

Eighteenth Sunday after Trinity, 8th October 2023

in the Rutland Water Benefice



Worship this Sunday in church

9.30am	Holy Communion	Empingham
9.30am	Morning Prayer	Lyndon
9.30am	All Age Harvest	Manton
9.30am	Holy Communion	Ridlington
11.00am	Harvest Communion	Preston
11.00am	Holy Communion	Whitwell
5.00pm	Harvest Evensong	Wing

The Church of England regular Sunday online worship
is at

[https://www.churchofengland.org/news-and-media/
church-online](https://www.churchofengland.org/news-and-media/church-online)

Bishop of Peterborough announcement

The next Bishop of Peterborough will be the Right Reverend Debbie Sellin
Downing Street has announced today. Bishop Debbie, currently Bishop of Southampton,
will be installed at a service in Peterborough Cathedral in early 2024.



‘The role of Diocesan Bishop is not completely new to Bishop Debbie who has been the acting Bishop of Winchester following the retirement of Bishop Tim Dakin in February 2022.

One of Bishop Debbie’s priorities has been to encourage parishes to thrive. In her current diocese there is a rich variety of landscapes from urban to very rural, coastal and the new forest and she is dedicated to helping parishes in all these different contexts be the best they can be; guiding them through vacancies, celebrating those who are flourishing and coming alongside those who would welcome additional support.’

The full announcement sent to clergy on Thursday morning is on the next page of this news.

Our new Bishop, part 2—the full text sent to clergy

Today (28 September), we welcome Bishop Debbie and her husband Paul to the Diocese starting at [William Law Primary School](#) where Chris Dalliston, Dean of Peterborough, will formally welcome her and she will lead a short harvest reflection. Following this Bishop Debbie will visit [Grange Park Church](#) in Northampton to see how Christians from different denominations have been working together to impact their communities. Later, she will visit [The Chapel Gym](#) in Corby, to see how the gym changes lives for the better by offering the potential to improve both physical and spiritual health. The day will conclude with evensong at [Peterborough Cathedral](#).

It was important to Bishop Debbie to announce her appointment among young people. Her own commitment to faith developed at a Crusaders youth group and she started full-time ministry as a Children and Families Worker. Debbie was brought up in a rectory surrounded by church life, but a clear calling to ordained ministry came later in life, being drawn initially to work in a caring profession which resulted in a career in NHS Management.

It was whilst Bishop Debbie was caring for her own young family that she felt a definite call to ministry which deepened over time, leading her to begin her ordination training in 2004. Whilst serving in parish ministry she also took on the additional role of Area Dean, something that gave her a wider perspective and introduced her to the workings of the Diocese. From these roles, she was appointed Bishop of Southampton, something she describes as ‘exciting and daunting at the same time’, but felt ‘a deep sense that this was what God wanted for me that only grew stronger and stronger’.

During her time as Bishop of Southampton, Bishop Debbie has been involved in a variety of roles. As non-executive chair of Love Southampton, her passion for seeing social transformation through ecumenical outreach and community engagement was enhanced. She has also been an Ambassador of the Rose Road Association which provides direct care for children and young adults with complex physical and learning disabilities and support for their families.

The role of Diocesan Bishop is not completely new to Bishop Debbie who has been the acting Bishop of Winchester following the retirement of Bishop Tim Dakin in February 2022. In an unsettled environment, Bishop Debbie spent time listening and understanding the challenges that people were facing, whilst working towards building reconciliation and unity.

One of Bishop Debbie’s priorities has been to encourage parishes to thrive. In her current diocese there is a rich variety of landscapes from urban to very rural, coastal and the new forest and she is dedicated to helping parishes in all these different contexts be the best they can be; guiding them through vacancies, celebrating those who are flourishing and coming alongside those who would welcome additional support.

Welcoming Bishop Debbie to her new role, John Holbrook, Bishop of Brixworth said; ‘I am thrilled that Debbie has agreed to serve as the next Bishop of Peterborough. She has great experience of bringing unity and identity to a large and diverse diocese, a heart to champion young people and support those at the margins of society and a mission to see our parishes and their communities thrive’.

Debbie is married to Paul, a Professor of Physics, and has two grown-up sons. In her rare downtime she enjoys cooking, reading and craft, spending time with family and taking coastal walks.

Let us pray . . .

for our Government & County Councillors, for integrity in public life here and abroad.

for a just peace for Ukraine, Nagorno-Karabakh and Afghanistan.

for all who are sick and all who treat and care for them + for the people of Morocco and Libya in the aftermath of the earthquake and flooding there.

for our churchwardens, PCC treasurers and secretaries and everyone who gives time, energy and financial resources to the church and our village communities.

for Bishop Debbie , her husband Paul and all preparing to welcome them to this Diocese.

for Jenni as she prepares to join the Oakham Team; and for Jes + Jane Salt now in Milton Ernest, Pavenham and Thurleigh, giving thanks for all the good things they have given to the Benefice.

for our Benefice and continuing church life here, supported by Rev'd Jo Saunders and also Canon Vyv Wainwright (a Lay Reader from Oakham) see page 8 of the news.

for pupils and staff at the schools in North Luffenham, Empingham and Edith Weston.

for couples who have been married in the Benefice (Laurie & Ellie, Calum & Claudia, Mollie & Rhys, Tane & Kelly, Peter & Kate) and for Leigh & Debbie to be married in October.

for all recently bereaved including those who mourn for Rev Leo Osborn (who was the Methodist minister in Empingham), Ailie Isle and Barry Harwin.



Everyone is welcome in the churches of the Rutland Water Benefice!

Children and young people, older people and everyone in between
Single people, couples of all sorts and families . . .



Breakfast Church

9.30am on 3rd Sunday of each month
at the Community Centre in North Luffenham



People of all ages are welcome
Come to enjoy a simple breakfast and learn about Christian faith
together.

In the summer months we often meet outside too . . .



Manton All Age Worship

9:30am on the 2nd Sunday of each month
Half hour interactive service led in parts by our
team of young leaders

Refreshments served afterwards

~ All are welcome ~



Crafts



Activities

All Age Church
St Peter's, Empingham

on the 4th Sunday of each month at 9.30am

An informal service for all

EVERYONE WELCOME!

Further detail about all these service from the Rector, Rev'd Pippa Madgwick rectorwrwb@gmail.com 01780 721286

Sunday 24th September in St Peter's Empingham

saying thank you and goodbye to Jes and Jane Salt

In 2022 the Empingham PCC had been longing for and praying about starting a coffee morning and finding ways to connect with children and families in the village. As covid restrictions eased, Jes and Jane arrived here and with great energy set about enabling these things to happen. We are so grateful to them and to God for this and the other events begun around the Benefice. Our thanks were expressed in leaving gifts presented to the Salts from and hope that they flourish in their new parishes near Bedford. Thanks to all who joined All Age Church and the Benefice service and also those who arranged refreshments after the service.

Photos: John Haward



A note from Jes and Jane PLUS details of Jes' licensing on 18th October

'We would like to say a very deep thankyou for all your friendship kindness and generosity expressed to us materially in the kind gifts we received last Sunday but more importantly for all you have given us over the past two years. We are very grateful and intend to use at least part of your gift for something that will remind us of Rutland and of you.

As I said on Sunday we leave with very thankful hearts.

Our new address is 'The Vicarage', Thurleigh Rd, Milton Ernest, MK44 1RF, emails unchanged. Please do come and see us.

Once again our thanks and many blessings for the future. Jes and Jane (and Holly)'

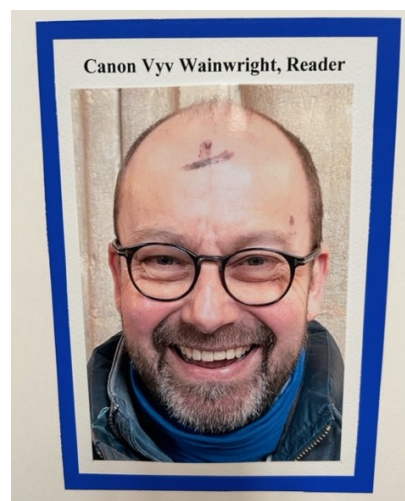
Jes has written this week:

Jes and Jane have moved to Milton Ernest near Bedford, where Jes is to be the Priest-in-Charge of Milton Ernest, Pavenham and Thurleigh. Jes's licensing service is on 18th October at 7.30 at Milton Ernest. There are some spaces available so if anyone wishes to go and support Jes and Jane could you let them know. Jes's email is jes.salt@btinternet.com

Old friends returning to help lead services in the coming months in this Benefice

Rev'd Jo Saunders has served in this Benefice before; she has fairly recently retired from being Rector of Essendine, Ryhall and Carlby.

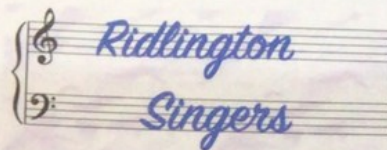
Her garden brings her great delight.



(photo taken on Ash Wednesday)

Vyv Wainwright is a Reader in the Oakham Team and also helps the diocese supporting Readers. He is a Lay Canon of Peterborough Cathedral. He works as a surveyor and is kindly able to offer to lead the occasional services for us.





PRESENT

An Informal Concert

A TOUCH OF CLASS

With music from My Fair Lady,
HMS Pinafore & Les Miserables

NEW DATE

RIDLINGTON CHURCH
SATURDAY 14th OCTOBER
at 7.30pm

Donations to Ridlington Church



COFFEE AND CAKES

St Peter's Church

Every Wednesday

10.30 am – 12.00 noon

All welcome!



A new activity:

Yarn adventures see next page



Yarn adventures

knit, crochet and stitch!

People in Empingham are planning all sorts of simple seasonal creative projects to be demonstrated and begun next week at Coffee and Cake in Empingham.

Come and join us.



Please bring along
any yarn/fabric you would like to use
knitting needles/crochet hooks

Any questions?

caroline@meyrick.org

01780 460354

Crocket Cottage, Crocket Lane, Empingham. LE15 8PW

Crochet Twiddlemuffs (Sensory Bands)

Your finished muff (or band) can look something like this, or however you wish it to be.



Size Three crochet hook

Same quantities of yarn as the knitted version

Using 2 strands of DK or 1 strand of Chunky yarn chain 22 sts, so the 1st ch to join circle.

1st row: 3ch, counts as 1st tr, 1 tr into each ch to end, so to top of 3ch to finish (26 tr's)

2nd row: 3ch, counts as 1st tr, 1 tr into next tr to end, so to top of 3ch to finish (26 tr's)

3rd to 20th row: As 2nd row

These rows complete the lining.

You are now crocheting the outside. As with the knitted version I use a strand of DK and one of my fancy yarns. Again, I use the band method of design and 1 row of treble make one band.

21st row: 3ch, 1 tr into same place (this forms an increase to 26 sts in each row), 1 tr into each tr to end, so into top of 3ch to finish (26 tr's)

22nd row: 3ch, 1 tr into next tr to end, so into top of 3ch to finish.

23rd to 40th row: As 22nd row, changing yarns as necessary.

41st row: As 22nd row, so into top of 3ch and fasten off to finish.

You now have a 40 row Twiddlemuff tube.

Sew your twiddlemuffs to the lining as necessary, and add any extra decoration to the outside.

Tuck the lining into the outside and crochet the two ends together to finish.



On Wednesday **Preston** residents were joined by members of the late **William Green's** family to bless a number of Oak saplings that have been planted in William's memory.

William was much loved resident of Preston and is remembered fondly. The saplings have been grown from acorns from a tree originally planted by William in the village, and now line the road going out of Preston towards Ridlington.



Empingham Harvest Supper



A lovely evening that raised over
£1000 for the church. With many
thanks to all involved.



Stars Above and Earth Below

Saturday 7th October, 7.30pm



A feast of contemporary choral music performed by Peterborough Male Voice Choir and Peterborough Voices. Performed against the glorious backdrop of Peterborough Cathedral this promises to be a truly uplifting evening. Organised by Peterborough Sings! Tickets: £14 - £16 + booking fee.

Songs from Movies and Musicals

Saturday 28th October, 7.30pm



A magical concert of songs from movies and musical soundtracks sung by Naomi and Hannah (Classical Reflection) and film composer Anthony White on piano. Includes songs from Disney's The Lion King, Gladiator, Lord of the Rings, Titanic and much more. Tickets £18 + booking fee.

Peterborough Cathedral events coming soon



Becket's Traditional Tearooms
SUNDAY ROAST

Roast Dinner	£13.95
Two Courses	£16.95
Three Courses	£19.95

Starters
CHOOSE FROM

Sweet Potato, Tomato & Basil Soup with Herb Croutons

Creamy Garlic Mushrooms on Toasted Sourdough

Roast Dinner
CHOOSE FROM

Roast Topside of Beef with Yorkshire Pudding

Roast Loin of Pork with Crackling & Apple Sauce

Roasted Vegetable Strudel with Tomato Sauce

ALL SERVED WITH

Roast Potatoes, Roast Parsnips, Seasonal Vegetables & Gravy

Desserts
CHOOSE FROM

Fresh Fruit Crumble with Custard

Warm Chocolate Brownie with Vanilla Ice Cream & Chocolate Sauce

Bookings are essential
please E mail:
bookings@becketstearooms.co.uk

'The Manger' by Luxmuralis

22 - 25th November - Tickets coming soon!

Join our mailing list to be the first to know when tickets go on sale: [Contact form](#)
- [Peterborough Cathedral \(peterborough-cathedral.org.uk\)](http://Peterborough Cathedral (peterborough-cathedral.org.uk))





Harvest in Ridlington

Part 1:

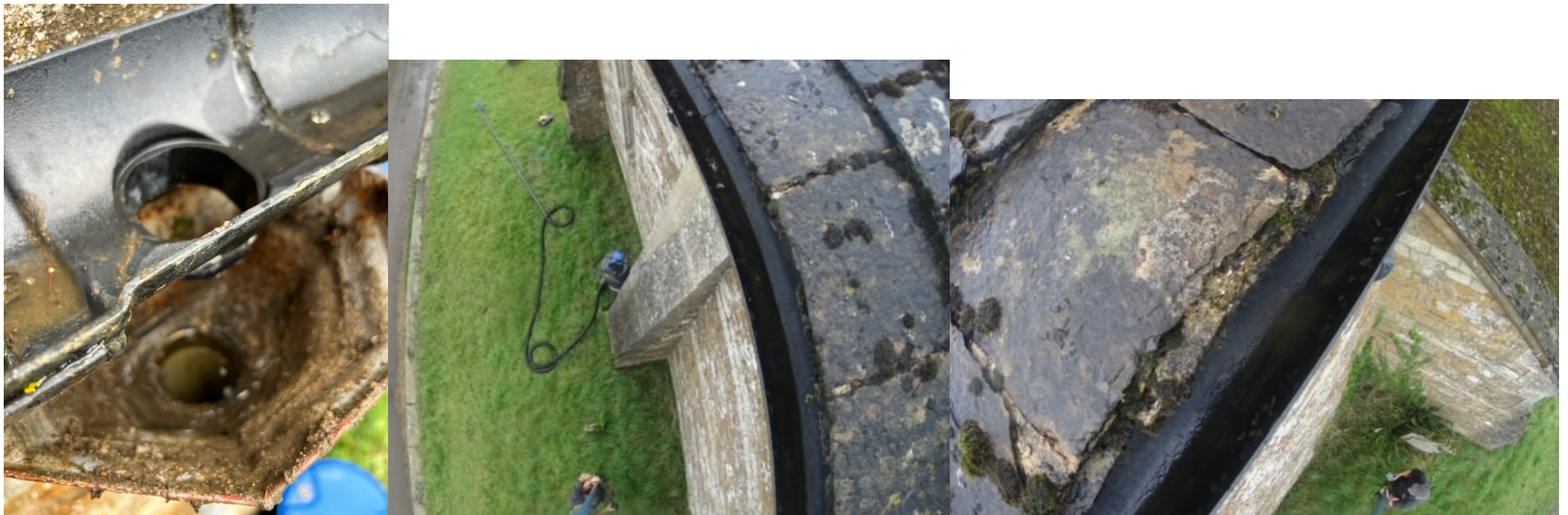
Hunt Supporters Harvest Festival





A Churchwarden who works as an architect said to me that one of the most important things to do when looking after buildings is to get the gutter cleaned out—see the problems above. . .

And look at how gutter cleaning resolved these problems for Ridlington church . . . !



What's On in October

Oakham



Monday 2nd	- Drop-in Session 17:30-19:30
Tuesday 3rd	- Drop-in Session 10:30-12:30
	- Gardening 12:30-14:30
Wednesday 4th	- Craft Café 15:00-17:00 (General Session)
Thursday 5th	- Drop-In Session 13:00-15:00
	- Mindfulness and Meditation 15.10 - 16.10
Monday 9th	- Drop-in Session 17:30-19:30
Tuesday 10th	- Drop-in Session 10:30-12:30
Wednesday 11th	- Craft Café 15:00-17:00 (Fabric Pumpkins)
Thursday 12th	- Tai Chi 11.00-12.00
	- Drop-In Session 13:00-15:00
Monday 16th	- Drop-in Session 17:30-19:30
Tuesday 17th	- Drop-in Session 10:30-12:30
	- Gardening 12:30-14:30 (Apple Pressing)
Wednesday 18th	- Craft Café 15:00-17:00 (Paper Fish Collage)
Thursday 19th	- Drop-In Session 13:00-15:00
	- Mindfulness and Meditation 15.10 - 16.10
Monday 23rd	- Drop-in Session 17:30-19:30
Tuesday 24th	- Drop-in Session 10:30-12:30
Wednesday 25th	- Craft Café 15:00-17:00 (Halloween Crafts)
Thursday 26th	- Tai Chi 11.00-12.00
	- Drop-In Session 13:00-15:00
Monday 30th	- Drop-In Session 17:30-19:30
Tuesday 31st	- Drop-In Session 10:30-12:30
	- Gardening 12:30-14:30

Welcoming and friendly sessions open to all adults, free of charge.

Take a break and look after your mental health this month at

Pepper's- A Safe Place.

Based at 2A High Street, Oakham, LE15 6AL

www.peppersasafeplace.co.uk

07714503556



Rutland Foodbank 2022-23 — Headline Statistics

- In the last 12 months 776 emergency food parcels have been provided by Rutland Foodbank to people facing hardship.
- During 2022-23 the foodbank supported 264 households across Rutland by delivering 7-day food and toiletries parcels.
- Of concern, 413 of the parcels were provided to 150 households which included children.
- Nearly 20% of the parcels were provided to those in work but struggling to afford food.
- As part of the Trussell Trust Network the Rutland Foodbank is calling for a stronger social security system that ensures we can at least cover life's essentials, like food, heating, and clothes.
- New annual figures from the Trussell Trust show that almost 3 million (2,986,203) food parcels were given out across the UK network – more than ever before.

New figures released by Rutland Foodbank have revealed that 776 emergency food parcels were provided to people facing hardship last year – with 413 of these going to households which included children.

The Rutland Foodbank has seen a 10% increase in the number of emergency food parcels distributed compared to last year. There was a 17% increase in the numbers fed compared with last year (2021-22).

2,123 children and adults were fed. The number of children fed (954) was up by 19% and adults (1,169) up by 16% compared with the previous year. This is the greatest number of people the Foodbank has ever provided food for.

We received 38,379 kg of donations from individuals, local charities, local community groups, our village donation boxes and local businesses. We distributed 35,315 kg to clients in 776 parcels.

Ingredients for 44,583 meals were distributed.

The levels of need were particularly acute in winter. January was the busiest ever month for the Foodbank since it opened, with 85 emergency food parcels prepared by volunteers.

Rutland Foodbank Wish-List Autumn / Harvest 2023



UHT milk (blue & green)
Tinned meats, pies, vegetables
Noodles, pot noodles, pasta, rice
Tins of rice pudding, custard and fruit
Crackers, crispbreads and cereal bars
Loo rolls, washing-up liquid, non-bio
washing pods/tablets
Shower gels, hand soap, shampoo,
deodorants, shaving foam, razors



Not Needed at the Moment

We are well stocked
with soups, baked
beans and tinned fish -
please do not donate
these at the moment

Please note we cannot
accept alcohol, fresh,
homemade, open or
out of date foods



Registered Charity in England & Wales Number 1158460

07582 783363 or email us info@rutland.foodbank.org.uk

36 Melton Road, Oakham, LE15 6AY (next to Domino's Pizza)

We are open to receive donations Mon-Fri 10.00 – 12.00

Ali Wainwright writes . . .

As you might guess we are busier than ever with 337 referrals since 1st April. This is an increase of 24% compared with the same period last year. Since 1st April we have provided ingredients for over 18,000 meals. Despite an anticipated and completely understandable drop in food & toiletry donations we are still able to pick & pack 7-day packs and continue our delivery service across the whole county. We are able to manage our stocks by buying in items we distribute regularly and which we find we short of from time to time. Fortunately, we have some very generous supporters who help fund this via regular giving. It would be remiss of me if I didn't acknowledge our amazing volunteers, supporters and donors who together are helping fellow Rutland residents who are struggling at this time. A wonderful community effort. **Thank you all!**

As always, if you have any comments or questions please do get in touch.

	1st October Trinity 17	8th October Trinity 18	15th October Trinity 19	22nd October Trinity 20	29th October Trinity 21
Edith Weston	9.30am Harvest Holy Communion		11.00 am Benefice Holy Communion		
Empingham		9.30am Holy Communion		9.30am All Age Church*	
Lyndon	11.00am Holy Communion	<i>9.30am Morning Prayer</i>			
Manton		9.30am All Age Harvest		11.00am Holy Communion	11.00 am Benefice Holy Communion
North Luffen- ham	9.30am Holy Communion		9.30am Harvest Breakfast Church		
Pilton	11.00am Holy Communion				
Preston	11.00am Prayer & Praise	11.00am Harvest Holy Communion		<i>5.00pm Evening Prayer</i>	
Ridlington	6.00pm Harvest Festival	9.30am Holy Communion		<i>9.30am Morning Prayer</i>	
Whitwell		11.00am Holy Communion			
Wing	<i>9.30am Morning Prayer</i>	5pm Harvest Evensong		9.30am Holy Communion	

October 2023

*please note, All Age
Church is returning to
starting at 9.30am

Churchwardens and others: your local source of information:

Edith Weston	(Judy Needham	01780 720609)
Empingham	John Haward	01780 460502
	John Archer	01780 460106
Lyndon	Jill Mayhew	01572 737594
	Lady Conant	01572 737275
Manton	Anne Cowan	01572 737503
N Luffenham	Janet Whittaker	01780 721216
	Patrick Woods	01780 721872
Pilton	Libby Gilman	01780 720758
	Caroline McAlpine	01780 722007
Preston	(Kay Waterworth	01572 737339)
Ridlington	Debra Thatcher	01572 823910
Whitwell	Mary Bell	01780 450205
	Tony Godwin	07906 134316
Wing	Alice Hill	01572 737516
	David Wood	01572 737465

Keeping in touch

To join or leave the distribution list for this news + readings + other information from church, please email Pippa.

rectorrbw@gmail.com

Rutland Water Benefice YouTube Channel:

<https://www.youtube.com/channel/UCJRdvpMtOyN3KXCjpwQO4-A>

Or join the Rutland Water Benefice Facebook Group

The most recent **magazine** can be found online via the Benefice website.

You are welcome to call or email the clergy:

Pippa 01780 721286 rectorrbw@gmail.com

Jes 01780 460148 jes.salt@btinternet.com

Jenni 07507 442539 curate.rwb@gmail.com