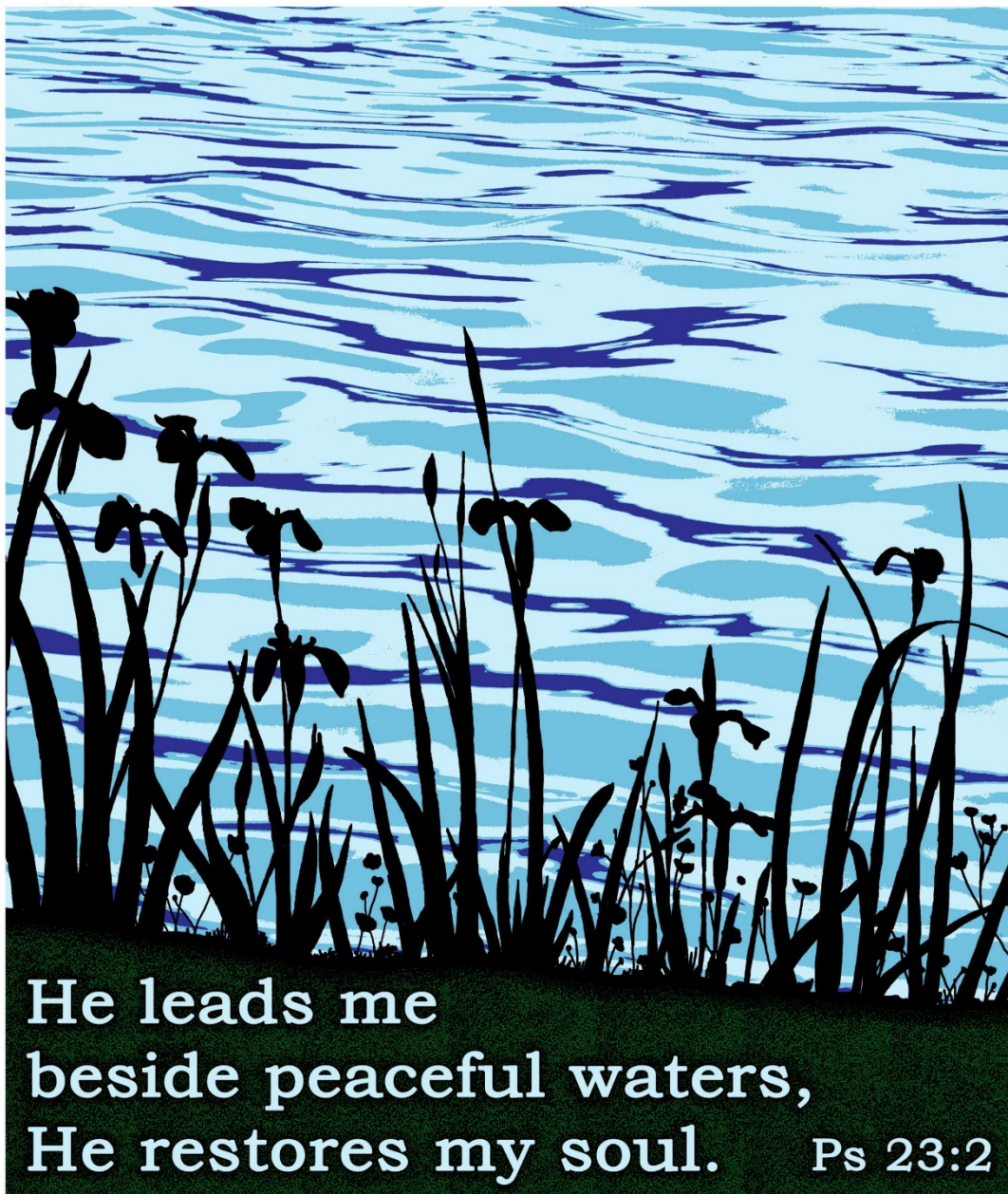


Saints Alive!

*The parish magazine of
All Saints' Church, Kings Heath*





Catering for the community

2 Vicarage Rd, Kings Heath, B14 7RS

0121 293 1699

allsaintscatering@outlook.com

**Know of anyone struggling
due to isolation or financial hardship
during the coronavirus crisis?**

**Could they benefit from
a hot midday meal?**

**We are delivering meals
to homes in Kings Heath
and the surrounding area
every day.**

Payment is according to ability.

For more information

- Call: 0121 293 1699 between 9.30am - 2.30pm
- Email: allsaintscatering@outlook.com
- In person: Knock on the café door and someone will come and speak to you, *(only if you have no other way of contacting us).* between 9.30 - 2.30

We are on the All Saints Square, bus routes 50,35,11,76 and 27

From the vicarage

Dear friends and neighbours,

Let's not repeat the Holy Week pattern of applause followed by betrayal. For weeks, news programmes have tried to punctuate the incessant COVID-19 angst with heartwarming nature notes and observations of the vivid details of spring. There's been talk of profound environmental learning and gear change with this enforced breaking of travel habits. Everyone buying seeds for gardens and window boxes could surely restore our sense of connection with the earth. Then, the first day back on the beach, crowds left fifty tonnes of rubbish and, worse, abused the refuse collectors who came to haul away their mess. Key workers applauded on Thursdays, by who knows how many of that crowd, were betrayed. The environment was betrayed. Then, by night, bottles and worse thrown at police. How absurd that our sense of release from social constrictions should lead to *anti-social* behaviour.

It's not only Government that sends contradictory signals. Crowds do, too. We all do. Speed up/slow down. Sort this out for us/leave us alone to make up our own mind. Yet again, the church calendar has accidentally thrown up an image for this moment: Jesus compares his generation to spoilt children refusing to make up their minds, grumpy kids deciding not to join in the game and so excluding themselves from fullness of life.

Release from lockdown was always going to be harder than starting it. At the time of writing, we pray very much for our neighbouring diocese of Leicester as they feel the mental strain of hope dipping and freedom delayed. In the week of a significant part of that process, with many key services being invited to open up again, we need to find a way of praying that will dampen our tendency to contradiction by heightening our sense of mutuality. Hopefully we will soon enjoy public worship again at All Saints'. Meanwhile, we keep in mind the many pubs, restaurants, cafés, hairdressers and barbers opening their doors with varying degrees of caution. Here is a prayer for them. As we hear news over summer of different activities becoming possible again, and perhaps further lockdowns sadly needed from time to time, prayer that is vigilant about our own motives as well as others' will be essential.

Jesus, you were born at the back of a pub. You knew what it was both to be hosted and to be turned away. We pray for all the pubs and bars opening this week, working so that others can relax, making space for conversation. Conscious of the risks of pressure released, hopeful for the joy of friendship restored, we pray for patience among tipsy crowds and safety for staff and customers alike.

Jesus, you treasured the chance to reflect over shared food. You set a meal at the heart of Christian ritual. We pray for all the restaurants and cafés opening this week, wondering how to serve, how to space, how on earth to make a profit.

Jesus, you were moved when someone anointed your feet and dried them with her hair. You knew what a profound and intimate part of our self-expression hair is. We pray for the hairdressers and barbers returning to work today, that they, too, will feel uplifted as they help us feel our best.

We pray for their safety and satisfaction in such profound vocations. As we ask you to affirm and encourage them, prompt us to show our respect. Amen.

David

Memories of VJ Day

Following on from last month's issue, where we looked back at VE Day, thanks to Margaret Healey-Pollett for these further reminiscences from Dorothy Jones.

While the victory in Europe had been celebrated in May 1945, the war against Japan continued. The teenage Dorothy Jones (née Faulkner) was aware of the war, but continued to be relieved that there was no more blackout, and no more fear of bombs. The war on the other side of the world was a long way away.

Dorothy remembers that in early August 1945 there was an announcement on the radio that she didn't fully understand – that a new sort of bomb had been dropped in Japan that had flattened a whole city. There was another one a few days later, then on 15 August Japan announced its intention to surrender unconditionally. World War II was finally over. As time went on, Dorothy learnt more about the new bomb with a combination of relief and horror. In that distant city there were just shadows left on the ground where minutes before people had been standing.

There were celebrations here for VJ Day, but they were not the same as the VE Day ones had been, apart from by the Americans who were stationed in Kings Heath. They celebrated the realisation that they were going home, and would not be sent to fight in Japan. The Americans were based in Reddings Road, Moseley, and they seemed to be guarding something that was down an unadopted road known as 'Piggy Lane', which was just by the Ideal Benefit Building (now owned by the Scientologists) where Dorothy worked. The charming American soldiers were a source of fascination to the local young women. They had beautiful teeth and were way ahead materially, especially if they wore glasses as the frames were rather more stylish. They also had cameras. The locals enjoyed rounders matches with them in Kings Heath Park, and photographs were taken!

All the Reddings Road soldiers were white, while the black soldiers were stationed elsewhere. The local people were aware of the segregation that was practised by the Americans, something unknown in this country. This was more than ten years before the day Rosa Parks refused to give up her bus seat to a white man. If a woman was seen walking down the road with a black American, she was then shunned by all the white ones. A Grange Road woman married a black American soldier and then emigrated. There were other marriages between local women and Americans, but even more babies born out of wedlock.

Among the Americans, Dorothy had had a friend called George from Wisconsin, who was a doctor as well as a soldier. During his brief time in Kings Heath he used to keep her safe from the attentions of the other soldiers, as she was very young. He was one of the photographers of the rounders matches, and Dorothy sent the photos he took to his wife, with whom she had a correspondence. He had left Kings Heath in June 1944 as he was sent to join in the D-Day force and Dorothy learned from his wife that he had been killed on the beach.

For Dorothy, it was the return of the young men who had been Japanese prisoners of war that brought home to her the horror of it all. The healthy, happy youngster who had been her brother's best man, Albert, returned unrecognisable, sick and emaciated. He was dead within 18 months.

The “new sort of bomb” that was dropped by the Americans on Hiroshima on 6 August 1945 and then on Nagasaki on the 9th was the atomic bomb that American and European scientists had been developing and had tested in the New Mexico desert early in 1945. Further testing was carried out on the Pacific Islands following the war between 1946 and 1962, causing major displacement and radiation sickness for the populations of the islands. In the early 1950s the UK became an atomic power, closely allied to the United States, with a Mutual Defence Agreement signed in 1958 and renewed periodically, the next renewal being due in 2024. Opposition to this arrangement sprang up immediately and CND was founded, chaired by Canon John Collins and sponsored by the then Bishop of Birmingham Dr L J Wilson. In 1960, Christian CND was founded.

Christian Campaign for Nuclear Disarmament

Working and praying for a nuclear weapons-free world



Christian CND will shortly celebrate its 60th birthday – see <https://christiancnd.org.uk/> for more information.

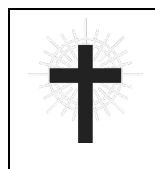
While there was relief among British and American servicemen about to be sent out to the Far East where the war was savage, it was nevertheless clear that the development and use of nuclear weapons had brought us into a whole new era where there was now the possibility of massive genocide against all the proportionality expected in just war theory. Even the testing was bringing untold suffering to the Pacific Islanders.

Massive amounts of UK public money are now going into the renewal of the Trident nuclear weapons of mass destruction, based in Scotland, which do not give us nuclear independence but are completely controlled by the US. CND estimates the cost as £205 billion, an amount hardly discussed in our media, while we now debate the raising of a mere £5 billion for the present COVID-19 furlough scheme. If ever work and prayer for a rebooting of our country's values was needed, now seems to be the time.

For more information see the distinguished Major General Patrick Cordingley being interviewed on the subject of Trident five years ago at the following link: https://youtu.be/5WESmSZbf_k.

Margaret Healey-Pollett

From the registers



We remember:

Jim Ceasar, whose funeral took place at Robin Hood Crematorium on 16 June
Edward Paul, whose funeral took place at Robin Hood Crematorium on 18 June

Lockdown poetry

We are very grateful to Rosie Miles for sending these two poems, written during lockdown and Kings Heath-based, for inclusion in the magazine.

I wrote this poem on 6 April 2020, standing in a queue outside Lidl, Kings Heath. In many ways it's a poem in which nothing much happens, which is probably the point.

Shopping in the time of coronavirus

We snake round the supermarket block
– thirty strong on a mid-Friday afternoon.
Good to know that even amid a pandemic
the British know how to form a sensible queue.

I have already developed symptoms of
Proper Surgical Mask Envy. *Where on earth
do people get them?* I wonder. Amazon told me
it would take weeks. Most available got one star.

*I spy with my little eye ... Something beginning
with 'S'.* The church spire looms high over
the concrete lozenge of the backs of the shops.
It is quiet. Still. Birdsong not yet quite a cliché.

The woman two metres in front turns her face
upwards to the low sun streaming down
the goods-in drive. She looks my way and
– slightly embarrassed – says *Lovely*.



During lockdown I took part in and completed the nine-week NHS running programme Couch to 5K (C25K), which gets you from couch potato to running for 30 minutes in nine weeks. I mostly ran (very very slowly) round Kings Heath Park and became aware of it in a whole new way as such a beautiful spring came upon us. I was hugely grateful for such a lovely nearby open space. On occasions I passed people from All Saints'!

Fairly early on in lockdown, in April, I returned from my run one morning and wrote this poem.

C25K CV19

Today I went for a run and almost everyone
I passed said hello or "Good morning!". We kept respectful distance
but somehow knew a smile is what's needed now:
that stranger/friend I see you – not through a screen but flesh
and blood and breath as you are. Everyone's a threat,
everyone's an unknown danger to everyone else
if fear wins out, yet I felt a smile rise up from my mouth
through the creases in my cheeks for the first time in months to my eyes
for I too know what loneliness is, deep in my bones.
All of you pacing the streets of suburban sprawl for air,
for freedom, for exercise, for the sight of white blossom
so brilliant it gleams through this imaginative world –
thank you for your presence as we remain apart.

Notes:

1. *Couch to 5K is an NHS running programme designed to get participants running 5km in nine weeks.*
2. *The final few lines and the "this imaginative world" phrase are indebted to Mary Oliver's 'Wild Geese'.*

Get involved...!

We are keeping *Saints Alive!* going during this period of social distancing,
published digitally for now and available via the church's website at
www.allsaintskingsheath.org.uk/the-magazine/.

Although it will clearly be a while before 'normal' levels of activity resume on
the All Saints' campus, we would love to receive contributions for future issues.

The next issue will be published in early September
and we look forward to hearing from you!

Ben & Clare Noakes, Editors

E: saintsalivemagazine@gmail.com T: 07967 730156 / 07929 593097

Some journey – part 1

For those of a certain age and with a long memory for song lyrics, you may remember this opening line from Suzanne Vega back in 1985: “If I had met you on some journey, where would we be now...?”

The theme of ‘journeys’ has been drifting in and out of my consciousness for a while now, and has become more pertinent during lockdown; hence I have taken the liberty of transposing these lyrics such that the focus is about myself: “If YOU had met ME on MY journey, where would I be now...?”

I became acutely aware of the mental and emotional impact of the restrictions on our travel and the temporary removal of our freedom of movement and travel, no longer being at liberty to explore in the ways that we normally take for granted – a sobering thought and a reminder of the plight of those whose liberty and freedoms are denied them by their circumstances or the actions of others.

These life-enhancing and mind-broadening joys and benefits of wider travel and exploration have by necessity been put on hold: this time of restriction of movement, isolation and introspection has taken me (and perhaps others reading this too?) on a different journey, which has been both challenging and rewarding in surprising and unexpected ways...

In an previous article (*Triangulations in isolation*), written early during lockdown and shared here in May, I wrote that my ‘journey within’ is helping me to realise the importance of key parts of my life that give me the roles, relationships and sense of identity and self-fulfilment that are key ‘milestones’ on my own personal journey. However these revelations have caused me to look further and deeper into my journey so far: who and what has conspired to bring me to this particular destination and what have I learnt along the way? If you had met me at some point earlier in this journey, would you still recognise this version of me now? Would I recognise myself even if I look back over the last few years? Probably not! I have had six addresses in as many years; I’ve journeyed from 18 years of marriage to now being divorced and single; I’ve had to ‘reinvent’ myself in terms of job and career; I have had to learn to let go of parts of life that were safe and familiar in order to move on and embrace the new roles and responsibilities, opportunities and challenges that are part of my life here.

At the same time along this path that I have chosen to travel, with its challenges and the loneliness and vulnerability of midlife changes, I have also been on a journey of self-awareness: this introspection has been both enlightening in terms of recognising of the gifts and opportunities that have been generously shared with me; and yet painfully illuminating at times in terms of recognising my own weaknesses, destructive behaviours, fears and vulnerabilities. (I’ll spare you the list for, like many of us, particularly former schoolteachers, I am often my own worst critic!) But at least now I have a better idea of who I am and the things that I carry with me; and maybe that’s ok...

At the start of the year I set myself a list of ‘20 for 2020’ challenges, many of which involved a learning journey or exploration of something new or a personal development goal. One of these was to learn more about mindfulness and to explore ways of bringing parts of this discipline into my own daily routines – then came lockdown and in many ways the enforced changes in daily life created an opportunity to focus more on being in the here and now; learning to be more fully present in and appreciative of ordinary and everyday experiences (some of which were now of course far from ordinary!). Slowly but surely I started to reawaken my senses; to notice, observe and take time to appreciate things in my own home and garden; to enjoy watering and tending young plants, to

savour the sensation of kneading dough, to literally 'smell the coffee' (please DO feel free to try this at home!).

As part of my working from home and daily outdoor exercise routine I am now doing a short walk to 'work' (i.e. a circular walk back to my own front door!), which has given me time to enjoy and appreciate local sections of the River Rea using the walking and cycling route that follows this river corridor: I'd walked and cycled here before of course, but normally en route to somewhere else; I'd never really taken time out to look and listen, and in doing so to actually observe and take in the beauty of the spring flowers and the birdsong, to see foxes emerging from their woodland dens and to discern the prints made by badgers during their nocturnal explorations. All this here for me to enjoy and appreciate along this lovely green corridor less than five minutes from my front door!

I have also enjoyed several walks from home to the local Lickey Hills and discovered new paths and routes there; I've explored sections of the North Worcestershire path that passes within a couple of miles of Northfield and now want to make time to discover more walks in my local area.

My bicycle journeys have carried me along parts of the National Cycle Network into neighbouring counties; I've enjoyed the process of planning and mapping routes, and the joy of discovering new places as well as revisiting 'old friends' like the Severn Valley and Bridgnorth.

Some journey then! What have I learnt so far? Well, one thing for sure: the journey is defined by the people and places that we experience along the way, and how we respond to these and by how these change and shape us. In the last few years I have come to recognise and appreciate just how much I have been supported and carried by others along the way; held by God and gifted with many lovely people in my life that I have been privileged to meet and share my life with so far: so if you were to meet me again in a few years' time, I wonder where the journey might take me?

(P.S. I'm certainly hoping that, wherever my wanderings may take me, All Saints' will be there at the centre, as one of the parts of life that will be a constant and a place to continue to call home.)

Chris Watts

Laughter lines

Noah opened up the ark and let all the animals out, telling them to go forth and multiply. He began to close the great doors of the ark when he noticed that there were two snakes still sitting in a dark corner. Concerned, he said to them: "Didn't you hear me? You can go now. Go forth and multiply."

"We can't," said the snakes sadly. "We're adders."

Hospitality is making your guests feel at home, even if you wish they were.

If at first you succeed, try to hide your astonishment.

Misers aren't much fun to live with, but they make great ancestors.

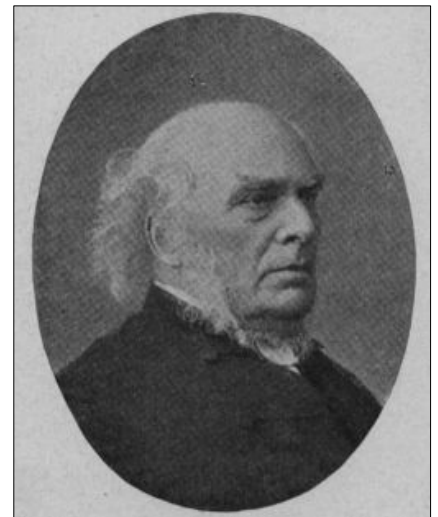
Music matters

Lord, for the years and Lord of all hopefulness; from Abbot's Leigh to Jerusalem – what did we sing, and how often, at All Saints' in 2019?

In the last July & August issue we looked back at 2018 to see how many different hymns we had sung at All Saints' during that calendar year; we thought it would be interesting now to do the same for 2019.

During 2019, 61 services with music took place in the church: 41 Parish Communion services and 11 All Age Worship services at 10:00 on Sundays, plus nine services on high days and holy days: Ash Wednesday, Maundy Thursday, Good Friday, Easter Dawn, Memorial, Carols by Candlelight, Children's Carols, Midnight Mass and Christmas Day. (We haven't included in any calculations the Wednesday services – when a hymn is sung at these we almost always simply repeat one from the previous Sunday; weddings and funerals; baptisms, apart from those which were part of a regular 10am Sunday service; or any services put on by external bodies, such as the carol services All Saints' hosted for Kings Heath Business Association, Amos Trust and local schools.)

These services included 195 different congregational hymns, of which 38 appeared twice, while the following seven were sung three times: *Be still, for the presence of the Lord; I heard the voice of Jesus say; Lord, for the years; O come, all ye faithful; To God be the glory!; Go, tell it on the mountain; and Joy to the world* – the distribution of these last two across the year proving that a song can be for life and not just for Christmas. The majority of these congregational hymns were from our *Complete Anglican Hymns Old & New*, but 26 were from other sources. Of these 195, 12 also featured before the service or during communion, and a further 38 different items from our hymnbook were also included in these 'slots' for the congregation to join in, three of them twice; psalms for choir and congregation were sung during Lent and Advent.



*Horatius Bonar, writer of
I heard the voice of Jesus say
which we sang in three services
at All Saints' in 2019*

Beyond this, the choir sang more than 30 different pieces from other books either before services or during communion, plus introits and anthems dotted throughout the year (not to mention the seven choir-only items which formed part of Carols by Candlelight). Across the board, then, the most featured hymns of 2019, each sung four times by the congregation, were *Brother, sister, let me serve you* and *For the beauty of the earth* (to **England's Lane**) – this latter hymn perhaps edging it as the year's 'winner' as Clare and Martha Ann also sang John Rutter's setting of Folliot Sandford Pierpoint's words during Emily and Lisa's last Sunday with us in September, having previously done so at the celebration service for their marriage three months earlier at Shirley Methodist Church.

In addition to the above, other service music (the Murray and Shephard settings, *Cwm Rhondda* Gloria, Roger Jones Sanctus & Benedictus, Pulkingham Agnus Dei etc) was all sung multiple times, as were the five items used for the children's return (*Abba, Father, let me be; Holy, holy, holy is the Lord; Kum ba yah; Share the Light; and Yesterday, today, for ever*) and *Christmas is coming* at the lighting of the Advent candle. Other 'extras' occasionally appeared as part of this service music: for instance *Though one with God, yet not by might*, an affirmation of faith from the Iona Community

sung to the tune **Jerusalem**; a rendering of the Lord's Prayer to the aforementioned **Kum ba yah**; or during prayers or the Maundy Thursday footwashing.

Almost as interesting are the items that we didn't sing: last year's most featured piece, *Father, hear the prayer we offer*, along with *All things bright and beautiful*, *Christ's is the world* (which came up three times in 2018), *Great is thy faithfulness* (ditto), *O praise ye the Lord!* and *Praise to the holiest* are among the well-known hymns that didn't feature at all in 2019, although a tune to which we sing that final one, **Richmond**, did pop up with the words of *City of God, how broad and far*.



The Hill of Slane in Co Meath, Ireland – we sing *Be thou my vision* and *Lord of all hopefulness* to the tune **Slane**, which is based on a medieval folk song about the hill

Speaking of tunes, obviously those to which we sing the hymns which appeared three or four times featured prominently during 2019, but honourable mentions must also go to **Ar hyd y nos** (sung twice each for *For the fruits of his creation* and *Lord, we come to ask your healing*); **Abbot's Leigh** (two times for *Father, Lord of all creation* and one for *Lord, thy church on earth is seeking*); **Noël Nouvelet** (two appearances with *Jesus Christ is waiting* and one with *Now the green blade riseth*); **Slane** (*Be thou my vision* twice, plus *Lord of all hopefulness* once) and **Woodlands** (*Go forth and tell, Sing choirs of heaven!* and *Tell out, my soul* once each).

One other random fact which proves precisely nothing – we sing a disproportionately large number of pieces from the start of the alphabet: at some point during 2019, 35 of the hymns numbered 1-99 (*Abba, Father, let me be to Christ is the world's light*) in our book featured in a service; the next best 'century' was the 600s (which includes most general hymns starting with S, and the Ts), from which 30 hymns were chosen, but pity the poor 100s, as only 17 hymns numbered between 100 (*Christ is the world's true light*) and 199 (*Gather around, for the table is spread*) snuck into a service. The best 'cluster' was numbers 66-70 (*Be still and know that I am God*; *Be still, for the presence of the Lord*; *Be still, my soul*; *Be thou my guardian and my guide*; and *Be thou my vision*), of which we sang all five, followed by all four from 184 to 187 (*For the beauty of the earth*; *For the fruits of his creation*; *For the healing of the nations*; and *Forth in the peace of Christ we go*). Now there's an absolutely meaningless set of statistics for you...

Clare, Liz Haskins and members of the Brookes family provided solo items for communion or before/after services in 2019, and the October All Age Worship featured the seven songs of Sarah Baker's musical *The Climate Changer* (repeated that evening); not to mention the many voluntaries and other incidental pieces played by organists and pianists. Looking back at the year as whole, how blessed we are to be able to include such a wealth of varied and enriching music during services at All Saints', and to have enthusiastic musicians to work with, an encouraging congregation, and engaged and supportive clergy. As always, we welcome suggestions and discussions about music in church, so do please contact us as below with any thoughts!

Know your saints

22 July – Mary Magdalene

It is easy to understand the popularity of Mary Magdalene over the centuries: she is the patron saint both of repentant sinners and of the contemplative life.

Jesus drove seven demons from Mary, who came from near Tiberius in Galilee. Mary became his follower to the bitter end; she followed him to Jerusalem and was present during the crucifixion, standing heartbroken at the foot of the cross. Her love for Jesus did not end there, for she went to the tomb to anoint his body on the Sunday morning.

Such faithful, humble devotion was richly repaid. It gave her a unique privilege among all humankind: she was the first person to whom the risen Lord appeared on Easter Sunday morning. She thought he was the gardener at first.

Mary Magdalene has sometimes been identified with the woman who anointed Christ's feet in the house of Simon (Luke 7:37); over the centuries many artists have painted this scene. Mary Magdalene's feast has been kept in the West since the eighth century; England has 187 ancient churches dedicated to her, as well as colleges in both Oxford and Cambridge.

4 August – Sithney

According to a Breton folk legend, Sithney was a hermit of long ago; minding his own business one day, God told him that he was going to make him the patron saint of girls. Sithney was horrified: he foresaw a future where thousands of young women were forever plaguing him, so he begged God for a different job. "Very well," said God. "You can look after mad dogs, instead." Sithney was apparently pleased with this arrangement, and so since that time sick and mad dogs have been taken to drink water from the well of St Sezni, patron of Sithney, near Helston in Cornwall.

16 August – Laurence Loricatus

Have you done something bad which haunts you? Does the memory of it still follow you, or keep you awake at night? If so, then Laurence Loricatus (c. 1190-1243) is the saint for you.

Having killed a man as a youth, life changed forever for Laurence. His guilt overwhelmed him, and he decided to make amends for it. He made the long and difficult pilgrimage to Compostela, but he found no relief. So he became a hermit at Subiaco – cutting himself off from all the comforts of normal life. But again he found no relief. So then he began to wear not a hairshirt, but a coat of chainmail next to his skin. It was a heavy, unyielding weight which bruised and rubbed his skin raw.

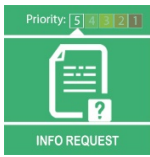
Laurence hated and would not forgive himself, though God had forgiven him years before. He is a caution to anyone in the same situation today: his continued penance did no one any good. Instead, the suffering absorbed hours of his attention, and got him nowhere.

When we do something we regret, of course God wants us to repent of it, but then he wants us to put it behind us. Our bad deed needs to be quarantined and left behind in our lives. If we won't put it down, our life becomes focused on our hatred of ourselves, instead of on God's love for us. It took the Pope years to get Laurence to take off that chainshirt.

(information adapted from www.parishpump.co.uk)

Modern Slavery

On behalf of the Justice, Peace and Green Group, Margaret Healey-Pollett has asked us to share the post below from West Midlands Police.



Modern Slavery – could you spot the signs?

As more people head back into their place of work and start adjusting to their new normal, we appeal to people to check for signs of modern slavery and report their concerns.

Sadly we know modern slavery is happening now in the **West Midlands**. A well-hidden crime, it takes place in places such as hand car washes, take-away restaurants, hotels, recycling plants and packaging warehouses.

There is no one type of victims. Victims we have rescued have been men, women and children, although many are from minority groups.

All are vulnerable, all are frightened, all need help.

We are running a dedicated police operation right now to crack down on modern slavery, arrest gangmasters and liberate victims.

We need your help. These are the most common signs of someone being forced into work against their will:

- People may show signs of psychological or physical abuse. They might appear frightened, withdrawn or confused
- Workers may not have free movement and may always be accompanied
- Workers often lack protective equipment or suitable clothing and have not been trained to safely fulfil the requirements of the role
- The person may not have access to their own documents, such as ID or their passport, with the employer having confiscated them
- Individuals may not have a contract and may not be paid National Minimum Wage or not paid at all
- Workers are forced to stay in accommodation provided by the employer. This accommodation could be overcrowded
- Individuals could live on site
- Workers could be transported to and from work, potentially with multiple people in one vehicle
- The person might not accept money or be afraid to accept payment
- Workers may work particularly long hours

If, after reading these signs something worries you, then you can report it by calling the Modern Slavery Helpline, 08000 121 700, you can also report suspicions using their free to download **Unseen App**.

Alternatively all Crimestoppers anonymously on 0800 555 111 or live chat our staff via the website <https://www.west-midlands.police.uk/>

Message sent by

Stefanie Sadler (Police, Engagement & Consultation officer, Birmingham Partnerships)

Individually-Guided Retreats 2020

in the Ignatian Tradition



at Nicholaston House,
Gower Peninsular, Swansea, S. Wales
Beside the Sea
3, 6 or 9 nights; 4th - 13th September

These residential Retreats are conducted in silence with experienced guides to work alongside you giving daily individual guidance as you pray with scripture and other aids.

Guides: Rob Hingley and Pat Callaghan

4 – 7 September (3 nights)	£272
7 – 13 September (6 nights)	£482
4 – 13 September (9 nights)	£692

*Book with Nicholaston House;
tel. 01792 371317; email, contactus@nicholastonhouse.org*

As lockdown restrictions ease we are confident of being able to conduct these retreats, and there are still some places available.

For further information contact

Rev Rob Hingley

rob.hingley@btinternet.com

4 Adrian Croft, Moseley, Birmingham B13 9YF
(0121) 777 2171

From the PCC

All Saints' Church is open for personal prayer on Sundays from 28 June from 2 to 4pm and on Thursdays from 2 July from 10am to midday. Extra hygiene practices will be in place and physical distancing will be followed.

A message from David:

A general principle about our return to church and activity together: no one we know to be in a vulnerable group, including office holders, will be asked to play a role in facilitating our opening church or gathering again. If we ask anyone, in a vulnerable group or not, whether they would like to take a particular role, no-one should feel obliged in any way. We do not, however, wish to diminish the independence or initiative or freedom of many who may fall into a vulnerable category and will not rule out accepting the involvement or attendance of people who wish to volunteer. The key thing is, no obligation. We are all free to move at whatever pace feels comfortable to us, with respect to the feelings of those around us. We'll keep you posted about opening times and permitted gatherings as we absorb the well-meaning daily reinvented guidelines. I look forward to seeing you again when you feel ready.

After some discussion it was felt that we would leave the question of masks/face coverings to personal preference (for both volunteers and visitors); we are not anticipating large numbers of people or close contact between individuals, hence this decision, however we will monitor this and discuss again if needed.

Obviously there is now the possibility of the church reopening for services in the near future to consider following recent Government announcements; this is a dynamic and fast-changing context for our discussions and decision-making, so thanks to all for your patience and understanding.

Thanks to those who have volunteered to be on duty too; Chris Pearce will be contacting volunteers and organising the rotas accordingly.

[Please see overleaf for the reopening leaflet available in church – Ed]

Chris Watts
PCC Secretary

While services are not being held at All Saints', do keep an eye on the church's website – reflections, music, readings and service sheets are being published on the homepage each week:

www.allsaintskingsheath.org.uk

There is also a private Facebook group for members of All Saints' congregation.

Please contact the magazine if you would like further information about accessing any of these resources.



All Saints'
Kings Heath
in the Diocese of Birmingham

Welcome to All Saints' Kings Heath

Your Parish Church

We are delighted to be open again for Personal Prayer.

If you wish to request prayer for any need or person on your mind, please tell David the Vicar, or one of the Welcomers, who will write it down and pass it on to the All Saints' Prayer Circle.

We know you will respect physical distance guidelines. We endeavour to keep church clean and safe for you.

We look forward to welcoming you to services when they are permitted.

All Saints' Church Council



Welcome to All Saints' Kings Heath

Your Parish Church
in the Diocese of Birmingham

We are delighted to be open again for personal prayer and reflection.

If you would like to join us from home for our Sunday services, they can be found on our website. We publish an order of service for prayers at home, in which you can click on each musical item and hear the piece or song, recorded in their homes by All Saints' musicians. Being at home, of course, you can join in the singing as loudly as you like.

You can make requests for prayer by giving details to our welcomers here today, or via the website. Here is a prayer for you to use if you wish:

A prayer for this summer

God, we pause to feel the warmth of your love.

We give thanks for the warmth of neighbourly love re-kindled
in gestures of kindness,
in applause,
in help to strangers
and in those who've asked "How are you?"

We confess the bitterness and resentment of our political life in recent years and pray for a healing of our sense of gratitude.

We pray for patience and wisdom in the coming weeks as restrictions are lifted and re-connection made. Give us grace to accept the contradictions and inconsistencies of staggered opening. Give us patience with ourselves and each other as we feel comfortable at different paces.

We pray for courage to keep our eyes open to any injustices revealed in this strange season.

We pray for boldness to respond to any need discovered in our separation.

With your Spirit's help, let generosity flourish as we meet again. Amen.

Warden's ramblings...

We are finally poking our noses out from isolation and have reopened the church for the first physically distanced personal prayer session. The last service was Vicki's funeral, a small but beautiful remembrance, which Diane led as David was isolated. It felt very melancholy to be putting up notices, tidying away and locking up afterwards, not knowing when we would be able to return there for worship. I have paid visits since then to check that everything is OK, and helping deliver meals has been a welcome excuse to get out and have strangely distanced chats with friends I haven't seen for a while. As there isn't much to say about churchwarden duties, I decided to write about something close to my heart and to those of many at All Saints'.

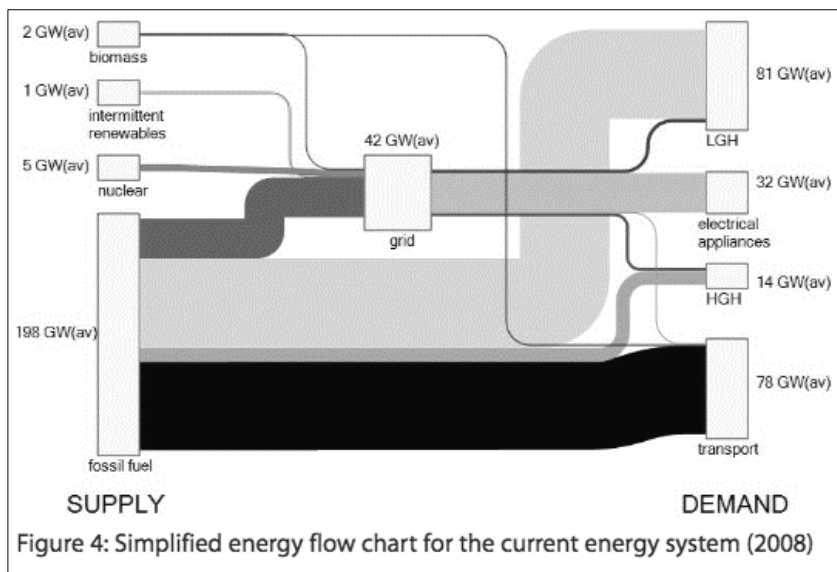
My background is as 23 years working as an engineer in the UK electricity industry, including building wind farms and power stations and, most recently, developing the next generation of nuclear power stations. I have always had a keen interest in the environment.

Like many, I suspect, I've spent a lot of time in the garden recently enjoying the sunshine and nature reminding us that life goes on as spring brings new growth and new generations of birds learn the ropes of life in the garden. The lack of road and air traffic and lower levels of industrial activity meant that the pollution levels in cities and carbon dioxide emissions dropped significantly but have now started to climb back to 'normal' levels. George Monbiot, among others, has noted that the virus has led governments to take actions unprecedented in peacetime to tackle an emergency, while they have been unwilling to take anything like as drastic actions in the face of a bigger emergency – that of climate change. I think this is all to do with how we perceive risks.

COVID-19 brings an immediate risk that could have severe personal health consequences for us or our families. Climate change brings a risk of longer-term, largely unknown but severe consequences for everyone, but again probably the most severe effects will be felt inequitably by those who are least well-equipped to cope with them and who haven't benefited significantly from pumping carbon dioxide into the atmosphere for the last century.

There are of course also vested interests such as the oil and fossil fuel companies which want the status quo to continue. Twenty years ago BP rebranded itself in a \$200 million-dollar campaign to 'Beyond Petroleum' – claiming to be leading the change from fossil fuels to renewables. I suspect it spent much less 15 years later announcing that it was getting out of renewable energy to refocus on its "core business" of extracting hydrocarbon deposits laid down in the Earth's crust by photosynthesis of billions of trees, plants and animals over millions of years and aid us in converting it back into carbon dioxide as fast as possible. In the interests of fairness, I should point out that other climate-destroying oil companies are available. Some are much worse than BP... They are guilty of covertly denying climate change science and supporting anyone who is likely to further their cause with significant funds. They are now beginning to reinvest in renewables, only at a 'window-dressing' sort of level, but this should give us hope. They do listen to public opinion when it threatens to damage them financially. The similarity to the tobacco industry spending decades and millions denying the link between smoking and cancer is palpable.

We must stop emitting carbon dioxide at the rate we currently are. More than half of the UK energy input is in the form of oil/petroleum products, with just under a third as gas and the remainder as coal or electricity directly imported or generated from nuclear or renewables. In terms of the final



use of that energy, just over a third is for transport, with the remainder split between domestic and industrial consumption. More than half of the domestic energy used is gas for heating our homes. The only significant change to this picture in the last 30 years has been a large switch from coal to gas for electricity generation. Generating a unit of electricity from gas instead of coal creates less than half the carbon dioxide, which is a good start, but it is just that – a start. More recently, the

proportion of our electricity supplied from renewable sources has increased significantly. During lockdown, when electricity demand dropped, we had the longest period with no coal generation and days when renewables supplied the majority of our electricity.

The transformation we need to achieve over the next 30 years is far more significant. To get to the point where net carbon dioxide emissions are zero, most of our heating and hot water must switch to electrically-powered heat pumps instead of gas boilers. Most vehicles (trains, trucks, buses, cars) must become zero emission (hydrogen or electric power). This will probably double our electrical demand at a time when our existing nuclear capacity is being shut down as it reaches the end of its life. All this new and replacement electrical capacity must be either renewable or nuclear or must capture the carbon emissions for storage in depleted oil fields.

Any essential uses of fossil fuels (e.g. aircraft, chemicals manufacture, etc) must come from biomass-produced alternatives or be offset by planting trees or soaking up carbon dioxide in some other way, so it must be reserved for the most essential purposes.

The COVID-19 lockdown has neatly demonstrated how energy demand is proportional to economic activity and the amount of 'stuff' we make and consume. To tackle the massive challenge of climate change, we either have to build power stations and renewables at a rate far faster than ever achieved in the history of electricity production – or we have to reduce what we need.

To illustrate the scale of the challenge, I'll quote from a Royal Academy of Engineering study (available at <https://www.raeng.org.uk/publications/reports/generating-the-future-report>) from March 2010. It noted that in November 2008, the Climate Change Act committed the UK to an 80% reduction in CO₂ emissions compared with 1990 levels by 2050. The study looked at various scenarios and concluded that there is no single solution:

"Fundamental restructuring of the whole of the UK's energy system will be unavoidable. Demand reductions across all sectors of the economy will be essential through a combination of increased efficiencies and behavioural change. The full suite of low-carbon energy supply technologies already available... will be needed including nuclear, renewables and carbon capture and storage brought together in a balanced way. The scale of the engineering challenge is massive."

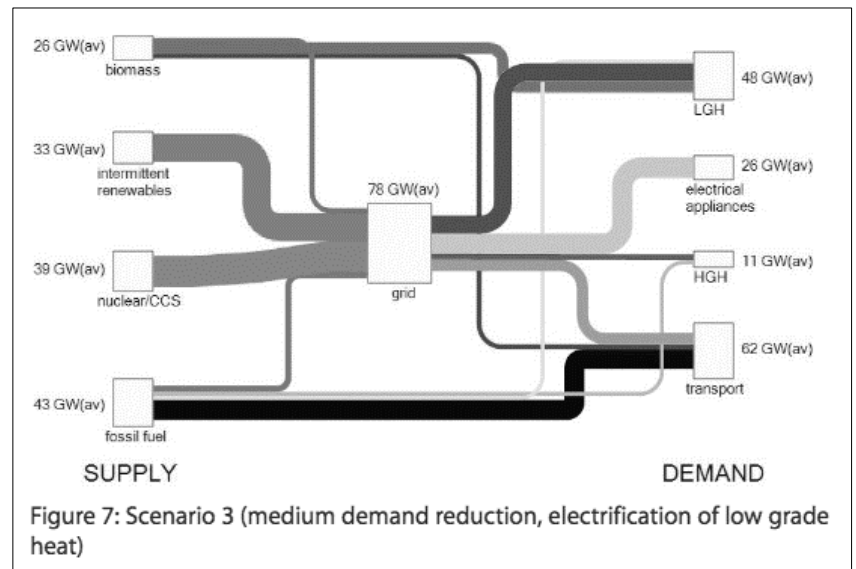
A decade ago, I was working on a project to build four of 11 planned new nuclear reactors. Today, only two of them are under way; the other nine have been either cancelled or are awaiting Government action to enable the financing. What is stark to me is that in 10 years, aside from building a small proportion of the potential wind and solar energy in the UK and starting on two new nuclear reactors which will replace the three of the seven that will retire in the next 10 years, we have done nothing.

Except make the target harder, by moving from an 80% reduction to net zero carbon emissions. It's pretty clear to me what our Government's focus should be as we start to leave lockdown.

I'd be very happy to talk to you about any of this, if you have a spare few hours...

Chris Pearce
Churchwarden

(Images from Royal Academy of Engineering Report:
Generating the Future, March 2010)



Hiawatha and COVID-19

Had Longfellow realised how easy his poem would be to parody (I have met many other versions), would he ever have written it?

*Then there came the dreadful virus,
Dark and deadly was the virus.
Spread its illness on the people,
Spread without discrimination.*

*"Stay inside," they told the people
"Stay and do not cross your doorstep,
Do not visit friends or kindred,
Do not visit church or sports ground."*

*So the people kept their distance,
Kept the distance of two metres,
Shouted news from porch to roadside,
No good trying to keep secrets!*

*Then the Queen addressed the nation,
Words inspiring, words of wisdom:*

Liz Haskins

*"Persevere, O my brave people
Persevere and we will triumph."*

*Even Boris caught the virus,
Caught it badly, how he suffered.
To this virus all are equal,
Prince or peasant, boss or worker*

*Sing aloud for nurse and doctor,
And sing out for all care workers,
Those who serve us, post and binmen,
Checkout workers and bus drivers.*

*Sing aloud for web and email,
IT bringing cheering greetings
Cheering words from friend and neighbour
Sing aloud for all kind people.*

Cookery corner

David has continued his lockdown habit of including a recipe at the end of each weekly order of service, and we are pleased to reprint those from the past month below.

Sunday 7 June: North African fragrance

As you know, our café kitchen is turning out about 50 meals a day, delivered to people in our neighbourhood, some of whom are shielded, so unable to get to the shops, and some of whom are struggling to afford food. Here is a North African recipe adapted and cooked for recipients a couple of weeks ago. The historic journey of spices across the world, the politics of migration, ingredients' stories of conquest and invasion, the appreciation of diverse culture and hypocrisy of loving foreign food but not foreign people is all captured like a prism in recipes and ingredients. Eating is always a political act, joining the big picture and the intimate, the epic and the lyrical. Saying grace, we invite the Spirit to come to our table to make the meal a life-giving, perspective-restoring drama.

In a frying pan, colour some chicken thighs (on the bone), skin-side down, then turn over for a few minutes. Transfer to a saucepan with a tight-fitting lid.

Add to the pot: a thinly sliced onion, an inch or two of fresh ginger peeled and grated, a couple of crushed cloves of garlic, a handful of chopped coriander leaves and parsley, a cinnamon stick, a few strands of saffron, a dessert spoon each of cumin and paprika, three tablespoons of honey and a mugful of dried apricots and/or prunes. Season with salt and pepper. Add water, hardly covering the meat. Bring to a simmer, put on the lid and cook very slowly for 1½ hours. When tender and delicious, stir in a teaspoon of orange flower water if you have some, or finely-grated zest of an orange. Add a sprinkling of toasted sesame seeds when serving (I omitted this from the café recipe as it is an allergen).

If you need to check it for liquid, adding a little water if need be, then try to do so only once or twice. If you think there's too much, take the lid off and reduce towards the end.

Serve with couscous, flavoured with stock. Equally delicious with carrots and chickpeas instead of chicken, or any mixture of root vegetables, aubergine, courgette. Lamb or mutton, too, is magnificent, but takes another hour's slow simmering. Some fresh, bright salad complements the rich, sweet flavours.

Sunday 14 June: "Aah, remember the cucumbers we used to eat in Egypt" (Numbers 11:5)

Opening my mother's fridge we found, bizarrely, that she had accumulated no fewer than five cucumbers. Rather than asking intrusive questions about any worrying fetishes developed in confinement, we have enjoyed their surprising versatility. Preparing them, I mused on the way that Hebrew Scriptures wittily and sometimes witheringly remember Israel's foibles and mistakes as well as enduring faith, like the time they started reciting recipes they used to love in Egypt, wilfully forgetting the deadly oppression of the Pharaoh. It will be important to remember this strange

season in our nation's life well, not selectively. We are seeing at the moment how destructive and unhealthy selective memory is.

Here are five things you can do with cucumber.

A cucumber canapé:

Halve a cucumber lengthways. Scoop out and discard the seeds. Take a vegetable peeler and peel one thin strip along the length of the skin side, down the middle, so it sits stable on the chopping board.

Mix a rindless goats' cheese (like the Abergavenny you can get in the supermarket) with some chopped walnuts and chives, or dill, or chervil. Fill the scooped-out cucumber with the mixture and cut into bitesized pieces that should sit nicely on the board. Season with pepper. (I think the cheese contains enough salt, but if you want more, a very little can go on the cucumber before filling).

Fried cucumber, delicious with fish or chicken:

Peel a cucumber. Halve lengthways and scoop out the seeds. Cut across into 1cm pieces, or three times lengthways then into 3cm batons. Fry quickly in butter and season with salt and pepper.

Two salads:

- If you have some tinned sweetcorn and kidney beans or mixed pulses left in the lockdown cupboard, drain, rinse and mix together with plenty of diced cucumber. Mix some yoghurt with a little olive oil and generous spoon of cumin. Season with salt and pepper and mix all together.
- Peel strips off a cucumber skin so it is striped. Slice as thinly as you can and spread out on a serving plate. Sprinkle with a little salt, very little white wine vinegar, some olive oil and fresh dill. A large dollop of the best Greek yoghurt you can find in the middle, pepper, and you have the freshest dish for a summery lunch.

Gazpacho (a Spanish classic):

Whizz up a large handful of tomatoes, three or four cloves of garlic and half a teaspoon of cayenne pepper in a blender and, while it's still running, slowly pour in four tablespoons of extra virgin olive oil. Chill the liquid while you slice an onion (preferably red) very thinly, and finely dice a green pepper (cored and seeded) and half a cucumber (peeled and seeded).

Prepare some croutons: small chunks of with stale bread cooked in the oven or a frying pan with a little oil until golden. Add some iced water to the tomato soup base to thin it to a pleasant texture, then season with salt and pepper. Serve the chilled soup with spoons full of each vegetable and top with croutons.

It's perfectly in order to reduce the water a little and serve with crushed ice in the soup. The key thing is that it is really cold.

Sunday 21 June: More comfort food

With and ferocity and uncertainty around, we might seek a little comfort in old favourites.

Apricots are coming into season. Poach gently with a little sugar and vanilla. They only take a few minutes. When soft, but before they're mushy, allow to cool. Delicious with breakfast cereal, they give a bright start to the day. Also, they make the finest fruit crumble. Add a small cup of desiccated coconut to your crumble mix. ("Crumble is for life, not just for winter." Now there's a slogan worthy of a big demo.)

A recent comfort food request in our house was chicken pie. We had two vegetarians with us who like the idea of pie, but not chicken. They are gracious enough to let me use chicken stock from time to time, so this became an opportunity for comforting togetherness.

Pastry: Mix 200g plain flour, a pinch of salt, 100g butter and, when combined like breadcrumbs, add a beaten egg and three tablespoons of water. Knead briefly into smooth dough. Rest in the fridge for an hour. (That's the pastry. Not you.)

Quickly sauté three or four large portobello mushrooms, quartered, in olive oil. Season and set aside. Sauté a diced chicken breast, just colouring it, season and set aside.

In the same pan, soften some onions, leeks with olive oil, adding a little garlic and thyme, sage or rosemary. When translucent, add some white wine and reduce. Add a cup of stock and simmer. Add some sweetcorn (ideally sliced straight off the fresh cob, which are around at the moment) and some cannellini or butter beans. Check seasoning and thicken with cornflour. Pour into a pie dish. On one side, settle in the mushrooms and on the other, the chicken pieces. Remember which side is which. Sprinkle with parsley.

Roll out the pastry. Brush the edges of the dish with milk, then drape the pastry over, pinching the edges to give a nice crust. Cut out a little chicken shape and a mushroom shape from the trimmings to mark the veggie and meat sides of the pie. Brush the pastry with milk and bake for around 30-40 minutes at 180 degrees.

Sunday 28 June: A cup of cold water... or maybe lemonade:

China and India both lay claim to being the original home of citrus fruit. Moving via North Africa, their flourishing in Europe, especially Italy, is a long story of trade and migration (including that of displaced Jewish people), intercultural discovery and culinary and medicinal exchange. The story of sugar, of course, involves the terrible bitterness of the slave trade.

Here is a deceptively simple sweet-sour blessing.

Make some ice, perhaps wondering at what we take for granted in being able to do so.

Squeeze three lemons and three limes, straining the juice into a bowl and keeping the shells to one side. Dissolve 200g sugar in the juice. Fill a large glass jug with ice, a few of the citrus shells and a sprig of basil. Pour in the syrup, then fill the jug with water.

(A Gordon Ramsay recipe I think I read in a bookshop somewhere.)



The last letter of one name is the first letter of the next name.



- Wrote 13 New Testament letters
- He wrote the third Gospel

	• Mother of John (<i>Luke 1:3</i>)
H	• Sarah's servant (<i>Genesis 16:21</i>)

- Joseph's mother
(Genesis 29:35)
- His wife turned to
salt (Genesis 11:31)

S	• Paul's friend (2 Corinthians 8:27)
	• A brother of Jesus (Matthew 13:55)

- Ruth's mother-in-law. (*Ruth* 3:1)

Match the wife
to their husband

BOAZ

JACOB

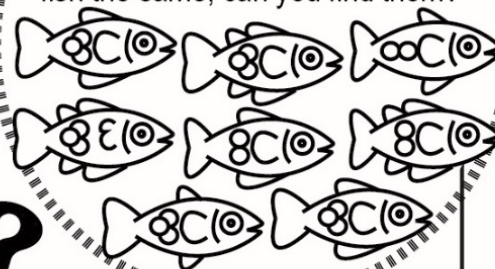
ZECHARIAH

JOSEPH

ABRAHAM

ISAAC

The Disciples have been fishing and have caught **TWO** fish the same, can you find them?



God sent **9** plagues
on Egypt...

Change each letter to the one after it in the alphabet to find out.

EQNFR

FMZSR

EKHDR

CHRDZRD

OKZFTD

GZHK

KNBTRSR

CZQJMDRR

Campus focus

Normally there is so much going on around the church campus each day of every week, and in previous issues it has been interesting to find out a bit more about the different activities that make up part of life at All Saints'. Obviously things are rather different at the moment, but we are grateful to Gill Parkin for sending us the reminder below of All Saints' commitment to the Fairtrade cause, and for her tireless work on behalf of Traidcraft.



Awarded to
All Saints Church

On
12th June 2020

Valid until:
12th June 2022

Michael Gidney
Chief Executive
Fairtrade Foundation



Getting to know you

We (under normal circumstances) see so many people at church each week, but often we know very little about them. In this regular article a person from the congregation is interviewed and we get to know each other a bit better.

What is your name?

Rosie Miles.

What is (or was) your day job?

I've been an academic in university English departments for over 20 years, teaching Victorian Literature, contemporary women's writing and more. As I write, all this may be changing...

I'm also a poet [*see elsewhere in the magazine! – Ed*]. My poem *You enter* is etched into Kings Heath Village Square leading into the labyrinth. It's for another time, perhaps, for me to tell the story of how it came about that it's there!

How long have you been at All Saints'?

Since 1998 (so over 20 years – gosh!), when I moved (back) to Birmingham to take up a lectureship at the University of Wolverhampton. I can still remember meeting Gill Cole on my first visit, and also being impressed by the inclusive Statement of Values.

What are you currently involved in at church?

Not a lot in many ways. I'm on the coffee rota with Nicola Slee and I believe in the basic notion of the church as a human community that offers – inter alia – hospitality and welcome to all. I have also sung in choirs quite a lot since schooldays and I've enjoyed joining the Candlelight Carol Service choir on occasions.

What has been your most memorable service/event/activity since you've been here?

So hard to say. There was an amazing service led by artists Jake and Gillian Lever a couple of years ago when we all made things, including boats... but there is an extraordinary range of creativity and ability on offer from the All Saints' congregation and I can appreciate everything from thoughtful prayers to beautiful singing to the excellent preaching. Sometimes (if sitting in the right-hand-side pews) I quite enjoy just watching the children on the little red tables!

Do you have a favourite hymn/Bible passage?

I am a big fan of June Boyce Tillman's work as a hymn writer. She recognises the continuous need to keep renewing the hymns we sing and the theologies they contain (which means finding new words and expression). Her *We shall go out in hope of resurrection* has rightly become a modern classic, and is particularly important to LGBTQ Christians. She also wrote a hymn for Nicola and me when we got civil partnered. That was very special.

I'm not going to suggest a Bible passage but am going to say that I find the way Richard Rohr uses verses and passages in such a psychologically intelligent and original way very rich and suggestive.



His Falling Upward: A Spirituality for the Two Halves of Life (2012) and *Immortal Diamond: The Search for our True Self* (2013) have been important to me over the past couple of years.

What are you reading at the moment?

I have just finished Katherine May's evocative memoir *Wintering: How I learned to flourish when life became frozen* (Penguin, 2020). She encourages us to recognise that our lives have seasons, and that sometimes – often against our will – we need to learn 'to winter'. For my birthday (in May) I was also bought David Whyte's *Consolations: The Solace, Nourishment and Underlying Meaning of Everyday Words* (Canongate, 2019). I am also a huge fan of David Whyte's poetry and prose. His work has literally felt like a soul-friend and courageously helpful guide over a period of transition and change in my life.

Who from history/literature/film would you like strike up a correspondence with and why?

Having done a PhD on poet, socialist, wallpaper designer, calligrapher, printer William Morris it would have been incredibly interesting to hear him give one of his lectures on the integration of art, work and life. I would also have loved to have been able to hear Oscar Wilde. A less well-known figure I would have liked to have met is young lesbian Jewish poet Amy Levy, who wrote some amazing poems in the later 19th century.

Tell us a joke...

Can I do two?

A young Buddhist monk asks an older one: "Is it okay to use email?" The older one replies: "Of course, as long as there are no attachments."

And possibly my favourite joke ever: What runs round Paris at midday wearing a plastic bag? The Lunchpack of Notre Dame.

If you would like to feature on our Getting to know you page, or to suggest people whom we could interview for this, please do get in touch!

New definitions

Via Radio 4's I'm Sorry I Haven't a Clue, thanks again to Gill Cole for some more redefined words...

Candid: past tense of 'can do'
Delight: to make things go dark
Email: Yorkshire for 'the post's come'
Enquire: a group of singing chickens
Fibula: a small lie
Groin: the green light in Birmingham
Meander: she and I
Moustache: got to run
Osmosis: early Australian prophet

Overrate: nine
Ransom: a small amount of exercise
Scum: it's arrived
Senile: what to do on holiday in Egypt
Stifle: a lot of pigs
Trash: Yorkshire measles
Wonder: the historical period before Tudor
Vigilant: an insect that stays up all night
Zucchini: animal park enthusiast

CELEBRATING
30
YEARS

My optician comes to me...



**Digital retinal
photography
available**

...and it's **NHS** funded

Many people don't know that you can have a free eye test in your own home if you're aged 60 or over and can't get out without help.

The test is carried out by a qualified optician from The Outside Clinic and is NHS funded. Booking is easy - just call freephone 0800 60 50 40.

Book your free NHS home eye test today

Please quote
AS-817

0800 60 50 40



TheOutsideClinic
Home Optician & Hearing Specialist

All Saints' Church: a year in pictures

Following on from our (very incomplete) A-Z of All Saints', this feature will provide an equally arbitrary but, we hope, illuminating snapshot of activity in and around the church campus. In each issue, one image will document something that has happened here in the previous month to build up a record of the annual life of the parish.



We are still a long way from returning to normality (or the 'new normal', as the current buzzword has it), but one step was taken in this direction with the return of the Farmers' Market to the Village



Square on Saturday 6 **June 2020**. Soft drinks were available from the café and a handful of stallholders were spread out across the Square; clear signage helped to ensure social distancing, and while in true British fashion the weather was changeable, during the time I was there customers were either browsing at or waiting to buy from each of the stalls.

This is the 12th image in our series, and so this year in pictures draws to a close – not in a way that we could have envisaged in September 2019 when we printed the first two monthly photos. We have seen how All Saints' is at the heart of its

community, whatever the circumstances, and can be certain that many people and organisations will continue to ensure that this is the case, whatever the next year (and beyond) brings.

Ben Noakes

William H Painter Funeral Directors



A funeral is a time to say goodbye and remember the life of a person you love. It's our privilege to be at your side. We have been funeral directors for generations and when someone you love dies, you can depend on us. We're honoured to be the people you can turn to, even at the hardest of times.

You can talk to us any time, day or night or for further information visit our website www.williamhpainter.co.uk

**55 The Parade, High Street, Kings Heath,
Birmingham B14 7BH
0121 444 7999**



Who's Who

Worship *(for clergy see back page)*

Children's Worship Co-ordinator	Becky Cuthbert	244 7683
Pre-school Praise (under 5s)	Grace Storey	07813 322697
Little Aztec (reception-year 2)	Martha Ann Brookes	444 5655
Big Aztec (year 3-year 6)	Sue Cockcroft	458 2527
Youth Group (year 7 upwards)	Jenny Warbrick	444 0260
Music Co-ordinators	Ben & Clare Noakes	07967 730156 07929 593097

Church upkeep

Vergers	Liz Haskins	c/o 444 0760
	Paul Smart	c/o 444 0760
Sacristan	Bernice Mattis	c/o 444 0760
Altar Linen	Wendy Ross	444 1423
Head Server	Tony Price	01564 824420
Electoral Roll Officer	Tony Cocks	441 2945
Parish Magazine	Ben & Clare Noakes	07967 730156 07929 593097

Finance team

Treasurer	Steve Brittle	01905 772171
Expenditure Officer	Vacant	
Insurance & Investments	Tony Cocks	441 5655
Gift Aid	Philip & Martha Ann Brookes	444 5655
Envelope Giving Scheme	Tony Price	01564 824420

Groups, clubs and organisations

All Saints' Ramblers	Pam Coley	572 3553
	Gill Parkin	604 6127
Badminton Club	Des Workman	443 5292
	Steve Brittle	01905 772171
Bible Reading Fellowship	Des Workman	443 5292
Lunch Club	Elizabeth Turner	604 6086
Meditation Group	Daniel Wilson	449 9869
Prayer Circle		c/o 444 0760
Safeguarding & Child Protection	Mary Miles	449 0851
Traidcraft	Gill Parkin	604 6127

Planned giving: All are invited to join the planned giving scheme, contributing by weekly envelope or banker's order/standing order. Taxpayers – please sign a Gift Aid declaration for reclaiming of tax and use of payroll giving if possible. Contact the Finance Team for further information.

Parish Office: For enquiries about baptisms, baby naming services, banns and marriages, please contact the Parish Office to arrange an appointment at a vestry hour – 1st and 3rd Saturdays of each month, 10:00-10:30.

Ministry to the sick: Visiting the sick at home or in hospital – please inform the Ministry Team of anyone who is sick. The Blessed Sacrament is reserved and oil is kept for ministry to the sick.

Ministry of healing: Laying-on of hands and anointing – last Saturday in the month at 09:15 as part of Morning Prayer, occasional Sunday evenings (as announced), and at home or in hospital as requested.

Communion of the sick: At home or in hospital, as requested, communion is taken, monthly, to the long-term sick or housebound.

Other ministries: For blessing of homes, celebrations of anniversaries, thanksgiving after childbirth, confession and counsel, please contact the Ministry Team.

Parochial Church Council (PCC)

Officers	Lay Vice Chair	Secretary	Treasurer
	Stuart Blissitt	Chris Watts, 07980 639856	Steve Brittle, 01905 772171
Members	Martha Ann Brookes	Brian Miles	Claire Wesley (Reader)
	Philip Brookes	John Parkin (Reader)	Daniel Wilson
	Andy Cuthbert	Chris Pearce (Warden)	Sarah Wilson
	Tim Cuthbertson	Vivien Thickett	Des Workman

All Saints' Community Development Company (ASCDC)

Chair	Andy Savage	c/o 444 4579
Facilities Manager	Dave Priday	07732 137772
Centre Co-ordinator & Bookings		443 4579
		ascenquiries@allsaintscentrekh.co.uk

All Saints' Community Projects (ASCP)

Chair	Mary Miles	449 0851
All Saints' Youth Project	Vicki Willinger	443 1842

The Robin Centre for Older People

Centre Manager	Paula McGrath	483 4400
----------------	---------------	----------

Ministry Team

Vicar	David Warbrick	4 Vicarage Road, 444 0260
Churchwarden	Chris Pearce	07891 924149
Licensed Readers	John Parkin	604 6127
	Claire Wesley	444 2778
Readers Emeritus	Mike Cheesbrough	444 5620
	Gill Cole	444 3827
Pastoral Team		c/o 444 0260

Worship

All services are currently suspended.

Details of how and when we will be able to worship in person again at All Saints' will be made available on the website and through other channels of communication when they are known, and there may be changes to our regular pattern of services below.

Sunday	08:00	Holy Communion (said)
	10:00	Parish Communion (sung) with Junior Church
		All Age Worship on the first Sunday of the month
	18:30	Evening Prayer
Weekdays	09:00	Morning Prayer (Mon, Tue, Thu, Fri)
	09:15	Morning Prayer (Sat)
	11:30	Holy Communion (Wed)

All Saints' Church, Kings Heath

2 Vicarage Road, Kings Heath, Birmingham, B14 7RA

Parish Office: 0121 444 0760

parishoffice@allsaintscentrekh.co.uk

www.allsaintskingsheath.org.uk



THE CHURCH
OF ENGLAND