him,
 Beauty springeth out of naught.
 Evermore
 From his store
 Newborn worlds rise and adore.

4.

Daily doth th'Almighty Giver
 Bounteous gifts on us bestow;
 His desire our soul delighteth,
 Pleasure leads us where we go.
 Love doth stand
 At his hand;
 Joy doth wait on his command.

5.

Still from man to God eternal
 Sacrifice of praise be done,
 High above all praises praising
 For the gift of Christ, his Son.
 Christ doth call
 One and all:
 Ye who follow shall not fall.

words: Robert Bridges 1844-1930

REMAIN STANDING as the Priest turns to say:

Pray, my brothers and sisters, that my
 sacrifice and yours may be acceptable to
 God, the almighty Father.

**May the Lord accept the sacrifice at your
 hands for the praise and glory of his
 name, for our good and the good of all his
 holy Church.**

Prayer over the Offerings

The Priest sings:

Be pleased, O Lord, with these sacrificial
 offerings, and grant that we who beseech
 pardon for our own sins, may take care to
 forgive our neighbour. Through Christ our
 Lord. **Amen.**

The Eucharistic Prayer

The Priest sings:

The Lord be with you.
And with your spirit.

Lift up your hearts.
We lift them up to the Lord.

Let us give thanks to the Lord our God.
It is right and just.

*The Priest continues with the Preface, praising
 God, and then all sing:*

**Holy, Holy, Holy Lord God of hosts.
 Heaven and earth are full of your glory.
 Hosanna in the highest.
 Blessed is he who comes
 in the name of the Lord.
 Hosanna in the highest.**

The Priest continues the Eucharistic Prayer.

*At the elevation of the Host and the Chalice, the
 people acclaim: **My Lord and my God.***

After the words of Consecration, the Priest sings:

The mystery of faith:
**We proclaim your Death, O Lord,
 and profess your Resurrection
 until you come again.**

*At the conclusion of the Eucharistic Prayer the
 people sing: **Amen.***

The Communion Rite

The Lord's Prayer

The Priest sings:

At the Saviour's command and formed by divine teaching, we dare to pray:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are yours now and for ever.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. **Amen.**

The Priest says:

The peace of the Lord be with you always.
And with your spirit.

Let us offer each other the sign of peace.

Please share the peace by simply turning to your neighbours and waving a greeting.

Breaking of the Bread

Then is sung:

Lamb of God, **you take away the sins of the world, have mercy on us.**

Lamb of God, **you take away the sins of the world, have mercy on us.**

Lamb of God, **you take away the sins of the world, grant us peace.**

Invitation to Communion

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

The Priest receives communion and then says:

Communion Antiphon

The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

A bell is rung and the people receive communion at the direction of the Stewards.

Communion will be offered kneeling at the Altar rail.

Inform the Priest if you require a gluten free wafer.

The Chalice is available for those who wish to receive from it.

If you are not making your communion please come to the Priest, carrying this service booklet, and bow your head for a blessing.

Please return to your seats through the left or right chapels.

During Communion, the Choir sings an anthem and then the COMMUNION HYMN is sung:

tune: Repton (NEH 353)

1.

Dear Lord and Father of mankind,
Forgive our foolish ways
Re-clothe us in our rightful mind,
In purer lives thy service find,
In deeper reverence praise.

2.

In simple trust like theirs who heard,
Beside the Syrian sea,
The gracious calling of the Lord,
Let us, like them, without a word
Rise up and follow thee.

3

O Sabbath rest by Galilee!
O calm of hills above,
Where Jesus knelt to share with thee
The silence of eternity,
Interpreted by love!

4.

Drop thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of thy peace.

5.

Breathe through the heats of our desire
Thy coolness and thy balm;
Let sense be dumb, let flesh retire;
Speak through the earthquake wind and
O still small voice of calm! (fire,

words: John. G. Whittier 1807-92

Silence is then kept for reflection.

Prayer after Communion

The Priest sings:

Let us pray.

STAND

As we receive the pledge of things yet hidden in heaven and are nourished while still on earth with the Bread that comes from on high, we humbly entreat you, O Lord, that what is being brought about in us in mystery may come to true completion. Through Christ our Lord. **Amen.**

The Concluding Rites

SIT for the notices.

Blessing

The Lord be with you.
And with your spirit.

Direct, O Lord, we pray, the hearts of your faithful, and in your kindness grant your servants this grace: that, abiding in the love of you and their neighbour, they may fulfil the whole of your commands. Through Christ our Lord. **Amen.**

May almighty God bless you,
the Father, and the Son,
✠ and the Holy Spirit. **Amen.**

Dismissal

Go forth, the Mass is ended.
Thanks be to God.

Ave Regina Cælorum

tune: Aberystwyth (NEH 383ii)

Hail, O Queen of Heaven enthroned.
Hail, by angels mistress owned.
Root of Jesse, Gate of Morn
Whence the world's true light was born:
Glorious Virgin, Joy to thee,
Loveliest whom in heaven they see;
Fairest thou, where all are fair,
Plead with Christ our souls to spare.

Vouchsafe that I may praise thee,
O sacred Virgin.

Give me strength against thine enemies.

Let us pray: We beseech thee, O Lord,
mercifully to assist our infirmity: that like as
we do now commemorate Blessed Mary
Ever-Virgin, Mother of God; so by the help of
her intercession we may die to our former
sins and rise again to newness of life;
through Christ our Lord. **Amen.**

The FINAL HYMN is sung:

tune: Abridge (NEH 64)

1.

**Be thou my guardian and my guide,
And hear me when I call;
Let not my slippery footsteps slide,
And hold me lest I fall.**

2.

**The world, the flesh, and Satan dwell
Around the path I tread;
O, save me from the snares of hell,
Thou quickener of the dead.**

3.

**And if I tempted am to sin,
And outward things are strong,
Do thou, O Lord, keep watch within,
And save my soul from wrong**

4.

**Still let me ever watch and pray,
And feel that I am frail;
That if the tempter cross my way,
Yet he may not prevail.**

words: Isaac Williams 1802-65



*Please stay for refreshments
after Mass today*

*Do leave a 50p donation
IF YOU ARE ABLE*

NOTICES THIS WEEK:

THIS EVENING



St Mary-at-Kenton

Missa Cantata
VOTIVE MASS OF THE HOLY CROSS
sung by the Willan Singers

Missa brevis in a minor
Claudio Casciolini (1697–1760)

Sunday, 3rd of March, 2024
Six o'clock in the evening

THURSDAYS IN LENT

Lent Study Course III: Thursday, 7th March – 7.30pm Mass, refreshments and Study in St. Matthew's, Willesden – Fr Chris on The Eucharist.

FRIDAYS IN LENT

Stations of the Cross on each Friday in Lent at 7pm.

CHARITY OF THE MONTH

Traditionally in Lent, we collect for the Bishop of London's Lent Appeal. However, there isn't one this year! So we are collecting for Friends of the Holy Land – Bring hope and healing on the journey to Easter: the crisis continues. In Gaza, 820 people are living in two churches, sheltering from bombs. In the West Bank, 80% of Christians have lost all their income.

During these days of Lent, we invite you to support our friends in the Holy Land. They need you now more than ever.

In January we raised £159.64 for the Bishop of Willesden's Mission Fund (the PCC will add £404.36 making a donation of 1% of our Common Fundy contribution).

In February it was £221.86 for Guide Dogs for the Blind. Thank you!

FOOD BANK

Please continue to remember the food bank when you shop. Everything welcome!

NEXT SUNDAY

We will be 'in the pink' and celebrating our mothers with the blessing and distribution of flowers.

EASTER FLOWERS

Donations and names of loved ones can be given to Fr Jason please.



++++++ STATIONS OF THE CROSS ++++++

Stations of the Cross became popular in Europe, during the Middle Ages. They told the story of Christ's suffering and death to a population who were mainly illiterate. Wealthy Christians would travel to the Holy Land and visit the sites associated with Jesus. But the vast majority of people could not afford this. So the tradition grew that during the 40 days (of Lent), leading up to Christ's death, Christians would follow the events via the Stations of the Cross. They would start at the first "station"; kneel or genuflect and say 'By your holy Cross, you have redeemed the world'; pause for reflection, have a reading from Scripture, meditate briefly, say prayers, and then move on to the next one.

Quite often, stations of the Cross would be outdoors, or on hillsides at places of pilgrimage (such as in Walsingham and Lourdes). The faithful, not able to go to the Holy Land, could make a pilgrimage close to home, walking from station to station. Nowadays they are usually held on Fridays (the day it is believed Christ died) especially in Lent, the six weeks leading to Christ's death and Resurrection.

St Andrews Stations of the Cross



Round the walls of St Andrews are 14 bronze plaques, evenly spaced from each other, showing the last day of Jesus' life. They are called the Stations of the Cross. They start with him being condemned to death, then outline the steps after his condemnation to death, taking up his Cross, falling several times, being stripped of his garments, nailed to the Cross, taken down from the Cross, and laid in the tomb. to his death and burial.

I The bronze plaques in St Andrews, running from the east of the north aisle to the other side of the church, are the most recent additions to St Andrews interior. They were specially commissioned and made by a studio in Italy in 2011. Money to pay for them was raised by members of the congregation in memory of family and friends.

Mary Vávra 2023

We adore you, O Christ, and we bless you,
because by your holy cross you have redeemed the world.

FOR OUR PRAYERS THIS WEEK:



We pray for: Justin, Archbishop of Canterbury, Sarah, Bishop of London, Jonathan, Bishop of Fulham, Catherine, Archdeacon of Northolt, and Sophie & James, Area Deans of Brent.

For the sick, amongst them: Sarah Adjirackor, Henrietta Arah, Oliver Barrow, Ken Black, Wendy Barrett, Everton Barton, Pauline Bent, Lawrance Bigmall, David Brathwaite, Desiree Briscoe-McLeary, Angela Buncombe, Susan Currie, Sylvia Cox, Alan Deacon, Kian Donovan, Eleanor Dove, Olive Fearon

Continued prayers in their need for: Estelle Gossage, Mary Vávra, Nicholina Addo, Ibrahim Amankwah, Cherrittah Beata, Delphine Benjamin, Paula & Simon Bento, Fr Paul Bigmore, Pat & Cedric Best, Patience and Sandra and Rihanna Boateng, Pat Callender, Shelika Campbell, Auldeen Charles, Tariq Disu, Robinson Egbon

Pray for the recently departed: Inacin Rodriguez-Lukhezo, John Waller, Jim Litchfield, Brenda Kerr, Leo Albert, Roney Pilgrim, Joan Catwell

For those whose anniversary of death occurs this week:

3rd: Bernard Jenkyn (1959), Roy Seon (1986)

4th: Eileen Jarvis (1979), Frank Oliver (1996), Lola McKenzie (2011), Hazel Ball (2013), Nellie Wood (2020)

6th: Florence Allen (1985), Anne Griffiths (2017)

7th: Barrie Moss *priest and onetime assistant curate at St. Andrew's* (1995)

8th: Annie Chambers (1966) Robert Chee Yeu (2015), Yvonne Hossanah (2017)

9th: Rosalyn Blackwood (2013), John Wellington (2020)

Prayers for the week:

Eternal God,
give us insight
to discern your will for us,
to give up what harms us,
and to seek the perfection we are promised
in Jesus Christ our Lord. Amen.

Grant us, Lord, the penitence of the publican who dared not raise his eyes to heaven, the desire of the prodigal who set out for home and the wisdom of the merchant who surrendered all to possess the kingdom. Amen.

Rabbula of Edessa (c. 350-435)

My eyes are always on the Lord,
for he rescues my feet from the snare.
Turn to me and have mercy on me, for I am alone and poor.
cf. Psalm 24:15-16

SERVICES & EVENTS THIS WEEK:

Monday, 4th March 2024

Gospel: Luke 4:24-30

Pray for: those with mental health issues

Residents of: Blackbird Hill,
Bowater Road, Braemar Avenue

Tuesday, 5th March

8.30am Morning Prayer

Gospel: Matthew 18:21-35

Pray for: Brent Council & our Councillors

Residents of: Bruno Place,
Buddings Circle, Cambridge Close

Wednesday, 6th March

8.30am Morning Prayer

11am Communion at Ogilvy Court

Gospel: Matthew 5:17-19

Pray for: victims or road traffic accidents

Residents of: Chalkhill Road,
Chalklands, Chesham Street

Thursday, 7th March

8.30am Morning Prayer

9.30am Rosary

10am Mass

7.30pm Mass & Lent Course

in St Matthew's, Willesden

Gospel: Luke 11:14-23

Pray for: our neighbouring parishes

Residents of: Church Drive,
Church Lane, Claygate Court

Friday, 8th March

8.30am Morning Prayer

Church cleaning

**7pm Stations of the Cross
with Benediction**

Gospel: Mark 12:28-34

Pray for: local Church Schools

Residents of: Coombe Road,
Cherrylands Close, Daisy Close,
Deanscroft Avenue

Saturday, 9th March

8.30am Morning Prayer

Gospel: Luke 18:9-14

Pray for: the NHS

Residents of: Demeta Close,
Dimsdale Drive, Doreen Avenue

Sunday, 10th March

THE FOURTH SUNDAY OF LENT

Laetare Sunday – Mothering Sunday

9.45am Morning Prayer

10.30am Sung Mass

Gospel: John 3:14-21

Pray for: for our Mothers, living & departed

Residents of: Dors Close,
Dugolly Avenue, Dunster Drive