



# St Michael and All Angels Galleywood

*Jesus, teach us all to love*

## A live-streamed Holy Communion service in Lent

### **Welcome**

The grace of our Lord Jesus Christ,  
the love of God,  
and the fellowship of the Holy Spirit  
be with you  
**and also with you.**

### **Prayer of preparation**

Almighty God,  
to whom all hearts are open, all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord. Amen.

### **Confession**

Wash me thoroughly from my wickedness  
and cleanse me from my sin:  
Lord, have mercy.  
**Lord, have mercy.**

Make me a clean heart, O God,  
and renew a right spirit within me:  
Christ, have mercy.  
**Christ, have mercy.**

Cast me not away from your presence  
and take not your Holy Spirit from me:  
Lord, have mercy.  
**Lord, have mercy.**

## **Absolution**

## **Collect**

## **Bible readings and reflection**

### **Affirmation of faith**

Let us affirm our faith in Jesus Christ the Son of God:

Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,  
and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.

## **Prayers**

## **The Peace**

## **The Eucharistic prayer**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good...

... for ever praising you and saying:

**Holy, holy, holy Lord,**

**God of power and might,**

**heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

We praise and bless you... ...until he comes in glory.

Christ is the bread of life:

**When we eat this bread and drink this cup,**

**we proclaim your death, Lord Jesus,**

**until you come in glory.**

Lord of all life... ...for ever and ever. **Amen.**

## **The Lord's prayer**

Trusting in the compassion of God,

as our Saviour taught us, so we pray:

Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins, as we forgive those who sin against us.  
Lead us not into temptation, but deliver us from evil.  
For the kingdom, the power, and the glory are yours  
now and for ever. Amen.

### **The breaking of bread**

We break the bread of life, and that life is the light of the world.  
**God here among us, light in the midst of us,  
bring us to light and life.**

God's holy gifts for God's holy people.  
**Jesus Christ is holy, Jesus Christ is Lord,  
to the glory of God the Father.**

### **Receiving Communion**

#### **Prayer of Spiritual Communion**

Thanks be to you, Lord Jesus Christ,  
for all the benefits you have given me,  
for all the pains and insults you have borne for me.  
Since I cannot now receive you sacramentally,  
I ask you to come spiritually into my heart.  
O most merciful redeemer, friend and brother,  
may I know you more clearly, love you more dearly,  
and follow you more nearly, day by day.  
Amen.

### **Post-Communion Collect**

### **The blessing**