

The Black Mountains Group Benefice

NEWSLETTER

November 2024



The Parishes of Clodock & Longtown with Craswall, Llanveynoe,
St Margaret's, Michaelchurch Escley & Newton

Part of the Abbeydore Deanery
abbeydoredeanery.org / abbeydoredmc@gmail.com
01981 620145 / 07432 873422

Rev. Luci Morriss: luci.borderlinkbenefice@outlook.com

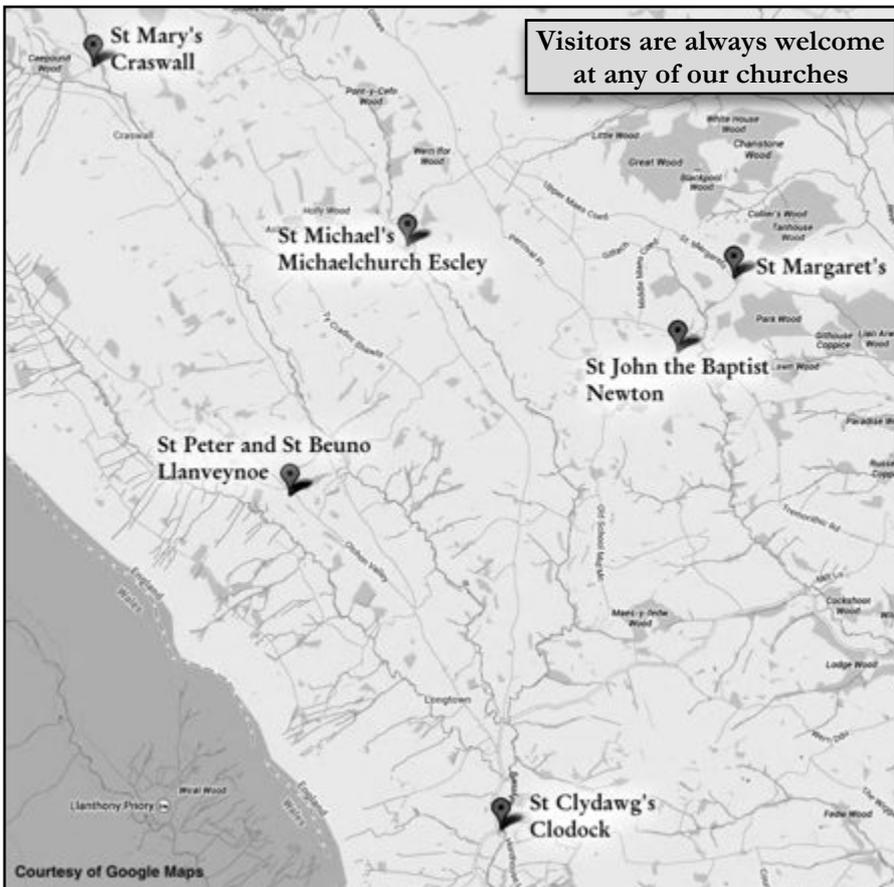
www.bmgparishes.org.uk

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(Vacant)

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ISSUE

December 2024 / January 2025 double issue

February 2025

March 2025

COPY DEADLINE

13 November 2024

15 January 2025

11 February 2025

PUBLICATION DATE

24 November 2024

26 January 2025

23 February 2025

Newsletter by
EMAIL



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From the Clergy

Have you ever met an unhappy generous person?

Being generous with your time and money is a core tenet of Christianity, as it is for Judaism and Islam. But some recent research has shown that being generous activates your brain's pleasure centre, reducing the level of stress hormones in your body. As a result, people who give time or money to support causes they care about experience greater happiness and psychological well-being. They are even likely to live longer!

A recent report from Stewardship, a charity that helps Christians be the best stewards of the resources they have been given, found that there are four overarching characteristics that are the foundation for a generous mindset.

The first one is gratitude. If we recognise that what we have in life is a gift or a blessing we are more likely to give back for what we have been so fortunate to receive.

The second one is empathy. If you have had first-hand experience of being in need you are more alert to other people's needs and inclined to respond by giving your time, skills and or money to help alleviate that need.

The third characteristic is a sense of responsibility which we feel when we see and understand the needs around us. For example, we recognise the long-term costs for our favourite charities to keep going so we will plan and commit our resources to ensure that the good work can continue.

And finally, there is trust. Are we willing to give our money away without controlling how and where it gets spent? Generous people want to give thoughtfully and wisely with a sense of trust in what they are giving to. Which means that organisations we give to must show that they are well run, that they achieve their outcomes and they are led with integrity.

Some people find it hard to talk about money, it's a bit rude – yet the Bible talks about wealth and possessions in 2,450 instances – more than any other topic except love. Of the 38 or so parables in the New Testament 16 are concerned with possessions. Jesus was not afraid to mention the subject.

Living a generous life – whether or not we are Christians – means that we need to slow down and notice how we can love and care for others. It is in the noticing that we can become generous. Spending time in prayer and contemplation helps us to become more spiritually generous and to pay attention to the needs of our neighbours both locally and further afield. Interestingly – with some notable exceptions – the richer people are, the less generous they tend to be.

Happiness is a fluffy concept but it's something most of us want. Back to my original question – have you met an unhappy generous person?

Blessings,

Rev'd Jane

READINGS – NOVEMBER & 1st SUNDAY IN DECEMBER

Sunday 3rd November

Old Testament	Isaiah 25: 6-9
New Testament	Revelation 21: 1-6a
Gospel	John 11: 32-44
Psalm	24: 1-6

Sunday 10th November

Old Testament	Jonah 3: 1-5, 10
New Testament	Hebrews 9: 24-28

Gospel	Mark 1: 4-20
Psalm	62: 5-12

Sunday 17th November

Old Testament	Daniel 12: 1-3
New Testament	Hebrews 10: 11-14 (15-18) 19-25
Gospel	Mark 13: 1-8
Psalm	16

Sunday 24th November

Old Testament	Daniel 7: 9-10, 13-14
New Testament	Revelation 1: 4b-8
Gospel	John 18: 33b-37
Psalm	93

Sunday 1st December

Old Testament	Jeremiah 33: 14-16
New Testament	1 Thessalonians 3: 9-13
Gospel	Luke 21: 25-36
Psalm	25: 1-9

Deanery Update

Over the next few months, we'll take a deeper look at some of the projects that happen within Abbeydore Deanery. Starting with...

Messy Church – What is it?

Messy Church is a way of being church for families and others. It is Christ-centred, for all ages, and is based on creativity, hospitality and celebration. Messy Church meets at various places across this area. Each session explores a different theme or Bible Story and follows this structure: Game – Crafts – Snack – Bible Story – Prayer. We also operate "Messy at Home", where you can sign up for family activity bags at Christmas and Easter to explore Messy Church at home. If you'd like to know more about any element of Messy Church – let us know!

Gathering Update

At the last Gathering, options were presented for discussion about the reorganisation of benefice boundaries across the deanery. A document detailing the various options is available on our website, or ring the office if you'd like a printed version.

Dates for your Diary:

Grow Strong: Friday 22nd November at Longtown Outdoor Centre for School Years 6 & above. £15 per session – places must be pre-booked using the details below.

Reflective Ramble: Bacton, Sunday 24th November at 1.30pm

Hedgerow Communion: Little Mountain, Saturday 21st December 3.30pm for Winter Solstice

As always, we're happy to hold special services in our churches so please get in touch to find out more about funeral, wedding or baptism arrangements.

For up-to-date information:

- Keep an eye on our website: abbeydoredeanery.org
- Follow our **Abbeydore Deanery** Facebook page or join our Facebook group
- Subscribe to our regular email update: <http://eepurl.com/ggcfPj>
- Get in touch with the Deanery Office on **01981 620145** or abbeydoredmc@gmail.com

ARMISTICE DAY CONTEMPLATIVE SERVICE

Join us at St Clodock for a special Armistice Day Contemplative Service on **11th November 7.30pm** as we honour those who sacrificed their lives in conflict. The service will include poetry, prayers, and readings, including works by war poets like Hedd Wyn, as well as moments for reflection and peace. Together, we will remember the past and pray for a future free from war. All are welcome.

SALEM BAPTIST CHAPEL
Llanwonog Lane, Longtown HR2 0LE



SUNDAY SERVICES

3 Nov	6.30 pm	Revd Joy James
10 Nov	6.30 pm	REMEMBRANCE Revd Malcolm Lane
17 Nov	6.30 pm	Mrs Brenda Woodier
24 Nov	6.30 pm	Mr David Adams

OTHER

17 Nov	3.00 pm	PILGRIMAGE Olchon to Salem Followed by 'High Tea'
27 Nov	6.00 pm	CREATIVE CRAFTS

ALL WELCOME

For further information, please email longtownsbc@gmail.com

Thanks

CORNEWALL ARMS – RACE NIGHT

A huge thank you to everyone who supported the recent Race Night. A fantastic sum of £770 was raised for Midland Air Ambulance.

Thank you

Isobel

ST JOHN'S CHURCH NEWTON

To mark the 180th Anniversary since its Foundation in 1844 there was a special service led by Rev Luci. People came from near and far to fill this little church, and the doors could only just be closed against the rain outside! The church looked beautiful thanks to Newton Women's Guild members polishing and decorating.

We were given a summary of how the church came to be built and the reminiscences of 4 previous parishioners. Four younger members of the congregation treated us to a flute and violin duet and a beautiful hymn. Elizabeth played keyboard to keep us singing and there were Antonia's circling prayers to calm us.

The tea afterwards in the Parish room was plenteous with more reminiscences shared over Mary's delicious sandwiches and cakes from many kind bakers.

Thank you to all who came to celebrate and to those who contributed in any way to make this a special occasion.

There is word that the story about the Foundation of Newton Church originally published by Rev. Tuck in 1911 and updated in 1984 by Rev Frank may be updated further before being reprinted.

Forthcoming events

CRASWALL

- Tues 29 October
- Tues 5 November
- Tues 12 November
- Tues 19 November
- Tues 26 November



5 weeks of regular Whist Drives
Craswall Village Hall
7.30pm

LONGTOWN & DISTRICT HISTORICAL SOCIETY
Longtown Village Hall HR2 0LD
OLIVER FAIRCLOUGH

**Emigration out of the Black Mountains
in the Nineteenth Century**
Monday 4th November at 7.30pm

Mr Fairclough was Curator of Art at the National Museum of Wales from 1998-2015. He is a committee member of the Llanthony History Group and has researched the history of the area extensively.

Guests are very welcome at our meetings (£4). Membership costs £12 for the season until July, payable at the door by cash or cheque. If you had relatives who emigrated, please come along and tell us about them. Contact Dr Jeremy Davis, jerrydpdavis@outlook.com for more information.

See p7 for the full 2024/25 programme.



**Longtown Library is
next open on**

**6th November
2.30 to 4.30pm**

**What is my soil type?
(and other compost conundrums)**

TALK 7.30pm, Wednesday 6th November
Escleyside Hall

Understanding your soil is the foundation of good gardening. Learn how to find out what soil you have, how to improve it, and work with it. Plus tips to help you adapt to using the new peat-free composts.

Note: this is a change to the scheduled talk

Non-members welcome: £5

www.escleysidegc.wixsite.com/club



LONGTOWN & DISTRICT WI

At their October meeting, members enjoyed a fascinating insight into the TV production of the iconic "Antiques Roadshow". The speaker, Robert Arley, led us through the very intricate process of choosing 30-40 items for each programme, from a crowd of 1500 people at an average valuation day.

The Members' November meeting takes place on **Tuesday 12th at 7.15pm** when we will be having a go at some Christmas crafting, followed of course by a legendary WI 'Tea'.

New members always welcome. Contact Membership Secretary Julia Begley, julia.begley1@gmail.com

LONGTOWN THURSDAY CLUB

Final Outing for 2024

Nov. 14th Shopping trip to Bridgend

Coach leaves Ewyas Harold Hall at 9.30am

For more information, please contact Hazel Pugh on

01873 860803

NEWTON ST MARGARETS WOMEN'S GUILD

For our October meeting Zoologist Dr Sasha Norris from Herefordshire Wildlife Rescue gave an informative and entertaining talk in equal measure. She was accompanied by some very special visitors; 2 owls and a box of soon to be released hedgehogs. £150 was raised from the Harvest Auction for this Charity.

Thursday 14th November at 7.30pm in Newton Parish Room HR2 0QR

Annual General Meeting followed promptly by "Bring and Share" Supper.

Do bring your ideas for future activities and meetings, too. Guests and new members will be very welcome. Come and try us out. Phone 07794920729 for more information.

ARTS ALIVE WITH FLICKS IN THE STICKS

Our first show of our Arts Alive season is on Friday 15th November – Allison Lupton with Shane Cook and Kyle Waymouth.



A glorious mix of beautiful story songs, electrifying fiddle tunes and dazzling step dance.

Allison Lupton hails from rural Ontario, Canada where her love for music took root. She has received accolades from international press as well as her peers at home winning Folk Music Ontario's "Songs From The Heart" and multiple Canadian Folk Music Award nominations including "Traditional Singer of the Year".

Allison is joined by Canadian and US Grand National fiddle champion Shane Cook and CFMA Solo Instrumental Artist of the Year and Canadian Grand Master Step Dance champion Kyle Waymouth.

Prepare to be carried away to another time then dance all the way home again.

This should be a fantastic show. Doors open at 7 for a 7:30 start. Tickets are a bargain £12.

Please let us know if you would like tickets by calling 01981 510116, texting 07572 113542 or emailing fleetsuk88@gmail.com

Hopefully see you there at the **Esacleyside Hall, Michaelchurch Escley HR2 OPT**
The Flicks Team

CHRISTMAS SHOPPING FAIR

Wednesday

11th December

7.00 to 9.00pm

Longtown Village Hall

HR2 0LD

LOCAL CRAFTS AND PRODUCTS
Come and enjoy Longtown's
fabulous Christmas retail
experience!

£5 to include tea,
Coffee and a
mince pie

In aid of Longtown Village Hall funds

Local Newsround

LLANVEYNOE HARVEST FESTIVAL

Sunday 6 October saw 46 in the congregation at a beautifully decorated Llanveynoe Church, where Rev'd. Cate Thomson officiated at a very happy event. Everything from a sheep's fleece to honey and home made bread to local vegetables was taken to the altar, with presenters ages ranging from 3 to 80.

Everyone then attended a delicious Supper at Mountain Mayhem (with more than 8 desserts!) and enjoyed a concert by the Black Hill Voices. Funds raised went to Farming Minds, the Hereford Food Bank and the church. Everyone was most appreciative of Vicki and Fred Phillips's generosity in hosting the evening for another year. Get ready for 2025!

Peter Tribe

LONGTOWN COMMUNITY PRIMARY AND PRE-SCHOOL

Autumn is here and with the leaves falling and the days getting shorter we must be heading for half term. It's a beautiful time of year in Longtown with our gorgeous trees turning golden and the ground snuggled in a warm blanket of leaves. But as the days get shorter, Longtown Community Primary School becomes a glimmer of light in the darkening days, packed full of exciting projects, challenges, hard work and adventures. Here is a peek through the windows of what has been happening in school this month.

All our classes have focused on outdoor activities this term. Our youngest children and pre-school love being outdoors and have been doing all sorts of wonderful activities from

going on a bug hunt, picking blackberries to make a crumble, climbing the trees in our woods, gathering unusually shaped sticks and making Scarecrows for our Harvest celebration. All classes have had an element of outside cooking (and eating!) this term.

Class 2 were inspired by Goldilocks, using fire to make porridge for the three bears. They have been using natural objects to help with their storytelling and made a shelter for Little Red Riding hood's grandmother.

Class 3 had a great time river dipping down by Clodock Church and improving their tree identification skills with knowledge about leaves and shapes of canopies.

Class 4 have extended their skills by learning how to safely light a fire and do some outdoor cooking. This time they made a delicious vegetable soup, just right for the Autumn. They also learnt how to preserve blackberries by pickling them in vinegar. An acquired taste!

We were once again very pleased to welcome Ms Vicky Harold from Fairfield High School's Science department, to support Class 4's learning about the circulation system, specifically the heart. Wonderful Mailes butchers in Ewyas Harold provided us with a pig's heart to examine and Ms Harold gave the children some hands-on experience of dissection, though some preferred to watch from a distance. Thank you, Ms Harold, for your valuable time and expertise.

At the very end of September, we had a truly exciting visit from Team GB member Natalie Powell, who shared her experiences as an Olympic athlete and inspired us to complete a sponsored circuit training afternoon to raise money for PE equipment in school. The highlight of the afternoon was when Natalie 'threw' the teachers as she would in Judo. The cheers could be heard in Abergavenny!

On September 27th we held a Macmillan Coffee morning in school. Having sent out the invitations and had huge amounts of cake donated, we waited with bated breath to see how many guests would arrive. With much relief we had a lovely lot of guests who came in and had a cup of tea and piece of cake with us. It was lovely to sit and chat with friends from our community who don't come into school very often and share stories about Longtown and the school. On top of that, we raised an amazing £300.00 for Macmillan, a hugely successful day all round.

The 8th October saw us hold our Harvest Celebration at Longtown Salem Baptist Chapel. Always generous and welcoming we had a wonderful afternoon at the Chapel. The children had prepared poetry, dance and, of course, the classic Harvest songs to share with our parents and friends. We would like to thank everyone who made a donation of food, we sent a wonderful amount to Hereford Food Bank.

To top off our Harvest Celebrations the wonderful Wild by Nature team at Lower House Farm and The Bull's Head, Craswall, hosted a Harvest Feast on Saturday 12th October, to raise funds for school. The lucky guests were treated to the most delicious feast and entertained by a small group of pupils singing some of their harvest favourites. Even the

Harvest scarecrows made an appearance. We wish to say a huge thank you to the Wild by Nature Team and everyone who supported this exciting event.

Our Stay and Play sessions grow from strength to strength. These run on the first and third Friday of the month in term time. Remaining dates are 15th November, 6th and 20th December 2024. The children have a great time in and out of pre-school, playing on and around our pirate ship, meeting Eric the rabbit, and having a delicious snack prepared by Ruth Sevenoaks, the organiser. Adults enjoy a cup of tea or coffee along with a chance to socialise with other parents. We love seeing new faces in school.

Clubs this half term have included Multi-Activity Club, Netball Club, Art Club and Dance Club with 2Faced Dance Company a long with an Outdoor Activity club run by Mike Fawcett at Longtown Outdoor Learning Trust Centre, just down the road.

Finally, our older pupils enjoyed a virtual session with prize winning author Hannah Gold, who told them all about her new book 'Turtle Moon.' What a great insight into the life of an author, setting aspirations running high amongst our budding authors in school.

And coming soon...

A crack team from Class 4 are off to Kingstone High School to compete in a Dodgeball tournament with other local schools. We wish them luck and hope they have a lot of fun.

We are opening our doors once again on Tuesday 22nd October between 9.30am and 11.30am for our annual OPEN DAY. Everyone is welcome to come and have a look at a normal working morning in school. If you know anyone who is looking for a Reception place for next year, or has newly moved to the area, we are happy to welcome everyone. Even if you just want to the opportunity to have a look round this fantastic little school, we would be happy to see you. No need to book, though if you would like a session later in the day between 3pm and 5pm please contact the school office.

Parents and carers will be coming into school after half term for their chance to speak to the teachers and look at their children's books and displays. We enjoy working closely with our parents to ensure that our pupils are well supported and challenged in school.

Class 1 and 2 will be whisked away for a Christmas treat in December on the Brecon Mountain Railway for their Santa Special trip. I'm sure they will all be on his good list!

Our Christmas performance this year will be a Walking Nativity starting at Longtown Castle and walking to our school grounds, following the journey of Mary and Joseph on that night in Bethlehem over 2000 years ago. Parents will be treated to a wonderful performance by our younger pupils, followed by refreshments to keep us warm. I can't wait!

Exciting news, our first Drop Off as a local Re-use and Recycle Hub will be on Wednesday 20th November. We will be a collection point for our local community to drop-off items to be recycled and reused. Please see our Facebook page for more details.

Our Pre-School/Early Years Hub is open for 4 days a week, Monday to Thursday 8:45am to 3:15pm from September, for 2-year-olds and up. We do accept funded places for 15hr and 30 hrs. Please call the office to arrange a visit if you would like to come and meet the team.

Please contact Emma in the school office if you would be interested in a visit or looking for a school place for your child/ren. Call 01873 860239 or email admin@longtown.hereford.sch.uk

Follow us on Facebook to see up to date information about all the wonderful things we get up to in school. Thank you.

MICHAELCHURCH ESCLEY PRIMARY SCHOOL

There have been many lovely things happening already this term and one of these was Oak Class, our Year 5 and 6s, exciting trip to Cardiff to visit the Cardiff Reform Synagogue to learn about Judaism and Jewish worship. They also popped in for a natural history workshop at the National Museum, Cardiff. It was a really fun and informative trip and a great enhancement to the learning the children are doing in class.

Meanwhile, Acorn Class, our youngest children, headed off into the Forest of Dean to visit Puzzlewood. Acorn Class's topic this half term is *The Enchanted Wood* so Miss Cook, their teacher, arranged this fantastic trip to help fire up the children's imaginations and provide inspiration for their writing. The children had a super time and came back full of ideas.

Not to be outdone, Sapling Class, who have been learning about the Stone Age, had a Stone Age Workshop, with a special visitor who brought a whole load of stone age paraphernalia with them and taught the children about prehistoric humans through a mix of drama and getting hands on with artefacts. The children had a great time and definitely learnt a lot - the mammoth hunt at the start of the day was definitely a big hit!

We also had a visit from Olympic and Commonwealth judoka, Natalie Powell, who talked to the children about her amazing life and career. She also gave the children a full workout with a special fitness session and gave some of the children, and staff, the chance to be on the other end of a judo throw!

Pre-school are continuing to get outside, exploring our lovely local environment, as much as possible. Despite the somewhat damp weather, our intrepid team and our resilient pre-school children have been tromping up hills and over streams, kitted out in their waterproofs and wellies, enjoying the great outdoors. Autumn is always a very busy time in pre-school so keep an eye out for news of all the exciting things they will be getting up to over the next few weeks. Also keep an eye out for news of our Welly Walks which will be resuming again soon. These lovely walks in our beautiful setting, are open to children and families up to the age of 4 and are led by our highly experienced pre-school manager, Julie Christopher.

Coming up we have a really exciting drumming workshop to look forward to with the incredible Landing (drumming

superstar!). Oak also have a visitor from the Sealed Knot historical society to kick off their topic on the English Civil War. However, the second half of the autumn term is all about Christmas in primary school so keep an eye out for details of our Christmas Fayre and our Walking Nativity!

In other news, at the end of September, we had the most lovely get together in the Escleyside Hall, to mark 10 years since Michaelchurch Escley Primary and Pre-School was prevented from closure by a determined group of governors, parents and members of the local community. When I first came to the school at the start of the summer term in 2014, there were just 19 pupils on roll. However, with the backing of an amazing school and local community the school thrived and now has 60 children attending, along with a fantastic and highly popular pre-school. Consequently, it felt only right to mark this amazing milestone and thank everyone who had made the school's success possible and what better way to mark it than with a party, a ceilidh in fact! It was wonderful to see so many familiar faces there and in particular, so many past pupils. I was very excited to learn about all the wonderful things they had been up to since leaving primary school and what life had in stall for them now. Many of the young people I met, were either at or heading off to universities around the country, some were students at art college, others travelling the world, working their way around the globe and one young man was heading off to New Zealand, a contract to play rugby for a team under his belt! Here's to the next 10 years!

Finally, we are looking for someone to help out (paid) at lunchtime with serving our delicious lunches so if you think you have a few hours to spare a few days a week then please get in touch.

If you like the sound of Michaelchurch Escley Primary and Pre-School and feel it is the right place for your child - whether they're pre-school or school aged, then please get in touch via our school email address (admin@michaelchurch-escley.hereford.sch.uk) or give us a call on 01981 510208. We'd love to show you around!

Louise Crocker, Head Teacher

VOWCHURCH & DISTRICT GROUP PARISH COUNCIL

As Autumn is upon us and the leaves begin to fall, and in light of recent heavy rain, a gentle reminder that it is the landowner's responsibility to keep roadside ditches clear. Also, if you feel able, and are prepared to clear the drainage grates near your properties this would also help keep water off our roads. Many thanks.

Please continue to report any defects via the Herefordshire Council website at www.herefordshire.gov.uk/roads-1/report-problems-road. Reporting issues this way will ensure everything is properly logged, assessed, and allocated to the right teams as quickly as possible. You can check progress of a defect, or see if it has already been logged via the progress map on the council website <https://herefordshire.gov.uk/roads-1/pothole-road-defect-progress-map>.

Linda Cowles, Parish Clerk

01544 321906 / clerk@vowchurchgroup-pc.gov.uk

Web: vowchurchgpc.org.uk / Facebook: [vowchurch group parish council](https://www.facebook.com/vowchurchgroupparishcouncil)

Round and About

PETERCHURCH VILLAGE HALL

Monday Club every Monday morning 10am-12pm Pop in for Tea/Coffee and a chat

Why not come for Gentle Dance exercise with Abbie Mason every Thursday morning 11.30 am-12.30.

Hatha Yoga is being held every Wednesday 7pm -8.30pm and 10.30 am-12pm r

Parish Council meetings every 3rd Tuesday of the month

Dementia Matters Herefordshire is pleased to introduce the Peterchurch Memory Café at Peterchurch Village Hall, which will run once a month on the **third friday of every month** from 10.30am-12.30pm.

Our Memory Cafes are designed to enable people with memory problems or concerns, their families/ friends or carers, to get out and meet like-minded people. Every Café involves fun quizzes, activities and occasional guest speakers, with professional support, information and advice available. A contribution of £2.50 per couple is requested, and there is no booking necessary.

Dementia Matters Here(fordshire) is a local charity, supporting those with memory or cognitive concerns/ diagnoses across the county. For more information please call us on 01432 804480 or email charlotte.banks@dementiamattershere.org.uk.

Village Art Club

Starts again every Monday 7.00pm - 9pm from 16th September and Every Wednesday 1.30pm -3.30pm from 18th September

Our website is now up and running www.peterchurchvillagehall.org

The new booking form is now on the website along with what's happening at the Hall

Peterchurch Village Hall is a community building, run by a small committee of dedicated trustees. It is the ideal venue for local events, and is available for hire from £10 an hour.

As well as hosting many a birthday party, the hall has a few regular user groups -

Parish Council every 3rd Tuesday of the month

We always welcome new groups!

If you wish to hire the hall or have any other inquiries, please call any of these numbers:

The Booking Secretary (Sarah) - 07774 457887

The Chairman (Brendan) - (01981) 550482

The Hall - (01981) 551162

(Please leave a message if you are unable to reach anyone on the numbers above.)

Notices and Advertisements

THE LEWIS GILBERT, THOMAS GEORGE AND JAMES PRICE CHARITY.

Every year since 1643 this charity has given help to those in need from Longtown. The charity owns some land. It is rented to give an income which is distributed. Help is totally confidential and is distributed by tradition on 21st December each year.

Cont'd...

If you, or if you know of someone who could use a little help, please get in touch with the charity secretary, Bob Burson: 01873 860 313 or bobburson@btinternet.com by the end of October.



Finance and Administrative Assistant

About Us

Abbeydore Deanery operates in rural Herefordshire and seeks to meet the needs of the community which it serves.

The Role

We are looking for a Finance and Administrative Assistant to join our team working with our Deanery Mission Coordinator.

This is a part-time, mainly home-based role, for 12 hours per week for a 12 month period commencing January 2025.

Subject to funding, the role may be extended.

Job Description

You will:

- Provide book-keeping support using accounts software
- Process and pay invoices, expenses and payroll
- Provide administrative support for Safer Recruitment and People Management and for weddings, funerals and christenings.
- Monitor and respond to phone calls and emails under the direction of the Deanery Mission Coordinator

Why work with us?

- Flexible, home-based working (with occasional local travel for meetings or training)
- Work with local communities

How to apply

If you are interested in applying for this position, email your CV and covering letter to Anne Lloyd at abbeydoredmc@gmail.com The closing date for applications is 11th November 2024.

SAVE THE DATE



21ST - 25TH AUGUST 2025

**LONGTOWN AND DISTRICT HISTORICAL SOCIETY
Programme 2024-25**

All talks take place on Monday evenings in Longtown Village Hall HR2 0LD at 7.30pm, except for the AGM-7pm. Membership costs £12 for the season, reduced after Christmas. Guests are welcome at £4 per meeting.

For more information go to www.ldhs.org.uk or email jerrydavis@outlook.com

Autumn 2024

- 4 November Oliver Fairclough: *Emigration from the Black Mountains in the 19th Century.*
- 2 December Tim Hoverd: *The Excavations at Snodhill and Cusop castles*

Spring/Summer 2025

- 3 February Members Evening.
Please contact jerrydavis@outlook.com if you would like to speak for 15-20 minutes on a historical theme.
- 3 March Rhys Griffith (Senior Archivist HARC): *Hereford and the Civil War, 1642-49*
- 7 April Elizabeth Semper O'Keefe: *Every Motor Car shall be Registered: Herefordshire social history from vehicle records.*
- 12 (NB) May Ronald Moore: *Artist, Restorer of Fine Art and the Discovery of the Ledbury Titian "Last Supper"*
- 2 June Ruth Richardson: *Golden Valley Pilgrimage Way*
- 7 July AGM. Followed by Martin Cook: *Little Venice on the Border. Historic Water Management around Longtown*
- Summer visits TBA.

Think "Pharmacy First"!

Herefordshire and Worcestershire NHS Community pharmacies

In a national poll earlier this year 75% of people said they wanted to see pharmacies offering more healthcare services such as treating sore throats and urinary tract infections, and now they are! Government and the NHS have backed pharmacists to provide a new NHS 'Pharmacy First' service to give people more choice about their healthcare.

Open long hours when other health care professionals are unavailable pharmacies are helpful to all people who may live in towns or the more rural parts of Herefordshire and Worcestershire.

The NHS **Pharmacy First** service allows pharmacists to provide advice and where appropriate, supply NHS medicines for the following conditions:

- Earache (aged 1 to 17 years)
- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)
- Shingles (aged 18 years and over)
- Sinusitis (aged 12 years and over)
- Sore throats (aged 5 years and over)
- Urinary tract infections (UTIs) in women (aged 16 to 64 years)

If you have symptoms that suggest you may have one of these conditions, you can walk into a pharmacy and be offered a consultation with a pharmacist in a private consultation room.

If you have symptoms that suggest you have one of the above conditions, why not give the Pharmacy First service a try?

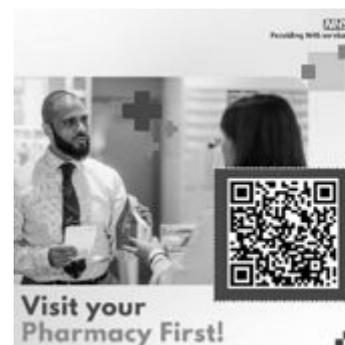
Watch the animation on Pharmacy First

<https://www.youtube.com/watch?v=ec-43uOnzPY>

How do I find a pharmacy for these new services?

To find a pharmacy convenient for you including if you would like to have a free **Blood pressure check** (for people over 40 years - it's important to Know your Numbers!) Or **Contraception services** please use this link or ask in any pharmacy:

<https://www.nhs.uk/nhs-services/prescriptions-and-pharmacies/>



Christmas cards sold in aid of St Michael's Hospice
 During November and early December Lucy Bufton of Lucy's Hair and Beauty in Peterchurch will kindly be selling a selection of Christmas cards in aid of St Michael's Hospice.
 If you want further information I shall be at the Hub Café during opening hours on Wednesdays or you can email me on evaannmorgan42@gmail.com when I will send you a poster of the cards available or you can ring me, Eva Morgan, on 01981 550282.

GOLDEN VALLEY REPAIR CAFÉ
St Michael's Hall, Ewyas Harold – 10.00-12.30
 (parking in playing field car park)

To be sure of seeing a repairer, please book in your item in advance by emailing gvrepaircafe@gmail.com or phoning Bill Giles on 07967 910666.

We offer repairs of small electrical appliances, wooden items, clothing (repairs not alterations), soft toys (including dolls' clothes), bicycles and knife sharpening (£2 an item for knife sharpening). Multiple and diverse items repaired - do feel free to ask!

If you just turn up on the morning we will do our very best to get you to see a repairer but that may not always be possible. If you don't have anything to repair you can still come for a drink, a piece of cake and a chat and just see what we get up to!

Repair Café on the first Saturday of each month
7 December, Dorstone Village Hall
11 January Kingstone Church
1 February, St Michael's Hall, Ewyas Harold
Save your broken items for repair – don't just throw them away!



HAY Music

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Programme details and tickets at www.haymusic.org
 Tickets also from the Hay Tourist Bureau and the door if still available.

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Late night Thurs:	7.30 am - 7.00 pm
Saturday:	7.30 am - 4.00 pm
Sunday:	10.00 am - 12 noon (Nov - April) 10.00 am - 2.00 pm (May - Oct)
Bank Holiday Mondays:	10.00 am - 2.00 pm

In November we switch to **Winter Sunday opening times 10am - 12 noon**, perfect for a little bit of shopping every week and to start purchasing Christmas gifts, or pick up a few ingredients for a restorative Sunday feast.

Join us on **Small Business Saturday** 7th December

To celebrate small business and its powerful impact in making our communities a better place as the combined largest employer in the country.

Make life easier this November at Hopes

- ★ Magnesium salts to relax your muscles and relax for a better night sleep
- ★ Nettle tea to cleanse your body
- ★ Choose between a variety of flavours from Shepherds and Rowlestone ice cream, to be enjoyed with crumble or drizzled with an alcoholic tipple

Time to look out for our carefully compiled **Christmas Order forms**, to make Christmas simple, orders for local food can be booked for Friday to take with you if you are aware this year. Order forms need to be back with us by **Tuesday 3rd December**, for process and ordering. If you want an organic turkey, ask us now, don't wait for the form!

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Royal Mail, DPD and Amazon postal and parcel services available
Monday to Friday 10.30am ~ 3.30pm and Saturdays 9am ~ 11am

Savings account appointments

If you want to save using a Post Office account we can help you administer your application, appointments can be pre booked on Tuesday and Thursday afternoons.

Christmas Stamps go live on the 5th November and I think they look rather lovely this year. **Last Posting dates** – Pick up a leaflet next time you are at Hopes.

Make us your habit, always running out of credit on your mobile phone? Why not top up every week with us, so you never run out..... Especially when going on holiday.

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CHURCH SERVICES FOR NOVEMBER AND DECEMBER

Sunday 3 November

9:30 Llanveynoe Holy Communion
15:00 St Margaret's Evening Prayer

Wednesday 6 November

10.30 Ewyas Harold Prayer & Praise

Sunday 10 November

10:50 Michaelchurch Remembrance Service

Wednesday 13 November

10.30 Ewyas Harold Holy Communion

Sunday 17 November

9:30 Craswall Holy Communion

Wednesday 20 November

10.30 Ewyas Harold Prayer & Praise

Sunday 24 November

11:00 Clodock Holy Communion

Sunday 24 November

16.00 Michaelchurch Advent Service
(still to be confirmed)

Wednesday 27 November

10.30 Ewyas Harold Prayer & Praise

Sunday 1 December

9:30 Llanveynoe Morning Worship

Sunday 1 December

15:00 St Margaret's Holy Communion

Sunday 8 December

9:30 Clodock Holy Communion

Sunday 15 December

11:00 Craswall Carol Service

Sunday 15 December

16:00 Newton Carols and Mulled Wine

Saturday 21 December

16:00 Llanveynoe Christingle

Sunday 22 December

18:30 Clodock Carol Service

Tuesday 24 December - Christmas Eve

21:00 Clodock Holy Communion

Wednesday 25 December – Christmas Day

10:00 Michaelchurch Communion

Sunday 29 December

11:00 Shared service offered by Michaelchurch, St Margaret's and Newton – look for details in the next issue.

EVENTS PLANNER			
Mon	04 November	7.30pm	Longtown & District Historical Society: Oliver Fairclough: <i>Emigration out of the Black Mountains in th 19th century</i>
Tue	05 November	7.30pm	Whist Drive. Craswall Village Hall
Wed	06 November	2.30-4.30pm	Longtown Library, Longtown Village Hall
Wed	06 November	7.30pm	Esleyside Gardening Club: What is my soil type?
Tue	12 November	7.30pm	Whist Drive. Craswall Village Hall
Tue	12 November	8.00pm	Longtown & District WI. Christmas Crafting, followed by Tea. Longtown Village Hall
Thu	14 November	7.30pm	Newton St Margarets Women's Guild: AGM, followed bt a "Bring and Share" supper
Thu	14 November		Longtown Thursday Club trip: Shopping trip Bridgend
Fri	15 November	7.30pm	Allison Lupton Trio. Esleyside Hall
Tue	19 November	7.30pm	Whist Drive. Craswall Village Hall
Tue	26 November	7.30pm	Whist Drive. Craswall Village Hall
Sat	30 November	10.00am-noon	Longtown Village Projects, Longtown Castle
Mon	02 December	7.30pm	Longtown & District Historical Society: Tim Hoverd: <i>The Excavations at Snodhill and Cusop castles</i>
Wed	04 December	2.30-4.30pm	Longtown Library, Longtown Village Hall
Wed	11 December	7.00-9.00pm	Christmas Shopping Fair, Longtown Village Hall
Sat	28 December	10.00am-noon	Longtown Village Projects, Longtown Castle
Mon	03 February	7.30pm	Longtown & District Historical Society: Members Evening
Sat	08 February	10.00am-4.00pm	Day of Singing, with Fiona Evans. Longtown Village Hall

Village hall contacts

Craswall Hall

Bookings: Janet Watkins 01981 510226
General inquiries: Christine Cleaton,
cleatonfamily@btinternet.com

Esleyside Hall

Rachel Pritchard: 01981 510368
rachel.pritchard86@hotmail.co.uk

Longtown Hall

Mark Ewins, 01873 860829
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Newton Church Room

Mary Powell: 01981 510295
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Esley & District Sports Pavilion

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Golden Valley Safer Neighbourhood Team (SNT)

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