Nineteenth Sunday after Trinity, 15th October 2023

in the Rutland Water Benefice



Worship this Sunday in church:

9.30am Breakfast Church North Luffenham

11.00am Benefice Holy Communion Edith Weston

Breakfast Church is an informal service for all ages, with breakfast, held in the Community Centre at the school next to the church.

The Church of England regular Sunday online worship is at

https://www.churchofengland.org/news-and-media/ church-online

Let us pray . . .

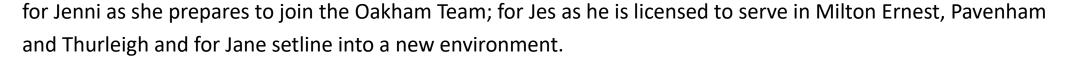
for our Government & County Councillors, for integrity in public life here and abroad.

for a just peace for Israelis and Palestinians, in Ukraine, Nagorno-Karabakh and Afghanistan.

for all who are sick and all who treat and care for them + for the people of Israel and Gaza as the conflict seems to be escalating.

for our churchwardens, PCC treasurers and secretaries and everyone who gives time, energy and financial resources to the church and our village communities.

for Bishop Debbie, her husband Paul and all preparing to welcome them to this Diocese.



for our Benefice and continuing church life here, supported by Rev'd Jo Saunders and also Canon Vyv Wainwright (a Lay Reader from Oakham).

for pupils and staff at the schools in North Luffenham, Empingham and Edith Weston, giving thanks for being able to lead worship/assemblies.

for couples who have been married in the Benefice (Laurie & Ellie, Calum & Claudia, Mollie & Rhys, Tane & Kelly, Peter & Kate) and for Leigh & Debbie to be married next weekend.

for all recently bereaved including those who mourn for Rev Leo Osborn (previously Methodist minister in Empingham), Ailie Isle and Barry Harwin.





Bishop of Peterborough announcement

The next Bishop of Peterborough will be the Right Reverend Debbie Sellin

Downing Street has announced today. Bishop Debbie, currently Bishop of Southampton,

will be installed at a service in Peterborough Cathedral in early 2024.



'The role of Diocesan Bishop is not completely new to Bishop Debbie who has been the acting Bishop of Winchester following the retirement of Bishop Tim Dakin in February 2022.

One of Bishop Debbie's priorities has been to encourage parishes to thrive. In her current diocese there is a rich variety of landscapes from urban to very rural, coastal and the new forest and she is dedicated to helping parishes in all these different contexts be the best they can be; guiding them through vacancies, celebrating those who are flourishing and coming alongside those who would welcome additional support.'

Debbie is married to Paul, a Professor of Physics, and has two grown-up sons. In her rare downtime she enjoys cooking, reading and craft, spending time with family and taking coastal walks.

Everyone is welcome in the churches of the Rutland Water Benefice!

Children and young people, older people and everyone in between Single people, couples of all sorts and families . . .

Breakfast Church

9.30am on $3^{\rm rd}$ Sunday of each month at the Community Centre in North Luffenham



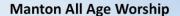






People of all ages are welcome
Come to enjoy a simple breakfast and learn about Christian faith
together.

In the summer months we often meet outside too . . .



9:30am on the 2nd Sunday of each month
Half hour interactive service led in parts by our
team of young leaders



Refreshments served afterwards

~ All are welcome ~









Activities

All Age Church

St Peter's, Empingham

on the 4th Sunday of each month at 9.30am

An informal service for all

EVERYONE WELCOME!







PRESENT

An Informal Concert

A TOUCH OF CLASS

With music from My Fair Lady, HMS Pinafore & Les Miserables

NEW DATE

RIDLINGTON CHURCH SATURDAY 14th OCTOBER at 7.30pm

Donations to Ridlington Church

This weekend!

Jes Salt writes:

Jes and Jane have moved to Milton Ernest near Bedford, where Jes is to be the Priest-in-Charge of Milton Ernest, Pavenham and Thurleigh.

Jes's licensing service is on 18th October at 7.30 at Milton Ernest. There are some spaces available so if anyone wishes to go and support Jes and Jane could you let them know.

Jes's email is jes.salt@btinternet.com



COFFEE AND CAKES

St Peter's Church

Every Wednesday 10.30 am - 12.00 noon

All welcome!



Activities alongside Coffee and Cake
Yarn adventures some weeks

Looking ahead: making Christmas
Wreaths 6th December
More details will follow





On Wednesday **Preston** residents were joined by members of the late **William Green's** family to bless a number of Oak saplings that have been planted in William's memory.

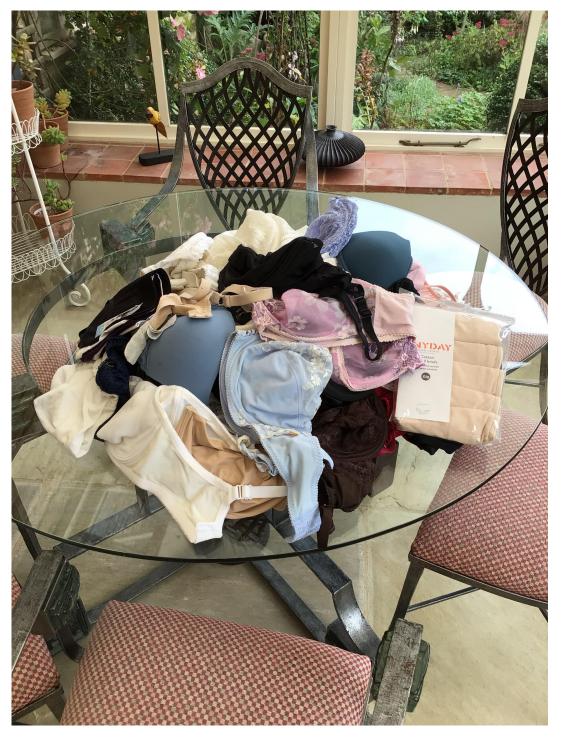
William was much loved resident of Preston and is remembered fondly. The saplings have been grown from acorns from a tree originally planted by William in the village, and now line the road going out of Preston towards Ridlington.











Ridlington says Pants to Poverty!

For the third year running Ridlington residents have gathered together lightly used bras and new pants and have sent them to Smalls For All, a charity based in Scotland which distributes the items in the UK and Africa to people in need.

More information is available on the charity's website

https://www.smallsforall.org

And if you wonder why do this, the Charity's website explains in three words: 'Because dignity matters'.

Empingham Harvest Supper



A lovely evening that raised over £1000 for the church. With many thanks to all involved.





Harvest in Lyndon







Baby Loss Awareness Service

Sunday 15th October, 6pm



This year we will be holding a special Baby Loss Awareness Service on Sunday October 15th.

We will also have a prayer station in the cathedral throughout Baby Loss.

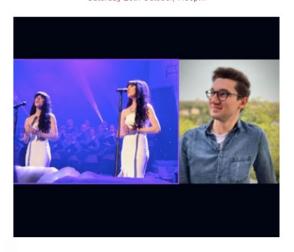
Awareness Week so that those who are unable to attend in person can still leave baby names to be remembered at the service.

The Cathedral will be illuminated in blue and pink for the week.

No booking is required and all are welcome.

Songs from Movies and Musicals

Saturday 28th October, 7.30pm



A magical concert of songs from movies and musical soundtracks sung by laomi and Hannah (Classical Reflection) and film composer Anthony White on rand piano. Includes songs from Disney's The Lion King, Gladiator, Lord of the Rings. Titanic and much more. Tickets £18 + booking fee.

Peterborough Cathedral events coming soon



Beckets TraditionalTearooms

Roast Dinner £13.95 Two Courses £16.95 Three Courses £19.95

Starters CHOOSE FROM

Sweet Potato, Tomato & Basil Soup with Herb Croutons

Creamy Garlic Mushrooms on Toasted Sourdough

Roast Dinner

Roast Topside of Beef with Yorkshire Pudding

Roast Loin of Pork with Crackling & Apple Sauce

Roasted VegetableStrudel with Tomato Sauce

Roast Potatoes, Roast Parsnips, Seasonal Vegetables & Gravy

Desserts

CHOOSE FROM

Fresh Fruit Crumble with Custard

3

Warm Chocolate Brownie with Vanilla Ice Cream & Chocolate Sauce

Bookings are essential please E mail:

bookings@becketstearooms.co.uk

NEW! Architecture Day

Friday & Saturday 27th/28th Oct. 10.15am



Learn. Discover. Create. is the new adult learning initiative which is part of our Education department here at Peterborough. It incorporates our history lectures and many other creative learning opportunities. This day is focussed on the fascinating architecture of the Cathedral at both ground and upper level. Includes a delicious buffet lunch.

Architecture Day Tickets



This free, family event will take you on a journey from darkness to light

Children will make bat hats and creepy cats before moving through a series of activities culminating in the creation of luminaries. This fun trail, around the Cathedral aims to encourage families to reflect upon the things that scare us and the people that give us hope.

This is a free event although donations to support the running costs are

Aimed at primary aged children but younger children welcome

Please pre-book by selecting timed entry here

What's On in October Oakham

Monday 2nd Tuesday 3rd

-Drop-in Session 17:30-19:30 - Drop-in Session 10:30-12:30 - Gardening 12:30-14:30

Wednesday 4th Thursday 5th

- Craft Café 15:00-17:00 (General Session)

- Drop-In Session 13:00-15:00

- Mindfulness and Meditation 15.10 - 16.10

Monday 9th Tuesday 10th -Drop-in Session 17:30-19:30 - Drop-in Session 10:30-12:30

Wednesday 11th - Craft Café 15:00-17:00 (Fabric Pumpkins)

Thursday 12th - Tai Chi 11.00-12.00

- Drop-In Session 13:00-15:00

Monday 16th Tuesday 17th - Drop-in Session 17:30-19:30 - Drop-in Session 10:30-12:30

- Gardening 12:30-14:30 (Apple Pressing) Wednesday 18th - Craft Café 15:00-17:00 (Paper Fish Collage)

Thursday 19th

- Drop-In Session 13:00-15:00

- Mindfulness and Meditation 15.10 - 16.10

Monday 23rd Tuesday 24th -Drop-in Session 17:30-19:30 - Drop-in Session 10:30-12:30

Wednesday 25th Thursday 26th

- Craft Café 15:00-17:00 (Halloween Crafts)

- Tai Chi 11.00-12.00

- Drop-In Session 13:00-15:00

Monday 30th Tuesday 31st

- Drop-In Session 17:30-19:30 - Drop-In Session 10:30-12:30

-Gardening 12:30-14:30

Welcoming and friendly sessions open to all adults, free of charge. Take a break and look after your mental health this month at Pepper's- A Safe Place.

Based at 2A High Street, Oakham, LEI5 6AL

www.peppersasafeplace.co.uk 07714503556

Rutland Foodbank 2022-23 — Headline Statistics

- In the last 12 months 776 emergency food parcels have been provided by Rutland Foodbank to people facing hardship.
- During 2022-23 the foodbank supported 264 households across Rutland by delivering 7-day food and toiletries parcels.
- Of concern, 413 of the parcels were provided to 150 households which included children.
- Nearly 20% of the parcels were provided to those in work but struggling to afford food.
- As part of the Trussell Trust Network the Rutland Foodbank is calling for a stronger social security system that ensures we can at least cover life's essentials, like food, heating, and clothes.
- New annual figures from the Trussell Trust show that almost 3 million (2,986,203) food parcels were given out across the UK network more than ever before.

New figures released by Rutland Foodbank have revealed that 776 emergency food parcels were provided to people facing hardship last year – with 413 of these going to households which included children.

The Rutland Foodbank has seen a 10% increase in the number of emergency food parcels distributed compared to last year. There was a 17% increase in the numbers fed compared with last year (2021-22).

2,123 children and adults were fed. The number of children fed (954) was up by 19% and adults (1,169) up by 16% compared with the previous year. This is the greatest number of people the Foodbank has ever provided food for.

We received 38,379 kg of donations from individuals, local charities, local community groups, our village donation boxes and local businesses. We distributed 35,315 kg to clients in 776 parcels.

Ingredients for 44,583 meals were distributed.

The levels of need were particularly acute in winter. January was the busiest ever month for the Foodbank since it opened, with 85 emergency food parcels prepared by volunteers.

Rutland Foodbank Wish-List Autumn / Harvest 2023



UHT milk (blue & green)
Tinned meats, pies, vegetables
Noodles, pot noodles, pasta, rice
Tins of rice pudding, custard and fruit
Crackers, crispbreads and cereal bars
Loo rolls, washing-up liquid, non-bio
washing pods/tablets
Shower gels, hand soap, shampoo,
deodorants, shaving foam, razors

Not Needed at the Moment



We are well stocked with soups, baked beans and tinned fish - please do not donate these at the moment

Please note we cannot accept alcohol, fresh, homemade, open or out of date foods



Registered Charity in England & Wales Number 1158460

07582 783363 or email us info@rutland.foodbank.org.uk

36 Melton Road, Oakham, LE15 6AY (next to Domino's Pizza) We are open to receive donations Mon-Fri 10.00 – 12.00

Ali Wainwright writes . . .

As you might guess we are busier than ever with 337 referrals since 1st April. This is an increase of 24% compared with the same period last year. Since 1st April we have provided ingredients for over 18,000 meals. Despite an anticipated and completely understandable drop in food & toiletry donations we are still able to pick & pack 7-day packs and continue our delivery service across the whole county. We are able to manage our stocks by buying in items we distribute regularly and which we find we short of from time to time. Fortunately, we have some very generous supporters who help fund this via regular giving. It would be remiss of me if I didn't acknowledge our amazing volunteers, supporters and donors who together are helping fellow Rutland residents who are struggling at this time. A wonderful community effort. **Thank you all!** As always, if you have any comments or questions please do get in touch.

	1st October Trinity 17	8 th October Trinity 18	15 th October Trinity 19	22 rd October Trinity 20	29 th October Trinity 21
Edith Weston	9.30am Harvest Holy Communion		11.00 am Benefice Holy Communion		
Empingham		9.30am Holy Communion		9.30am All Age Church*	
Lyndon	11.00am Holy Communion	9.30am Morning Prayer			
Manton		9.30am All Age Harvest		11.00am Holy Communion	11.00 am Benefice Holy Communion
North Luffen- ham	9.30am Holy Communion		9.30am Harvest Breakfast Church		
Pilton	11.00am Holy Communion				
Preston	11.00am Prayer & Praise	11.00am Harvest Holy Communion		5.00pm Evening Prayer	
Ridlington	6.00pm Harvest Festival	9.30am Holy Communion		9.30am Morning Prayer	
Whitwell		11.00am Holy Communion			
Wing	9.30am Morning Prayer	5pm Harvest Evensong		9.30am Holy Communion	

October 2023

*please note, All Age Church is returning to starting at 9.30am

November 2023

*Remembrance will also be marked on 11-11-23

11am Empingham
Cemetery War Memorial
11am Manton
churchyard

	5th November 4th Sunday before Advent	12th November Remembrance on 3rd Sunday before Advent	19th November 2nd Sunday before Advent	26th November Christ the King Sunday next before Advent
Edith Weston	9.30am Morning Prayer			12.30pm Baptism tbc Freddie & Finley Thorpe
Empingham		10.30am Remembrance *		9.30am All Age Church
Lyndon	9.30 am Holy Communion	9.30am Morning Prayer		
Manton		9.30am All Age Church		11.00am Holy Communion
North Luffenham		10.45am Remembrance	9.30am Breakfast Church	
Pilton	11.00 am Holy Communion			
Preston	11.00am Prayer & Praise	11.00 am Morning Prayer	11.00 am Benefice Holy Communion	
Ridlington	9.30am Morning Prayer	9.15am Holy Communion		9.30am Morning Prayer
Whitwell		joining Empingham's Remembrance service		
Wing	9.30am Morning Prayer	9.30am Morning Prayer		9.30am Holy Communion

Churchwardens and others:

your local source of information:

Edith Weston	(Judy Needham	01780 720609)
Empingham	John Haward	01780 460502
	John Archer	01780 460106
Lyndon	Jill Mayhew	01572 737594
	Lady Conant	01572 737275
Manton	anton Anne Cowan	
N Luffenham	Janet Whittaker	01780 721216
	Patrick Woods	01780 721872
Pilton	Libby Gilman	01780 720758
	Caroline McAlpine	01780 722007
Preston	(Kay Waterworth	01572 737339)
Ridlington	Debra Thatcher	01572 823910
Whitwell	Mary Bell	01780 450205
	Tony Godwin	07906 134316
Wing	Alice Hill	01572 737516
	David Wood	01572 737465

Keeping in touch

To join or leave the distribution list for this news + readings + other information from church, please email Pippa.

rectorrwb@gmail.com

Rutland Water Benefice YouTube Channel:

https://www.youtube.com/channel/UCJRdvpMtOyN3KXCjpwQO4-A

Or join the Rutland Water Benefice Facebook Group

The most recent **magazine** can be found online via the Benefice website.

You are welcome to call or email the clergy:

Pippa 01780 721286 rectorrwb@gmail.com

Jes 01780 460148 jes.salt@btinternet.com

Jenni 07507 442539 curate.rwb@gmail.com